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EPARCHY OF MISSISSAUGA BULLETIN

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Celebrating with you on this blessed day.
May your heavenly patron
ever be your guardian and guide.



Rev. Fr Antony Kolenchery CST
June 13



Rev. Fr. John Mylamvelil
June 24



Very Rev. Fr. Pathros
Champakkara Peely
June 29



Rev. Fr. Paul (Polgen)
Kannampuzha
June 29





Farewell Greetings



REV. FR. JOHN MYLAMVELIL

Our sincere thanks for the committed services in the offices of Chancellor, Media Commission, Chief Editor of Bulletin, Pastor- St. Alphonsa Cathedral Mississauga, Hamilton, Niagara, Halifax, Berwick, Lunenburg, and Sydney.



SILVER JUBILEE GREETINGS

REV. SR. JESSY GEORGE AO



BISHOP'S ENGAGEMENTS

JUNE 2020

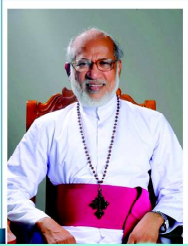


**BISHOP'S
ENGAGEMENTS**

Date	Time	Program
2	08.00 am	Holy Qurbana at CMC
4	05.00 pm	Vocation Camp (Virtual)
6	04.00 pm	Graduation Ceremony for Grade 12 (Virtual)
7	11.30 am	Holy Qurbana at Cathedral on Feast of Holy Trinity
11	10.30 am	Silver Jubilee Celebration of Rev. Sr. Jessy AO
14	10.00 am	Holy Qurbana at Cathedral
18	07.30 pm	Feast of Body and Blood of Christ
19	07.30 pm	Feast of Sacred Heart of Jesus
20	11.30 am	Planning session of PAC
21	11.30 am	Holy Qurbana at Cathedral, Father's Day
25	05.00 pm	Vocation Camp (Virtual)
26	03.00 pm	Prayer Session for PAC Members
28	10.00 am	Holy Qurbana at Cathedral



JUNE 2020



CARDINAL GEORGE ALENCHERRY
Major Archbishop Syro-Malabar Church

CIRCULAR

Prot. No. 0631/2020

30 May 2020

Dear Archbishops, Bishops and Major Superiors,

The XXVII Synod (2019), Session II, held from 19-30 August 2019 decided to constitute structures in the light of the motu proprio of Holy Father Pope Francis, *Vos estis lux mundi* for implementing the Safe Environment Programme in the Syro-Malabar Church and to formulate necessary norms and procedures to be followed.

In accordance with the Synodal decision, I have promulgated today Norms and Procedures of the Eparchial/Archeparchial Safe Environment Committee in the Syro-Malabar Church, which shall enter into force on 31 May 2020. Please find attached the Decree of promulgation and the promulgated text of norms and procedures.

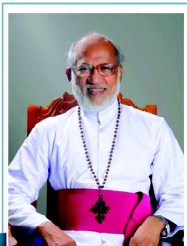
Considering the importance of the matter, I urge you to constitute and start functioning expeditiously Safe Environment Committees. The Archbishops and Bishops are requested to inform the Apostolic Nuncio at the earliest of the establishment of the Safe Environment Committee with pertinent details, (date of constitution, Names and contact details of the members and the office address) as stipulated in *Vos estis lux mundi*, Art. 2, SI, before 15 June 2020, sending a copy of the communication to the Major Archiepiscopal Curia at Mount St. Thomas. The Major Superiors of Institutes of Consecrated Life and Societies of Apostolic Life of Pontifical and Major Archiepiscopal Right are requested to inform the Major Archiepiscopal Curia of the formation and composition of the Safe Environment Committee before 15 June 2020.

The promulgated norms and procedures together with the composition and contact details of the Safe Environment Committee should be made known to the public through the official bulletins of eparchies, archeparchies and religious congregations.

Yours cordially in Christ,

Cardinal George Alencherry

Major Archbishop of the Syro-Malabar Church



CARDINAL GEORGE ALENCHERRY
Major Archbishop Syro-Malabar Church

DECREE

Prot. No. 0631/2020

The undersigned Cardinal George Alencherry, Major Archbishop of the SyroMalabar Church, in accordance with the decision of XXVII Synod (2019), Session I, held from 07-18 January 2019, promulgated for the Syro-Malabar Church the KCBC Guidelines for Safe Environment Programme for Church Personnel Connected With Institutions where Minors or Vulnerable Adults Are Given Particular Care on 6 February 2019.

Meanwhile, Holy Father Pope Francis, through the motu proprio, *Vos estis lumen mundi*, which was promulgated on 9 May 2019 and entered into force on 01 June 2019, established new procedures for reporting abuse and violence committed by clerics or members of Institutes of Consecrated Life and Apostolic Life. This motu proprio gave direction that every eparchy/archeparchy should have public, stable and easily accessible systems for submission of reports, even through the institution of a specific ecclesiastical office within an year from its entry into force.

In this context, the XXVII Synod (2019), Session II held from 19-30 August 2019 decided to constitute structures in the light of the motu proprio, *Vos estis lumen mundi* to implement the Safe Environment Programme in the Syro-Malabar Church, formulating necessary guidelines and procedures to be followed in the execution of Safe Environment Programme, taking into account the laws of the land. As directed by the Synod of Bishops, the Episcopal Committee formed by the Permanent Synod, held on 3 February 2020, for scrutinizing the norms and guidelines presented the draft in the Permanent Synod of the Syro-Malabar Church held on 22 May 2020. The meeting of the Permanent Synod

approved the Norms and Procedures of the Eparchial/Archeparchial Safe Environment Committee in the Syro-Malabar Church and requested the Major Archbishop to promulgate the same before 01 June 2020.

Therefore, the undersigned Cardinal George Alencherry, the Major Archbishop Of the Syro-Malabar Church, in accordance with the decision of the XXVII Synod (2019), Session II held from 19-30 August 2019, hereby promulgates Norms and Procedures of the Eparchial / Archeparchial Safe Environment Committee in the Syro-Malabar Church for the entire Syro-Malabar Church. The Sym-Malabar eparchies outside India shall enforce these guidelines with necessary adaptations after carefully considering the laws in force of the respective countries. These norms and procedures shall take effect from 31 May 2020.

Particular care shall be taken by the concerned eparchial/ archeparchial authorities to constitute and start functioning expeditiously Safe Environment Committees as required by this promulgated document. The Major Superiors of the Institutes of Consecrated Life and Societies of Apostolic Life of Pontifical and Major Archiepiscopal Right shall constitute Safe Environment Committees for their respective Institutes after the model given in these norms.

All contrary dispositions notwithstanding.

Given from the Major Archiepiscopal Curia at Mount St Thomas on 30 May 2020.

Cardinal George Alencherry

Major Archbishop of the Syro-Malabar Church

NORMS AND PROCEDURES OF THE EPARCHIAL / ARCHEPARCHIAL SAFE ENVIRONMENT COMMITTEE IN THE SYRO-MALABAR CHURCH

PART 1

PRELIMINARY NORMS

Section I - Title and Objectives

1. Title: These norms are called "Norms and Procedures of the Eparchial / Archeparchial Safe Environment Committee in the Syro-Malabar Church". These norms apply to all Church personnel, parishes and institutions, as the case may be, according to the definitions given in various documents quoted herein, within the eparchy/archeparchy.
2. The objectives of the Eparchial/Archeparchial Safe Environment Committee are the following:
 - 2.1 To implement the policy given by the ecclesiastical as well as civil authorities against harassment and abuse committed against women, children or vulnerable adults by any category of Church personnel.
 - 2.2 To remain as a permanent mechanism for the prevention and redressal of harassment cases and other acts of gender based violence and its cover ups in any form.
 - 2.3 To ensure the implementation of the Safe Environment Policy through proper handling of the complaints and their follow-up procedures.
 - 2.4 To uphold the commitment of the eparchy to provide a safe environment free of gender based discrimination where everyone can feel comfortable.
 - 2.5 To promote a social, psychological as well as a spiritual environment to raise awareness on harassment in its various forms.
3. In these norms unless the context otherwise requires:
 - 3.1 Safe Environment means an environment where a person is free

from sexual and all sorts of harassment and feels comfortable.

- 3.2 Minor means any person under the age of eighteen or who is considered by law to be the equivalent of a minor.
- 3.3 Vulnerable Adult means any person in a state of infirmity, physical or mental deficiency or deprivation of personal liberty which, in fact, even occasionally, limits their ability to understand or to want or otherwise to resist the offence.
- 3.4 Child pornography means any representation of a minor, regardless of the means used, involved in explicit sexual activities, whether real or simulated, and any representation of sexual organs of minors for primarily sexual purposes or the indecent or obscene representation of a child.
- 3.5 Church Personnel means clerics (bishops, priests, deacons), members of the institutes of consecrated life and societies of apostolic life, candidates to priesthood and religious life as well as other similar states of life, lay faithful who are employees or volunteers (kaikkars, sacristans, accountants, catechism teachers, parish council members, office bearers of pious associations, similar office bearers, etc.) in the Church.
- 3.6 Sexual Harassment means and includes any unwelcome sexual advances, requests for sexual favours and other verbal expression or physical conduct of sexual nature which makes a person feel offended, humiliated or intimidated. It includes any one or more of the following unwelcome acts or behaviour, whether directly or by implication.
 - 3.6.1 Physical contact and advances
 - 3.6.2 Demand or request for sexual favours
 - 3.6.3 Making sexually coloured remarks or jokes or conversation
 - 3.6.4 Showing pornography
 - 3.6.5 Any other unwelcome physical conduct or verbal or non-verbal expressions of sexual nature
 - 3.6.6 Any act falling under the purview of the following cases will be considered as an incident of sexual harassment

- 3.6.6.1 When submission to unwelcome sexual advances, requests for sexual favours, and verbal expression or physical conduct of a sexual nature are, implicitly or explicitly, made a term or condition for teaching, guidance, employment, participation or evaluation of a person's engagement in any activity.
- 3.6.6.2 When unwelcome sexual advances, and verbal or non-verbal expressions and/or physical conduct such as loaded comments, remarks or jokes, letters, phone calls or e-mails, message through any social media platform, gestures, exhibition of pornography, lurid stares, physical contact, stalking, sounds or display of a derogatory nature is verified.
- 3.6.6.3 When a person uses the body or any part of it or any object as an extension of the body with a sexual purpose in relation to another person without the latter's consent or against that person's will.
- 3.6.6.4 When deprecatory comments, conduct or any such behaviour is based on the gender identity/sexual orientation of the person and/or when the premises or any public forum of the institute is used to denigrate/discriminate against person(s), or when a hostile environment is created on the basis of a person's gender identity/sexual orientation.
- 3.6.6.5 Teaching activities or explanation of various issues related to fertility, reproductive health and other research topics in a scientific manner as a part of training programmes approved and endorsed by legitimate authorities will not be considered as harassment.
- 3.6.7 Relevant questions asked or explanations sought by the legitimate authorities (counsellors, judges etc.) regarding sexual problems, sexual orientation or the concept of sexuality of the contesting spouses in a marriage case in the ecclesiastical tribunals will not be considered as harassment.
- 3.7 Cover up means actions or omissions intended to interfere with or avoid civil investigations or canonical investigations, whether administrative or penal, against a Church personnel, by his/her legitimate superior.
- 3.8 Safe Environment Director is the one who is responsible for

implementing the Safe Environment Programme in an eparchy/archeparchy of the Syro-Malabar Church and ensuring adherence to its requirements. The Director is appointed by the eparchial/archeparchial bishop or the one who holds his responsibility.

- 3.9 Safe Environment Committee means the Committee appointed by the eparchial/archeparchial bishop to assist the Safe Environment Director for implementing safe environment policy.
- 3.10 Complainant means a victim, or if the victim is unable to make a complaint due to mental or physical incapacity or death, his/her parents/legal guardian/heir or such other person as may be prescribed by law.
- 3.11 Respondent means the Church personnel against whom a complaint has been made.
- 3.12 Wherever she/he is used in these procedures to indicate a person or persons, it includes also the persons not belonging to either of these genders.
- 3.13 Day means a calendar day according to the Christian era excluding holidays, both religious and civil, whether full or partial.

Section III - Jurisdiction

4. These norms and procedures would apply to:
- 4.1 Clerics (bishops, priests and deacons) belonging to and residing in an eparchy/archeparchy of the Syro-Malabar Church.
- 4.2 Members of the Institutes of Consecrated Life and Societies of Apostolic Life when they hold an office in an eparchy/archeparchy of the Syro-Malabar Church and when they reside in the parishes or the Church related institutions in the geographical boundary of the eparchy/archeparchy of the Syro-Malabar Church, without prejudice to the competence of the Safe Environment Committees of the Institutes of Consecrated Life and Societies of Apostolic Life of Pontifical and Major Archiepiscopal Right.
- 4.3 Candidates to priesthood and religious life as well as other similar entities.
- 4.4 Lay employees, volunteers like kaikkars, accountants, sacristians,

catechism teachers, parish council members, office bearers of pious associations, organizations, movements etc. whenever they act in the capacity of Church personnel.

- 4.5 Service providers and outsiders find themselves within the jurisdictional area of an eparchy/archeparchy of the Syro-Malabar Church at the time of the commission of the act coming under the purview of these norms.
5. The Safe Environment Director has the duty to ensure that the internal complaint Committee/redressal Committee is formed and maintained in every Catholic institution in an eparchy/archeparchy.

PART II

CONSTITUTION AND FUNCTION OF THE SAFE ENVIRONMENT COMMITTEE

Section I - Constitution of the Safe Environment Committee

6. The Committee shall consist of a minimum of five members, who shall be appointed by the bishop/archbishop of an eparchy/archeparchy. The Committee should be composed of priests, religious sisters, lay men and lay women.
- 6.1 The Director may be female or male. She/he shall have adequate knowledge in legal matters and its procedures concerning sexual harassment of women, minors and vulnerable adults. She/he is appointed by the bishop of an eparchy/archeparchy for a period of three years. The Director may be reappointed any number of times.
- 6.2 The Office Administrator, appointed by the bishop, shall be a person, male or female, who shall supervise and administer the day to day affairs of the office including maintenance of office files, records, namely, attendance register, case diary, case files, other document register, complaint register and similar documents.
- 6.3 The Coordinator, appointed by an eparchial/archeparchial bishop/archbishop shall preferably be a lay person, who is to function as a facilitator.

- 6.4 Among the other members, there could be:
- 6.4.1 A counsellor/psychologist/ social worker;
 - 6.4.2 A person of good reputation, having knowledge in the civil law and/or previous experience in investigation and enquiry of cases.
 - 6.4.3 A person having knowledge in canon law, preferably a priest.
- 6.5 Depending on the necessity of each case, the Director may co-opt members and experts on an ad hoc basis.
- 6.6 The appointment of the members may be made for a period of three years which can be renewed any number of times by the bishop / archbishop of an eparchy / archeparchy.
- 6.7 The members can be removed for valid reasons by the appointing authority, after, having given her/him a chance to explain herself/himself. It is highly recommended that she/he is not removed while the enquiry of a case is in progress.

