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For a synodal Church
communion | participation | mission



EPARCHY OF MISSISSAUGA BULLETIN



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EPARCHY OF MISSISSAUGA BULLETIN



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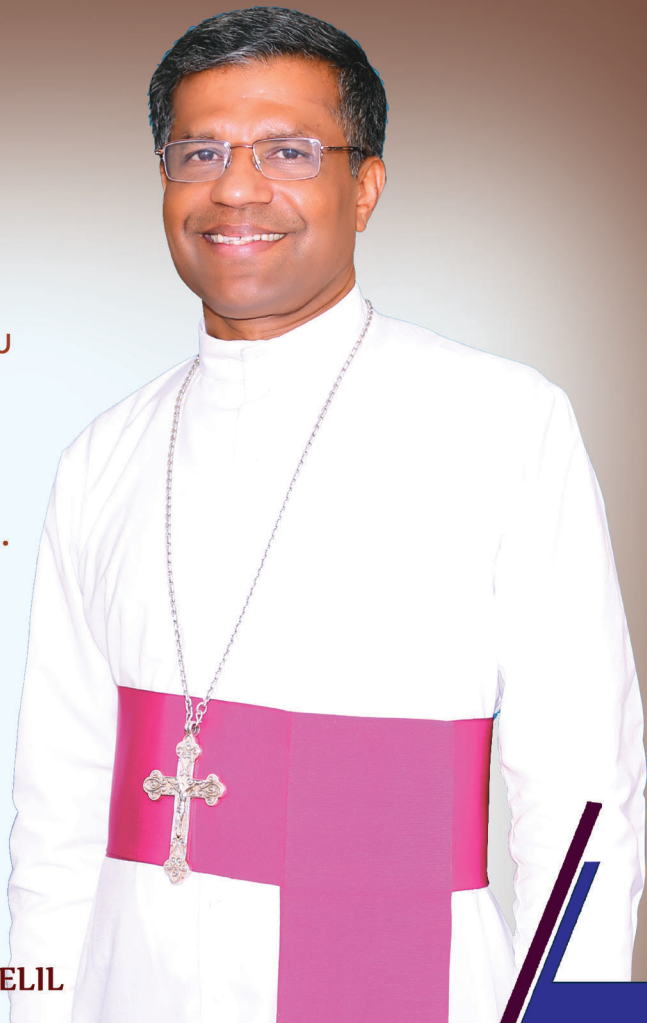


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For Private Circulation Only

Celebrating with you
on this blessed day.
May your heavenly
patron ever be your
guardian and guide.



H.E. Mar JOSE KALLUVELIL

Festal
GREETINGS

MARCH 19

FESTAL

GREETINGS

March 19

Celebrating with you
on this blessed day.
May your heavenly patron
ever be your guardian and guide.



Rev. Fr. Jose Alencherry



Rev. Fr. Bobby
Muttathuvalayil



Rev. Fr. Roy
Kizhakkedath



Rev. Fr. Augustin
Kallumkatharayil
Ordination Day on March 29

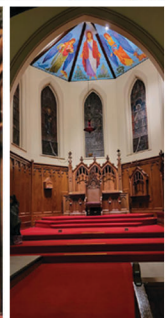
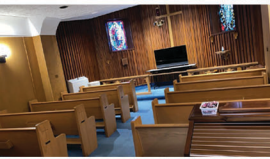
Priestly
Ordination
DAY GREETINGS



Congratulations



Sacred Heart Knanaya Mission London





BISHOP'S ENGAGEMENTS

MARCH 2022

Date	Time	Program
1	11.00 am	Special Presbyterium
2	11.30 am	Curia Meeting
3	08.30 pm	Eparchial IT Team Meeting
5	07.30 pm	SOF Board Meeting
6	05.00 pm	Holy Qurbana at Knanaya Sacred Heart Mission London
7-9	9 to 1 pm	ACBO Spring Plenary Meeting
10	03.00 pm	Synodal Discussion for Priests
12	10.45 am 11.30 am 04.00 pm 05.30 pm	Inauguration of PAC Leaders Retreat Pastoral Council Marriage Preparation Course ECC and Principal Meeting
13	05.00 pm	Holy Qurbana at St Mother Theresa Parish Niagara
14	08.00 am	Holy Qurbana at CMC
16	11.30 am	Curia Meeting
19	11.00 am	Blessing of New Rectory at Scarborough
20	11.00 am 04.00 pm	Parish Feast at St Joseph Parish Hamilton Holy Qurbana at Cambridge
23	11.30 am	Curia Meeting
27	04.00 pm	Holy Qurbana at Cambridge
30	11.30 am	Curia Meeting

MESSAGE OF HIS HOLINESS POPE FRANCIS FOR LENT 2022



“Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all” (Gal 6:9-10).

Dear Brothers and Sisters,

Lent is a favourable time for personal and community renewal, as it leads us to the paschal mystery of the death and resurrection of Jesus Christ. For our Lenten journey in 2022, we will do well to reflect on Saint Paul’s exhortation to the Galatians: “Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity (kairós), let us do good to all” (Gal 6:9-10).

1. Sowing and Reaping

In these words, the Apostle evokes the image of sowing and reaping, so dear to Jesus (cf. Mt 13). Saint Paul speaks to us of a kairós: an opportune time for sowing goodness in view of a future harvest. What is this “opportune time” for us? Lent is certainly such an opportune time, but so is our entire existence, of which Lent is in some way an image. [1] All too often in our lives, greed, pride and the desire to possess, accumulate and consume have the upper hand, as we see from the story of the foolish man in the Gospel parable, who thought his life was safe and secure because

of the abundant grain and goods he had stored in his barns (cf. Lk 12:16-21). Lent invites us to conversion, to a change in mindset, so that life's truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sowing and sharing goodness.

The first to sow is God himself, who with great generosity "continues to sow abundant seeds of goodness in our human family" (*Fratelli Tutti*, 54). During Lent we are called to respond to God's gift by accepting his word, which is "living and active" (Heb 4:12). Regular listening to the word of God makes us open and docile to his working (cf. Jas 1:21) and bears fruit in our lives. This brings us great joy, yet even more, it summons us to become God's co-workers (cf. 1 Cor 3:9). By making good use of the present time (cf. Eph 5:16), we too can sow seeds of goodness. This call to sow goodness should not be seen as a burden but a grace, whereby the Creator wishes us to be actively united with his own bountiful goodness.

What about the harvest? Do we not sow seeds in order to reap a harvest? Of course! Saint Paul points to the close relationship between sowing and reaping when he says: "Anyone who sows sparsely will reap sparsely as well, and anyone who sows generously will reap generously as well" (2 Cor 9:6). But what kind of harvest are we talking about? A first fruit of the goodness we sow appears in ourselves and our daily lives, even in our little acts of kindness. In God, no act of love, no matter how small, and no "generous effort" will ever be lost (cf. *Evangeli Gaudium*, 279). Just as we recognize a tree by its fruits (cf. Mt 7:16, 20), so a life full of good deeds radiates light (cf. Mt 5:14-16) and carries the fragrance of Christ to the world (cf. 2 Cor 2:15). Serving God in freedom from sin brings forth fruits of sanctification for the salvation of all (cf. Rom 6:22).

In truth, we see only a small portion of the fruits of what we

sow, since, according to the Gospel proverb, “one sows, while another reaps” (Jn 4:37). When we sow for the benefit of others, we share in God’s own benevolent love: “it is truly noble to place our hope in the hidden power of the seeds of goodness we sow, and thus to initiate processes whose fruits will be reaped by others” (Fratelli Tutti, 196). Sowing goodness for the benefit of others frees us from narrow self-interest, infuses our actions with gratuitousness, and makes us part of the magnificent horizon of God’s benevolent plan.

The word of God broadens and elevates our vision: it tells us that the real harvest is eschatological, the harvest of the last, undying day. The mature fruit of our lives and actions is “fruit for eternal life” (Jn 4:36), our “treasure in heaven” (Lk 12:33; 18:22). Jesus himself uses the image of the seed that dies in the ground in order to bear fruit as a symbol of the mystery of his death and resurrection (cf. Jn 12:24); while Saint Paul uses the same image to speak of the resurrection of our bodies: “What is sown is perishable, but what is raised is imperishable; what is sown is contemptible but what is raised is glorious; what is sown is weak, but what is raised is powerful; what is sown is a natural body, and what is raised is a spiritual body” (1 Cor 15:42-44).

The hope of resurrection is the great light that the risen Christ brings to the world, for “if our hope in Christ has been for this life only, we are of all people the most pitiable. In fact, however, Christ has been raised from the dead, as the first-fruits of all who have fallen asleep” (1 Cor 15:19-20). Those who are intimately united to him in love “by dying a death like his” (Rom 6:5) will also be united to his resurrection for eternal life (cf. Jn 5:29). “Then the upright will shine like the sun in the kingdom of their Father” (Mt 13:43).

2. “Let us not grow tired of doing good”

Christ’s resurrection enlivens earthly hopes with the “great hope” of eternal life, planting the seed of salvation in our present

time (cf. BENEDICT XVI, *Spe Salvi*, 3; 7). Bitter disappointment at shattered dreams, deep concern for the challenges ahead and discouragement at the poverty of our resources, can make us tempted to seek refuge in self-centredness and indifference to the suffering of others. Indeed, even our best resources have their limitations: “Youths grow tired and weary, the young stumble and fall” (Is 40:30). Yet God “gives strength to the weary, he strengthens the powerless... Those who hope in the Lord will regain their strength, they will soar on wings like eagles; though they run they will not grow weary, though they walk they will never tire» (Is 40:29, 31). The Lenten season calls us to place our faith and hope in the Lord (cf. 1 Pet 1:21), since only if we fix our gaze on the risen Christ (cf. Heb 12:2) will we be able to respond to the Apostle’s appeal, “Let us never grow tired of doing good” (Gal 6:9).

Let us not grow tired of praying. Jesus taught us to “pray always without becoming weary” (Lk 18:1). We need to pray because we need God. Thinking that we need nothing other than ourselves is a dangerous illusion. If the pandemic has heightened the awareness of our own personal and social fragility, may this Lent allow us to experience the consolation provided by faith in God, without whom we cannot stand firm (cf. Is 7:9). No one attains salvation alone, since we are all in the same boat, amid the storms of history; [2] and certainly no one reaches salvation without God, for only the paschal mystery of Jesus Christ triumphs over the dark waters of death.

Faith does not spare us life’s burdens and tribulations, but it does allow us to face them in union with God in Christ, with the great hope that does not disappoint, whose pledge is the love that God has poured into our hearts through the Holy Spirit (cf. Rom 5:1-5). Let us not grow tired of uprooting evil from our lives. May the corporal fasting to which Lent calls us fortify our spirit for the

battle against sin. Let us not grow tired of asking for forgiveness in the Sacrament of Penance and Reconciliation, knowing that God never tires of forgiving. [3] Let us not grow tired of fighting against concupiscence, that weakness which induces to selfishness and all evil, and finds in the course of history a variety of ways to lure men and women into sin (cf. *Fratelli Tutti*, 166). One of these is addiction to the digital media, which impoverishes human relationships. Lent is a propitious time to resist these temptations and to cultivate instead a more integral form of human communication (*ibid.*, 43) made up of “authentic encounters” (*ibid.*, 50), face-to-face and in person.

Let us not grow tired of doing good in active charity towards our neighbours. During this Lent, may we practise almsgiving by giving joyfully (cf. 2 Cor 9:7). God who “supplies seed to the sower and bread for food” (2 Cor 9:10) enables each of us not only to have food to eat, but also to be generous in doing good to others. While it is true that we have our entire life to sow goodness, let us take special advantage of this Lenten season to care for those close to us and to reach out to our brothers and sisters who lie wounded along the path of life (cf. Lk 10:25-37). Lent is a favourable time to seek out – and not to avoid – those in need; to reach out – and not to ignore – those who need a sympathetic ear and a good word; to visit – and not to abandon – those who are lonely. Let us put into practice our call to do good to all, and take time to love the poor and needy, those abandoned and rejected, those discriminated against and marginalized (cf. *Fratelli Tutti*, 193).

