



YEAR OF ST. JOSEPH
2020-2021



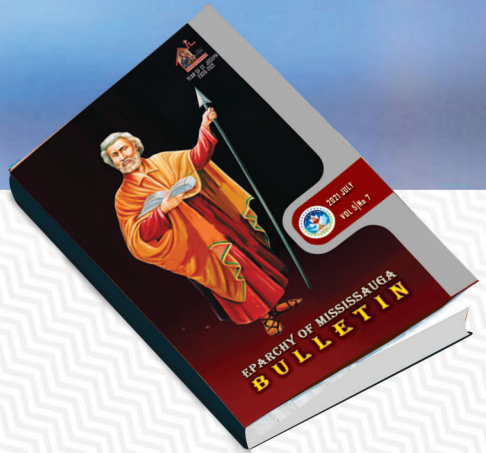
2021 JULY

VOL 5 | No 7

EPARCHY OF MISSISSAUGA BULLETIN



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EPARCHY OF MISSISSAUGA
BULLETIN



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Published by

EPARCHY OF MISSISSAUGA
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For Private Circulation Only



Festal

GREETINGS



Fr. Thomas Thaicheril



Fr. Thomas Kalariparambil



Fr. Tomy Chittinapally



Fr. Thomas Chakkittamuriyil



Fr. Thomas Venmanthara



Fr. Tenson Thannikkal



Fr Jacob Edakalathur
July 25



Celebrating with you on this blessed day.
May your heavenly patron ever
be your guardian and guide.



BISHOP'S ENGAGEMENTS

Date	Time	Program	2021 JULY
3	08.30 am	Feast of Dukrana at St Alphonso Cathedral	
	11.30 am	First Holy Communion at Cathedral	
4	5.00 pm	Parish Feast and Rasa Qurbana at St. Thomas Forane Parish, Scarborough	
5	11.00 am	Monthly Recollection for Priests and Sisters	
7	11.00 am	Curia Meeting	
10	10.00 am	First Holy Communion and Confirmation at Oshawa	
	04.00 pm	Marriage at Scarborough	
11	10.00 am	PAC Thanksgiving Qurbana at Cathedral	
13	07.30 pm	Holy Qurbana at Cathedral	
14	11.00 am	Curia Meeting	
	07.30 pm	Holy Qurbana at Cathedral	
15	07.30 pm	Holy Qurbana at Cathedral	

2021



JULY

16	08.30 am	Feast of Our Lady Mount Carmel at CMC
17	11.00 am	Honouring of Volunteers of Good Food Program
18	08.30 am	Holy Qurbana at Cathedral
	05.00 pm	First Holy Communion at St Alphonsa Parish Cambridge
21	11.00 am	Curia Meeting
24	04.00 pm	Class in Marriage Preparation Course
25	10.00 am	Parish Feast at Cathedral, Grandparents and Elders Day
26	08.30 pm	Finance Council Meeting
28	11.00 am	Curia Meeting
29	02.00 pm	Visit to Calgary
30	04.00 pm	Visit to Edmonton
31	10.00 am	First Holy Communion at St Alphonsa Forane Parish Edmonton

I AM WITH YOU ALWAYS

WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

#IAMWITHYOUALWAYS

DAY FOR GRANDPARENTS AND THE ELDERLY



The Eparchy of Mississauga has received from the Dicastery for Laity, Family and Life and is forwarding to you the attached **Message of Pope Francis for the 1st World Day for Grandparents and the Elderly**, which will be celebrated on Sunday, 25 July 2021. The theme of this first World Day is “*I am with you always*” (cf. Mt 28:20). The theme’s purpose is to convey the closeness of God and the Church to the elderly and also to emphasize the intergenerational closeness between the young and the elderly.

You will also find attached a number of other resources developed by the Dicastery in preparation for the special day:

- Pastoral Guidelines for the World Day for Grandparents and the Elderly
- A Prayer for the World Day for Grandparents and the Elderly
- Liturgy Notes for the World Day for Grandparents and the Elderly

MESSAGE OF POPE FRANCIS

Dear Grandfathers and Grandmothers, Dear Elderly Friends,

“I am with you always” (Mt 28:20): this is the promise the Lord made to his disciples before he ascended into heaven. They are the words that he repeats to you today, dear grandfathers and grandmothers, dear elderly friends. “I am with you always” are also the words that I, as Bishop of Rome and an elderly person like yourselves, would like to address to you on this first World Day of Grandparents and the Elderly. The whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!