Section II - Disqualification of the Committee Members

7. No person shall be appointed or continue to be a member of the Committee, if he/she is:
- 7.1 Declared insolvent by civil courts
 - 7.2 Lunatic or a person of unsound mind
 - 7.3 Convicted for an offence involving moral turpitude
 - 7.4 Involved in a misconduct amounting to immoral trafficking
 - 7.5 Convicted and punished in any criminal offence/s
 - 7.6 Facing any inquiry/penal trial relating to sexual harassment or found guilty of sexual harassment; punished for any misbehaviour or misconduct
 - 7.7 Standing against the faith, teaching and morality of the Catholic Church or found a wilful defaulter of the Church laws

Section III- Powers and Duties of the Committee

8. The Safe Environment Committee will be the authority in an eparchy/archeparchy of the Syro-Malabar Church to deal with any sort of harassment case and the infringement of the Safe

Environment Policy promulgated by the Major Archbishop of the Syro-Malabar Church.

9. The Committee is invested with the following duties:
 - 9.1 Ensure a safe and secure environment for minors and vulnerable adults within the eparchy/archeparchy. The Committee shall:
 - 9.1.1 Provide periodical safe environment training to the Church personnel in an eparchy/archeparchy. Orientation seminars will be organized for the faithful to discuss the nature and extent of the sexual harassment of women at workplace, the protection of children and vulnerable adults from sexual offences, gender policy and Juvenile Justice Act and all related ecclesiastical and civil laws.
 - 9.1.2 Publish the Safe Environment Policy in the regional languages widely in any accepted mode.
 - 9.1.3 Publish the names and phone numbers of Members of the Committee.
 - 9.2 Issue certificates to the Church personnel who participate in the periodical training programmes and seminars and any other events organized by the Committee.
 - 9.3 Help the victim with necessary aids to report the cases of sexual assault or harassment to the Committee itself as well as to the civil authorities.
 - 9.4 Address the spiritual, physical and emotional state of the victim, his/her family and the affected community.
 - 9.5 Address the possibility of false accusations against the clergy, employees and volunteers.
 - 9.6 Provide a safe, accessible and sensitive mechanism for registering complaints.
 - 9.7 Take cognisance of complaints about sexual harassment, conduct inquiries, and provide assistance and redressal to the victims and recommend appropriate action against the harasser.
 - 9.8 After the inquiry, recommend disciplinary action to the concerned authorities.
 - 9.9 Recommend the intervention of the eparchial/archeparchial

authority to provide legal assistance to the complainant if he/she chooses to file a complaint in relation to the offence under the Indian Penal Code or any other law in force at the time.

- 9.10 Recommend the intervention of the eparchial/archeparchial authority to provide medical assistance to the victim with the consent of the complainant or even without consent in such cases where the complainant is physically or mentally incapacitated to give his/her consent.
- 9.11 Inform the concerned authority to arrange for appropriate psychological, emotional and physical support (in the form of counselling, security and other assistance) to the victim whenever the Committee finds it necessary.

Section IV - Meetings of the Committee

10. The members of the Committee shall meet at least once in three months.
- 10.1 The Director shall convene a meeting at the request of the majority of the total members of the Committee, on a date not later than fifteen days from the receipt of such a request.
- 10.2 The quorum for the meeting of the Committee shall be five. If the quorum is not complete in the scheduled time, it shall be adjourned for half an hour and thereafter the requirement of quorum ceases and the meeting shall proceed with at least three of its members.
- 10.3 All decisions in the meeting will be taken through consensus of the members of the Committee present in the meeting. In case of any disagreement among the members regarding any decision, it will be decided by the majority of votes.
- 10.4 Agenda, discussions and the decisions shall be recorded in writing and undersigned by all the members present in the meeting.

PART III

PROCEDURAL NORMS

Section I - Procedure for Filing a Complaint

11. Any person/employee, male or female (hereinafter mentioned as the 'Complainant') shall have the right to file a complaint concerning

any harassment against Church personnel (hereinafter mentioned as the 'Respondent'). All complaints shall be addressed to the Director of the Safe Environment Committee.

- 11.1 The complaint should be filed within a period of 3 months from the date of incident. In case of a series of incidents, the complainant should file a case within a period of 3 months from the date of the last incident. The Committee may extend the time limit, not exceeding three months, if the Committee is satisfied by the reasons given by the complainant to make a written complaint.
- 11.2 In the case of sexual abuse of minors by clerics, prescription period is twenty years, which begins to run from the day on which a minor completes his eighteenth year of age (SST Procedural Norms Art. 7 §§1, 2)
- 11.3 Where the aggrieved person is unable to file a complaint on account of his/her physical or mental incapacity or death or otherwise, his/her legal heir or guardian or any other person as prescribed by law may make a complaint under this section.
- 11.4 All complaints shall be in writing. The complainant can avail the assistance of the Safe Environment Committee Director or any of its members to prepare the complaint in writing.
- 11.5 If possible the complaint should be dated and signed in front of the Director by the complainant. When the complaint is prepared with the assistance of the Committee, the complaint prepared shall be read out to the complainant and will receive his/her signature.
- 11.6 The identity of the complainant/informant shall be kept confidential as much as the law demands.

Section II - Preliminary Investigation

12. Within a period of 7 (seven) working days from the date of reception of the complaint, the Director shall convene a meeting of the Committee to deal with the complaint and make a preliminary inquiry or fact finding inquiry to verify the facts of the complaint. An Inquiry Committee (Internal Complaint

Committee) shall be constituted as per the norms of Sexual Harassment of Women at Workplace Act 2013, Art. 10-11, if the complaint is found genuine.

- 12.1 The Inquiry Committee has the option to settle the matter between the complainant and the respondent through reconciliation at any stage of the inquiry. For this, the wishes of the complainant shall be ascertained. If the complainant wishes that a warning would suffice, then the alleged offender shall be called to the meeting of the Committee, and shall be heard, and if a warning is just and proper, he/she may be warned about his/her behaviour. The matter shall be treated as concluded and disposed of with a note to that effect made in the complaint register signed by both the parties.
- 12.2 When a settlement has been arrived through reconciliation, in cases permitted by the law, the Director shall record the settlement so arrived and forward the same to the eparchial/archeparchial bishop/archbishop.
- 12.3 The Director shall provide the copies of the settlement as recorded to the complainant and the respondent.
- 12.4 When a settlement is reached through reconciliation, no further inquiry shall be conducted by the Safe Environment Committee.
- 12.5 Reconciliation shall not be made on the basis of monetary settlement.
- 12.6 Where the aggrieved person informs the Committee that the terms of settlement arrived under 12.2 have not been complied with by the respondent, the Committee makes an inquiry and continue with further proceedings mentioned in the Act.
- 12.7 If the case falls under POCSO (Protection of Children from the Sexual Offence Act 2012), the Committee shall direct the concerned persons to report the matter to the Police as per the norms. At the same time, the Committee shall report the case of sexual abuse by clerics and religious to the competent hierarch/major superior who will report the matter to the Congregation for the Doctrine of Faith.

Section III - Constitution of the Inquiry Committee

13. The Inquiry Committee will be a part of Safe Environment Committee with the following criteria:
 - 13.1 The Director in consultation with the Bishop and the members of the Safe Environment Committee shall constitute an Inquiry Committee.
 - 13.2 The Director shall constitute the Inquiry Committee with a chairperson through a formal act and in writing.
 - 13.3 The Inquiry Committee shall consist of minimum of five members. In case a woman is the victim, the chairperson and the majority of the members of the Committee shall be women. In case a man is the victim, the chairperson and the majority of the members shall be men.
14. The Inquiry Committee (Internal Complaint Committee) enjoys statutory power as per the norms of Sexual Harassment of Women at Workplace Act 2013 Art.11 (3).
 - 14.1 Summoning and enforcing the attendance of any person (complainant/ respondent/witness) and examining him/her on oath and recording the statements;
 - 14.2 Requiring the discovery and production of valid documents;
 - 14.3 Any other matter which may be prescribed.

Section IV - The Inquiry Process

15. In case the complainant requests that the complaint should not be concluded with a warning but should be processed, the same may be processed and has to be solved within a stipulated time of 90 working days, starting from the receipt of such a request, if the date is different from the receipt of the complaint.
 - 15.1 Within seven days from the starting of the inquiry process, the Inquiry Committee shall summon the respondent and read out the content of the complaint to him/her. The respondent has no right to record, copy or get a copy of the complaint. The reply of the respondent shall be recorded by the Committee and he/she

shall be allowed fifteen days for further defence or clarifications. The replies may also include a list of questions that the party demands the Inquiry Committee to ask the other party or its witnesses. In case the complainant has any additions to make to the complaint filed earlier, he/she can submit a statement to that effect in fifteen days.

- 15.2 Within seven working days of the receipt of the replies and defense and the list of questions, the Inquiry Committee shall start the process of an oral hearing.
- 15.3 In the course of the oral hearing, the complainant, the respondent, and their witnesses will be heard individually and privately.
- 15.4 All parties can also submit documentary evidence, if any, at the time of the oral hearing.
- 15.5 The Inquiry Committee shall have the power to ask any questions that it deems fit to all parties during the oral hearing.
- 15.6 The Inquiry Committee may ask also questions which have been submitted by the complainant and respondent for the other parties. However, the Inquiry Committee has the right to reject any question that it has reasons to believe to be irrelevant, mischievous or gender sensitive.
- 15.7 The Inquiry Committee may also call upon additional witnesses and ask them any question that it may deem fit.
- 15.8 The Inquiry Committee may request the concerned authorities for any document pertaining to the complaint, if that is within the limits of law.
- 15.9 The Inquiry Committee shall conduct the proceedings in a fair manner and may provide opportunity to the complainant and the respondent for presenting and defending his/her case.
- 15.10 The Inquiry Committee may consider as relevant any earlier complaint against the respondent. However, at no time in the inquiry process shall the past history of sexual conduct of the complainant be probed into, as such information shall be deemed irrelevant to a complaint of sexual harassment.
- 15.11 If the respondent fails, without valid grounds, to appear for three consecutive hearings convened by the Chairperson, the Inquiry Committee may proceed with the complaint based on available evidence.

15.12 Both parties have the right to get the assistance of legal practitioners but they shall not take part in the inquiry process.

Section V - Complaint Withdrawal

16. The complainant may withdraw his/her complaint in writing at any time during the inquiry process. However, the Committee must ascertain the reasons for the withdrawal of the complaint and record the same in writing and get it counter-signed by the complainant.

16.1 The inquiry procedure shall, on such withdrawals, be terminated. However, the Committee may proceed if the Committee is informed or has any reason to believe that such withdrawal is the consequence or effect of coercion or intimidation or influence by any other means exerted by the respondent or any person on behalf of the respondent.

Section VI - Disciplinary Actions

17. At the conclusion of the inquiry process, the Committee may recommend disciplinary action in its report to the eparchial/archeparchial bishop/archbishop. Recommendation of disciplinary action by the Committee could depend on factors such as the nature and extent of injury caused to the complainant, the impact of the violation on the institution as a whole, the position of the harasser in the hierarchy, the repetition of offences and similar factors. The Committee may recommend disciplinary action in the form of warning, written apology, bond of good behaviour and other relevant mechanisms as prescribed either in the Church laws or in the civil laws.

Section VII - Redressal

18. The Director shall submit a report along with recommended disciplinary actions to the eparchial/archeparchial bishop/archbishop within 7 working days from the date of definitive conclusion of the case and it shall be intimated to both the parties through a letter.

18.1 The bishop/archbishop upon the receipt of the inquiry report may implement the disciplinary action on the basis of the recommendations of the Committee within 30 days.

18.2 The disciplinary action may be proportionate to the nature of the violation.

- 18.3 In case the complaint is not proved, the Committee shall recommend that no action is required to be taken in the matter.
- 18.4 Mere inability to substantiate a complaint or provide adequate proof need not attract action against the complainant.
- 18.5 In cases where the Committee arrives at the conclusion that the allegation by the complainant is malicious or fabricated with the full knowledge of the complainant or where the complainant has produced any forged or misleading document, the Committee may recommend appropriate action against such complainant.
- 18.6 If the Committee arrives at a conclusion that during the inquiry any witness has given false evidence or produced any forged or misleading document, it may recommend punitive action against the said witness.
- 18.7 Non-adversarial modes of redressal and resolution could also be considered in appropriate cases. Examples of this may be verbal warning, verbal apology, promise of good behaviour and similar actions.
- 18.8 The victim of sexual harassment/complainant may have the option to seek adjustments such as change of the room/location of the office room, change of the quarters, etc.
- 18.9 The Committee, in exceptional cases, may ask the eparchial/archeparchial Bishop to allow the complainant to proceed on leave for a period of up to three months (the leave will not be deducted from his/her leave account). In case of extremely grave complaints the Committee may propose to the eparchial/archeparchial bishop/archbishop an administrative leave to the respondent.
- 18.10 The Committee may propose other reliefs also to the complainant as may be prescribed.

Section VIII - Appeal

19. The aggrieved party has the right to appeal against the recommendations made by the Inquiry Committee. The aggrieved party may appeal to the Appellate Safe Environment Committee of the Syro Malabar Church within 10 working days from the date of its receipt.

Section IX – Interpretation and Amendments

20. Official Interpretation of these Norms and Procedures is the competence of the Major Archbishop who shall do so after consulting the General Moderator for Administration of Justice in the Syro-Malabar Church.
21. The amendments to these norms and procedure shall be made by the Synod of the Syro-Malabar Church after having heard the eparchies/archeparchies of the Syro-Malabar Major Archiepiscopal Church, without prejudice to the norms given by the higher authorities.

15 APPENDIX: SOURCES

These norms and procedures are based on the following legislative documents of the Catholic Church and the Government of India;

- 1) *Motu Proprio, Sacramentorum Sanctitatis Tutela* with its latest updates in December 2019.
- 2) Apostolic Letter, *As a Loving Mother*, 2016.
- 3) *Motu Proprio, Vos estis Mundi*, 2019.
- 4) *Procedural Norms for Dealing with Cases Involving Sexual Abuse of Minors* (Catholic Bishops Conference of India, 2015).
- 5) *Gender Policy* (Kerala Catholic Bishops' Council, 2009).
- 6) *Guidelines to Deal with Sexual Harassment at Workplace* (CBCI, 2017).
- 7) *Guidelines to Deal with Sexual Harassment at Workplace* (KCBC, 2017).
- 8) *Guidelines for Safe Environment Programme* (KCBC, 2019).
- 9) *Protection of Children from the Sexual Offence Act*, 2012.
- 10) *Sexual Harassment of Women at Workplace Act*, 2013. I I Justice Act, 2010.

These Norms and Procedures Of the Eparchial /Archeparchial Safe Environment Committee in the Syro-Malabar Church are given from the Major Archiepiscopal Curia Of the Syro-Malabar Church on 30 May 2020.

Fr. Vincent Cheruvathoor

Major Archiepiscopal Chancellor



CIRCULAR

May 8, 2020

Prot. No. 47 /2020

PRATHINIDHIYOGAM (PARISH COUNCIL) 2020-2022

Dear Brothers and Sisters in Jesus Christ,

Prayerful greetings and warm wishes from the Syro-Malabar Catholic Eparchy of Mississauga!