3. “If we do not give up, we shall reap our harvest in due time”

Each year during Lent we are reminded that “goodness, together with love, justice and solidarity, are not achieved once and for all; they have to be realized each day” (*ibid.*, 11). Let us ask God to give us the patient perseverance of the farmer (cf. Jas 5:7), and to persevere in doing good, one step at a time. If we fall, let us

stretch out our hand to the Father, who always lifts us up. If we are lost, if we are misled by the enticements of the evil one, let us not hesitate to return to God, who “is generous in forgiving” (Is 55:7). In this season of conversion, sustained by God’s grace and by the communion of the Church, let us not grow tired of doing good. The soil is prepared by fasting, watered by prayer and enriched by charity. Let us believe firmly that “if we do not give up, we shall reap our harvest in due time” and that, with the gift of perseverance, we shall obtain what was promised (cf. Heb 10:36), for our salvation and the salvation of others (cf. 1 Tim 4:16). By cultivating fraternal love towards everyone, we are united to Christ, who gave his life for our sake (cf. 2 Cor 5:14-15), and we are granted a foretaste of the joy of the kingdom of heaven, when God will be “all in all” (1 Cor 15:28).

May the Virgin Mary, who bore the Saviour in her womb and “pondered all these things in her heart” (Lk 2:19), obtain for us the gift of patience. May she accompany us with her maternal presence, so that this season of conversion may bring forth fruits of eternal salvation. Rome, Saint John Lateran, 11 November, 2021, Memorial of Saint Martin, Bishop.

FRANCIS

- [1] Cf. SAINT AUGUSTINE, Serm. 243, 9,8; 270, 3; En. in Ps. 110, 1.
- [2] Cf. *Extraordinary Moment of Prayer presided over by Pope Francis* (27 March 2020).
- [3] Cf. *Angelus*, 17 March 2013.



EPARCHY OF MISSISSAUGA

For the Glory of God

CIRCULAR

Prot. N. 011/ 2022

February 25, 2022

LENTEN MESSAGE-2022 **JOURNEY IN COMMUNION Vs. ISOLATION**

Dear Rev. Fathers, Sisters and beloved Lay Faithful,

The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light" (Rom 13:12). Paul is building a sense of urgency about how Christians should live in this moment. For Paul, of course, the moment was two thousand years ago in human time. For us the moment continues. As he wrote in the previous words, our ultimate salvation is nearer now than we first believed. Spiritually, this symbolic moment began when death was defeated at the resurrection of Jesus.

Now many nations, including Canada, are lifting the state of emergency and other restrictions as the darkness of Covid-19 is nearly over and the sign of the bright day is almost appeared. For most of the world, this pandemic highlighted our sense of vulnerability. It kept many people, including the most fragile, in isolation - both social and spiritual. In the face of so many challenges to our usual way of life, this has been an opportunity to reflect on our faith and on the Church. It has been a time to mourn and to lament, but also a time to review and rise to new life as a Christian community. In his renowned book, *Let Us Dream: The Path to a Better Future*, Pope Francis treats the coronavirus as a challenging

reason: "God invites us to overcome barriers, come out from isolation, banish prejudices and draw near to those around us every day in order to rediscover the grace of everyday life." This is the context as well as the challenge of the Great Lent-2022.

I am Making All Things New" (Rev 21:5)

Msgr. Bruno Marie Duffe, the Secretary of the Dicastery for the Service of Integral Human Development and the Vatican Covid-19 Commission, highlighted in his simple but profound Easter message-2021: "This crisis is an opportunity to start anew. This requires new solutions: "new wine, new skins" (Mk 2:22), new ways of living, new ways of working, new models of development. In Easter, the risen Christ makes "all things new" (Rev 21:5), and He sustains us in our vulnerability, guides us through darkness, and reconciles us with the source of life." Christ“ has opened, for everyone, a path that leads to Life. The miracle of resurrection challenges us for a journey of conversion which is the focal point of the Great Lent.

Lent: A Journey of Conversion

"The time is fulfilled, and the kingdom of God has come near; repent and believe in the good news" (Mk 1:15). With these words, Jesus began his public ministry. He calls us to conversion. We hear this call anew every year during the season of Lent. The Catechism of the Catholic Church teaches that our Lord's call to conversion "does not aim first at outward works, 'sackcloth and ashes,' fasting and mortification, but at the conversion of the heart, interior conversion. Without this, such penances remain sterile and false; however, interior conversion urges expression in visible signs, gestures and works of penance" (CCC 1430). Prayer, fasting, and almsgiving are good and important practices during Lent and are a great help to our spiritual growth. They help us on our journey of conversion. However, these practices must not be performed only as an external fulfillment, but as the expression

of our interior disposition: the conversion of our hearts, what the Fathers of the Church called, "repentance of heart."

Our external works of penance are to be accompanied by an interior desire to return to the Lord to turn away from evil. We ask the Lord to help us to overcome sinful habits, to cleans unholy desires, and to purify un-Christian ways of thinking or acting that may have crept i lives. Sometimes, we can experience powerful forces within us, temptations to sin, that we hard to resist. During Lent, we resolve to do battle with sin in our lives. We resolve to do battle with sin in our lives. We say to God; "Be merciful, O Lord, for we have sinned." We ask the Lord to take us by the hand and lead us along the way he wishes us to follow.

Journey in Communion Vs. Isolation

God's original plan was not to leave man alone (Cf. Gen 2:18). Jesus preferred communion not isolation. We are made for community (Cf. Jn 13:34). "The body does not consist of one member but of many" (1 Cor 12:14). Proverb 18:11 reminds, "Whoever isolated himself seeks his own desire; he breaks out against all sound judgment". Furthermore, the early Church was essentially communitarian in nature. "They devoted themselves to the apostles' teaching and fellowship, to the breaking of the bread and the prayers" (Acts 2:42).

But then unfortunately, Covid-19 isolated human beings. Various studies have already proved that the social isolation during the Covid-19 pandemic significantly has had an extraordinary impact with psychological consequences. The medical journal The Lancet recently published an article from which a clear and alarming picture emerges: "Periods of isolation, even less than 10 days, can have long-term effects, with the presence - up to 3 years later - of psychiatric symptoms." Although necessary to limit the spread of the epidemic, in fact, the human beings are not "designed" to manage segregation for a long time. As Greek Philosopher Aristotle reminds us, man is a "social animal," unable to live isolated from others since the absence of relationships

removes essential conditions for the development of personal identity and the exercise of reason.

Finally, it goes in line with the recent popular term 'Synodality'. The topic Pope Francis has chosen for the next Synod is "For a synodal Church: communion, participation and mission". He has defined a synodal Church "as a listening Church, aware that listening is more than hearing ... a reciprocal listening in which each one has something to learn." No one is saved alone. Community is strength and teamwork does wonders. I encourage you to overcome the aftermath of Covid-19 by the antibodies of solidarity.

Welcome Back!

We are excited to welcome everyone back to the church and all our ministries as the provincial and federal authorities of Canada permit! Our goal is to work collaboratively for the "Glory of God" and the holistic development of the people of God as we navigate the new normal. I personally invite you all - dear children, youth, adults, and elderly people - to rediscover the grace of everyday life through active physical participation in your respective parishes and missions.

I hope and pray that this Great Lent be a unique opportunity to regain the power of the Holy Spirit and continue our faith journey in communion, participation, and mission. Let us open our souls to God's grace and live intensely this holy season, this journey of conversion towards Easter!

Appealed: Together with Pope Francis, I invite everyone to make February 28, Ash Monday, a Day of Fasting for Peace. I encourage you in a special way to dedicate yourselves intensely to prayer and fasting on that day. May the Queen of Peace preserve the world from the madness of war."

Mar Jose Kalluvelil

Bishop of the Eparchy of Mississauga

NB. Please read this Circular during Holy Qurbana in all our parishes and missions on February 27, 2022.



CURIA NEWS

Curia Meetings

Curia meetings were held on February 2, 9, 23.

Presbyteral Council

Presbyteral Council Meeting of the Eparchy of Mississauga was held on February 24, 2022.

Presbyterium

The Presbyterium of the Eparchy of Mississauga will be held to discuss on Synod on Synodality on March 1, 2022.

Synod On Synodality

Synod on synodality for the priests in the Eparchy of Mississauga will be held on March 10, 2022 at 3.00 pm via zoom.

Monthly Recollection For Priests And Sisters

Monthly Recollection for priests and sisters will be held on March 07, 2022, at 11.00 am. The spiritual enrichment talk will be given by Rev. Fr Daris Moolayil.

Pastoral Council

Pastoral Council Meeting will be held on March 12, 2022, at 11.30 am.

Feast of Bishop Mar Jose Kalluvelil

Our beloved Bishop Mar Jose Kalluvelil is celebrating the feast of his heavenly patron on March 19, 2022. Let us all wish him all the greetings of the day and let us all assure our prayers. May almighty God bless him abundantly in all his ministries.

Selection of New Pastoral Council Members and Parish Council Members. (Extracts from Eparchial Statutes)

Pastoral Council

It is the time to form the third Pastoral Council in the Eparchy. The parishes and missions in the Eparchy select or elect their Pastoral Council members either from Parish Council (*Pratinidhiyogam*) or from General Body (*Potuyogam*) in proportion to the number of families in it. The parishes or missions having up to 75 families can select or elect **ONE member** (Man or Woman), those having 76-200 families can select or elect **TWO members** (One man and One woman), those having more than 200 families can select or elect **THREE members** (1/3 Woman Representation) to the Pastoral Council. The newly selected or elected Pastoral Council members will belong to the Forane Council when it is officially formed. The Pastoral Council members will be Ex- Officio members in the Parish Council of the parishes and missions. The tenure of the Pastoral Council is for two consecutive years or as otherwise decided by the Eparchial Bishop. The Pastors in charge of the parishes and mission have to inform the name and details of the Pastoral Council members on or before April 30, 2022, the Eparchial Curia.

Parish Council

The tenure of the present Parish Council ends by April 30, 2022. It is the time to form the new Parish Councils in the parishes and missions. The details follow:

SECTION III

Pratinidhiyogam

MEMBERS: The following persons shall be the members of the *Pratinidhiyogam*:

9. 1. Ex-Officio Members

9. 1. 1. Pastor
9. 1. 2. Associate Pastor (s)

9. 1. 3. *Kaikkârans* (Trustees) of the year
9. 1. 4. The Pastoral Council member / s from the parish or mission
9. 1. 5. Catechism principal
9. 2. **Elected Members**
9. 2. 1. Selected / Elected representatives of the family units. The parishes with ten or more family units can send only the selected / elected family unit **Councilors** to its parish council and the parishes with less than ten family units can send the selected / elected family unit **Councilors and Spiritual Coordinators** to its parish council (Ref. 10. 1).
9. 2. 2. One representative of the recognized parish associations and departments as per the Eparchial statutes (Ref. 10. 2).
9. 2. 3. One representative each from both National and International SMYM who have attained 21 years of age and have registered in the parish.
9. 2. 4. One representative from the Shepherds of Faith in the parish or mission.
9. 2. 5. Representatives of the Institutes of Consecrated Life / Societies of Apostolic Life in the parish: one from men and one from women (Ref. 10. 3).
9. 2. 6. One selected / elected representative of the Eparchial priests from the parish, working in the same Eparchy of Mississauga, subject to the practice of the Eparchy.
9. 2. 7. One representative of the parish educational institutions and one representative from other parish institutions, if any, who is a parishioner (Ref. 10. 4).
9. 3. **Nominated Members**
9. 3. 1. Persons including experts nominated by the local Hierarchy in consultation with the Pastor.
9. 4. The total number of the nominated members shall not exceed 1/3 of the total members of *Pratinidhiyogam*.