I am well aware that this Message comes to you at a difficult time: the pandemic swept down on us like an unexpected and furious storm; it has been a time of trial for everyone, but especially for us elderly persons. Many of us fell ill, others died or experienced the death of spouses or loved ones, while others found themselves isolated and alone for long periods.

The Lord is aware of all that we have been through in this time. He is close to those who felt isolated and alone, feelings that became more acute during the pandemic. Tradition has it that Saint Joachim, the grandfather of Jesus, felt estranged from those around him because he had no children; his life, like that of his wife Anne, was considered useless. So the Lord sent an angel to console him. While he mused sadly outside the city gates, a messenger from the Lord appeared to him and said, “Joachim, Joachim! The Lord has heard your insistent prayer”.¹ Giotto, in one of his celebrated frescoes,² seems to set the scene at night, one of those many sleepless nights, filled with memories, worries and longings to which many of us have come to be accustomed.

1 The episode is narrated in the Protoevangelium of James.

2 This image has been chosen as the logo for the World Day of Grandparents and the Elderly.

Even at the darkest moments, as in these months of pandemic, the Lord continues to send angels to console our loneliness and to remind us: “I am with you always”. He says this to you, and he says it to me. That is the meaning of this Day, which I wanted to celebrate for the first time in this particular year, as a long period of isolation ends and social life slowly resumes. May every grandfather, every grandmother, every older person, especially those among us who are most alone, receive the visit of an angel!

At times those angels will have the face of our grandchildren, at others, the face of family members, lifelong friends or those we have come to know during these trying times, when we have learned how important hugs and visits are for each of us. How sad it makes me that in some places these are still not possible!

The Lord, however, also sends us messengers through his words, which are always at hand. Let us try to read a page of the Gospel every day, to pray with the psalms, to read the prophets! We will be comforted by the Lord’s faithfulness. The Scriptures will also help us to understand what the Lord is asking of our lives today. For at every hour of the day (cf. Mt 20:1-16) and in every season of life, he continues to send labourers into his vineyard. I was called to become the Bishop of Rome when I had reached, so to speak, retirement age and thought I would not be doing anything new. The Lord is always – always – close to us. He is close to us with new possibilities, new ideas, new consolations, but always close to us. You know that the Lord is eternal; he never, ever goes into retirement.

In Matthew’s Gospel, Jesus tells the Apostles, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you” (28:19-20). These words are also addressed to us today. They help us better understand that our vocation is to preserve our roots, to pass on the faith to the young, and to care for the little ones. Think about it: what is our vocation today, at our age? To preserve our roots, to pass on the faith to the young and to care for the little ones. Never forget this.

It makes no difference how old you are, whether you still work or not, whether you are alone or have a family, whether you became a

grandmother or grandfather at a young age or later, whether you are still independent or need assistance. Because there is no retirement age from the work of proclaiming the Gospel and handing down traditions to your grandchildren. You just need to set out and undertake something new.

At this crucial moment in history, you have a renewed vocation. You may wonder: How this can be possible? My energy is running out and I don't think I can do much. How can I begin to act differently when habit is so much a part of my life? How can I devote myself to those who are poor when I am already so concerned about my family? How can I broaden my vision when I can't even leave the residence where I live? Isn't my solitude already a sufficiently heavy burden? How many of you are asking just that question: isn't my solitude already a sufficiently heavy burden? Jesus himself heard a similar question from Nicodemus, who asked, "How can a man be born when he is old?" (Jn 3:4). It can happen, the Lord replies, if we open our hearts to the working of the Holy Spirit, who blows where he wills. The Holy Spirit whose freedom is such that goes wherever, and does whatever, he wills.

As I have often observed, we will not emerge from the present crisis as we were before, but either better or worse. And "God willing... this may prove not to be just another tragedy of history from which we learned nothing... If only we might keep in mind all those elderly persons who died for lack of respirators... If only this immense sorrow may not prove useless, but enable us to take a step forward towards a new style of life. If only we might discover once for all that we need one another, and that in this way our human frailty can experience a rebirth" (Fratelli Tutti, 35). No one is saved alone. We are all indebted to one another. We are all brothers and sisters.