I am pleased to inform you that as directed through the Circular No.177/2019 of November 28, 2019, many parishes and missions have successfully completed the election process of the *Prathinidhiyogam* (Parish Council) members of 2020-2022 and started functioning. But due to the outbreak of COVID-19 some parishes and missions could not complete the election process. Where it is not done, we have decided to complete the election, either physically or virtually as per the decision of the existing parish council, and elect Kaikkarans before September 30, 2020. The tenure of the new *Prathinidhiyogam* will end on April 30, 2022.

Thanking for your dedicated efforts and exemplary team works to serve the needy during these unprecedented times and invoking God's abundant blessings in all your endeavors

Yours sincerely in Christ,

+ Mar Jose Kalluvellil

Bishop of Mississauga

NB. Please read this Pastoral letter on May 17, 2020, during Holy Qurbana in all our parishes and missions.



CURIA NEWS

Shepherds of Faith

A virtual Annual Donors' meeting for the SOF members will be held on June 27, 2020 at 10.00 am.

10.00 am – Holy Mass by Bishop Jose Kalluvilil

11.00 to 12.00 pm - Annual Donors' Meeting

Monthly Recollection for Priests and Sisters

Monthly Recollection for Priests and Sisters for the month of June will be held on June 08, 2020 at 11.00 am. Priestly Empowerment thoughts will be given by Rev. Fr. Plogen Antony on the subject, Priests with a Heart of Christ.

Appointment

Rev. Fr. George Changanamthundathil is appointed as the director of Syro Malabar Youth Movement in the Eparchy of Mississauga with effect from May 01, 2020.

Virtual Sent Off – Fr Sebastian Arikat, Fr. John Mylamvelil and Fr. Saji Thomas- May 4, 2020

It was altogether a different experience of giving a virtual sent off to Rev. Fr. Sebastian Arikat, Rev. Fr. John Mylamvelil and Rev. Fr. Saji Thomas as they moved away are relieved from the Eparchy of Mississauga assuming different responsibilities in their own dioceses and congregation. Vicar General Fr. Pathros Champakkara coordinated the proceedings. Representing all the priests and religious, Fr. Sajo Puthusery and Sr. Mary AO spoke felicitating the those who are being transferred. Fr. Sajo gratefully recalled the services of Fr. Arikat especially the vision and paternal affection with which he served in different capacities in the Eparchy like Vicar General, Pastor, etc. Fr. John exemplified the good shepherd in carrying out the responsibilities of the Chancellor and Pastor

though his calm and composed demeanour. Fr. Saji was able to cater to the needs of the youth especially by being an enthusiastic and prayerful person of God. Sr. Mary corroborated to what Fr. Sajo elaborated by expressing gratitude to all that they have been in the Eparchy. Fr. Jacob Edakalathur on behalf of the Eparchy, presented a token of gratitude and appreciation to all the three. Bishop Jose Kalluvilil then spoke acknowledging the great contribution made by all of them in their assigned areas of ministry. The relation that Bishop experienced from Fr. Arikat was indeed paternal. Fr Arikat well collaborated with Bishop in this infancy stage of the Eparchy. Fr. John with true sense of commitment carried out all the responsibilities to the maximum especially in formulating canonical documents for the Eparchy. Fr. Saji in his youthful dynamism was a champion amidst the young and old. Bishop thanked all the three of them profusely and wished all the very best and God's blessings in their new assignments. It was then the turn of the three transfers to speak their minds out for all the support and co-operation given to them during the years of their services in the Eparchy of Mississauga. They thanked everyone especially Bishop Jose Kalluvilil for their fruitful and committed years of services in the Eparchy of Mississauga. Everyone joined in thanking them and assuring them of prayers.





Curia Meeting

Curia Meetings were convened on May 7 and May 14 to discuss and evaluate the functions and events of the Eparchy.

Presbyteral Council

Presbyteral council was convened on May 11, 2020 to discuss on Eparchial Assembly.

College of Consultors Meeting

Meeting of the College of Consultors was held on May 14, 2020 to evaluate the functions of Crisis Management Team and discuss about the Eparchial Assembly.

Eparchial Assembly Team Meeting Report

The Central Committee of the Eparchial Assembly convened a meeting on May 20, 2020. Ten members participated in the virtual meeting at 5pm (EDT) which was presided over by His Excellency Bishop Mar Jose Kalluvilil. Very Rev. Fr. Pathros Champakkara, the Chairman of the committee in his welcome speech presented the agenda of the meeting and the updates until that day. His Excellency Mar Jose Kalluvilil explained the agenda and the updates regarding the preparation of the Lineamenta. Lineamenta is in its final stage and the committee decided to create a committee for editing and compiling of the documents

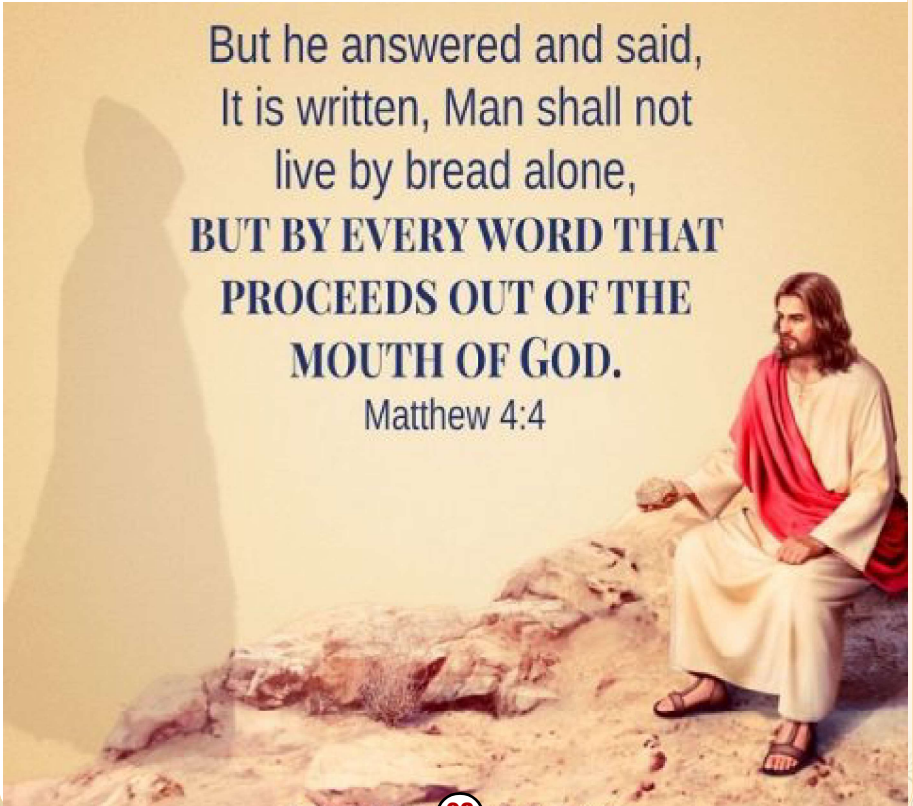
prepared by the resource persons. The Central Committee suggested the possibility of postponing the Assembly in the uncertain context of Covid-19. Even if the situation would be in favor to conduct the Assembly in 2020 October, it is impossible to arrange the parish assemblies in this unprecedented time. So, the Central Committee of the Eparchial Assembly unanimously decided into postpone the Assembly to 2021 October. This decision will be informed to the faithful by the circular of the Bishop. The meeting concluded with a prayer and paternal blessing of the Bishop.

For the Central Committee of the Eparchial Assembly

**Secretary, Fr. Augustine
Kallumkatharayil**

But he answered and said,
It is written, Man shall not
live by bread alone,
**BUT BY EVERY WORD THAT
PROCEEDS OUT OF THE
MOUTH OF GOD.**

Matthew 4:4



മല്പാൻ മാത്യു വെള്ളാനിക്കൽ

**പുരോഹിതൻ:
വിശ്വാസപ്രബോധകനും പ്രഘോഷകനും**

(തിരുവചനഭാഗം: യാക്കോബ് 1,1-27)

നാലു സുവിശേഷങ്ങളുടെയും നടപടിഗ്രന്ഥത്തിന്റെയും അടിസ്ഥാനത്തിലുള്ള വിചിന്തനങ്ങളാണ് ഇതുവരെ നാം നടത്തിയിരുന്നത്. ഇനി നമ്മൾ വിചിന്തനത്തിനു വിഷയമാക്കുന്നത് കാതോലികലേഖനങ്ങളാണ്. യാക്കോബ്, പത്രോസ്, യോഹന്നാൻ, യൂദാ എന്നീ ശ്ലീഹന്മാരുടെ പേരിൽ അറിയപ്പെടുന്ന ഏഴു ലേഖനങ്ങളാണ് കാതോലികലേഖനങ്ങൾ. ആദിമസഭയിൽ പ്രധാനികളായി കരുതപ്പെട്ടിരുന്ന ഈ ശ്ലീഹന്മാർ സാർവ്വത്രികസഭയ്ക്ക് പൊതുവായി നല്കുന്ന ഉപദേശങ്ങളാണ് ഈ ലേഖനങ്ങളിലുള്ളത്. ഇവയിൽ ആദ്യത്തേത് ഹൽപെയുടെ പുത്രനും, ‘കർത്താവിന്റെ സഹോദരൻ’ എന്ന് പൗലോസ് ശ്ലീഹാ വിശേഷിപ്പിക്കുന്നവനും (ഗലാ 1,19), ജറുസലേമിൽ ആദിമസഭയുടെ നേതാവും (ശ്ലീഹ 12,17) ആയിരുന്ന യാക്കോബ് ശ്ലീഹായുടേതാണ്.

യാക്കോബ് ശ്ലീഹായുടെ ലേഖനം ഒന്നാമദ്ധ്യായം ഇപ്രകാരം വിഭജിക്കാം:

1. വിശ്വാസത്തിൽ സ്ഥിരതയുള്ളവരാകുക (1,1-8)
2. പാപം മരണത്തിനു കാരണമാകും (1,9-16)
3. പുതുജന്മം നല്കുന്ന വചനം സ്വീകരിക്കുക (1,17-21)
4. വചനം ജീവിതത്തിൽ പ്രാവർത്തികമാക്കുക (1,22-25)
5. ശരിയായ ദൈവഭക്തി-പരസ്പരേഹം (1,26-27)

വിശ്വാസപ്രബോധകരും പ്രഘോഷകരുമാകേണ്ട പുരോഹിതർക്ക് പ്രചോദനമാകുന്ന സന്ദേശങ്ങൾ ഈ വചനഭാഗത്ത് നമുക്കു കണ്ടെത്തുവാൻ കഴിയും.

1. പുരോഹിതൻ: വിശ്വാസജീവിതത്തിനു നേതൃത്വം നല്കുന്നവൻ

“എന്റെ സഹോദരരേ, വിവിധ പരീക്ഷകളിൽ അകപ്പെടുമ്പോൾ, നിങ്ങൾ സന്തോഷിക്കുവിൻ. എന്തെന്നാൽ, വിശ്വാസം പരീക്ഷിക്കപ്പെടുമ്പോൾ നിങ്ങൾക്ക് അതിൽ സ്ഥിരത ലഭിക്കുമെന്ന് അറിയാമല്ലോ. ഈ സ്ഥിരത പൂർണ്ണഫലം പുറപ്പെടുവിക്കുകയും അങ്ങനെ നിങ്ങൾ പൂർണ്ണരും എല്ലാം തികഞ്ഞവരും ഒന്നിലും കുറവിലാത്തവരും ആകുകയും ചെയ്യും” (1,2-4).

‘വിവിധ പരീക്ഷകളുണ്ടാകുമ്പോൾ നിങ്ങൾ അധികമായി സന്തോഷിക്കുവിൻ’ എന്ന ആഹ്വാനത്തോടെയാണ് ലേഖനം ആരംഭിക്കുന്നത് (1,2). വിശ്വാസജീവിതത്തിലുണ്ടാകുന്ന പരീക്ഷകളാണ് ഇവിടെ പരാമർശിക്കപ്പെടുന്നത്. ഇവിടെ ഉപയോഗിച്ചിരിക്കുന്ന ഗ്രീക്കുവാക്കിന് പാപത്തിലേക്കു നയിക്കാവുന്ന സാഹചര്യം, അവസരം എന്നൊക്കെ അർത്ഥമുണ്ട്. വിശ്വാസത്തിന്റെ മാറ്റം തെളിയിക്കുന്നത്, അല്ലെങ്കിൽ വിശ്വാസസ്ഥിരത വെളിവാക്കുന്നത് വിശ്വസിക്കുന്ന വ്യക്തി പരീക്ഷിക്കപ്പെടുമ്പോഴാണ്. പൂർവ്വപിതാവായ അബ്രാഹത്തിന്റെ കാര്യത്തിലെമ്പോലെയും, ക്രൈസ്തവർ പൂർണ്ണരും മികവുറ്റവരും കുറവില്ലാത്തവരുമായിത്തീരുന്നത് വിശ്വാസജീവിതത്തിലുണ്ടാകുന്ന പരീക്ഷകളെ ക്ഷമയോടെ നേരിടുമ്പോഴാണ്. വിശ്വാസം പരീക്ഷിക്കപ്പെടുമ്പോഴാണ് അതിൽ സ്ഥിരത ലഭിക്കുന്നത്. വിശ്വാസത്തിന്റെ ആഴവും ഉറപ്പും വ്യക്തമാക്കാൻ പരീക്ഷണങ്ങൾ ആവശ്യമാണ്. ശാന്തത കൈവിടാതെയും അടിപതറാതെയും കർത്താവിനോടു ചേർന്നുനിന്നാൽ പരീക്ഷകളിൽ വിജയം സുനിശ്ചിതം. വിശ്വാസസ്ഥിരത പൂർണ്ണഫലം പുറപ്പെടുവിക്കട്ടെ എന്നാണ് ശ്ലീഹായുടെ ആശംസ. അതുവഴി വിശ്വാസികൾ പൂർണ്ണരും എല്ലാം തികഞ്ഞവരും ഒന്നിലും കുറവില്ലാത്തവരുമായി ഭവിക്കും.