10. Selection/Election

The selection / election to the *Pratinidhiyogam* shall be as follows:

10. 1. The family units shall **select / elect** representatives from every family unit, registered members of the parish or mission, in such a way that thirty percent of the selected / elected members in the *Pratinidhiyogam* should be women (Ref. 9.2.1).
10. 2. The representative of the recognized parish associations and departments is selected / elected at a meeting of the respective representatives of all associations and departments in the parish convened by the Pastor. (Shepherds of Faith and SMYM are exempted as they send their representatives as per 9. 2. 3 and 9. 2. 4).
10. 3. The representatives of the men and women Institutes of Consecrated Life / Societies of Apostolic Life are selected / elected at a meeting of the respective representatives of all the Institutes of Consecrated Life / Societies of Apostolic Life in the parish convened by the Pastor.
10. 4. The parishioner representing the parish educational institutions is elected at a meeting of representatives of all parish educational institutions convened by the Pastor. In the same way, if there are other parish institutions, their representative is elected.
10. 5. As far as possible the selections shall be by consensus and the elections by the majority of the members present and voted.

The Pastors have to submit the list of the members of the *Pratinidhiyogam* and get it approved by the Eparchial Curia before any canonical procedures.

വിശ്വാസവും അനുസരണവും

(തിരുവചനഭാഗം: റോമാ 1,1-32)



പൗലോസ് സ്ത്രീഹാ റോമിലെ സഭാസമൂഹത്തിന് അഭിവാദനം നൽകി അവരോടുള്ള സ്നേഹം പ്രകടമാക്കിയതിനുശേഷം അവരുടെയിടയിലുള്ള വിശ്വാസക്കുറവിനെ പരാമർശിക്കുകയും വിശ്വാസത്തിലൂടെയാണ് നീതീകരണവും രക്ഷയുമെന്ന് അവരെ ഓർമ്മിപ്പിക്കുകയും ചെയ്യുന്നു. ഈ തിരുവചനഭാഗം ഇപ്രകാരം വിഭജിക്കാം.

1. പൗലോസിന്റെ അഭിവാദനം (1,1-7)
2. വിശ്വാസത്തിനു പ്രോത്സാഹനം (1,8-15)
3. സുവിശേഷവും രക്ഷയും (1,16-17)
4. ദൈവജ്ഞാനവും ദൈവമഹത്വവും (1,18-23)
5. അശുദ്ധിക്ക് വിട്ടുകൊടുക്കപ്പെട്ടവർ (1,24-32)

ഈ ലേഖനഭാഗം അജപാലകർക്കു നൽകുന്ന സന്ദേശമെന്തെന്നു പരിശോധിക്കാം.

1. പൗലോസിന്റെ അഭിവാദനം

“ഈശോമിശിഹായുടെ ദാസനും സ്ത്രീഹായായിരിക്കാൻ വിളിക്കപ്പെട്ടവനും ദൈവത്തിന്റെ സുവിശേഷത്തിനായി പ്രത്യേകം നിയോഗിക്കപ്പെട്ടവനുമാവ പൗലോസ് എഴുതുന്നത്. ഈ സുവിശേഷം വിശുദ്ധ ലിഖിതങ്ങളിൽ പ്രവാചകന്മാർ മുഖേന ദൈവം മുൻകൂട്ടി വാഗ്ദാനം ചെയ്തിട്ടുള്ളതാണ്. ഇത് അവിടുത്തെ പുത്രനും നമ്മുടെ കർത്താവുമായ ഈശോമിശിഹായെ സംബന്ധിച്ചുള്ളതാണ്. അവൻ, ജഡപ്രകാരം ദാവീദിന്റെ സന്തതിയിൽനിന്നു ജനിച്ചവനും മരിച്ചവരിൽനിന്നുള്ള ഉത്ഥാനംവഴി വിശുദ്ധിയുടെ ആത്മാവിനു ചേർന്നവിധം ശക്തിയിൽ ദൈവപുത്രനായി നിശ്ചയിക്കപ്പെട്ടവനുമാണ്” (1,1-4).

പൗലോസ് ശ്ലീഹാ റോമായിലെ സഭയ്ക്കു തന്നെത്തന്നെ പരിചയപ്പെടുത്തി അവരെ അഭിവാദനം ചെയ്യുന്നു. മൂന്നുവിയത്തിലാണ് ശ്ലീഹാ സ്വയം പരിചയപ്പെടുത്തുന്നത്. ഈശോമിശിഹായുടെ ദാസൻ, ശ്ലീഹാ ആയിരിക്കാൻ വിളിക്കപ്പെട്ടവൻ, ദൈവത്തിന്റെ സുവിശേഷത്തിനായി പ്രത്യേകം നിയോഗിക്കപ്പെട്ടവൻ. ഈശോയെ കർത്താവായി സ്വീകരിച്ചവരെന്നനിലയിൽ ക്രൈസ്തവരെല്ലാം ഈശോമിശിഹായുടെ ദാസരാണ്. 'ഈശോ കർത്താവാണ്' നൂളതാണ് ആദിമസഭയുടെ വിശ്വാസപ്രഖ്യാപനം (1 കൊറി 12,3). അതുപോലെതന്നെ 'ശ്ലീഹാ' അഥവാ 'അയയ്ക്കപ്പെട്ടവൻ' ആയിരിക്കാനുള്ള പ്രത്യേക വിളിയും ലഭിച്ചിട്ടുള്ളവനായിരുന്നു പൗലോസ്. 'ശ്ലീഹാ' ആയിരിക്കുന്നതിന്റെ ലക്ഷ്യം ദൈവത്തിന്റെ സുവിശേഷം പ്രഘോഷിക്കുവാനായി പ്രത്യേകം നിയോഗിക്കപ്പെട്ടിരിക്കുന്നു എന്നതാണ്. ക്രൈസ്തവരെല്ലാവരും ഇപ്രകാരം പ്രേഷിതദൗത്യമുള്ളവരാണ്. അജപാലകർക്ക് അതിനുള്ള പ്രത്യേക ദൗത്യവുമുണ്ട്.

മിശിഹായിലുള്ള വിശ്വാസം എപ്രകാരമുള്ളതാണ് എന്നു വിശദീകരിക്കുന്നതോടൊപ്പം അതിന്റെ ലക്ഷ്യവും എന്താണെന്നു ശ്ലീഹാ എടുത്തുപറയുന്നു. മിശിഹാ മരണോത്ഥാനത്തിലൂടെ ശക്തിയിൽ ദൈവപുത്രനായി നിശ്ചയിക്കപ്പെട്ടവനാണ്. അതു വിശുദ്ധിയുടെ ആത്മാവിനു ചേർന്നവിയവുമാണ്. ദൈവപുത്രത്വവും പരിശുദ്ധിയും ഒന്നാണെന്നും സഭാംഗങ്ങൾ ഇപ്രകാരം ദൈവപുത്രരുടെയും പരിശുദ്ധരുടെയും സമൂഹമാകുവാൻ വിളിക്കപ്പെട്ടവരാണെന്നും ഇവിടെ സൂചനയുണ്ട്. ഈ അവബോധത്തോടെ ജീവിക്കാൻ ക്രൈസ്തവർക്കു കഴിയണം. അതുപോലെതന്നെ സുവിശേഷപ്രഘോഷണത്തിന്റെ ലക്ഷ്യം വിശ്വാസത്തിന്റെ വിധേയത്വം സകലജാതികളുടെയിടയിലും ഉണ്ടാകേണ്ടതിനാണെന്നും ശ്ലീഹാ എടുത്തുപറയുന്നു. വിശ്വാസത്തിനനുസൃതമായ ജീവിതമാണ് 'വിശ്വാസത്തിന്റെ അനുസരണം' എന്ന് ഇവിടെ വിശേഷിപ്പിക്കപ്പെടുന്നത്. ഇപ്രകാരം വിശ്വസിക്കുന്ന ഒരു സമൂഹമായി അജഗണങ്ങളെ കെട്ടിപ്പടുക്കുവാൻ അജപാലകർ പ്രത്യേകം ശ്രദ്ധിക്കണം.

2. വിശ്വാസത്തിനു പ്രോത്സാഹനം

“നിങ്ങളുടെ വിശ്വാസം ഭൂമിയിൽ എല്ലായിടത്തും പ്രകീർത്തിക്കപ്പെടുന്നതിനാൽ, നിങ്ങൾക്കെല്ലാവർക്കും വേണ്ടി ആദ്യമേ ഞാൻ ഈശോമിശിഹാവഴി എന്റെ ദൈവത്തിനു നന്ദി പറയുന്നു. ഞാൻ നിങ്ങളെ ഇടവിടാതെ പ്രാർത്ഥനയിൽ സ്ഥിരീകുന്നു എന്നതിന്, അവിടുത്തെ പുത്രനെക്കുറിച്ചുള്ള സുവിശേഷം വഴി ഞാൻ ആത്മനാ ശുശ്രൂഷിക്കുന്ന ദൈവമാണ് എനിക്കു സാക്ഷി. ദൈവേഷ്ടത്താൽ എങ്ങനെയെങ്കിലും നിങ്ങളുടെ അടുത്തു വന്നുചേരാൻ ഇപ്പോഴെങ്കിലും സാധിച്ചിരുന്നെങ്കിൽ എന്നു ഞാൻ പ്രാർത്ഥിക്കുന്നു. നിങ്ങളെ സ്നേഹിക്കപ്പെടുത്താൻ എന്തെങ്കിലും

ആത്മീയവരം നിങ്ങൾക്കു നൽകേണ്ടതിനു നിങ്ങളെക്കാണാൻ ഞാൻ അതിയായി ആഗ്രഹിക്കുന്നു. എന്റെയും നിങ്ങളുടെയും വിശ്വാസം നമ്മെ പരസ്പരം പ്രോത്സാഹിപ്പിക്കുമല്ലോ” (1,8-12).

റോമിലെ ക്രൈസ്തവരുടെ വിശ്വാസത്തെ പൗലോസ് ശ്ലീഹാ പ്രോത്സാഹിപ്പിക്കുന്നു. അവരെ ശ്ലീഹായ്ക്കു പരിചയമില്ലെങ്കിലും അവർ ഉത്തമക്രൈസ്തവജീവിതം നയിക്കുന്നുണ്ടെന്നും അവരെ കാണാൻ തനിക്ക് ആഗ്രഹമുണ്ടെന്നും പറയുന്നു. മാത്രമല്ല, അവരെ തന്റെ പ്രാർത്ഥനയിൽ നിരന്തരം ഓർക്കുന്നുണ്ടെന്ന് എടുത്തുപറയുകയും ചെയ്യുന്നു. അവിടെ ചെല്ലുന്നതിനു മുൻപ് അവരുമായുള്ള സ്നേഹബന്ധം ഊട്ടിയുറപ്പിക്കുന്നതിനു വേണ്ടിയായിരിക്കാം ഇപ്രകാരം അവരെ വിശ്വാസത്തിൽ പ്രോത്സാഹിപ്പിക്കുന്നത്. സഭ വിശ്വാസികളുടെ സമൂഹമാണ്. വിശ്വാസജീവിതം സാധാരണ മനുഷ്യജീവിതം പോലെയല്ലാത്തതുകൊണ്ട് പരസ്പരം പ്രോത്സാഹിപ്പിക്കേണ്ട ഒന്നാണെന്ന് ഇതു സൂചിപ്പിക്കുന്നു. സാഭാവികമായ മാനുഷികകഴിവുകൾകൊണ്ട് ക്രിസ്തീയജീവിതം സാധ്യമല്ല, കാരണം, പാപബദ്ധമായ മനുഷ്യപ്രകൃതിയ്ക്ക് സ്വന്തം കഴിവുകൊണ്ട് ക്രിസ്തീയവിശ്വാസം ജീവിക്കുക അസാധ്യമാണ്. അതുകൊണ്ട് വിശ്വാസികൾ പരസ്പരം പ്രോത്സാഹിപ്പിച്ച് വിശ്വാസത്തിൽ നിലനിൽക്കുവാൻ ശ്രദ്ധിക്കണം.