Given this, I want to tell you that you are needed in order to help build, in fraternity and social friendship, the world of tomorrow: the world in which we, together with our children and grandchildren, will live once the storm has subsided. All of us must "take an active part in renewing and supporting our troubled societies" (ibid., 77). Among the pillars that support this new edifice, there are three that you, better than anyone else, can help to set up. Those three pillars are dreams, memory and prayer. The Lord's closeness

will grant to all, even the frailest among us, the strength needed to embark on a new journey along the path of dreams, memory and prayer.

The prophet Joel once promised: “Your old men shall dream dreams, and your young men will have visions” (3:1). The future of the world depends on this covenant between young and old. Who, if not the young, can take the dreams of the elderly and make them come true? Yet for this to happen, it is necessary that we continue to dream. Our dreams of justice, of peace, of solidarity can make it possible for our young people to have new visions; in this way, together, we can build the future. You need to show that it is possible to emerge renewed from an experience of hardship. I am sure that you have had more than one such experience: in your life you have faced any number of troubles and yet were able to pull through. Use those experiences to learn how to pull through now.

Dreams are thus intertwined with memory. I think of the painful memory of war, and its importance for helping the young to learn the value of peace. Those among you who experienced the suffering of war must pass on this message. Keeping memory alive is a true mission for every elderly person: keeping memory alive and sharing it with others. Edith Bruck, who survived the horror of the Shoah, has said that “even illuminating a single conscience is worth the effort and pain of keeping alive the memory of what has been.” She went on to say: “For me, memory is life.”³ I also think of my own grandparents, and those among you who had to emigrate and know how hard it is to leave everything behind, as so many people continue to do today, in hope of a future. Some of those people may even now be at our side, caring for us. These kinds of memory can help to build a more humane and welcoming world. Without memory, however, we will never be able to build; without a foundation, we can never build a house. Never. And the foundation of life is memory.

Finally, prayer. As my predecessor, Pope Benedict, himself a saintly elderly person who continues to pray and work for the Church, once said: “the prayer of the elderly can protect the world, helping it perhaps more

3 Memory is life, writing is breath. *L'Osservatore Romano*, January 26, 2021.

effectively than the frenetic activity of many others.”⁴ He spoke those words in 2012, towards the end of his pontificate. There is something beautiful here. Your prayer is a very precious resource: a deep breath that the Church and the world urgently need (cf. *Evangelii Gaudium*, 262). Especially in these difficult times for our human family, as we continue to sail in the same boat across the stormy sea of the pandemic, your intercession for the world and for the Church has great value: it inspires in everyone the serene trust that we will soon come to shore.

Dear grandmother, dear grandfather, dear elderly friends, in concluding this Message to you, I would also like to mention the example of Blessed (and soon Saint) Charles de Foucauld. He lived as a hermit in Algeria and there testified to “his desire to feel himself a brother to all” (*Fratelli Tutti*, 287). The story of his life shows how it is possible, even in the solitude of one’s own desert, to intercede for the poor of the whole world and to become, in truth, a universal brother or sister.

I ask the Lord that, also through his example, all of us may open our hearts in sensitivity to the sufferings of the poor and intercede for their needs. May each of us learn to repeat to all, and especially to the young, the words of consolation we have heard spoken to us today: “I am with you always”! Keep moving forward! May the Lord grant you his blessing.

Franciscus

Giotto, *The dream of Joachim*,
Cappella degli Scrovegni, Padova.

Rome, St. John Lateran, May 31, 2021,
Feast of the Visitation of the Blessed Virgin
Mary

4 Visit to the Group Home “Viva gli Anziani”, 2 November 2012.

PRAYER FOR THE FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

I thank You, Lord,
for the comfort of Your presence:
even in times of loneliness,
You are my hope and my confidence,
You have been my rock and my fortress since my youth!

I thank You for having given me a family and for
having blessed me with a long life.

I thank You for moments of joy and difficulty,
for the dreams that have already come true in my life and for
those that are still ahead of me.

I thank You for this time of renewed fruitfulness to which You call me.

Increase, O Lord, my faith,
make me a channel of your peace,
teach me to embrace those who suffer more than me, to never
stop dreaming
and to tell of your wonders to new generations.