സഭ വിശ്വാസികളുടെ സമൂഹമാണ് (ശ്ലീഹ 4,32). ഈ വിശ്വാസികളുടെ സമൂഹത്തിന് നേതൃത്വം കൊടുക്കുന്ന ശുശ്രൂഷയാണ് പുരോഹിതന്റേത്. വിശ്വാസത്തിന് ഇന്നു വെല്ലുവിളികൾ നിരവധിയാണ്. ദൈവത്തിലുള്ള വിശ്വാസവും അതിൽനിന്നുരുത്തിരിയുന്ന ധാർമ്മികതയും നഷ്ടപ്പെട്ട ഒരു സമൂഹമായി ഇന്നത്തെ മനുഷ്യസമൂഹം പൊതുവെ മാറിയിരിക്കുന്നു. ഉപഭോഗവാദം, ആപേക്ഷികവാദം, ശാസ്ത്രീയഭൗതികവാദം, പ്രായോഗികവാദം എന്നിവയെല്ലാം ഇന്നത്തെ സമൂഹത്തെ സ്വാധീനിക്കുന്നു. ഈ പശ്ചാത്തലത്തിൽ വിശ്വാസികളുടെ സമൂഹമായി സഭയെ നിലനിർത്തുവാൻ സാധിക്കണമെങ്കിൽ, അവർക്കു നേതൃത്വം നല്കുന്ന പുരോഹിതർ വിശ്വാസത്തിന്റെ തനിമ കാത്തുസൂക്ഷിക്കുന്നവരും സമൂഹത്തിന്റെ സ്വാധീനത്തെ അതിജീവിച്ചു തങ്ങളുടെ വിശ്വാസം ജീവിക്കുവാൻ അവരെ സഹായിക്കുന്നവരുമായിരിക്കണം.

2. പുരോഹിതൻ: വിശുദ്ധിയിൽ മുന്നേറുന്നവൻ

“പരീക്ഷകൾ ക്ഷമയോടെ സഹിക്കുന്നവൻ ഭാഗ്യവാൻ. എന്തെന്നാൽ, അവൻ പരീക്ഷകളെ അതിജീവിച്ചുകഴിയുമ്പോൾ തന്നെ സ്നേഹിക്കുന്നവർക്കു ദൈവം വാഗ്ദാനം ചെയ്തിരിക്കുന്ന ജീവന്റെ കിരീടം അവനു ലഭിക്കും. പരീക്ഷിക്കപ്പെടുമ്പോൾ, താൻ ദൈവത്താലാണ് പരീക്ഷിക്കപ്പെടുന്നത് എന്ന് ഒരുവനും പറയാ

തിരിക്കട്ടെ. എന്തെന്നാൽ, ദൈവം തിന്മയാൽ പരീക്ഷിക്കപ്പെടുന്നില്ല, അവിടുന്ന് ആരെയും പരീക്ഷിക്കുന്നുമില്ല. ഓരോരുത്തരും പരീക്ഷിക്കപ്പെടുന്നതു സ്വന്തം ദുർമോഹങ്ങളാൽ വശീകരിക്കപ്പെട്ടു കൂടുതലാകുമ്പോഴാണ്. ദുർമോഹം ഗർഭം ധരിച്ചു പാപത്തെ പ്രസവിക്കുന്നു. പാപം പൂർണ്ണവളർച്ച പ്രാപിക്കുമ്പോൾ മരണത്തെ ജനിപ്പിക്കുന്നു. എന്റെ പ്രിയ സഹോദരരേ, നിങ്ങൾക്കു മാർഗ്ഗഭ്രംശം സംഭവിക്കരുത്.” (1,12-16).

പരീക്ഷകളുണ്ടാകുമ്പോൾ സന്തോഷിക്കാൻ ഉപദേശിച്ചെങ്കിലും പരീക്ഷകളുടെ സ്വഭാവം മനസ്സിലാക്കി അവയിൽ ഉൾപ്പെടാതിരിക്കാൻ പരിശ്രമിക്കണമെന്ന് യാക്കോബ് ശ്ലീഹാ ഇവിടെ എടുത്തുപറയുന്നു. സമ്പത്താണ് ഇവിടെ പരീക്ഷണഹേതുവായി അവതരിപ്പിക്കപ്പെട്ടിരിക്കുന്നത്. ദരിദ്രനെയും ധനികനെയും സംബന്ധിച്ച് സമ്പത്ത് പരീക്ഷയാണ്. ദരിദ്രന് സമ്പത്തിന്റെ അഭാവം മോഷ്ടിക്കാനും സമ്പത്തുണ്ടാക്കാൻ തെറ്റായ മാർഗ്ഗങ്ങൾ അവലംബിക്കാനും പ്രേരണ നല്കുമ്പോൾ, ധനികന് സമ്പത്തിന്റെ ധാരാളിത്തം ദൈവത്തെ മറന്നുജീവിക്കാൻ പ്രേരകമാകുന്നു. അപ്രകാരം ജീവിച്ചാൽ നിത്യമായ നഷ്ടമാണ് സംഭവിക്കാൻ പോകുന്നത്. നിത്യജീവന്റെ കീരീടം നഷ്ടപ്പെട്ട് നിത്യമരണത്തിന് ഇരയായിത്തീരും. പാപത്തിലേക്കും മരണത്തിലേക്കും നയിക്കുന്ന പരീക്ഷകൾക്ക് അഥവാ പ്രലോഭനങ്ങൾക്ക് ഉത്തരവാദി ദൈവമാണെന്നു പറഞ്ഞ് ഉത്തരവാദിത്വത്തിൽനിന്നും ഒഴിഞ്ഞുമാറാനുള്ള പ്രലോഭനവും മനുഷ്യർക്കുണ്ട്. കാരണം ദൈവമാണല്ലോ ഈ ബലഹീതനകളോടുകൂടി മനുഷ്യനെ സൃഷ്ടിച്ചത്. ഈ മനോഭാവവും ശരിയല്ല എന്ന് ശ്ലീഹാ ഇവിടെ പ്രത്യേകം ഓർമ്മിപ്പിക്കുന്നുണ്ട് (1,13-15). മനുഷ്യനെ അശുദ്ധനാക്കുന്നതെല്ലാം അവന്റെയുള്ളിൽനിന്നാണ് വരുന്നതെന്ന് ഈശോയും പഠിപ്പിച്ചിട്ടുണ്ടല്ലോ (മത്താ 15,18-19).

സഭയുടെ അടിസ്ഥാനപരമായ വിളി വിശുദ്ധിയിലേക്കുള്ള വിളിയാണ്. ദൈവത്തിന്റെ രക്ഷാപദ്ധതിയിൽത്തന്നെ അതു വ്യക്തമായി പ്രഖ്യാപിക്കപ്പെട്ടിട്ടുള്ളതാണ് (എഫേ 1,3-4). രണ്ടാം വത്തിക്കാൻ കൗൺസിൽ, സഭയെക്കുറിച്ചുള്ള പ്രമാണരേഖയിൽ, സഭയിൽ എല്ലാവരും വിശുദ്ധിയിലേക്കു വിളിക്കപ്പെട്ടിരിക്കുന്നു എന്ന് എടുത്തുപറഞ്ഞിട്ടുണ്ട് (ജനതകളുടെ പ്രകാശം, അഞ്ചാം അദ്ധ്യായം). അതുകൊണ്ടു സഭയെ ആത്യന്തികമായി വിശുദ്ധരുടെ കൂട്ടായ്മയായി കെട്ടിപ്പടുക്കുവാനാണ് പുരോഹിതർ ശ്രദ്ധിക്കേണ്ടത്. ഇതു സാധ്യമാകണമെങ്കിൽ പുരോഹിതർ അജഗണങ്ങളുടെ മുമ്പേ നടക്കുന്ന നല്ലയിടനായ ഈശോയെപ്പോലെ (യോഹ 10,4) വിശുദ്ധിയിൽ വ്യാപരിക്കുന്നവനായിരിക്കണം. തന്റെ മാനുഷികമായ പ്രലോഭനങ്ങളെയെല്ലാം അതിജീവിച്ച് വിശുദ്ധിയിൽ മുന്നേറുന്ന പുരോഹിതനുമാത്രമേ വിശ്വാസികളുടെ സമൂഹത്തെ വിശുദ്ധിയിൽ വ്യാപരിക്കുവാൻ പ്രചോദിപ്പിക്കുവാനാവുകയുള്ളൂ.

3. പുരോഹിതൻ: വിശ്വാസപ്രബോധകൻ

“ഉത്തമവും പൂർണ്ണവുമായ എല്ലാ ദാനങ്ങളും ഉന്നതത്തിൽനിന്ന്, മാറ്റമോ മാറ്റത്തിന്റെ നിഴലോ ഇല്ലാത്ത പ്രകാശങ്ങളുടെ പിതാവിൽനിന്നു വരുന്നു. തന്റെ സൃഷ്ടികളിൽ ആദ്യഫലമാകേണ്ടതിന് സത്യത്തിന്റെ വചനത്താൽ, നമുക്കു ജന്മം നൽകാൻ അവിടുന്നു തിരുമനസ്സായി. ... ആകയാൽ, എല്ലാ അശുദ്ധിയും വർദ്ധിച്ചുവരുന്ന തിന്മയും ഉപേക്ഷിച്ച്, നിങ്ങളിൽ പാകിയിരിക്കുന്നതും നിങ്ങളുടെ ആത്മാക്കളെ രക്ഷിക്കുവാൻ കഴിവുള്ളതുമായ വചനത്തെ വിനയപൂർവ്വം സ്വീകരിക്കുവിൻ” (1,17-18.21).

ക്രൈസ്തവാസ്തിത്വം ദൈവത്തിന്റെ വചനവുമായി ബന്ധപ്പെട്ടിരിക്കുന്നു. വചനമെന്നു പറയുന്നത് ദൈവത്തിന്റെ സ്വയം വെളിപ്പെടുത്തലാണല്ലോ. ദൈവത്തിന്റെ വചനം ദൈവത്തിന്റെ സംസാരമാണ്. ഒരാളുടെ സംസാരമാണല്ലോ അയാളെ സ്വയം വെളിപ്പെടുത്തുന്നത്. സ്വയം വെളിപ്പെടുത്തുന്ന ഈ ദൈവത്തെയാണ് ‘പ്രകാശങ്ങളുടെ പിതാവ്’ എന്ന് യാക്കോബ്സ്ത്രീഹാ ഇവിടെ വിശേഷിപ്പിക്കുന്നത് (1,17). ദൈവം സ്വയം പ്രകാശിപ്പിക്കുന്നവനാണ്, മറഞ്ഞിരിക്കുന്നവനല്ല. സൃഷ്ടികർമ്മമുതൽ ദൈവം സംസാരിക്കുവാൻ തുടങ്ങി. സൃഷ്ടികർമ്മത്തിൽ അവിടുന്ന് ആദ്യം അരുളിച്ചെയ്തത് “വെളിച്ചം ഉണ്ടാകട്ടെ” (ഉല്പ 1,3-5) എന്നാണ്. ഈ സംസാരത്തിന്റെ പൂർത്തീകരണമാണ് വചനമാകുന്ന ഈശോ. “ആദിയിൽ വചനമുണ്ടായിരുന്നു” (യോഹ 1,1-2); ‘ആ വചനം മാംസമായി’ (യോഹ 1,14) എന്നുപറയുന്ന യോഹന്നാനും “അവസാനം തന്റെ പുത്രനിലൂടെ ദൈവം സംസാരിച്ചു” (ഹെബ്ര 1,1) എന്നു പറയുന്ന ഹെബ്രായലേഖനവും പ്രകാശമാകുന്ന പിതാവിലേക്കാണ് വിരൽചൂണ്ടുന്നത്. ഇപ്രകാരം വചനമായിവന്ന ഈശോയെ സ്വീകരിച്ചുകൊണ്ടാണ് ക്രൈസ്തവജീവിതം ആരംഭിക്കുന്നതും തുടരുന്നതും. സഭാസമൂഹം ഈ വചനം സ്വീകരിച്ചവരുടെ സമൂഹമാണ് (ശ്ലീഹ 2,41).

‘വചനം സ്വീകരിക്കുക’ എന്നതുകൊണ്ട് വചനാനുസൃതമായ ജീവിതം നയിക്കുക എന്നാണ് അർത്ഥമാകുന്നത്. ഇതു സാധ്യമാകണമെങ്കിൽ ഈ വചനസ്വീകരണം സഭയിൽ നിരന്തരമായി നടത്തിക്കൊണ്ടിരിക്കണം. ആദിമസഭാസമൂഹം ഇപ്രകാരം നിരന്തരമായി വചനസ്വീകരണം നടത്തിക്കൊണ്ടിരുന്ന ഒരു സമൂഹമായിരുന്നു: “അവർ ശ്ലീഹന്മാരുടെ പ്രബോധനം ... എന്നിവയിൽ സദാ താല്പര്യപൂർവ്വം പങ്കുചേർന്നു” (ശ്ലീഹ 2,42). ശ്ലീഹന്മാരിൽ അധിഷ്ഠിതമായ സഭയിൽ സ്വീകരിക്കപ്പെട്ട വചനമാണ് ക്രൈസ്തവകുടുംബം. ഈ പാരമ്പര്യമാണ് സഭയുടെ വിശ്വാസമായി പിൻതലമുറകൾക്ക് കൈമാറപ്പെട്ടുകൊണ്ടിരിക്കുന്നത്. ഈ വിശ്വാസപ്രബോധനമാണ് പുരോഹിതന്റെ പ്രഥമദൗത്യം (ജാമ 4). അതുകൊണ്ട് സഭയുടെ വിശ്വാസം

പഠിക്കുകയും പഠിപ്പിക്കുകയും ചെയ്യുക എന്നത് തന്റെ ഏറ്റവും പ്രധാനപ്പെട്ട ദൗത്യമായി പുരോഹിതൻ കരുതുകയും അപ്രകാരം തന്റെ ശുശ്രൂഷ നിർവഹിക്കുകയും വേണം.

4. പുരോഹിതൻ: വിശ്വാസപ്രഘോഷകൻ

“നിങ്ങൾ വചനം കേൾക്കുകമാത്രം ചെയ്യുന്ന ആത്മവഞ്ചകരാകാതെ അത് അനുവർത്തിക്കുന്നവരും ആയിരിക്കുവിൻ. വചനം കേൾക്കുകയും അത് അനുവർത്തിക്കാതിരിക്കുകയും ചെയ്യുന്നവൻ തന്റെ മുഖം കണ്ണാടിയിൽ കാണുന്ന മനുഷ്യനു സദൃശ്യനാണ്. അവൻ തന്നെത്തന്നെ നോക്കിയിട്ടു കടന്നുപോകുന്നു; താൻ എങ്ങനെയിരിക്കുന്നുവെന്ന് ഉടൻതന്നെ വിസ്മരിക്കുകയും ചെയ്യുന്നു. കേട്ടതു മറക്കുന്നവനെല്ല, പ്രവർത്തിക്കുന്നവനാണ് പൂർണ്ണമായ നിയമത്തെ, അതായത് സ്വാതന്ത്ര്യത്തിന്റെ നിയമത്തെ, സൂക്ഷ്മമായി ഗ്രഹിക്കുകയും അതിൽ ഉറച്ചുനില്ക്കുകയും ചെയ്യുക. തന്റെ പ്രവൃത്തികളിൽ അവൻ അനുഗൃഹീതനാകും” (1,22-25).