പൗലോസ് ശ്ലീഹാ റോമിൽ പോയിട്ടില്ലെങ്കിലും, റോമിലെ ക്രിസ്ത്യാനികളെ ആരെയും അറിഞ്ഞിട്ടില്ലെങ്കിലും അവർക്കുവേണ്ടി നിരന്തരം പ്രാർത്ഥിച്ചിരുന്നതായിട്ടു പറയുന്നു (1,8-9). വിശ്വാസത്തിൽ പങ്കുചേരുന്ന എല്ലാവർക്കുംവേണ്ടി പ്രാർത്ഥിക്കുക എന്നത് ഒരു ക്രിസ്തീയപുണ്യവും നേട്ടവുമാണ്. കർതൃപ്രാർത്ഥനയെക്കുറിച്ചുള്ള ഒരു പ്രസംഗത്തിൽ നീസായിലെ വിശുദ്ധ ഗ്രിഗറി ഇപ്രകാരം പറയുന്നു: “പ്രാർത്ഥനയുടെ ഫലം ദൈവൈക്യമാണ്. ദൈവത്തോടുകൂടെ ആയിരിക്കുന്നവൻ ശത്രുവിൽനിന്നും വേർപ്പെട്ടവനാണ്. പ്രാർത്ഥനയിലൂടെ നമുക്ക് ശാരീരികവും ആത്മീയവുമായ സുസ്ഥിതി ലഭിക്കുന്നു. സൗഭാഗ്യകരമായ കുടുംബജീവിതവും സമൂഹജീവിതവും ഉറപ്പാക്കുന്നു. ബുദ്ധിമുട്ടുകളിൽ ആശ്വാസം ലഭിക്കുന്നു”. മറ്റുള്ളവരുമായി സ്നേഹത്തിൽ വളരാനുള്ള മാർഗ്ഗം അവർക്കുവേണ്ടി പ്രാർത്ഥിക്കുകയാണ്. അതുകൊണ്ട് വിശ്വാസികളുടെ സമൂഹം പ്രാർത്ഥനയിലൂടെ പരസ്പരം സ്നേഹിക്കുന്നവരും പ്രോത്സാഹിപ്പിക്കുന്നവരുമായിരിക്കണം. അജപാലകർ അപ്രകാരം അജഗണങ്ങളെ പരിശീലിപ്പിക്കുകയും വേണം.

3. സുവിശേഷവും രക്ഷയും

“സുവിശേഷത്തെപ്പറ്റി ഞാൻ ലജ്ജിക്കുന്നില്ല. എന്തെന്നാൽ, വിശ്വസിക്കുന്ന ഏവർക്കും, ആദ്യം യഹൂദർക്കും പിന്നീട് ഗ്രീക്കുകാർക്കും, അതു രക്ഷയിലേക്കു നയിക്കുന്ന ദൈവശക്തിയാണ്. അതിൽ, വിശ്വാസത്തിൽനിന്നു വിശ്വാസത്തിലേക്കു നയിക്കുന്ന ദൈവത്തിന്റെ നീതി വെളിപ്പെട്ടിരിക്കുന്നു. നീതിമാൻ വിശ്വാസം വഴി ജീവിക്കും എന്നു എഴുതപ്പെട്ടിരിക്കുന്നുവല്ലോ” (1,16-17).

ഈശോമിശിഹായുടെ ശ്ലീഹായായ പൗലോസിനു സുവിശേഷത്തെപ്പറ്റി ലജ്ജയില്ല (2 തിമോ 1,8; മർക്കോ 8,38). ആ സുവിശേഷത്തിനുവേണ്ടി അദ്ദേഹം അചഞ്ചലമായി നിലകൊള്ളും. തന്നെയും താൻ പ്രസംഗിക്കുന്ന സുവിശേഷത്തെയുംപറ്റി ഉയർന്നുവന്ന വിമർശനങ്ങൾ പൗലോസിന്റെ മനസ്സിൽ അലയടിക്കുന്നുണ്ടാവും (റോമാ 3,8). തന്റെ ബോധ്യങ്ങളിൽ മാറ്റം വരുത്തുകയില്ല എന്ന നിലപാട് ഈ വാക്കുകളിലൂടെ പൗലോസ് വ്യക്തമാക്കുന്നുണ്ട്. സുവിശേഷം “ആദ്യം യഹൂദർക്കും പിന്നീട് ഗ്രീക്കുകാർക്കും രക്ഷയിലേയ്ക്കു നയിക്കുന്ന ദൈവശക്തിയാണ്”. തെരഞ്ഞെടുപ്പുവഴിയായി യഹൂദർക്ക് മുൻഗണന ലഭിച്ചിട്ടുണ്ട് എന്നതു ശരിയാണ് (റോമാ 3,2; 9,4-5). പഴയനിയമങ്ങളിലൂടെ സൂചിപ്പിക്കപ്പെട്ട മിശിഹാ ഈശോ തന്നെയാണെന്നു യഹൂദർ മനസ്സിലാക്കണം (റോമാ 9,5; 11,26). അതുപോലെ വിജാതീയരും മിശിഹായിൽ രക്ഷകനെ കണ്ടെത്തേണ്ടിയിരിക്കുന്നു (റോമാ 15,9-13). ഇങ്ങനെ ഇരുകൂട്ടരും സുവിശേഷംവഴി കരഗതമാകുന്ന ദൈവകൃപവഴി ജീവിക്കും.

സുവിശേഷം സ്വീകരിക്കുന്ന വ്യക്തി നീതീകരിക്കപ്പെടുന്നത് അവന്റെ വിശ്വാസം മൂലമാണ്. “നീതിമാൻ വിശ്വാസം വഴി ജീവിക്കും” എന്ന പ്രവാചക വചനം (ഹബ 2,4) ഉദ്ധരിച്ചുകൊണ്ടാണ് പൗലോസ് ഇപ്രകാരം പറയുക. ഈശോയിൽ വിശ്വസിക്കുന്നവന് ദൈവനീതിയിൽ പങ്കാളിയാകുവാൻ കഴിയും എന്നാണ് പൗലോസിന്റെ വിശ്വാസം. അവന് സന്തോഷപൂർണ്ണരും ജീവിക്കാൻ കഴിയും. ഈ വാഗ്ദാനം ഈശോമിശിഹായുടെ മനുഷ്യാവതാരംവഴി ഇപ്പോൾ സകലർക്കും ലഭ്യമായിത്തീരുന്ന സുവിശേഷമായി ഭവിച്ചിരിക്കുന്നു. ഹബക്കുക്കിന്റെ രണ്ടാം അദ്ധ്യായം നാലാം വാക്യത്തിന്റെ യഹൂദവ്യാഖ്യാനമനുസരിച്ച് നീതിമാൻ ജീവിക്കുന്നത് നിയമത്തോടുള്ള അവന്റെ പ്രതിബദ്ധതയനുസരിച്ചാണ്. എന്നാൽ പാപിയെ ശകാരിക്കുന്നതിന് നിയമത്തോടുള്ള അവിശ്വസ്തത മതിയാകും. പക്ഷേ, ദൈവം പാപിയെയും നിയമത്തിന്റെ വ്യവസ്ഥകൾ കൂടാതെതന്നെ രക്ഷിക്കും (റോമാ 3,21) എന്നാണ് പൗലോസ് പറയുന്നത്. കാരണം ഈശോമിശിഹായുടെ രക്ഷാകരപ്രവൃത്തിയിൽ വിശ്വസിക്കുന്നവൻ ദൈവത്തിന്റെ ദൃഷ്ടിയിൽ നീതിമാനാണ്. ഈ നീതി അഥവാ വിശുദ്ധിയാണ് ദൈവജനത്തിന്റെ ജീവിതലക്ഷ്യമാകേണ്ടതെന്ന് അജപാലകർ ഓർത്തിരിക്ക

ണം.

4. ദൈവജ്ഞാനവും ദൈവമഹത്വവും

“ദൈവത്തെക്കുറിച്ച് അറിയാൻ കഴിയുന്നതൊക്കെ അവർക്കു വ്യക്തമായി അറിയാം. ദൈവം അവയെല്ലാം അവർക്കു വെളിപ്പെടുത്തിയിട്ടുണ്ട്. ലോകസൃഷ്ടിമുതൽ ദൈവത്തിന്റെ അദ്യശ്യപ്രകൃതി, അതായത് അവിടുത്തെ അനന്തശക്തിയും ദൈവത്വവും, സൃഷ്ടവസ്തുക്കളിലൂടെ സ്പഷ്ടമായി അറിഞ്ഞിട്ടുണ്ട്. അതുകൊണ്ട് അവർക്ക് ഒഴികഴിവില്ല. അവർ ദൈവത്തെ അറിഞ്ഞിരുന്നെങ്കിലും അവിടുത്തെ ദൈവമായി മഹത്വപ്പെടുത്തുകയോ അവിടുത്തേക്കു നന്ദി പ്രകാശിപ്പിക്കുകയോ ചെയ്തില്ല, മറിച്ച്, അവരുടെ യുക്തിവിചാരങ്ങൾ നിഷ്ഫലമായിത്തീരുകയും വിവേകരഹിതമായ ഹൃദയം അസങ്കാരത്തിലാണ്ടുപോവുകയും ചെയ്തു” (1,19-21).

‘രക്ഷ നൽകാൻ ശക്തമായ ദൈവനീതി പ്രത്യക്ഷപ്പെട്ടു. വിശ്വാസി അതു സ്വന്തമാക്കുന്നു’ എന്നു പറഞ്ഞ പൗലോസ്സ്റ്റീഹാ പാപത്തിനുമേലുള്ള ദൈവനീതിയുടെ പ്രകാശനമായ ക്രോധവും പ്രത്യക്ഷമായെന്നു പറയുന്നു. രക്ഷയും സുസ്ഥിതിയും സ്ഥാപിക്കുന്ന ദൈവത്തെ പാപത്തിനും ശിക്ഷ നൽകും (സങ്കീ 90,9; ഏശ 66,15-16). ദൈവത്തിന്റെ ന്യായവിധി ഉണ്ടാവുകതന്നെ ചെയ്യും (ദാനി 7,26-27). ദൈവത്തെക്കുറിച്ചു വ്യക്തമായി അറിയാൻ കഴിയുമായിരുന്നിട്ടും അവർ അതിനു തുനിയുന്നില്ല. അനീതിപരമായ പ്രവൃത്തികളിലൂടെ അവർ സത്യത്തെ ബന്ധിച്ചിട്ടിരിക്കുന്നു. പ്രപഞ്ചം ദൈവത്തിന്റെ കരവേലയാണല്ലോ. അവനിലൂടെ ദൈവത്തെ അറിയാവുന്നതാണ് (ജ്ഞാനം 13,5). പക്ഷേ, പാപികൾ ഈ സത്യത്തിനുനേരെ മുഖം തിരിക്കുന്നില്ല. അതുകൊണ്ട് അവർ ശിക്ഷിക്കപ്പെടും. പ്രപഞ്ചത്തിലും സൃഷ്ടികളിലും ദൈവത്തിന്റെ കരവേല ദർശിക്കുവാൻ വിശ്വാസികൾക്കു കഴിയണം. അപ്രകാരം അവർ ദൈവത്തെ മഹത്വപ്പെടുത്തുന്ന ജീവിതം നയിക്കുവാൻ അജപാലകർ വിശ്വാസികളെ പരിശീലിപ്പിക്കണം.