Protect and guide Pope Francis and the Church,
that the light of the Gospel might reach the ends of the earth. Send Your
Spirit, O Lord, to renew the world,
that the storm of the pandemic might be calmed, the poor
consoled and wars ended.

Sustain me in weakness
and help me to live life to the full in each
moment that You give me,
in the certainty that you are with me every day, even
until the end of the age.

Amen.

FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

LITURGY NOTES

- One of the Masses on Sunday 25 July may be dedicated to the celebration of this World Day with grandparents and elderly people of the parish or community.
- To encourage the presence of older people at Mass, members of the community can be involved in organising transport for those who are unable to get there independently.
- During the celebration, young people from the parish or community can present the Holy Father's message to grandparents and the elderly.
- On 25 July and on the days immediately preceding and following it, liturgical celebrations for World Day could take place in hospitals and homes for the elderly. Where possible and in accordance with health regulations, members of the parish should be involved so that the Masses may be well animated.
- The collection from the Masses for this World Day can be dedicated to supporting projects to help poor elderly people in the community.

HOMILY RESOURCES

17th Sunday in Ordinary Time Year B

2 King 4:42-44, Psalm 144; Ephesians 4:1-6; John 6:1-15

- This World Day that we are celebrating today can help us to understand that all of us, young and old, grandparents and grandchildren, whether or not we belong to the same family, are “one body and one Spirit, as you were also called to the one hope of your call”. This awareness comforts us and shapes us as a people as we gather around the altar on which the Lord multiplies the bread of life and the Word of our salvation. The elderly “like the young” are important. Without them the body of the Church lacks something. That is why it is necessary for them to have their rightful place within each of our communities. It is crucial that we share in the lives of older people in the same way that the Lord, in giving us his Body and Blood, has made us sharers in his own.
- Gathered together as a people around the Lord, we discover the beauty of being part of the same family and of being able to feel that we are all children “even those of us who are advanced in years” beloved of the one Father. So we understand that, as the Pope says in *Fratelli Tutti*, we are not saved alone. This is what those five thousand gathered around Jesus experienced, and it is clearer today to all of us who live at a time still affected by the pandemic. The elderly are not saved by themselves alone because they need strong legs on which to make their dreams walk. Young people are not saved by themselves alone because they need someone to tell them that even from a dark night, the sun of a new dawn can rise.
- The scene presented in the Gospel helps us to understand how, even in everyday family life, whatever each of us possesses can be a great resource for all of us. In the passage we have heard, a boy brings to Jesus “five barley loaves and two fish”; today it is more common for grandparents to possess material goods. But what counts is not having a little or a lot, but presenting it to the Lord who multiplies our bread and ensures that it satisfies the desire of every living person (Ps 144). Grandparents, then,

have the specific task of transmitting the faith to the younger generations and accompanying their grandchildren with their wisdom. They need to help them to avoid losing touch with their roots and to build their lives on solid foundations.

- Sometimes what we possess is not material. If we think of our grandparents, what they often bring to our families is precisely the gift of gratuitousness. Their way of loving and pampering their grandchildren, to the point of spoiling them, may seem exaggerated to us, but exaggeration is the only measure of love. St. Ephrem the Syrian comments on this passage from John's Gospel in words that seem to describe the attitude of a grandfather towards his grandchild. He writes, "Not only has he showered us with his gifts gratuitously, but he has also pampered us with affection. [...] He has drawn us with this food that is pleasing to the palate to draw us towards that which enlivens our souls..."
- The Church is mother to a people who gather around the Lord and who do not seem to be able to feed themselves. It needs each and every one of us. Just as we heard in today's Gospel how the Lord allowed a boy to assist, today it seems necessary to multiply the faith and wisdom of the elderly. In their spiritual depth there is a treasure to be discovered. The Pope has often spoken of this. On the occasion of the conference "The richness of many years of life" organised by the Dicastery for Laity, Family and Life, he said that the elderly "are the indispensable link in educating children and young people in the faith.
- We must get used to including them in our pastoral horizons and to considering them, in a non-episodic way, as one of the vital components of our communities. They are not simply people whom we are called to safeguard. They can be the protagonists of a pastoral evangelizing ministry, privileged witnesses of God's faithful love".
- Even the most impoverished and frail of us possesses those two fishes of love and prayer. To pray is a vocation accessible to all. In his message for this World Day, the Pope quotes Benedict XVI when speaking of prayer as a specific mission of the elderly: "the prayer of the elderly can protect the world and help it perhaps more incisively than the toil of so many. Your prayer is a most precious resource: it is a lung of which the

Church and the world cannot be deprived (cf. Apostolic Exhortation *Evangelii Gaudium*, 262). Especially at this time [...], your intercession for the world and for the Church is not in vain, but shows everyone the serene confidence of having a firm foothold”.