വചനം സ്വീകരിച്ചാൽമാത്രം പോരാ, അത് അനുശാസിക്കുന്നതിനനുസൃതമായി പ്രവർത്തിക്കുകകൂടിവേണം. വചനത്തെ ഒരു കണ്ണാടിയോടാണ് യാക്കോബ്സ്റ്റീഹാ ഉപമിക്കുന്നത്. കണ്ണാടി നമ്മുടെ യഥാർത്ഥ രൂപം കാണിച്ചുതരുന്നതുപോലെ, നാം എന്താണ്, എങ്ങനെയാണ് എന്ന് ദൈവവചനം വ്യക്തമാക്കിത്തരും. നമ്മുടെ ക്രിസ്തീയവ്യക്തിത്വം ദൈവമക്കൾക്കടുത്ത വ്യക്തിത്വമാണ്: “തന്നെ സ്വീകരിച്ചവർക്കെല്ലാം, തന്റെ നാമത്തിൽ വിശ്വസിക്കുന്നവർക്കെല്ലാം ദൈവമക്കളാകുവാനുള്ള അവകാശം അവൻ നല്കി” (യോഹ 1,12). സ്വന്തമുഖം നമുക്കു നേരിട്ടുകാണുവാൻ സാധിക്കുകയില്ല. കണ്ണാടിയുടെ സഹായത്താലേ കാണാൻ സാധിക്കൂ. അതുപോലെ ദൈവമക്കളെന്ന നിലയിൽ നമ്മിൽ എന്തെങ്കിലും കുറവുകളുണ്ടോ എന്ന് നമുക്കു കാണുവാൻ സാധിക്കുന്നത് ദൈവവചനമാകുന്ന കണ്ണാടിയിലൂടെമാത്രമാണ്. നാം സ്വീകരിക്കുന്ന ദൈവവചനത്തിന്റെ വെളിച്ചത്തിൽ നമ്മെത്തന്നെ പരിശോധിച്ച് കുറവുകൾ പരിഹരിക്കുകയും, ദൈവമക്കൾക്കടുത്ത വ്യക്തിത്വം അതിന്റെ പൂർണ്ണതയിൽ സ്വന്തമാക്കുവാൻ നിരന്തരമായി ശ്രമിക്കുകയും ചെയ്യേണ്ടതുണ്ട്.

ദൈവമക്കൾക്കടുത്ത ജീവിതനിയമത്തെ സ്വാതന്ത്ര്യത്തിന്റെ നിയമമെന്നാണ് ഇവിടെ വിശേഷിപ്പിക്കുക (1,25). ദൈവമക്കൾക്കടുത്ത സ്വാതന്ത്ര്യത്തിന്റെ നിയമത്തെക്കുറിച്ച് പൗലോസ്സ്റ്റീഹാ പറയുന്നുണ്ട്: “എന്റെ സഹോദരരേ, സ്വാതന്ത്ര്യത്തിലേക്കാണ് നിങ്ങൾ വിളിക്കപ്പെട്ടിരിക്കുന്നത്. എന്നാൽ ആ സ്വാതന്ത്ര്യം ജഡികകാര്യങ്ങൾക്കുവേണ്ടി ആകരുതെന്നു മാത്രം. പ്രത്യുത, സ്നേഹത്തോടെ അന്യോന്യം സേവിക്കുവിൻ. എന്തെ

നാൽ നിന്നെപ്പോലെ നിന്റെ അയൽക്കാരനെയും സ്നേഹിക്കുക എന്ന ഒറ്റ വാക്യത്തിൽ നിയമമുഴുവൻ അടങ്ങിയിരിക്കുന്നു” (ഗലാ 5,13-14). ദൈവമക്കൾക്കടുത്ത സഹോദരസ്നേഹത്തിന്റെ നിയമമാണ് ഈ സാമൂഹ്യതയുടെ നിയമം. ഈ ജീവിതനിയമം പാലിക്കുന്നതിൽ എന്തെങ്കിലും കുറവുകളുണ്ടെങ്കിൽ അവ പരിഹരിച്ച് നിരന്തരം ദൈവപുത്രർക്കടുത്ത സഹോദര്യത്തിലും സ്നേഹത്തിലും സ്വയം നവീകരിക്കുന്നതിനുള്ള കണ്ണാടിയായി വചനസീകരണം നിരന്തരം നടക്കണം. ഇതു സാധ്യമാകത്തക്കവിധം സഭാസമൂഹത്തിൽ വചനപ്രഘോഷണം അഥവാ വിശ്വാസപ്രഘോഷണം നിരന്തരം നടത്തുവാൻ പുരോഹിതൻ കടപ്പെട്ടിരിക്കുന്നു.

5. പുരോഹിതൻ: വിശുദ്ധിയുടെയും സ്നേഹത്തിന്റെയും ശുശ്രൂഷകൻ

“താൻ ദൈവഭക്തനാണെന്ന് ഒരുവൻ വിചാരിക്കുകയും തന്റെ നാവിനെ നിയന്ത്രിക്കാതെ ഹൃദയത്തെ വഞ്ചിക്കുകയും ചെയ്താൽ അവന്റെ ഭക്തി വ്യർത്ഥമത്രേ. പിതാവായ ദൈവത്തിന്റെ മുമ്പിൽ പരിശുദ്ധവും നിഷ്കളങ്കവുമായ ഭക്തി ഇതാണ്: അനാഥരുടെയും വിധവകളുടെയും ഞെരുക്കങ്ങളിൽ അവരുടെ സഹായത്തിനെത്തുക; ലോകത്തിന്റെ കളങ്കമേൽക്കാതെ തന്നെത്തന്നെ കാത്തുസൂക്ഷിക്കുക” (1,26-27).

യഥാർത്ഥ ദൈവഭക്തി അഥവാ വിശ്വാസജീവിതം എന്താണെന്ന് ഈ വാക്യങ്ങളിലൂടെ യാക്കോബ് സ്ത്രീഹാ നിർവചിക്കുകയാണ്. അതു ദൈവത്തോടുമാത്രമുള്ള ഒരു ബന്ധമല്ല. വിശ്വാസജീവിതം ഒരേസമയം ദൈവശുശ്രൂഷയും സഹോദരശുശ്രൂഷയുമാണ്. ദൈവം പരിശുദ്ധനായിരിക്കുന്നതുകൊണ്ട് അവിടുത്തെ ശുശ്രൂഷിക്കുന്നവരും ആരാധിക്കുന്നവരും പരിശുദ്ധരായിരിക്കണമെന്ന് പഴയനിയമകാലംമുതലേയുള്ള നിബന്ധനയാണ് (ലേവ്യ 19,1-2). നമ്മുടെ ദൈവശുശ്രൂഷ സ്വീകാര്യമാകണമെങ്കിൽ അതു പരിശുദ്ധവും നിർമ്മലവുമായിരിക്കണം. ദൈവഭക്തിയിലുള്ള ആത്മാർത്ഥത തിരിച്ചറിയാനുള്ള പ്രഥമ മാനദണ്ഡം നാവിന്റെ നിയന്ത്രണമാണ്. നാവിനെ നിയന്ത്രിക്കാത്തവൻ ഹൃദയത്തെ വഞ്ചിക്കുന്നു എന്നാണ് സ്ത്രീഹാ പറയുന്നത്. മനുഷ്യന്റെ നാവു പൊതുവെ മറ്റുള്ളവരെ വിമർശിക്കുന്ന ഒന്നാണ്. അതിനെ നിയന്ത്രിക്കണം. സഹോദരനെക്കുറിച്ചു നല്ലതു പറയുന്നതും വേദനിപ്പിക്കുന്നതു പറയാതിരിക്കുന്നതിലുമാണ് നാവിന്റെ ശരിയായ വിനിയോഗം. ദൈവസ്തുതി ആത്മാർത്ഥമാകുന്നത് സഹോദരനോടും സഹോദരനെക്കുറിച്ചും നല്ലതു പറയുകകൂടി ചെയ്യുമ്പോഴാണ് (യാക്കോ 3,9-10). സഹോദര്യബന്ധത്തിൽ സ്നേഹം പ്രതിഫലിക്കുന്നില്ലെങ്കിൽ ദൈവസ്തുതി ആത്മാർത്ഥമല്ല.

ദൈവഭക്തിയുടെയും വിശ്വാസജീവിതത്തിന്റെയും മറ്റൊരു പ്രധാന പ്രകാശനം ദുരിതമനുഭവിക്കുന്ന അനാഥരെയും വിധവകളെയും സന്ദർശിച്ചു

സഹായിക്കുക എന്നതാണ് (1,27). പഴയനിയമപ്രവാചകന്മാരുടെ ശൈലി തന്നെയാണ് ഇവിടെയും നാം കാണുന്നത്: “നന്മ പ്രവർത്തിക്കുവാൻ ശീലിക്കുവിൻ. നീതി അന്വേഷിക്കുവിൻ. അനാഥരോടു നീതി ചെയ്യുവിൻ. വിധവകൾക്കുവേണ്ടി വാദിക്കുവിൻ” (ഏശ 1,10-17). “കർത്താവിന്റെ മുമ്പിൽ ഞാൻ എന്തു കാഴ്ചയാണ് കൊണ്ടുവരേണ്ടത്? മനുഷ്യാ, ... നീതി പ്രവർത്തിക്കുക, കരുണ കാണിക്കുക” (മിക്കാ 6,6-8). ആദിമസഭയും അനാഥർക്കും വിധവകൾക്കുമുള്ള ശുശ്രൂഷയെ ദൈവശുശ്രൂഷയായി പരിഗണിച്ചിരുന്നു. ഇപ്രകാരം വിശുദ്ധിയുടെയും സ്നേഹത്തിന്റെയും ജീവിതം നയിക്കുന്ന ഒരു സമൂഹമായി സഭയെ കെട്ടിപ്പടുക്കുവാനാണ് പുരോഹിതൻ ശ്രമിക്കേണ്ടത്. തന്റെതന്നെ ജീവിതത്തിൽ ഈ ശൈലി സ്വന്തമാക്കിക്കൊണ്ടു ജീവിക്കുവാൻ ഓരോ പുരോഹിതനും പരിശ്രമിക്കണം.

ജീവിതസൂചിക

1. സമൂഹത്തിലുള്ള വിപരീത സാഹചര്യങ്ങളെ അതിജീവിച്ച് വിശ്വാസ ജീവിതം നയിക്കുവാൻ ഞാൻ എപ്രകാരം ജനങ്ങളെ പരിശീലിപ്പിക്കുന്നു?
2. വിശുദ്ധിയുടെ മാതൃക നൽകി വിശുദ്ധരുടെ കൂട്ടായ്മയായി സഭാസമൂഹത്തെ കെട്ടിപ്പടുക്കുവാൻ ഞാൻ ശ്രമിക്കുന്നുണ്ടോ?
3. വിശ്വാസപ്രബോധനം പ്രഥമദൗത്യമായിക്കണ്ട് അജപാലനശുശ്രൂഷ നിർവഹിക്കുവാൻ ഞാൻ എങ്ങനെ പരിശ്രമിക്കുന്നു?
4. വചനമാകുന്ന കണ്ണാടിയിൽനോക്കി കുറവുകൾ പരിഹരിച്ച് ദൈവമക്കൾക്കടുത്ത ജീവിതം നയിക്കുവാൻ ഞാൻ വിശ്വാസികളെ സഹായിക്കുന്നുണ്ടോ?
5. എന്റെ അജപാലനശുശ്രൂഷ വിശുദ്ധിയുടെയും സ്നേഹത്തിന്റെയും ശുശ്രൂഷയാക്കിത്തീർക്കുവാൻ ഞാൻ എങ്ങനെ പരിശ്രമിക്കുന്നു?

NEWS FROM DEPARTMENTS

PIOUS ASSOCIATIONS FOR CHILDREN

Pious Associations for Children

We take this opportunity to thank all the animators, leaders, volunteers and Pious members at various churches and mission centers for their dedicated hard work for the past few months. A special thanks to all the parish priests for their spiritual guidance and support for all Pious activities.

Mothers' Day Celebration

On May 10th we celebrated Mothers' Day at Eparchy level for the very first time. On this special day we skipped our prayers at 3: 00 pm and we did a surprise for our mothers, we did a Mother's Day Special program through zoom. We began with the opening hymn and after the opening song, Sr. Jeslin CMC, the director of PAC gave us a welcome speech. After the speech, his Excellency, Mar Jose Kalluvilil did an opening prayer and a message. After this we had various parishes and mission centers participating in various programs, including a Kahoot game. We closed off the celebration with Rev. Father Jacob Edakalathur, pastor of St. Alphonsa Church Mississauga who gave us a blessing and a closing prayer. After the prayer and blessing Deepa Sabu from St. Alphonsa Cathedral gave us a vote of thanks and that was the end of the Mothers' Day program. We give a special thanks to Deepa Sabu for conducting this program and to Albeena Shinobi for making the slideshow for everything and to Josna, Joel and Josvin for being our hosts for the day.

3 PM Prayer and Kahoot Games

Throughout May we had special lessons on Mother Mary every Sunday. After the lesson there was an exciting Kahoot game based on the lesson.

The last Sunday in May we focus on Pentecost – both the lesson and the Kahoot games will be based on Pentecost on May 31st.

Upcoming Activities

- 1) During the month of June we will have a special focus on the characteristics of Jesus: Praying Jesus, Healing Jesus, Forgiving Jesus and Compassionate Jesus
- 2) June 2020 – Eparchy Point of Communication Animators Virtual meeting of “Point of Communication Animators” of different parishes with His Excellency Mar Jose Kalluvellil
- 3) June 21, 2020 – Eparchy level virtual Fathers’ Day Celebration!
- 4) July 2020 – Eparchy level PAC virtual leaders orientation and training
- 5) Each Sunday Pious members from all over Eparchy gather for a Special Sunday Prayer @ 3 pm EST

- 6) Eparchy Level Kahoot Competition (more details to follow through Parish)

Date: August 2020

Topic(s):

- ◆ PAC
- ◆ Bible Verses, Saints & Virtues from 2019-2020 year

- 7) August 2020 – Eparchy level PAC virtual animators orientation and training May God continue to bless each of you and your loved ones. “In the beginning was the Word, and the Word was with God, and the Word was God” (John Ch. 1 vs. 1).

EPARCHY OF MISSISSAUGA PRESENTS...

The Characteristics of Jesus

LESSONS ABOUT
Praying Jesus
Forgiving Jesus
Compassionate Jesus
Healing Jesus

3:00 - 4:00 PM

GAMES! **CLASS!** **PRAYER!**

Icons: hands clasped, hands shaking, hand holding heart, hand holding heart with bandage.

NURSES MINISTRY

Daily Online Prayer 3 - 4 pm

Every day at 3.00 pm we join via online and make the following prayers. Psalms, Divine Mercy Chaplet, Consecration to Mother Mary (Vimalahrudaya Prathishtta), Holy Spirit Novena, Rosary of Tears of Blood (Raktha kanneer Japamala). This is really a blessing for us to have this prayer session. Nurses from different parishes take lead on different days.

Weekly Online Prayer - Every Wednesday 9 - 10:30 pm

On every Wednesdays we have an online prayer session with Rosary, Intercessory Prayer, Praise and Worship led by different regions of Nurses Ministry throughout Canada. Word of God led by Fr. Pathrose Champakara, Fr. Deepak MCBS, Fr. Rijo Johnson respectively.