ദൈവത്തെ മഹത്വപ്പെടുത്തുകയോ അവിടുത്തേയ്ക്ക് നന്ദി പ്രകാശിപ്പിക്കുകയോ ചെയ്യാത്തതുകൊണ്ട് ദൈവം അവരെ നിഷ്ഫലമായ യുക്തിവിചാരങ്ങൾക്കും വിവേകരാഹിത്യത്തിനും വിട്ടുകൊടുക്കുകയും ചെയ്തു. ദൈവം ശിക്ഷാവിധി നടപ്പിലാക്കിത്തുടങ്ങി എന്നാണ് പൗലോസ്സ്റ്റീഹാ പറയുക. ബുദ്ധിമാന്ദര്യം ബുദ്ധിമതികളുമെന്നു നടിച്ച അവർ ദൈവത്തിന്റെ സ്ഥാനം സൃഷ്ടവസ്തുക്കൾക്കു നൽകി. അവരാണു യഥാർത്ഥ ഭോഷന്മാർ. കാരണം, ഭൂമിയിലുള്ള വസ്തുക്കളുടെ രൂപങ്ങൾ നിർമ്മിച്ച്, അവയാണു ദൈവം എന്നു സങ്കല്പിച്ച് അവർ സൃഷ്ടികളെ ആരാധിക്കാൻ തുടങ്ങി. വിഗ്രഹാരാധനയുടെ മൂഢത്വമാണ് പൗലോസ് ഇവിടെ സൂചിപ്പിക്കുക. സൃഷ്ടവസ്തുക്കളോടുള്ള സമീപനത്തിലും അവയെ ഉപയോഗപ്പെടുത്തുന്നതിലും ദൈവവി

ശ്യാസത്തിന്റെ സ്വാധീനമില്ലെങ്കിൽ, അത് വിഗ്രഹാരാധനയ്ക്കു തുല്യമായ പാപമായിരിക്കുമെന്ന് ഇത് നമ്മെ ഓർമ്മിപ്പിക്കുന്നു. ഇപ്രകാരം വേണ്ടവിധത്തിൽ സൃഷ്ടവസ്തുക്കളെ കൈകാര്യം ചെയ്യുവാൻ അജപാലകർ അജഗണങ്ങളെ ബോധവൽക്കരിക്കണം.

5. അശുദ്ധിക്ക് വിട്ടുകൊടുക്കപ്പെട്ടവർ

“അതുകൊണ്ട് ദൈവം, അവരെ തങ്ങളുടെ ഭോഗാസക്തികളോടുകൂടെ, ശരീരങ്ങൾ പരസ്പരം അവമാനിതമാക്കുന്നതിന്, അശുദ്ധിക്ക് വിട്ടുകൊടുത്തു. എന്തെന്നാൽ, അവർ ദൈവത്തിന്റെ സത്യം ഉപേക്ഷിച്ച് വ്യാജം സ്വീകരിച്ചു. അവർ സ്രഷ്ടാവില്ലാമുപരി സൃഷ്ടിയെ ആരാധിക്കുകയും സേവിക്കുകയും ചെയ്തു. അവിടുന്ന് എന്നേക്കും വാഴ്ത്തപ്പെട്ടവനാണ്, ആമേൻ. അക്കാരണത്താൽ ദൈവം അവരെ നിന്ദനീയമായ വികാരങ്ങൾക്കു വിട്ടുകൊടുത്തു. അവരുടെ സ്ത്രീകൾ സ്വാഭാവികബന്ധങ്ങൾക്കു പകരം പ്രകൃതിവിരുദ്ധബന്ധങ്ങളിലേർപ്പെട്ടു. അതുപോലെ പുരുഷന്മാർ സ്ത്രീകളുമായുള്ള സ്വാഭാവികബന്ധം ഉപേക്ഷിക്കുകയും പരസ്പരാസക്തിയാൽ ജലിച്ച് അന്യോന്യം ലജ്ജാകരകൃത്യങ്ങളിൽ ഏർപ്പെടുകയും ചെയ്തു. തങ്ങളുടെ തെറ്റിന് അർഹമായ ശിക്ഷ അവർക്കു ലഭിച്ചു” (1,24-27).

ദൈവഹിതം തിരസ്കരിച്ചവർ ദൈവത്തിന്റെ വിധിയിൽനിന്ന് ഒഴിഞ്ഞു മാറാമെന്നു കരുതേണ്ട. ദൈവം അവരെ കൈവിട്ടിരിക്കുകയാണ്. ദൈവമഹത്വത്തിനു പകരമായി ആസക്തികൾക്കായി അവർ സ്വയം വിട്ടുകൊടുത്തു. അതിന്റെ ഉദാഹരണമാണ് പുരുഷന്മാരുടെയും സ്ത്രീകളുടെയും സ്വവർഗാനുരാഗം. ദൈവരാഹിത്യം മുഖമുദ്രയായിട്ടുള്ള ജീവിതത്തിന്റെ പല പതനങ്ങളിലൊന്നാണിത്. ദൈവം നിർദ്ദേശിച്ചിട്ടുള്ള ക്രമത്തിനു വിരുദ്ധമായ പാപമായിട്ടാണ് യഹൂദർ വിജാതീയരുടെ ഇത്തരം ബന്ധങ്ങളെ കണ്ടിരുന്നത്. മനുഷ്യശരീരത്തെ ആരാധനാപാത്രമായിക്കാണുന്ന ഈ മനോഭാവങ്ങൾ പാപമായി പൗലോസ് വിശേഷിപ്പിക്കുന്നു.

ഇക്കാര്യങ്ങൾതന്നെ ഒന്നുകൂടി വ്യക്തമാക്കിക്കൊണ്ട് ഗ്ലീഹാ തുടർന്നു ദൈവനിഷേധത്തെക്കുറിച്ചു പറയുന്നു. മനുഷ്യന്റെ ദൈവനിഷേധം താത്വികമായി മാത്രം ഒതുങ്ങി നിൽക്കാതെ, തിന്മപ്രവൃത്തികളായി മാറുന്നു. പ്രകൃതിയിൽനിന്ന് തിരിച്ചറിയാവുന്ന ദൈവികപ്രാഭവം തിരസ്കരിക്കുന്നവർ പ്രകൃതിദത്തമായ വസ്തുക്കളിൽ കൂടുങ്ങുന്നു. പാപങ്ങളുടെ ഒരു പട്ടികതന്നെ പൗലോസ് നൽകുന്നുണ്ട്. പ്രകൃതിയിൽനിന്ന് ദൈവത്തിൽ എത്തിച്ചേരാമെന്നുള്ളത് സഭയുടെ ഔദ്യോഗികപ്രബോധനമാണ്. പാപത്തിൽ നിപതിക്കാത്ത ആദിമമനുഷ്യന് ദൈവമഹത്വം നേരിട്ടുകാണാമായിരുന്നു. എന്നാൽ പാപം മനുഷ്യന്റെ കണ്ണുകൾക്കുമേൽ ഒരു ആവരണമായി നിൽക്കുന്നു. ദൈവത്തെ അറിഞ്ഞ് കൃതജ്ഞത പറയാൻ കഴിയാത്തവൻ ഇല്ലായ്മയിലും അന്യതാ

ബോധ്യത്തിലും ഉഴലും. പ്രകൃതിയിലൂടെ ദൈവത്തെ കണ്ടെത്താനും, പ്രകൃതിയിൽ ദൈവം സ്ഥാപിച്ച ക്രമത്തിലൂടെ അവിടുത്തെ പദ്ധതികളെ കണ്ടെത്താനും നാം ശ്രമിക്കണം. ഇതേപ്പറ്റിയുള്ള ബോധവൽക്കരണം സഭയിൽ ജനങ്ങൾക്കും അജപാലകർക്കും ഉണ്ടാവണം.

ജീവിതസൂചിക

1. വിശുദ്ധരുടെയും ദൈവപുത്രരുടെയും സമൂഹമായി വിശ്വാസികളുടെ സമൂഹത്തെ കെട്ടിപ്പടുക്കുവാൻ ഞാൻ എത്രമാത്രം ശ്രദ്ധിക്കുന്നുണ്ട്?
2. പ്രാർത്ഥനയിലൂടെ പരസ്പരം സ്നേഹിക്കുന്നവരും പ്രോത്സാഹിപ്പിക്കുന്നവരുമായി സഭാസമൂഹത്തെ രൂപപ്പെടുത്തുവാൻ ഞാൻ എപ്രകാരം ശ്രമിക്കുന്നു?
3. ദൈവത്തിന്റെ രക്ഷാകരപ്രവർത്തനത്തിൽ വിശ്വസിക്കാൻ ഞാൻ ജനങ്ങളെ പഠിപ്പിക്കുന്നുണ്ടോ?
4. സൃഷ്ടപ്രപഞ്ചത്തിൽ ദൈവമഹത്ത്വം ദർശിക്കുവാനും അപ്രകാരം ദൈവത്തെ മഹത്വപ്പെടുത്തുവാനും വിശ്വാസികളെ എപ്രകാരം പരിശീലിപ്പിക്കണം?
5. ദൈവനിഷേധത്തിന്റെയും തിന്മപ്രവൃത്തികളുടെയും സാന്നിധ്യം ഇന്നത്തെ സമൂഹത്തിൽ കാണപ്പെടുന്നുണ്ടോ?

NEWS FROM DEPARTMENTS

DEPARTMENT OF CATECHESIS

Eparchial Catechetical Commission Meeting

The Department of Catechesis conducted the Eparchial Catechetical Commission meeting on Feb 11, 2022. The meeting was blessed to have the esteemed presence of His Excellency Mar Jose Kalluvilil. In his presidential address, Bishop congratulated and appreciated the systematic functioning of the Catechetical Department. Bishop highlighted the CCC articles 904 and 1698, "The first and last point of reference of the catechesis will always be Jesus Christ Himself, who is the Way, the Truth, and the Life". A video about how Bishop Fulton Sheen was inspired by a 12-year-old little girl was shared with the members during the meeting. After the video presentation, Bishop elaborated the three key points based on the video:

1. Use the best resources and methodology for the students
2. The person of the Catechist is the best resource
3. Listen to everybody; even a child can inspire.

Highlights of the Meeting

1. The Commission decided to

- ◆ share the question papers with parishes, 10 - 12 days before the exam date in the future
- ◆ enable the manual editing option in Google Forms

- ◆ enable the 'limit only one response option' in the Google Form to limit multiple submissions of the answer sheet
- ◆ monitor and advice on the local question paper folders
- ◆ Preparation of question papers for final Examination by sorting and collating the questions available in the question bank

2. Grade 12 Graduation

- ◆ Decision is to conduct the Eparchial level graduation this year.
- ◆ Date: June 04/ 2022 at 5:00 pm EST.
- ◆ Parish level graduates' appreciation: ECC recommends conducting parish level appreciation of the graduating students, in addition to the Eparchial graduation ceremony.

3. Faith Fest

ECC agreed to conduct Faith Fest in all parishes, starting this year. Bishop advised to conduct the Faith Fest in an attractive way to maximize student participation. The theme for the faith fest for each year will be prepared and distributed by Eparchy. The date for Faith Fest can be decided by individual parishes/mission centers, according to their convenience.

A Faith Fest Core committee was formed, and the members are:

- ◆ Mrs. Deepthi Joseph
- ◆ Mr. Jose Varghese
- ◆ Mr. Santhosh George
- ◆ Mrs. Shanty Poulse

A subcommittee, with members from parishes, for further discussions and planning will be formed.