- In the parallel passage in Mark (6:41), the Lord Jesus entrusts the disciples with the task of distributing the loaves to the crowd. It is a task that he continues to entrust to the Church today. We alone cannot perform the miracle, but Jesus needs our hands so that the bread can feed those who need it. Let us think of how many elderly people in our parishes are ministers of the Eucharist or have other ministries, and how precious this is for the life and the liturgy of our communities.

SUGGESTIONS FOR THE PRAYERS OF THE FAITHFUL AND FOR THE COMMEMORATION OF THE ELDERLY WHO DIED IN THE PANDEMIC

- For the Church to perform every day the miracle of the multiplication of the bread of life and the word of salvation. May no one lack nourishment for the body or lack hope that is born of faith. For Pope Francis’ ministry. Let us pray.
- For all of us older people to live in a manner worthy of the call we have received with humility, gentleness and generosity. May our frailty never prevent us from being strong in love, nor from being consolation for the poor and support for the young. Let us pray.
- For young people when they come face to face with hunger for bread and a hunger for peace in this world. May they never be discouraged by how little they have, but may they obey the Lord’s invitation to help feed everyone else. Let us pray.
- For those of us who are grandparents, may we know how to accompany our families with wisdom and may we learn to pass on the treasure of faith to our grandchildren and to the younger generations. Let us pray.

- For all the elderly who are alone and seek the tenderness of an embrace. May no one have to live in isolation, and may all receive a visit from an angel and feel that the Lord's promise "I am with you always" is addressed to their lives. Let us pray.
- For every sick person to be healed and for the storm of the pandemic to subside. May we learn never to leave anyone alone when they are facing the onslaught of evil, and may care be guaranteed for everyone, including in the poorest countries. Let us pray.
- May we all, young and old, in recognising that we have received one call, one faith and one baptism, devote our lives in serving peace, fellowship and social friendship. Let us pray.
- Dear God, we remember all the elderly in our community who have died in recent months as a result of the pandemic, including those who are not remembered by anyone. Welcome them all into your kingdom of peace and mercy.
- In particular, we remember ...

One by one, the names of the elders of the parish/community who died during the pandemic are read out and, after each name, a candle is lit.

The reading can be accompanied by background music.

FINAL BLESSING

BLESSING ON A LONG LIFE

God of mercy,
 You have given your children the gift of long life,
 And they ask for your blessing.
 Let them feel the tenderness and strength of your presence.
 As they look back to the past,
 let them rejoice in your mercy.
 As they look to the future,
 May they persevere in hope that does not fade.
 To you be praise and glory for ever.

FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

PASTORAL GUIDELINES

The decision to hold a World Day for Grandparents and Older People has come at a time marked by a pandemic and by the suffering of our older generations in recent months in every part of the world. Reports of elderly people having to die alone and then not even being given a funeral, have been a cause of deep pain to the Church. It is one of the crosses of our time that was rightly brought to mind during the Way of the Cross with the Pope on Good Friday this year: "People jumped out of the ambulance dressed like astronauts, wearing protective suits, gloves, masks and face shields. They took away my grandfather who had been having difficulty breathing. That was the last time that I saw my grandfather. He died a few days later in hospital. I think of how lonely he must have felt. I could not be near him physically to say goodbye and to comfort him"¹.

To be unable to be close to those who suffer is at odds with a Christian's calling to show compassion. This World Day is an opportunity to reaffirm that the Church can never remain distant from those who carry a cross. The theme chosen by the Holy Father, "I am with you always", expresses clearly that, during the pandemic and in the better times that will hopefully follow, every ecclesial community wishes to be with the elderly always.