International Nurses Day, May 12

We observed as a day of prayer through Intercession, Praise and Worship, Thanksgiving, Eucharistic Adoration and Word of God from 6am to 6pm. The following members led the adoration. Fr. Pathrose Champakkara, Fr. Plogen Antony, Fr. Shaji Thumpechira and Sr. Jais Maria CMC. His Excellency Mar Jose Kalluvilil gave us the final blessing and message of the day. The prayer service was concluded with Holy Mass by Bishop Jose Kalluvilil.

Friendly Talks

Sisters from Congregations of CMC, Holy Family and Apostolic Oblates strengthen nurses and families spiritually and emotionally in this difficult time of COVID 19.

Voluntary Support

Nurses continue to support each other through encouragement and psychological support. Also try to reach out to fellow nurses who need help by volunteering to provide food, buy groceries and donate PPE for personal use.

Nurses Ministry would like to extend our gratitude to His Excellency Mar Jose Kalluvilil, our directors Fr. Pathrose Champakkara, Fr. Plogen, Animator Sr. Jais Maria and all the priests and nuns of the Eparchy for your continued prayers, blessings and support in every possible way.

SOCIAL SERVICES

Updates – May 2020

The leadership team submitted the social services document for the Eparchial assembly and had a meeting with the Bishop to review. In addition to the team members, Insights for the documents were provided by Prof. K.M Francis Mary Matha Major Seminary, Thrissur, Kerala. Zoom calls have been scheduled to chalk out programs for the rest of the year.

The department continues to work with the COVID 19 crisis management team and other departments of the Eparchy in helping with the various challenges presented during this pandemic. In addition, team members were actively involved in assisting seniors, international students, newcomers and families by providing information, resources and physical help.

SMYM

SMYM National

Online Rosary

With the ongoing COVID 19 pandemic and still being in quarantine, the SMYM Parish teams decided to recite the Holy Rosary daily over Zoom. This program is called “Month of Mary” since May is the month dedicated to our Lady. The parish teams have been saying the Rosary at 5pm, 7pm and 8.30pm (EST). This program has definitely encouraged a lot of youth to come together and pray.

Divine Mercy Chaplet

“Prayer Time” is another parish team initiative backed by the National Team where SMYM youth join together on Zoom to recite the Divine Mercy Chaplet every Sunday at 3pm (EST).

SMYM Global Committee Meeting

On May 21st & 22nd, SMYM Canada was truly blessed to be part of a 2-day program called “Brethen”, a webinar organized by SMYM



Global Team. The theme of the program was Moral Upliftment through Faith and Spirituality. The 2nd session was catered for our National Youth Leaders from all parishes and was moderated by Mr. Bivin Varghese, SMYM Global Deputy President. About 70 youth leaders were able to attend this webinar. This was a great opportunity for our youth to meet the SMYM Global Team as well to engage in a great discussion with SMYM Chairman Bishop Mar Joseph Pandarasseril, Bishop of the Eparchy of Mississauga Bishop Mar Jose Kalluvilil, SMYM Global Director Rev. Fr. Jose Allencherry and various members of the SMYM Kerala Team and SMYM Australia Team.



SMYM

SMYM international

Youth in Canada joins every day at 9.00 pm for prayer and discussion. It is a good platform for the youth to have a family atmosphere of prayer and discussion. SMYM Canada is very thankful to all faithful and youth members for cooperating on the various events conducted by SMYM Canada International. The focus of socialization in this month was on financial, psychological, and spiritual. On April

YOU ARE INVITED TO A SESSION ON

How to handle ANXIETY

PROVEN TECHNIQUES AND
PRACTICAL METHODS TO OVERCOME IT

Dr. Karine Langley Ph.D



29, 2020, the session was done by Dr. Karine Langley Ph.D on the subject 'How to handle Anxiety'.

Another two session was done by Mr. Reji Koovakkada and Mr. Thomas on Tax Filing using free software. It was a very useful session for many to be independent on tax filing and to solve most of the doubts on tax filing. The



session by Br. Francis Samuel was very inspiring and spirit filled. Br. Francis who is studying Philosophy Course at Rome was explaining, how he could survive the pandemic. Br. Francis is doing his priestly formation for the eparchy of Mississauga. The spiritual motivation session conducted by VOX CHRISTI, a musical outreach of JY team was very inspiring and motivating. JY team from different parts of the world came together to help us by Word of God and Praise and worship.

ആദരാഞ്ജലികൾ



എബിൻ സന്തോഷ്



The next days were very sad and difficult for us to cop with. Abin Santhosh Parakkanal, one of our friends died in an accident. All were distracted and disturbed on what to do and how to do. But the SMYM leaders together with Eparchy of Mississauga could do everything well. Special thanks and congratulations to Jerin, SMYM president. We could do seven days of office for the dead in our daily prayer platform. Bishop Jose Kalluvelil, Bishop George Madathiknadathil and priests offered the office for dead on various days. Online viewing was arranged by SMYM and this was very useful for his friends and family members. Family Members and the



Join us at 9.00 p.m, tonight
 May 8, 2020
 Zoom Id: 437 238 8605
 Pw: 246 895

**SMYM Canada
 International**



Remembering
 the life of

എബിൻ സന്തോഷ്
 പരക്കനാൽ
 (വണ്ണപ്പുറം, ഇടുക്കി)

ABIN SANTHOSH

International Student,
 Georgian College, Barrie, Ontario
 who left us May, 7, 2020

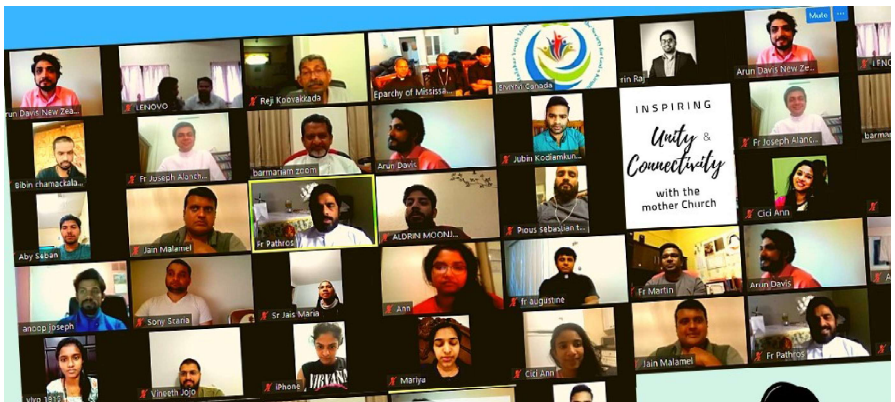
Memorial Prayers:
 Office for the repose of the soul
 (Oppise) will be celebrated by

Mar Jose Kalluvelil
 Bishop,
 Eparchy of Mississauga
 Canada

diocese of Kothamangalam extended their heart felt thanks and congratulations to SMYM. The mortal remains was exported to Kerala within 20 days. Online grief counselling was arranged to the needy.

Great session by SMYM Global committee was conducted in this platform. It was very good to have connection with SMYM Global. SMYM Chairman Mar. Joseph Pandarasseril addressed the youth. We could share our feelings and projects. Arun, SMYM Global president, moderated the session and Bishop Jose Kalluvellil, Fr Joseph Alenchery spoke to the youth Jerin, Cissy and Anoop presented the reports of SMYM Canada.

Another beautiful session was by Rev. Sr. Valsa Therese CHF, on word of God. How to read and study Bible. And it helped the youth to experience the power of the word of God. Thank you again for the wholehearted appreciation by joining in the zoom conferences of SMYM.



CATECHESIS

Yet another catechetical academic year is getting concluded. This time it is a virtual conclusion as all the centers are locked down due to the outbreak of COVID 19 pandemic. A beautiful positivity amidst this painful reality is that all the centers continued the regular faith formation programs exploring all the creative ways using online technologies.

To brief about the academic year, the academic year began in the second week of September, 2019. This year we had regular catechism classes in 24 centers namely Vancouver, Victoria, Ajax, London (Knanaya), Toronto, Winnipeg, Mississauga, Belleville, Kingston, Oshawa, Scarborough, Berwick, Halifax, Calgary, Cambridge, Fort McMurray, Edmonton, Hamilton, Niagara, Saskatoon, London, Montreal, Ottawa and Regina. In all these 24 centers together, we had around 1500 children attending Sunday Catechism classes. They were ably assisted by 300 teachers either helping out as full timers or supply teachers. The academic year was filled with a lot of creative and substantial activities. Together with the scheduled curriculum, these extra activities made the faith formation lively and experiential. The first of the two examinations was held in December and the second was supposed to take place towards the end of May or beginning of June. Even amidst the outbreak of the pandemic, none of the centers shut down the possibilities of knowing more of Jesus. Regular classes were held online, very creative and educative assignments were given and the children could submit these assignments at the scheduled time.

Graduation Ceremony

The graduation ceremony will happen online on June 6th Saturday. Measures are being taken to make this first online graduation ceremony both memorable and meaningful. This year we have 65 graduating candidates. They are: 20 from Scarborough, 17 from Mississauga, 11 from Edmonton, 3 each from Oshawa and Hamilton, and 1 from Niagara.

They will all prepare an assignment on a given topic basing 14 years of their catechetical training. These assignments will be documented in the Eparchy office. His Excellency Mar Jose Kalluvellil will address the graduating students. They will all receive their graduation certificates in their own places. Preparations are on to make this event a very successful one with all the possibilities of online media.

New ECC (Eparchial Catechetical Commission)

I am so happy to introduce the second ECC team. I would like to remember with gratitude the members of the first ECC (2018- 20). The new ECC team had the first meeting on May 12, 2020.

Eparchial Catechetical Commission 2020 - 2022

1. Bishop Jose Kalluvellil
2. Fr. Martin Augustin SDB, Director
3. Fr. Augustine Kallunkatharayil, Asst. Director
4. Sr. Jeslin Thalachira, Asst. Director
5. St. Alphonsa Parish Representative (Mississauga) – Shintu Cherian
6. St. Thomas Parish Representative (Scarborough) – Jos Varghese
7. St. Joseph Parish Representative (Oshawa) – Jishy Martin
8. St. Joseph Parish Representative (Hamilton) – Gikson Jose
9. St. Mary’s Parish Representative (London) – Ambily Thomas
10. St. Mother Theresa Parish (Ottawa) – Santhosh George
11. St. Joseph Mission (Montreal) – Benny Augustine
12. St. Mary’s Knanaya Parish (Toronto) – John Kuruvila



13. St. Alphonsa Parish Representative (Edmonton) –Kurian Chacko
 14. St. Mother Teresa Parish Representative (Calgary) – Asha Noble
 15. St. Jude Parish Representative (Winnipeg) –Shiby Kuriakose
 16. St. Alphonsa Parish Representative (Vancouver) – Shanty Poulose
- Jishy Martin Valookaran and Shanty Poulose will be the Secretary and Joint Secretary of ECC respectively.

An important milestone accomplished by the first ECC was the Catechetical Directory for the Eparchy. The Directory is included in the Eparchial Statutes being worked out ad experimentum. The present ECC will work out towards bringing out work books for the various grades. Preparations have already begun to bring out work books for JK and SK in the next academic year. Another work in progress is to bring out common registration forms, attendance registers for both teachers and students for the Eparchy. These common formats will be made available in the next academic year.

Fr. Martin Augustin SDB

Director, Department of Catechesis

FAMILY APOSTOLATE

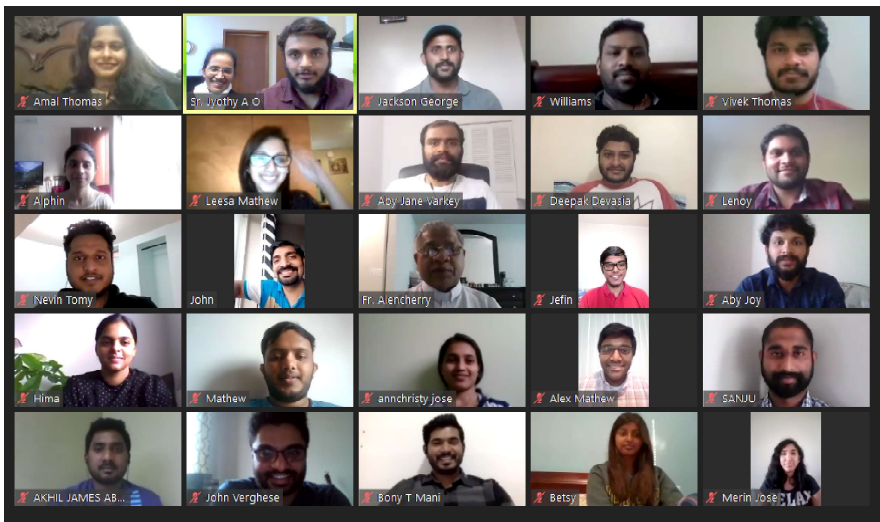
Talk Series on Family Life

Making use of the lockdown season, the Family Apostolate Department started a series of classes on topics that Catholics should be knowing through You Tube channel and face book page. Fr. Shaji Thumpechirayil's classes are on Ecclesiology explaining the Creed. This understanding of the structure, function, and the call of the Church will enable the faithful to understand the role and the vocation of the Domestic Church which is the family.

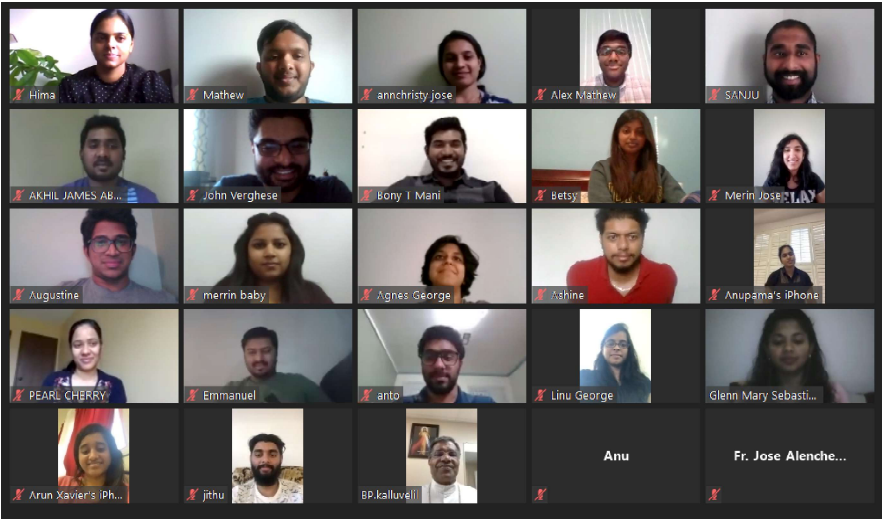
Fr. Jose Alencherry is explaining the psychology of the family. His first lecture was of the psychological definition of the family namely, 'Family is the sum of relationships'. Family is an experience which is internal, invisible and the personal feelings of the members. The second class explained the importance and the role of the 'family of origin' in building up this feeling in the members. Individuals are going to live with this feeling for the rest of their lives and will be influenced by it through out their lives. In third class father explained the importance of feelings in creating this experience about one's family. Feelings and emotions play a great role in a person's personality development and that emotional maturity plays the key role in the success or failure of the person's career and life. Family is full of emotions; "Family is an emotional unit" Murray Bowen. These classes will continue.