4. Honoring Catechists

ECC decided to honor the Catechists at Eparchy level for their milestones, such as 5, 10, and 25 years. A criterion for recog-

dition is to be formulated. Total years in Catechism teaching will be considered for calculating the experience, including service in other eparchies. Date is yet to be confirmed.

5. Synod on Synodality

ECC decided to have a separate meeting of ECC and Principals to discuss Synodality.

6. Catechism workbook

Senior Kindergarten workbook preparation is in progress by the Cathedral Church team, Mississauga. The team decided to continue buying the workbooks from Eparchy of Chicago if it's affordable.

7. Upcoming Events

VERITAS Webinar on March 05, 2022, led by Rev. Fr. Gilson Payyappilly, Diocese of Irinjalakuda on Man's Vocation - Life in Spirit (CCC 1691 - 2051).

Combined meeting of Eparchial Catechetical Commission and Principals: March 12th, 2022, at 05:30 pm EST.

DEPARTMENT OF PIOUS ASSOCIATION FOR CHILDREN (PAC)

Dear parents of Pious Members,

Pope Francis' message this year for Lent is "'Let us not grow tired of uprooting evil from our lives. May the corporal fasting to which Lent calls us fortify our spirit for the battle against sin.'" As we approach the Lenten season this year let us actively plan Lenten activities in our parishes for our young members, so they learn to actively seek out those in need to offer charity and share the love of God.

Below are some of the highlights of our activities during the month of February 2022.

Forane Directors and EPAC Meet with Bishop

PAC Forane Directors and PAC Central Team Members met with His Excellency Mar Jose Kalluvilil on February 3rd, 2022 @ 8:30 pm for a zoom meeting. The main points of discussion included an update on the PAC activities to date, upcoming Lenten activities, PAC year end activities and summer programs for children.

Animators Meeting

Enlighten to Empower Animators Meeting took place virtually via zoom on February 12th from 11:30-1:00pm EST. His Excellency Mar Jose Kalluvilil presided over the meeting and gave all animators a beautiful message about the challenges our children are currently facing. Animators actively participated in discussions on Lenten Activities for this year along with suggesting future programs for children especially during summer. Rev. Father Augustine Kallumkatharayil presented the Synodal process to the

animators as part of this meeting. Through this presentation Fr. Augustine helped the animators understand the meaning of the word Synod and that we are all journeying together led by the Holy Spirit. Dr. Tibu Thomas further gave a talk on the practicality of current problems and how we can solve them in real life.

Upcoming Events

Power to Empower Leaders Meeting –
Lenten Retreat – March 12th @ 11:00 am
EST

For more information, please contact Sr. Jeslin CMC at paceofm@gmail.com.



**DEPARTMENT OF
VOCATION BUREAU**

The Eparchy of Mississauga Vocation Camp was held virtually via zoom from 8:00pm - 9:00 pm in January 30, 2022. The session was held by Sr. Deanna Theresa CMC for students in grade 9 and above, and the topic of the meeting was ‘What is Qurbana all about?’. The life and accomplishments of Saints were also taught. Sister used videos and short films to understand the subject clearly. We thank Sr. Deanna for her inspirational class that resonated with the youth so much.



DEPARTMENT OF SMYM

SMYM Animators Meeting

SMYM Animator's meeting at the Eparchy level was coordinated by Lissa Mathew (SMYM Animator's Coordinator) on February 19th. The session commenced with a prayer led by Dr. Joe from Winnipeg followed by a presentation on the Synodal Process by Fr. Augustin along with Dr. Tibu Thomas. The supportive team included Fr. Jojo Changanamthundathu (SMYM Youth Director), Biju Kannampuzha (SMYM National Youth team Animator), Dr. Joe Jose, Jerin Raj and Varghese Parekkattil (SMYM International Youth team Animators). The meeting encompassed a great number of members and animators from different parishes under the Eparchy. The session was very inspiring and informative in taking the step towards Synodality. The session concluded with a closing prayer by Bibin from Halifax and blessings from Fr. Jojo.

A follow up meeting was held on February 25th commenced with a prayer of the Holy Spirit and a reading from Acts 2:1-11 by Lissa Mathew. Fr. Jojo reviewed the steps of the Synodal Process to the new members followed by a breakout room discussion following the spiritual and reflective nature of the synodal process. Biju Kannampuzha coordinated the breakout room in groups that were supportive to the animators in taking the courageous step among the youth entrusted to them. After an amazing sharing and discussion, the session was closed with a prayer by Varghese Parekkattil followed by blessings from Fr. Jojo. Thanks to all the participants who made the day a blessed and successful one.

SMYM National Youth Meeting

Meeting of the National Youth Team was convened on two

days during the month of February and discussed the Lenten Retreat to be held during the Lenten Season. Different members of the team were entrusted with various responsibilities.

Lenten Retreat for Youth

Lenten Retreat for youth will be held on March 12, 2022 at 4.00 pm. All the youth from grade 9 and above are requested to join the retreat. It is time for us to renew and reflect on the passion narratives of Jesus Christ.



SMYM CANADA PRESENTS

SMYM Lenten Retreat

A time of steadfast prayer, reflection and renewal

MARCH 12, 2022
4PM EST

This retreat will help to provide guidance to our youth during lent, and offer them a time of reflection during their spiritual journey

Virtual Zoom Link will be provided

"A clean heart create in me, O God, and a steadfast spirit renew within me."
Psalm 51:12

DEPARTMENT OF DIVINE ACADEMY OF MUSIC



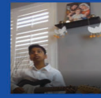
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DEPARTMENT OF NURSES MINISTRY

Chain Rosary

Nurses Ministry conducted a chain rosary on January 13th, 2022, with all regions across Canada.

Daily Online Zoom Prayer

Nurses from all over Canada continue to pray online for all the nurses and the whole World every day at 3 pm.

Prayer Meetings

All regions joined the monthly virtual prayer meeting every Monday from 8.30 pm to 10.30 pm. Every first Monday, the international resource team gives the word of God.

Monthly Regional Meeting

All regions continue to gather for monthly prayer meetings and some regions resumed the prayer meeting in person.

Night vigil

Night vigil was conducted by USA and Canada region on 28th January 2022. Special Events: Numerous prayer requests were answered and conducted by the Nurses ministry team nationally and internationally.

NEWS FROM PARISHS

MISSISSAUGA FORANE

ST. ALPHONSA CATHEDRAL MISSISSAUGA

The Ministry of Altar Servers

Those who received the Sacrament of the First Solemn Holy Communion in the last year were selected for serving the Altar. Their preparation classes started on 17 February 2022. Our Bishop Mar Jose Kalluvilil expressed his joy and announced the names of newly joined altar servers. Rev.Fr. Jacob Edakalathur, parish priest welcomed and blessed the children. The preparatory classes were given by Rev. Fr. Tenson Paul, Rev. Sr. Prasanna Thattil and Risa Roy.

Bible Reading (In-Person)

During the period of Lenten season, St.Alphonsa Cathedral invited the parishioners to Bible reading plan. It will be in-person



in the Church from March 1, 2022 to April 13, 2022 after the Holy Mass at 10.30 am to 12.30pm(EST).The live stream of the same will be telecasted via zoom.

Ash Monday-'Viboothi'

The Great Lent begins with Ash Monday, February 28, 2022.To prepare the Ash for the day, the previous year's leaves kept in each home was collected beforehand. On that day there are two Masses at 9.15 am and 7.pm.



Way of the Cross: On all the forty days of the Lent, it is decided to conduct 'Way of the Cross ' after the Holy mass at 9.15 am.

Pious Association

1st Saturday Holy mass and the Adoration

Monthly adoration and Holy Qurbana for the children of Pious Association was held on 1 January, 2022 Saturday at 9 am. Rev. Fr. Tenson Paul was the main celebrant. There was special prayer for the children as part of the new year day.

PAC Monthly Meeting and Eparchy Level Animators Meet

The PAC monthly meeting was held on 6th February 2022 from 2.30 pm EST to -3.30 pm EST. The Eparchy level animators meet held on 12 February 2022.The animators from our parish had been actively participated in the meeting.

Other Activities

PAC at the parish level conducts the rosary with benediction on every Wednesday via zoom from 9.00 pm to 9.30 pm (EST). The parish level animators virtual meeting presided by Rev. Fr. Jacob Edakkalathur was held on 8th February 2022 and Rev. Fr. Tenson Paul delivered the special prayer for the animators on this occasion to discuss about the Lenten activities to be conducted at the parish level. The proposed Lenten activities are given below and they are in the planning level and more details will be sent out later.

Lenten Activities



1. Benediction and the Way of the Cross

During Lenten season PAC will be conducting, benediction and the way of the cross on every Friday from 6.15 pm -7 pm EST via zoom and on every 1st Saturday from 8.45 am - 9.15am in person at the church.

2. Bible Verse Competition

The Lenten calendar with the bible verse will be distributed to the Jesus Kids, HCA and CML PAC group and a bible verse competition will be held for the JK to Grade 8 students.

3. Chain Bible Reading

During the Lenten season, From March 1st 2022 there will be a chain bible reading for two hours from Tuesday to Saturday. Those who are willing to take part in the bible reading are requested to come in person to the church in order to take part and each time slots for the bible reading will be of 30 minutes duration.

4. Enactment of the 14 Stations of the Way Cross

On behalf of PAC, there will be an opportunity for the 14 families from the parish to enact each station of the cross which will be conducted along with the benediction and the way of the cross prayers. This event will be held online.

5. Lenten Retreat

PAC will be conducting a retreat at the parish level for the JK to Grade 6 students via zoom on 3 April 2022.

ST. ALPHONSA PARISH, CAMBRIDGE

Parish Council Meeting

A Parish Council meeting was held on February 12, 2022 to discuss about the Synodal process at Parish level, forthcoming parish elections, pothuyogam, Lent and holy week plans and accounts.

The parish council has decided to hold the pothuyogam on March 13, 2022. The division of ward database is being reviewed by ward council members and trustees and new Whatsapp groups for each new ward units will be formed once the database is finalized. Thereafter, Rev. Fr. Thomas will conduct the ward unit meetings.

The Synodal Church

“Christ has no body now on earth but yours, no hands but yours, no feet but yours, Yours are the eyes through which to look out Christ’s compassion to the world. Yours are the feet with which he is to go about doing good; Yours are the hands with which he is to bless men now.” This famous quote attributed to St. Teresa of Avila focuses on every individual looking for opportunities to be Christ’s body on earth to love and serve others.

Similarly, the Synodal Church is opening new avenues to the people of God including children to be instruments of ‘listening to one another and staying united with one another.’”

Synodal meetings allow us to share, listen, and reflect at local parishes and dioceses in order to be able to listen to the Holy Spirit’s prompting to us thus help renew the church going forward.

News from the Catechism Department:

1. Staff Meeting

A staff meeting was held on February 15, 2022 to discuss the activities for the second term of Catechism. Some of the topics of interest were to involve students to lead the Lenten Way of the Cross, training for altar servers, teach children some of the basic prayers so as to be of help during unit prayer meetings, family prayers and at church and walking children through the changes in the Syro Malabar Holy Qurbana Liturgy and explaining the important prayers and rituals therein.

2. Mid Term Catechism Exam

The mid term exams for our Catechism students went really well. Sincere thanks to our VP, Mr. Edwin Varghese, all the teachers and volunteers for facilitating exam in Zoom breakout rooms. Many thanks to the parents for the cooperation and to the students for the success as well.

3. Mid Year Report to Eparchy

The mid year parish-level catechism report including catechism statistics, activities was shared with Eparchy. The feedback from teachers included parents need to be more involved in their children's catechism and faith formation especially homework/assignments, and encourage and motivate kids to attend Holy Qurbana and activities arranged specifically for them and set apart time for family prayers.