It was over a year ago when the first wave of the pandemic was at its height that the Dicastery for Laity, Family and Life wrote: "as individuals and as local Churches, we can do a lot for the elderly: pray for them, cure the disease of loneliness, activate solidarity networks and much more. Faced with the scenario of a generation hit so severely, we have a common responsibility".² When the storm has subsided, this task must take on an

1 The Way of the Cross led by Pope Francis on Good Friday, 2 April 2021, St Peter's Square, 13th Station

2 DICASTERY FOR LAITY, FAMILY AND LIFE, In loneliness the coronavirus kills more, 7 April 2020. <http://www.laityfamilylife.va/content/laityfamilylife/en/news/2020/nella-solitudine-il-coronavirus-uccide-di-piu.html>

ordinary dimension in the life of parishes and the entire Church. The annual celebration of a day dedicated to older people is a way of incorporating attention for the frail elderly into the routine fabric of our pastoral work. It cannot be said that the concern for the elderly shown by Pope Francis is something new. Recent Popes have given similar attention to the aged and have addressed them with words of wisdom and human warmth.³ Pope Francis has demonstrated his spiritual closeness to the elderly throughout his pontificate, and this should be read in the light of the ecclesiology that distinguishes him. Like other sectors that have not always received adequate pastoral care, older people have a precise mission to fulfil as holy faithful People of God. Pope Francis identifies their task as being to keep memories alive and to transmit the faith to the younger generations, but, more importantly, he considers them to be a significant component of the Catholic laity. They are not simply 'users' of the Church, but they are also companions on the journey. That is why this World Day is not an occasion to produce a document on old age, but rather there is a message addressed to the elderly in which the Holy Father asks them to share responsibility for the way the Church will go in the future and to take part in the construction of the world after the pandemic. This is something new that fits into the synodal perspective advocated by Pope Francis. According to the Pope, older people form part of "all of the baptised, who are the subject of the *sensus fidei* - infallible - in *credendo*."⁴ This perspective shows us how important it is to provide better pastoral care for a generation that we may have often forgotten, mainly because we tend to consider older people to be already evangelised.

This first World Day of Grandparents and the Elderly is being celebrated midway through the year dedicated to family by the Holy Father on the fifth anniversary of the apostolic exhortation *Amoris Laetitia*. This is a deliberate choice that stems from awareness of how the elderly – all the elderly, including those who are not grandparents? – need a family environment in which to live, and also how it is necessary for families to become aware of

3 See, for example, JOHN PAUL II, Letter to the Elderly, 1 October 1999; BENEDICT XVI, Address during a visit to the *Viva gli anziani* home for the elderly run by the Sant'Egidio Community, 12 November 2012.

4 Note by the Synod of Bishops, 21.05.2021

the role being played by their older members. In a globalised world, the relationship between the elderly and families is no longer taken for granted, but is, on the contrary, constantly being called into question. This is a trend that has different connotations according to geographical and cultural context, but there are some recurring features that suggest that there may be a crisis under way between the elderly and family, a sign of the times that must be taken into account. Family pastoral work itself, often concerned only with couple relationships and those between parents and children, has difficulty in focusing on the relationship between elderly parents and adult children and between grandparents and grandchildren.

The Pope wrote clearly about this in the encyclical *Fratelli Tutti*. He said, "We have seen what happened to the elderly in certain places in our world as a result of the coronavirus. They did not have to die that way. Yet something similar had long been occurring during heat waves and in other situations where older people found themselves cruelly abandoned. We fail to realize that, by isolating the elderly and leaving them in the care of others without the closeness and concern of family members, we disfigure and impoverish the family itself. We also end up depriving young people of a necessary connection to their roots and of wisdom that the young cannot achieve on their own" (FT 19). These are important words that deserve to be raised up again. They can help us to reflect on the debt that families ? and family pastoral care ? owe to a generation that has in some respects fallen into oblivion.

This complex scenario (the pandemic, the search for a new leading role for the elderly, and the crisis in family relations), in addition to the need to help people avoid discouragement and despondency, has led the Church to choose a simple way of setting out on a collective journey and of nurturing solidarity: to celebrate. Seniors and young people together: parents and children; grandparents and grandchildren; people who may not belong to the same family. The Church is aware of the need for reconciliation between generations and of the difficulties experienced by older people, but blame is not attached to the failings of anyone. The way chosen is to have an occasion of joyful celebration together.