Marriage Preparation Course

Eparchy of Mississauga conducted its first online Marriage Preparation Course (MPC) under the able guidance and leadership of the director and the team members and the blessings of Mar Jose Kalluvellil, Bishop of Mississauga. The course was conducted over a period of three days (May 23,24 and 25 2020). The course was one of its kind as it was completely online. There were 36 participants who



participated in the online streaming of the course from different parts of the country. The course covered all important aspects such as the Sacrament of Matrimony, male and female psychology and its influence in marriage, importance of prayer life, family budgeting, sexual morality, Canon law, parenting, communication in marriage life, and the Syro-Malabar Marriage Rite.



The course was conducted through Zoom online portal. Test was conducted at the end of each day based on the topics covered during the day using Google Forms. Feedback was collected on the last day to analyze the strengths and shortcomings of the course. Overall, the responses were very positive and encouraging. The suggestions of the participants would be considered and included while planning the future courses.

Family Counseling

The Family Apostolate was really busy in doing family counseling during the month of May. We have trained and experienced counsellors in Scarborough and Mississauga to do Family Counseling and Premarital Counseling.

BIBLE APOSTOLATE

Resource Team

A resource team for Bible Apostolate, including Contact persons from different Parishes, Logos Bee & Logos Quiz team, is formed. Every Sunday they come together in zoom for praying, attending classes and planning. The following members led the sessions or respective days.

10/05/2020 Bishop Mar Jose Kalluvelil

17/05/2020 Rev.Fr.Shaji Thumbachirayil

24/05/2020 Rev.Fr.John Mylamvelil

31/05/2020 Rev.Fr. Jojo Changanamthundathil

Videos on The Word of God

Small Videos on The Word of God is prepared and posted in the Facebook. Still we could upload ten videos. Thank you very much for your support and cooperation.



NEWS FROM PARISHES

ST. ALPHONSA CATHEDRAL MISSISSAUGA

Pious Associations for Children

May 2020 Monthly Gathering

On May 2, 2020 we had our 2nd virtual monthly gathering through a YouTube Link for all members of Pious Associations for Children. Here we celebrated the feast of St. Rita whose Feast is on May 22. Our virtue for the month was Acceptance and we can relate this virtue with the Bible verse “If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. Now you are the body of Christ and individually members of it. (1 Cor.12:26-27). All children followed the below schedule for the day:



- ◆ 09:30 am: Special Adoration for Children led by Fr. Shaji Thumpechirayil
- ◆ 10:00 am: Holy Mass
- ◆ 11:30 am: Online Class – You Tube links sent

During our Friday sessions in May we also had special lessons on Mother Mary and the Rosary. It has been a long-standing Catholic tradition to honor the Blessed Virgin Mary in May. Hence, each Friday in May we continue to learn about our Blessed Mother. We also included

exciting Kahoot game based on the lessons. We extend our special thanks to Rev. Father John Mylamvelil and Rev. Father Pathrose Champakara who joined us for the question and answers sessions on Friday

Motherhood is a million little moments that God weaves together with grace, redemption, laughter, tears and most of all love. As we celebrated Mothers' Day on May 10, we dedicated the Friday class on May 8th to all the Mothers of our Parish. We had a special class to honor the Mothers of our Parish where some Mothers shared their experiences with us as well as others shared some pictures and videos.

Other Events

- ◆ PAC Family Group Chain Bible Reading – Daily 12 – 10PM
- ◆ PAC Family Group Prayer service for healing from COVID 19 – Daily at 3PM
- ◆ PAC Family Group Virtual Rosary – Daily at 6PM
- ◆ Animators Telephone Rosary every Wednesday at 9pm
- ◆ Young Ministers of Christ Telephone Rosary every Thursday at 9pm
- ◆ Children's Friday Prayer Service – every Friday 6-7:30 pm

Catechism Department:

The distance learning program initiated by Catechism department during the Covid-19 quarantine period has finally concluded for this academic year. Teachers sent 5 structured lesson plans via email to all parents of registered students from Grade 3 to Grade 12 and students preparing for First Holy Communion. Responses to assignments were due on a biweekly basis. So far, the response rate has been very positive and participation highly effective.

Some teachers and students have expressed their interest in online meeting with their respective classes to wrap up the academic year informally which is being facilitated grade-wise.

For the first time, a virtual National Graduation ceremony will be organized by the Department of Catechesis, Eparchy of Mississauga on Saturday June 6, 2020 at 4:00 pm EST. From St. Alphonsa Cathedral 16 students are graduating Grade 12 this year. Hearty congratulations to all.

Sacramental Celebration:

The Month of May specially dedicated to Mother Mary by reciting everyday rosary and Holy Mass live from cathedral. The daily Holy Mass, rosary, adoration, Friday prayer services and Sunday masses in Malayalam and English continue to be streamed online on YouTube. On May 25th special thanksgiving mass was offered by Bishop Mar Jose Kalluvilil on the occasion of the First anniversary of the Eparchy of Mississauga. For the preparation of the Pentecost we will be having 3 days Retreat by Rev. Fr. Shaji Thumpechirayil on 28, 29 & 30 May 2020, starts at 6.30 pm.

Knights of Columbus

The Knights of Columbus is pleased to be working closely with the Crisis Management team, our Bishop and Clergy at the St Alphonsa Cathedral Mississauga in rendering any assistance required to Covid-19 positive patients in our Parish Community in terms of reaching groceries, food and daily necessities.



Membership Campaign and Third Degree Exemplification in June

The Knights have launched a membership campaign to recruit more parishioners over 18 years of age to help in their charity efforts. This is the time more than ever for our Parishioners to support the Knights of Columbus and be leaders to help our brothers and sisters.

Parish Councillors are also requested to take up with their family unit members to join the Knights of Columbus. We welcome all parishioners to join in within the month of June.

The Supreme and State Officers have announced a special introductory offer for the first year of membership and have made it easier to attend a virtual third-degree exemplification drive which encompasses all three degrees from first to third degree.

The exemplification takes place every Tuesday and Thursday at 7 pm and 10 pm EST.

Our Parish Priest's Sunday Announcement About Knights of Columbus

We are glad to hear our Parish Priest and Worthy Chaplain Fr Jacob Edakalathoor make an announcement at the 10 am Sunday May 24th Mass applauding the Knights of Columbus for their contribution to the Eparchy and the Cathedral and how the Knights of Columbus have helped in providing church loans to Edmonton, Calgary and now to Mississauga. By God's grace, The Knights of Columbus is pleased to have secured approval for our Syro Malabar Eparchy with a CAD 750,000 loan which was a critical need for our Eparchy. Fr Jacob reminded parishioners that the Supreme Council personally approved the loan amount despite initial rejections, thanks to the membership drive and activities including the Hearts to Hands 10,000lb food drive last December.

Next Activity: -

KOFC is taking the lead in the next project which is over 100 white birch tree saplings to be planted across the perimeter of the Cathedral – this will also act as a fence against the adjoining neighbourhood properties.

Passing of our Officer and Founding Member Worthy Trustee Sir Knight John Thatchile

We lost one of the founding members of our Council and a Worthy Trustee (officer) Sir Knight John Thatchile on April 10th. Due to the five-member limit, we were unable to participate in the funeral Mass. However, the live streamed funeral mass was attended by man of our officers and brother knights. Which was held on April 14, 2020. The Grand Knights' Eulogy for Sir John Thatchile was also read at the beginning of the Mass.

Our Worthy Advocate Paul Mathew represented the Knights of Columbus at the Assumption Cemetery alongwith our Worthy Chaplain Fr Jacob Edakalathoor on Thursday May 20th at 4.30 pm.

Jimmy Varghese,

Representing The Charter Grand Knight, Officers and Brothers Knights of St Alphonsa Council 16624, 6630 Turner Valley Road, Mississauga ON L5N 2P1 email: kocstalphonsa@gmail.com

ST. ALPHONSA PARISH CAMBRIDGE

May- The Month of Marian Devotion:

As Our Lord said to the disciple whom he loved, “Behold your Mother!” (Jn 19: 27) and as St. John Paul II said, “....may every Christian make room for her in his own daily life,” beginning May 1, 2020 after the Consecration of our Diocese to Mary, Mother of the Church by His Excellency Bishop Mar Jose Kalluvellil during the



Holy Qurbana well attended by our Parishioners, our Blessed Mother is being honoured through the devotion of the Holy Rosary by our kids, youth, various prayer groups and families throughout the month of May with prayers for her special protection during this Pandemic.

Mother's Day Celebration:

On Mother's Day, Our Parish kids honoured our Blessed Mother Mary and wished their mum's with songs, acrostic poems, messages and personalized cards that carried lovely and genuine messages right



from their hearts and added some fun playing games with mums and having them try some tongue twisters as well. Some of our Parish kids also participated in the Mother's Day celebration held at our Mississauga diocese.

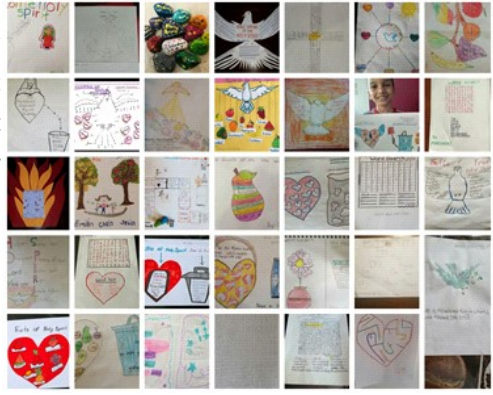
Chain Bible Reading and Prayer:

Our Catechism students continue with the chain Bible reading from 9:30 a. m. to 9:30 p. m. everyday from Monday through Saturday with some of our kids so keen that they are spending more time reading the Bible than the allotted time slot. May the Holy Spirit enlighten them with this love for Bible reading and further in its proclamation!

Our Catechism students continue to meet from Monday through Saturday through zoom meeting and recite the Holy Rosary to Mother Mary and Prayers to the Holy Spirit with various intentions to stop the spread of COVID-19. Many of the students have learned prayers and some of them are becoming more confident. Our Catechesis Department Director, Rev. Fr. Martin Augustine came in recently to bless our kids.

Pandemic: A time of Crisis yet a time of Great Opportunity:

Though the Pandemic is seen and experienced by many as a time of crisis, it turned out to be a time of great opportunity for many of our Catechism kids who utilized their God given gifts and worked on creative projects (Mazes, Board Game, Crossword Puzzles, Bible Verses, Word Scrambles etc.) related to the Holy Spirit, Pentecost and our Blessed Mother Mary.



Many of our kids also participated in the challenging Online Marian Quiz Conducted by the Department of Catechesis, Eparchy of Mississauga and are awaiting for the results to be declared.

The Catechism Classes for our students is in progress with our teachers teaching students using various online media and further checking for understanding through tests/quizzes.

Upcoming Events:

Adoration and Quiz on Pentecost/Holy Spirit:

On May 30th, we are planning to have an adoration for Catechism students and staff followed by a quiz on Holy Spirit/Pentecost.

On May 31st, we are also planning to have an adoration for everyone soon after the Holy Qurbana to celebrate Pentecost and the Visitation of Our Blessed Virgin Mary.

Pious Association:

On May 31st, the Pious Association kids from our Parish are planning to participate in the Pentecostal Celebration at Eparchy of Mississauga.

ST. THOMAS PARISH SCARBOROUGH

Family Units Election and the Election of Kaikarans

The election of Parish Council Members and Family Units Coordinators was successfully conducted on the 2nd of May using Online technology and the results were published on the 4th. The Parish Council for the period of 2020 -2022 was approved by the venerable Eparchial Curia and at the first meeting of the Council on the 16th, the members took the oath of allegiance.

They elected Mr. John Joseph and Mr. Bejoy Varghese as kaikarans for the period of 20-21, who were subsequently approved by the Eparchy. They took the oath of allegiance on the 24th and took charge of the office.



Retreat for the new Parish Council Members and Family Unit Co-ordinators

A retreat was conducted for the newly formed Parish Council and Family Units Coordinators of Scarborough and Oshawa parishes on May 18. Fr. Shaji Thumpechirayil was the preacher. This new experience was well appreciated by the participants

Catechism

A Surge in Participation of Students in Catechetical Activities in Scarborough Forane Parish

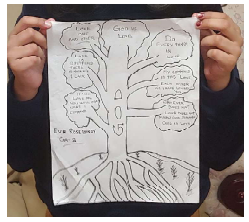
Reconnecting with students from JK to Grade 4, a number of creative activities were offered during the first 4 weeks that included 'My home-the temple of God', 'Visualize the Holy Spirit', and 'Making your

own Rosary'. **' I am the right hand of my mom'** , another activity offered during the Mother's Day weekend attracted numerous students to engage in domestic chores and to help their moms, to their pleasant surprise. Faith nourishing fun activities will continue until the end of the term. Remote delivery of Catechesis over weekends continued in Grades 4 to 12 continued through the second month. We attended the first meeting of the Eparchial Catechesis Commission on May 12. We are preparing our graduating students for the National Virtual Graduation Ceremony, scheduled for June 6, 2020.



Walking in Holiness II

Students from Grade 2 to 7 were invited to a session **' Grooming the virtue of love'**, a second session in the series was organized under the banner of Parish Pious Associations , promoted by our Office for Catechesis was well



attended. The uniqueness of this month's initiative was that it was delivered by a team of our teenagers in Grade 7 to 11, on May 23. We appreciate the hard work of our young team, in promoting Christian values and virtues based on the lives of Saints.



OFFICE FOR CATECHESIS
St. Thomas SMFCFC, Toronto



Hats off to this young girl, Anumol Leejo, a grade 7 student of our Sunday School, Scarborough Forane parish who accomplished a rare victory in a two part quiz focused on the Syro-Malabar Qurbana organized by SMYM CANADA International last week.



Jose Varghese
Vice Principal & ECC Member

ST. JOSEPH SYRO MALABAR CATHOLIC CHURCH OSHAWA

Parish Activity:

Amid co-vid situation under the leadership and guidance of Fr Jose Alencherry, St Joseph Oshawa Parish conducted online election and oath ceremony of new office bearers of 2020-2022. Parish members also attended pothuyogum via ZOOM.

Catechism Activity:

Catechism classes are going well via Zoom. Student attendance remains strong. Catechism teachers met to finalize the students' final evaluation plan which will be scheduled on Saturday, May 30, 2020. To engage students with spiritual activities during the summer, we have put together a team of leaders who will create activity plans on a weekly basis for junior students.

In light of the global pandemic and the uncertainty surrounding the current state of quarantine, First Holy Communion and Confirmation celebrations are postponed until further notice.

We have recently conducted a Mother's Day competition for students. For the juniors, there was a speech competition where 6 children participated. For seniors, a news reading competition was held where there were 3 participants Eparchy bulletin May 2020.