4. First Holy Communion/Confirmation

The preparatory classes for children planning to receive the First Reconciliation and First Holy Communion/Confirmation in June 2022 conducted by Rev. Sr. Sincy CHF is going on in full swing via zoom every wednesday.

Pious Association for Children

1. Eparchial Animators Meeting

The PAC Eparchial Animators meeting was held on February 12, 2022 and our PAC animator Mrs. Sindhu Siju attended the same.

2. Second Saturday PAC Prayer

Every second Saturday of the month the PAC 3 p.m. prayer is held wherein the students recite the Divine Mercy chaplet followed by a presentation by a PAC leader. This month the presentation was on our Syro Malabar Major Archbishop Mar George Alencherry and Faith, presented by Zachary Joy Kuncheria.

He explained what faith meant as described in the Book of Hebrews: “the assurance of things hoped for, and the conviction of things not seen.” (Heb. 11:1) and touchbased on some of the characteristics of faith and some of Jesus’ teachings on faith using parables as examples. The presentation also included great examples of faith through Abraham’s obedience to God’s call, Mother Mary’s ‘yes’ to the angel Gabriel, and St. Peter the apostle declaring: “You are the Christ, the Son of the living God.”



Additionally, the presentation included a brief account of Major Archbishop Mar George Alencherry’s humble beginnings from Thuruthy, Kerala to his ordainment and higher education, to his elevation to the rank of a Cardinal who participated in the 2013 Papal election of Pope Francis.

Upcoming Events

- 1 Way of the Cross led by Catechism students
- 2 Parish Council Meeting: March 5, 2022
- 3 Combined Meeting of ECC members and Principals: March 12, 2022
- 4 Pothuyogam: March 13, 2022

ST. MOTHER TERESA PARISH NIAGARA FALLS

Parish Council Meeting

A meeting of the Parish Council was organized on Sunday, 13 February 2022. The treasurer Mr. Pinto Joseph presented annual accounts for 2022 and was approved. The council also finalized the activity calendar for 2022.

Dates	Event	Holy Mass
Feb 13, Sunday	Parish Council	
Feb 20, Sunday	General Body Meeting	
Feb 27, Sunday	Pethurtha	
March	Family Unit Elections	
April 02, 03 (Saturday, Sunday)	Parish Annual Retreat	
April 10, Sunday	New Parish Council Meeting	
April 10, Sunday	Palm Sunday	5: 00 pm
April 14, Thursday	Maundy Thursday	04:30 pm
April 15, Friday	Good Friday	10:00 am
April 16, Saturday	Easter Vigil	5:30 pm
April 17, Sunday	Easter Sunday	4:00 pm
May 01, Sunday	Old and new Parish Council meeting	
June 25th, Saturday	First Holy Communion and Confirmation	10:00 am
July 09, Saturday	Parish Night	
September 03 and 04 Saturday and Sunday	Parish Feast	
October 30, Sunday	Holyween	
December 10, 17 (Saturday)	Christmas Carol	
December 18, Sunday	Christmas Celebration (Catechism department)	
December 24, Saturday	Christmas Eve	8:00 pm
December 25, Sunday	Christmas	4:00 pm

General Body Meeting

The general body meeting approved the accounts of 2021, presented by the accountant Mr. Pinto Joseph and audited by Mr. George Kappukattu. The annual activity calendar was also presented before the general body

Launch of Parish Website

Rev. Fr. Thomas Venmanthara formally announced the launch of the parish website www.syromalabarniagara.ca after the holy mass on Sunday, 20th February, 2022. The website was developed by our Parish IT team led by Mr. Pinto Joseph, and Mr. Sheji Joseph Chackungal. The website was designed by Zyfox technology, Kochi.



*Welcome to St. Mother Teresa
Syro Malabar Catholic Parish*

Family Unit

The first meeting of the newly restructured family units were held in the month of February 2022. The details of the family units are as follows:

UNIT NO	Name of Family Unit	Area	No. of families	Monthly Prayer Meeting
1	St. Sebastian	Kalar Rd, McLeod Rd, Garner Rd, and Lundy's Lane	20	1st Wednesday
2	St. Joseph	Mountain Rd, Kalar Rd, Mount Rd, QEW East Side	15	2nd Wednesday
3	St. Alphonsa	Mountain Rd, QEW West side, Marshall Rd, Niagara Falls	35	3rd Wednesday
4	St. Catherine	St. Catherines, Thorold, NOTL	13	4th Wednesday
5	St. Thomas	Welland, Port Colborne, Pelham, Fonthill	10	4th Thursday

PAC Meeting

The Pious Association of the Parish is very active and systematic with weekly rosary on Fridays led by children and a monthly PAC meeting. The monthly prayer meeting of this month was conducted on February 12th 2022. The CML had their meeting from 6-7 pm, and HCA and Jesus Kids groups had their meetings at 5-6 pm. This month, the children discussed the following topics:

The Virtue of Month: Faith

Subject: Syro Malabar Church and His eminence Cardinal Mar. George Alancherry

The PAC leaders conducted the sessions very effectively and creatively using presentations and videos.

On February 25, there was an online adoration with sacramental blessings from the mission house, coordinated by the PAC, and active participation of the parish members. This time the children took initiative in organizing the adoration. The intercession prayers, and songs by children proved that the Parish is on the right spiritual trajectory. The adoration culminated with final blessings from the mission house.

Catechetical Talk

The Catechism Department organized a 1 hour online session for Grade 6 to Grade 12 on the importance of the Word of God and the need for daily bible reading at 2 pm on 27th February, 2022. Sr. Prasanna Thattil presented the highly motivating session which had participation of all students and teachers.

ST. JOSEPH PARISH, HAMILTON

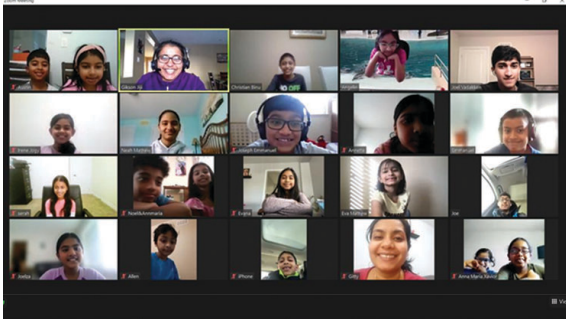
Catechism

Midterm Exams were held on January 30th. Catechists have completed the assessments and marks were handed out in the first week of February. Our catechism classes for the month of February went smoothly. We are still on zoom. Catechism Mid year report and Statistics for the year were sent to the Catechism Director in Mississauga. The yearly catechism report was submitted to JomyVallipallam, Trustee of our Parish. The Catechism Teachers meeting was held on February 18th, 9 pm. The agenda was to Plan the Weekly Way of the Cross during lenten season, Holy Communion registration for the year and Passion Play. It was decided like last year, children Grade 2 and up who are interested will be given practice to lead the Way of the Cross that will be conducted on Saturdays 6:30 pm during lenten season in Zoom. Holy Communion registration has started for the year. Sr. Lucina has volunteered to teach Holy Communion registrants in person. Lissa Sojan is organising 'Passion Play' with Grade 8 and above kids. 'Passion Play' will be held on Palm Sunday. Father Thomas suggested having the next Teacher's meeting after Easter to discuss our final exam assessment and catechism annual day activities.

Pious Association for the Month of February

For this month Jesus kids meeting was held on Feb. 12th, Holy Childhood on 19th and CML will be held on Feb. 26th.

The HCA February meeting was held on February 19 via Zoom. The focus of this month was to learn about the Catholic Church and Cardinal Mar George Alenchery. The virtue of the month was faith. The youth leaders prepared videos regarding the topic & virtue of the month and organised a Kahoot game at the end which the children really enjoyed!



SMYM National and International Meeting

The SMYM of Syro-Malabar Parish, Hamilton coordinated the ZOOM meeting for the month on February 5th from 11am. The meeting started with an opening prayer by Aleena Kochuparambil. The meeting included a presentation by Jacqueline from McMaster University breaking the Word Luke 9:21-27. The presentation was very motivating and inspiring as Jacqueline shared many aspects and levels that are specific to "Issues youth will encounter". The message given was "When you lift one hand up to God, He will hold you up with His both hands.

Hence, be filled with faith today so that you will be filled with faith in the years to come". The meeting was ended with a closing prayer by youth animator Lissa Mathew. Thanks to all the youth members and parents for their support and active participation.

ST. JOSEPH SYRO MALABAR
CATHOLIC PARISH HAMILTON

HCA MONTHLY MEETING

ON FEBRUARY 19, 2022 @3.00PM

VIRTUE OF THE MONTH: FAITH



FOCUS OF THE MONTH

SYRO- MALABAR CHURCH &
HIS EMINENCE CARDINAL
MAR GEORGE ALENCHERRY

III GAMES III ACTIVITIES III

SCARBOROUGH FORANE

ST. THOMAS FORANE PARISH, SCARBOROUGH

Priests Move to our New Priest's Residence.

With the abundant grace of our Lord, we were able to occupy the newly acquired residence for priests at the beginning of the month. In the absence of Fr. Jose Alencherry, our Vicar (away on vacation) who spearheaded the initiative to purchase a house, mobilizing community resources, Fr. Baiju Chakkery, Assoc. Pastor blessed the new residence and became the first priest to live there. We acknowledge the benevolent financial support of the Archdiocese of Toronto by way of a long-term loan, which enabled us to make the purchase together with productively investing the contributions of parishioners towards developing a parish centre, until it is materialized. A formal ceremony is planned on March 19, the feast day of St. Joseph.

Earlier the Parish Council had a special meeting to ratify the process of registering the property in the name of the Eparchy of Mississauga with the Parish Priest and Trustee of the Parish council to be co-signatories in the current and future transactions related to the newly purchased building at 51 Treverton Drive, Scarborough, Toronto. Trustees Jose Thomas and Johnson



Irimpan and the committee members who have put in tremendous efforts deserve kudos in pulling the strings and closing the deal on schedule.

First Friday Adoration

On the first Friday of the month there was an Adoration-a special devotion to the sacred heart of Jesus was offered after the evening mass at 7 p.m., led by Fr Baiju Chakkery.

Holy Mass Celebrated by Mar Jose Kalluvilil

Mar Jose Kalluvilil visited the parish and celebrated The Holy Mass with us on Sunday, February 13, first time after his return from the Bishop's Synod in Kerala. Following the Mass Bishop Jose explained the perspective of 'Synodal Church' envisaged by Pope Francis and shared major dimensions of the concept and encouraged parishioners to contribute towards building up the church together through a process of listening and compiling the ideas of every segment of the parish community during the two months ahead.

Family Day Special Mass

A special Mass for families in our parish was celebrated on February 21, on the Family Day holiday at 9 am and 7 pm service. Praying for strengthening our family bonds and for families to love and care for each other in our parish.

All Souls Day

A special Mass and Oppise for the dead were offered on February 25th, last Friday of the season of Epiphany (Denha) to commemorate all the faithful departed in our families. There was a Benediction following the Mass. The season of Epiphany remembers the revelation of Christ to the world.

Catechetical Activities

1. Mid-year Evaluation and Report Card

Teachers completed the mid-term evaluation of students and shared a report card of students with their parents and invited them to discuss the progress and concerns if any on a one-on-one schedule.

2. Bible Companion Program

In the First lap of the program, based on the Gospel of Luke, we encouraged students to review Chapters 13, 14 and 15 and short-list key messages from each chapter. More than 150 Students submitted an audio recording of one of their favourite messages in the first 2 weeks. 10 Student Captains lead the program in classes and encourage students to read the Bible and make submissions following the guidelines given. There are four phases in the program, spread over 12 weeks.

Elsa Saji, Angeleena Justin, Anumol Leejo, Ann Christy, Chelsy Sarah, Irene Siji, Aaliya Anil, Sanjana Santhosh, Kevin Rajesh, Aaron Joshy and Abel Biju are the captains leading the program grouping all students into 4 houses.

3. Holy Communion Classes

Communion is an act or time of sharing an intimate sacred fellowship with God and remembering his sacrifice for us on the cross. Classes of this year for those who wish to receive the Holy Sacrament are organized every Sunday afternoon. Several Catechists and youth Associates help in preparing students in the program coordinated by Sr. Jyothy AO. Biji Mary Thomas and Neethu Siji, led the sessions this month. Anumol Leejo prepared a quiz for helping communicants to revisit what they learnt so far. Fifty students are currently registered for receiving their first holy communion and welcoming Jesus into their life.

4. PAC-CML Meeting

Mission League of the PAC of our parish held their monthly meeting after Sunday service on 13th February to discuss various activities to be held during this year. Aaron Joshy coordinated the session.

5. PAC-Jesus Kids and Holy Childhood Meeting

We organized the monthly meeting of Jesus kids and Holy childhood of the PAC on Sunday, February 27 after 11 a.m. Mass. Most of the members took part in the meeting with various fun activities. The meeting started with a prayer and concluded with blessings of Fr. Baiju Chakkery.

Ash Monday – Beginning of Lent

The first day of Lent began with the celebration of 'Ash Monday' service on February 28th where parishioners receive ash on their foreheads to remember biblical words "that you are dust, and to dust you shall return". Parishioners observe the Lenten season with abstinence, fasting and revisiting Stations of the Cross in prayers for 50 days, following rich Syro Malabar traditions.



Upcoming events

Marriage Prep course: March 12, 13, 14

ST JOSEPH PARISH MONTREAL

Family Unit Formation and Prayers

Family Units are restructured according to the postal codes and whatsapp groups were created. First meetings for the different Family Units were done during the month of February.

Parish Activities Resumed In Person

Parish church was strictly locked down during the last month. And the inperson activities and liturgical ceremonies were started during the first week of this month.

Lenten Retreat

Three days of lenten retreat is arranged for the faithful. Day first is on Feb 26, 2022 and it was a powerful inspiration to start the lent. Second and Third days are on April 8 and 9. The retreat is led by Rev. Fr Mathew Vayalamannil CST and Team.

Students Retreat

An in person half day retreat is scheduled for catechism students on Mar 19, 2022 Saturday.

First Holy Communion Preparation

First Holy Communion preparation classes have started from the beginning of February. 28 candidates are preparing for First Holy Communion. Rev. Sincy CHF from Mississauga is helping us to do the preparation .

Synodal Process

Our parish is in preparation to execute the synodal process. Four coordinators are elected from the parish and the parish coordinators have joined in the orientation session conducted by the Eparchy. We are planning to have the synodal sessions in the month of March.

ST. MOTHER THERESA PARISH OTTAWA

Lenten Retreat

A 3-day Lenten Retreat is planned with the initial day on Feb 26th and the remaining 2 days on April 08th and 09th. The retreat preacher is Rev. Fr. Mathew Vayalamannil from Anugraha Retreat Center, Vaduvanchal Wayanad. We are jointly conducting this retreat with St. Joseph Syro Malabar Church, Montreal.

Fifty Days of Lent begins on February 27, midnight onwards. Penitential Service to begin the Great Fast or Vibhoothi Rites was conducted along with Holy Qurbana on February 27 at the Parish Hall of St. Patrick's Church, Fallowfield at 4:30 pm.

Bayshore- Nepean Family Unit Formation

As decided by the Parish Council, the Parish formed the Nepean- Bayshore Family Unit. The family unit meeting was conducted on February 27. There are around 25 families in the new family unit.

Synod on Synodal Process 2021 - 2023

Our Parish Priest Fr. Augustine Kallumkatharayil has been entrusted with the overall administration of the Eparchy of Mississauga Synodal Committee.

Mrs Sheeja Varghese, a member from our parish has been elected to the Eparchial Synodal Committee and will assist Fr Augustine and the Eparchy of Mississauga.



SYNOD 2021 - 2023
Communion | Participation | Mission

PARISH SYNODAL MEETINGS

- February 25 @ 0730 pm - Orleans Family Unit
- March 04 @ 0730 pm - Gatineau Family Unit
- March 05 @ 0530 pm - Catechism Teachers
- March 06 @ 0730 pm - Parish Council
- March 12 @ 0730 pm - Kanata Family Unit
- March 13 @ Class times - Catechism Students
- March 18 @ 0830 pm - Nurses Ministry
- March 19 @ 0500 pm - Mathruvedi
- March 20 @ 0730 pm - International Students
- March 26 @ 0500 pm - Barhaven Family Unit
- March 26 @ 0730 pm - SMYM Senior Group
- March 27 @ 0730 pm - Bayshore/Nepean Family Unit

Synod 2021-2023
For a synodal Church
communion and participation in mission

For the Parish level co-ordination, 3 members have been chosen (Mr. Subin Michael, Mr. Saji Aranjaniyil and Mrs. Tresa Varghese).

First session of Synodal Process for the Orleans Family Unit was conducted on February 25.

Parents-Teachers General Body (PTA)

Parents-Teachers General Body Meeting of Catechism students was conducted on February 05, 2022. A PTA Executive Committee was formed in the meeting. Mr. Santhosh George, Mr. Feby Mathew, Mr. Thomas Kannampuzha and Mrs. Jyothi Joseph, Mrs. Simi Nevin, Mrs. Tresa Varghese, Mrs. Bindu Martin, are the Executive committee members. I wish them all the best.

Knights of Columbus

Knights of Columbus executive committee has been actively planning events for KoFC members and families participation. Brother Seppi Sebastian has taken a lead on organizing outdoor events for both adult and children engagement. Also KoFC is working on a creating a new comer information and assistance team. The details are being worked out and will be implemented shortly.



BISHOP'S DIARY

FEBRUARY 2022

2	09.00 pm	Participated in the DAL and PAC Intercessory Prayer meeting
3	11.30 am 08.30 pm	Presided Over the Curia Meeting Joined in the PAC Central Committee and Forane Directors' Meeting
4	09.00 pm	Joined in the Eparchial IT Team Meeting
5	12.00 pm	Inaugurated the Orientation Session for Parish Level Coordinators of Synodol Committee
6	08.30 am 04.30 pm	Celebrated Holy Qurbana at St Alphonsa Cathedral Celebrated Holy Qurbana at St Alphonsa Parish Cambridge
7	08.00 am 11.00 am	Celebrated Holy Qurbana at CHF Joined in the Monthly Recollection for Priests and Sisters
9	11.30 am	Presided Over the Curia Meeting
11	08.00 pm	Joined in the Catechetical Commission Meeting
12	12.00 pm	Inaugurated the PAC Animators Training Session
13	09.00 am	Celebrated Holy Qurbana at Scarborough St Thomas Forane

	04.30 pm	Celebrated Holy Qurbana at St Alphonsa Parish Cambridge
	09.00 pm	Presided Over the Eparchial IT Team Meeting
14	11.00 am	Inaugural Message to Doctors' Bible Reading
16	11.30 am 09.00 pm	Presided Over the Curia Meeting PAC and DAL Intercessory Prayer Meeting
17	09.00 am	Participated in the Webinar on CRA by Carters
19	11.00 am	Celebrated Holy Qurbana for Vocation Camp Members
20	10.00 am 04.30 pm	Celebrated Holy Qurbana at St Alphonsa Cathedral Celebrated Holy Qurbana at St Alphonsa Parish Cambridge
22	11.30 am	Presided Over the Presbyteral Council
23	11.30 am 08.30 pm	Presided Over the Curia Meeting Presided Over the Eparchial IT Team Meeting
24	3.00 pm	Joined in the Session Conducted on Health Insurance Coverages
27	04.30 pm	Celebrated Holy Qurbana at St Alphonsa Parish Cambridge
28	07.00 pm	Celebrated Ash Monday Liturgies at Cathedral

2022 മാർച്ച് - നോമ്പുകാലം



1	ചൊവ്വ	ശ്ലീഹ 8:14-25, മർക്കോ 9:14-29
2	ബുധൻ	യാക്കോ 4:1-10, മത്താ. 18:1-10
3	വ്യാഴം	1 തെസ. 2:17; 3:5, ലൂക്കാ 22:24-30
4	വെള്ളി	യാക്കോ 1:12-18, ലൂക്കാ 22:39-46
5	ശനി	2 കോറി. 2:5-11, ലൂക്കാ 15:11-24
6	ഞായർ	✠ നോമ്പ് രണ്ടാം ഞായർ ഉത്പ. 13:1-13, പ്രഭാ 31:1-11, 1 തിമോ. 6:3-10, ലൂക്കാ 19:1-10
7	തിങ്കൾ	യാക്കോ 2:1-9, ലൂക്കാ 16:19-31
8	ചൊവ്വ	യാക്കോ 5:1-6, ലൂക്കാ 18:18-30
9	ബുധൻ	1 തിമോ. 6:17-21, ലൂക്കാ 12:13-241
10	വ്യാഴം	റോമാ. 8:1-6, മത്താ 6:19-24
11	വെള്ളി	യാക്കോ 1:9-11, ലൂക്കാ 14:7-14
12	ശനി	ഫിലി 3:4-11, ലൂക്കാ 5:1-11
13	ഞായർ	✠ നോമ്പ് മൂന്നാം ഞായർ നിയ.15:7-15, തോബി. 12:6-15, 2 കോറി 8:9-15, മത്താ. 6:1-8, 16-18
14	തിങ്കൾ	ഫിലി 4:10-20, മർക്കോ. 9:33-41
15	ചൊവ്വ	2 കോറി 9:1-5, മർക്കോ 12:38-44
16	ബുധൻ	2 കോറി 9:6-10, ലൂക്കാ 6:32-38
17	വ്യാഴം	യാക്കോ 2:10-17, മത്താ 7:21-28
18	വെള്ളി	2 കോറി. 9:11-15, ലൂക്കാ 12:29-34
19	ശനി	എഫേ. 6:14-20, മത്താ. 1:18-25
20	ഞായർ	✠ നോമ്പ് നാലാം ഞായർ ഉത്പ.19:1-11, 2 സാമു 12:1-7:13-17, 2 തിമോ 2:22-26, മത്താ. 5:27-32
21	തിങ്കൾ	2 പത്രോ 1:1-19, മർക്കോ 7:14-23
22	ചൊവ്വ	ഹെബ്രാ 12:14-17, ലൂക്കാ. 11:33-41
23	ബുധൻ	വെള്ളി 3:1-6, മർക്കോ. 10:46-52
24	വ്യാഴം	1 തെസ. 4:1-8, ലൂക്കാ. 5:12-16
25	വെള്ളി	ഗലാ 4:1-7, ലൂക്കാ. 1:26-38
26	ശനി	വെള്ളി 3:14-22, ലൂക്കാ. 24:44-49
27	ഞായർ	✠ നോമ്പ് അഞ്ചാം ഞായർ ഉത്പ. 4:8-16, 1 സാമു 24:1-8, 1 യോഹ 1:5-10, യോഹ. 8:1-11
28	തിങ്കൾ	എഫേ. 4:1-6, ലൂക്കാ. 17:1-6
29	ചൊവ്വ	1 പത്രോ 3:8-12, മത്താ. 5:38-48
30	ബുധൻ	1 തെസ 5:12-18, മത്താ. 18:15-20
31	വ്യാഴം	1 കോറി 13:1-8; 13, മത്താ. 18:21-35



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