Mother's Day Competition

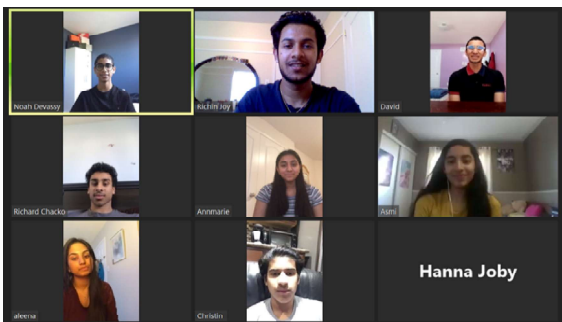
Participants of Mother's Day competition are.

Arin Anoo George (SK), Anna Elsa Gince(Gr2), Jenita Maria Joseph(Gr4), Adin Thomas(Gr3), Nathaniel Raiju(Gr4), (Gr3), Daniel Shiju(Gr8), Johan Joseph(Gr6) Anushka Shiju(Gr6).



SMYM Activity:

The SMYM Wednesday Prayer and Worship was started to allow for the youth of St Joseph church Oshawa to come together and support one another during this difficult time. Every Wednesday youth



come together at 4PM to sing worship song, pray the divine mercy, and also discuss topics of relevance to youth. The aim through this gathering is to allow the youth to grow closer to God and also talk about how they can develop aspects of their life to come out stronger from quarantine. The SMYM group also made a beautiful mother's day video to show love and support for our mothers.

Pious Association:

Pious association gathering conducted via Zoom on May 11th. Meeting started with prayer song and initiation prayer by SrJessey followed by prayer for pandemic situation by Anumol Joshy. This month's topic was "Acceptance" which was presented as PPT and a discussion by Asmi Anoo George. And second session on St Reetha presented by Johan Jeosy. Sr Jeslin presented a short talk and the meeting was ended with thanks giving message to all mothers by Arin Anoo George.



HOLY FAMILY PARISH HALIFAX

Holy Mass and Vanakkamassam

Holy family church, Halifax continues to utilize the online platforms effectively for daily and Sunday Masses and other devotions. Parish members actively participate in the worship and contribute to the community. In the month of May,



we honoured Mother Mary and expressed our devotion through reciting Holy Rosary and practicing *Vanakkamassam*. Catechism teachers and Pious Association organized special activities for kids to deepen their devotion to Mother Mary.

Farewell to Rev. Fr. John Mylamvelil

After seven months of unparalleled and blessed service to our parish community, we bid farewell to our dear Rev. Fr. John Mylamvelil. We do acknowledge that our parish could proliferate under his spiritual leadership and we aspire to continue all the great initiatives he has commenced. Since in-person meetings are not encouraged we, the Halifax parish expressed our love and gratitude to our beloved Vicar through a zoom gathering and we were privileged to have our Bishop Mar Jose Kalluvilil attending the meeting and sharing his gratitude. Parish Council and Catechism students produced short videos to thank him and wish him a blessed future.

Online Catechism and Pious Association Activities

The proposal to continue catechism classes online is carried out well through Zoom application and is successful because of the

commitment and pro-activeness of the staff and the preparedness of the parents who get the children ready for the class and get the home works done in time. It's a great pleasure to inform that Holy Family



Sunday School now with strength of 58 students, is diligent and focused towards instilling the faith of Christ among the little blooms. The Sunday school and the PAC are enthusiastically performing in organizing programs that take the children up to a divinely state of growing in piety and serenity of Christ.

Farewell By Children

In a short period of time Fr. John was very dear to all children in the parish. Father has begun a lot of initiatives for the promotion of the kids such as the PAC and has carried Catechism to a higher level because of his special interest in their spiritual growth. It is why the children gave an ever-memorable surprise greetings of 'gratitude and safe journey' to their dear Fr. John as he was leaving Halifax.



A Beautiful Crown for Mother Mary

Month of May is specially dedicated for prayers to Mother Mary. The PAC organised an activity for children namely 'A Beautiful Crown for Mary,' part of which they prepared a crown of flowers at home and adorned the sculpture of Mary. The vow to recite a special Hail Mary in May was another important part of the activity that the children do

during the evening family prayer gathering. All the participants were appreciated for the attractive and creative crowns they made for Mother Mary.

Observation of International of Nurses Day

The majority of children set apart some time to pray for the parents, uncles and aunties who serve in the hospitals and care homes as nurses and thanked them for their selfless service towards the affected in Covid - 19. From the very day break, prayerful wishes and thanksgiving messages started popping up in their Whats App groups in the forms of cards, words, placards and even short dramatic presentations. A day in a nurse's life was gorgeously depicted through these representations which of course should have motivated many nurses. Everybody thanked and congratulated these little kids for understanding the feelings of a nurse and for standing by them when working in deadly and emergency situations.

SMYM Sets up Helpline for Newcomers

As the Syro-Malabar student migrants flow from different provinces of Canada and India to Nova Scotia the SMYM, Halifax is determined to setup a Helpline by which the newcomers can contact for all sorts of help. SMYM of Halifax has taken the initiative to support anybody willing to move or already moved to Nova Scotia for permanent residency and other job opportunities. The SMYM meeting held on 24th of May, 2020 has decided to welcome and support the newcomers with the basic information regarding the accommodation, job opportunities and legal aids. The Helpline numbers are (226) 980-6843 and (250) 608-1337.

ST. MARY'S SYRO-MALABAR CATHOLIC CHURCH, LONDON

New Parish Council 2020 May – 2022 April

St. Mary's Syro-Malabar Catholic Church, London has 10 family units. Following all the directives of the Eparchy Family unit coordinators were elected and the new parish council for 2020 – 2022 was formed.

The parish council members took the oath and pledged their fidelity after the mass on 8, 9 and 10 May. On May 13, the new parish council had the first meeting and elected Dino Jose and Pious Joseph as trustees unanimously. Sony Scaria was elected as the Secretary to the Council. On May 17 Sunday after the mass the new trustees took charge by receiving the keys and account details from the former trustees.



ST. ALPHONSA SYRO-MALABAR PARISH VANCOUVER

Crisis Management

At this pandemic, a Crisis Management team was formed under the leadership of parish council. Many parishioners offered their financial and material help to deal with the situation. We could arrange grocery, rental assistance, and other items to the needy. On the Easter day one of our parish member offered food to some of the international students.

Reaching the Parish Members

To reach out to each parish member and different groups, occasional meetings and prayer meetings were arranged through Zoon and pastor is in constant touch with them.

New Parish Council

We are happy to inform that our new parish council 2020-2022 was formed after the approval from the Curia. Mr. Sunil Thomas and Mr. Joji Alex were elected as the new trustees and the office was transferred to them in a simple way.

Catechism

Teachers are committed to offer informal lessons through different social Medias and children are eagerly participating in it. Our stents prepared videos in tribute to our frontline workers and Psalms 91.

Vanakkamasam

As we celebrate the special devotion of Vanakkamasam in the Month of May, we arranged Special rosary and Vanakkamasam through Zoom. I could see a good participation of Children in this attempt.

Mothers' day

To appreciate our dear mothers our catechism department conducted a card making competition for our students. Students prepared wishing cards and posted in our catechism group. We made a video also using the wishing cards our students prepared.

ST. MOTHER TERESA SYRO- MALABAR PARISH OTTAWA

1. In the month of March, Covid – 19 reared its ugly head and emergency decisions had to be made. Fr. Boby Joy Muttathuvalayil – our pastor, initiated online masses via Zoom meeting and YouTube. He conducted the masses from the mission center and also held adoration of the Holy Eucharist daily. The Holy Rosary following adoration was led by the Catechism students.
2. In April, we followed the Holy Week online, from the safety of our homes. Thankfully the General pardon by The Pope and live telecast of the celebrations allowed us to continue in our fellowship with God.
3. In May the election of the unit/ward leaders were conducted and the newly elected members joined together for a Parish Council meeting where the operation for the next year was discussed. Congratulations and prayerful best wishes to the new parish council.



Noble Sebastian
Kaikaran



Subin Michael
Kaikaran

ST. JOSEPH SYRO-MALABAR PARISH HAMILTON

Pious Associations Activities

The Pious Associations of St. Joseph's Syro-Malabar Catholic Parish have not allowed the current coronavirus pandemic to dampen the activities for its members. The animators have held many activities virtually in order to encourage kids to grow in their faith.

Psalm 91 Video: In collaboration with Celebrants India, the Holy Childhood Association of St. Joseph's Parish put together a video of the children reciting Psalm 91 to intercede for the whole world during this terrible pandemic. It was an amazing success and an enjoyable experience for all the children involved. The blessings and prayers of Pastor Fr. Thomas Venmanthara and Fr. Shaji Thumpechirayil helped make this video successful. The video was also featured in an article published by LifeDay. Attached is the link for the video:



40 Day Bible Verse Challenge: The Holy Childhood Association also initiated a 40-day Bible Verse Challenge for its members. The children learned a new bible verse every day that either correlated to the pandemic or to the festivities of the day. It truly served as a good opportunity for the kids to grow and nurture their love for the Word of God.

May Crowning Activities: May is known around the globe for being the month of Mary. The Cherupushpa Mission League put together a beautiful video commemorating May crowning. Venerating

Mother Mary is an important tradition in May and the video serves as a touching reminder of the love that Jesus showed for us when he gave us his own mother as our mother. The Holy Childhood Association also completed many Marian activities in order to celebrate Mother Mary's feast day. They made booklets, completed colouring pages and word searches.

Mothers' Day Video

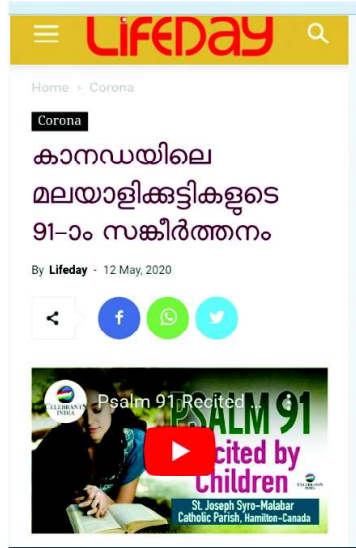
The Young Missionaries of Christ compiled a touching tribute to all the mothers of the parish. The youth wonderfully described what their mothers mean to them and what makes their moms so special. A special thank you to Pastor Fr. Thomas Venmanthara for his prayers and blessings.

Catechism Classes

Due to the closure of Sunday services, the Catechism Department of St. Joseph's Syro-Malabar have moved Catechism classes online. Many teachers have been conducting online classes with their students through social media. After a meeting was held with all the teachers on May 16, a decision was reached to hold the Catechism Annual Day virtually on June 14, 2020. Additionally, 3 of our Grade 12 Catechism students will be participating in the Eparchy-wide graduation ceremony virtually.

Parish Council 2020-2021

On May 9, 2020, the newly members of the Parish Council took their oath. They have officially taken charge as of May 31, 2020. Mr. Bineesh Kalayil and Mr. Raju Thomas have been elected the new trust-



ees for the upcoming year. We wish them the very best of luck in their duties. A sincere thank you goes out to our outgoing trustees Mr. Sojan Mathew and Mr. Biju Payyapilly for all their dedication and hard work. We would also like to thank all other outgoing Parish Council members for their contributions.



Binish Kalayil
Trustee



Raju Thomas
Trustee



Joseph Thomas
Parish Council Secretary

ST. MOTHER TERESA PARISH NIAGARA

Parish Council:

Mr. Baijumon George Pakalomattam and Mr. Elrid John were elected Kaikkarans for the year 2020-202. Mr. Anjo Johny Thuruthikkattu was elected as the Parish Council Secretary. (Photo)

The parish is immensely indebted to the founder Parish Council members who contributed its growth to the present state. A special thanks to Mr Baijumon George and Mr. Denny Kannookadan who acted as trustees for the last four years.



Baiju George
Trustee



Elrid John
Trustee



Anjo Jose
Parish Council Secretary

Catechism Department:

During the lockdown period, the Catechism Department has been working actively by connecting and engaging children through online classes and programs.

The Catechism department crafted a beautiful video message to charge up the COVID 19 frontline fighters. The video, 'Healing and Comforting Bible verses' recited by all the students was knitted together making the video a soothing retreat.



The department has also been conducting regular online staff meeting monitor and evaluate the departmental activities. The department has decided to conduct a virtual annual day program on Zoom Platform on June 2,



ensuring the participation of all the children. During the meeting, it was also decided to appreciate and congratulate the grade 12 graduate

Pious Association:

Mother's Day was celebrated in the parish by releasing a short video of the children wishing pray fully their mother's. The video was made under the initiative of Pious Association and special remarks goes to Jos James, grade 8 student for doing wonderful editing.

**BISHOP'S
DIARY
MAY 2020**

Date	Time	Program
1	7.30 pm	Celebrated Holy Qurbana and Marian Consecration at Cathedral
3	10.00 am	Celebrated Holy Qurbana at Cathedral
4	11.00 am	Participated in Monthly Recollection for Priests and Sisters and extended farewell greetings to Rev. Fr. Sebastian Arikat, Rev. Fr. John Mylamvelil and Rev. Fr. Saji Thomas CMI
	07.00 pm	Celebrated Requiem Mass for Mar Mathew Anikuzhikkattil
7	10.00 am	Presided over the Curia Meeting
	09.30 pm	Offered Office for the Dead for Abin Santhosh
8	11.00 am	Presided over College of Consultors Meeting
10	11.30 am	Celebrated Holy Qurbana at Cathedral
	03.00 pm	Presided over the Mother's Day Celebration by PAC
	05.00 pm	Gave Introductory Talk to Bible Apostolate, Resource Team
11	05.00 pm	Presided over the Presbyteral Council Meeting
12	03.30 pm	Celebrated Holy Mass and Message for Nurses Ministry Team on International Nurses Day
	05.00 pm	Gave Introductory Talk for Catechism Commission

14	08.00 am	Celebrated Holy Qurbana at CHF
	10.00 am	Presided over the Curia Meeting
	07.30 pm	Presided over the SOF Board of Directors' Meeting
15	07.30 pm	Viewing and Office for the Dead for Abin Santhosh
17	11.30 am	Holy Qurbana at Cathedral for Catechism Students
18	05.00 pm	Inaugurated and gave message for virtual Vocation Camp
	07.00 pm	Presided over the Social Service Meeting
20	11.00 am	Celebrated Memorial Mass for John Thachille
	05.00 pm	Presided over Eparchial Assembly Team Meeting
	09.00 pm	Participated in the Brotheren program conducted by SMYM Global committee and SMYM Canada International
21	05.00 pm	Virtual Vocation Camp
	07.30 pm	Presided over SOF Board of Director's Meeting
	09.00 pm	Participated in the Brotheren program conducted by SMYM Global committee and SMYM Canada National
23	05.00 pm	Online Class for MPC Participants
24	10.00 am	Holy Qurbana at Cathedral
25	07.30 pm	Celebrated Holy Qurbana at Cathedral on the first anniversary of elevation to Eparchy.
27	05.00 pm	Gave session on YOUCAT for Junior SMYM members
28	05.45 am	Inaugurated Bible Reading of Knanaya Faithful
31	06.30 am	Gave Final Blessing for Pentecost Night Vigil



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