As we see in the parable of the prodigal son and the merciful father, festivities can overcome the divisions that have scarred a family. The son had probably considered his father to be old and near death, and so he asked for his inheritance which he then squandered. His father welcomed him back and forgave him, and so he is reconciled with his elderly parent and also with himself. This is all celebrated with a feast in which they took part together. The merciful father is not unaware of the problems, betrayals and ambiguities, but he still chooses to celebrate. This is because only the joy of the Gospel is capable of filling the heart and setting us free "from sin, sorrow, inner emptiness and loneliness" (EG 1). It is the basis on which to build renewed relationships between the generations and, thanks to the wisdom shown by the elderly, it is a rock on which to build our societies after the pandemic.

That is why we want the celebration of the first World Day of Grandparents and Older People to be experienced as a moment of celebration involving all generations. It is not a matter simply of happiness, but of joy born from the knowledge that the Lord is close to the lives of the elderly as well as the young, for God is with us always.

There are many pastoral tools that can give concrete expression to our pastoral concern for older people. For this purpose, it would be helpful to refer to a document concerning older people that was published years ago by the Pontifical Council for the Laity.⁵ It contains a wide-ranging reflection on the meaning and value of old age and gives concrete pastoral suggestions that are equally valid and relevant today. Among the many ways in which local churches and individuals can be close to older people, we would like to suggest one which is easy to implement and highly effective, and that is to visit them. It is a tangible sign of a Church which goes forth. To pay a visit is a way, rooted in tradition, of showing compassion, including towards those who are ill or in prison. Today it seems that we need to add to the well-known list of the seven works of mercy, the 'work' of visiting the elderly who are alone. The decision of the Apostolic Penitentiary to grant a Plenary Indulgence to those who carry this out underlines its urgency.

5 Cf. PONTIFICAL COUNCIL FOR THE LAITY, *The dignity of older people and their mission in the Church and in the world*, 1 October 1998

Here we would also like to offer various other ideas on how to celebrate this World Day. We suggest that each parish or ecclesial entity could celebrate a Mass on the occasion of this World Day of Grandparents and the Elderly to commemorate the elderly of their community who died as a result of Covid-19; to ask young people to visit their grandparents, and especially the elderly who are alone, to give them the Holy Father's message. In addition to what we have proposed, we are convinced that every Church community will creatively find the best way to celebrate it in their particular context.

May this World Day for Grandparents and the Elderly be a festivity filled with the joy of the Gospel for all!

VISITING GRANDPARENTS AND OLDER PEOPLE WHO ARE ALONE

- ★ The first World Day for Grandparents and the Elderly will be celebrated in circumstances in which it will still not be possible in many countries for the elderly to physically attend Mass.
- ★ In order for the message of closeness and consolation to reach everyone on this World Day ? even those who are most isolated ? we ask people to visit their grandparents and the elderly living alone in their community and to give them the Holy Father's message.
- ★ A visit is a tangible sign of a Church of outreach. At a time of social distancing because of the pandemic, a visit shows that there is a way of being close to older people while still observing safety measures.
- ★ A visit is a personal choice to arise and go in haste to others (cf. Lk 1:39), just as Mary did when she visited her elderly cousin Elizabeth.
- ★ A visit is an opportunity for a grandchild to say to his or her grandparent and for a young person to say to an elderly person they are visiting, "I am with you always".
- ★ A visit can be an opportunity to bring a gift, such as a flower, and to read the World Day prayer together.

- ★ A visit can also be an occasion to offer the elderly, especially those who have not left their homes for a long time, an opportunity to receive the sacraments of reconciliation and the Eucharist.
- ★ A visit to an older person living alone is one of the ways of obtaining a Plenary Indulgence granted on the occasion of this World Day.
- ★ In places where health emergency measures still make it impossible to visit in person, love can use imagination to find ways of reaching lonely elderly people by phone or social media.
- ★ The World Day message can be shared by posting pictures of visits on social media with the hashtag #IamWithYouAlways.

PREPARING THE WORLD DAY WITH THE ELDERLY

- ★ The elderly are the main target group of the Day's activities. The Holy Father's message is addressed to them.
- ★ It is important to ensure that as many older people as possible participate in person in the Sunday liturgy celebrated on the occasion of the World Day.
- ★ Older people from the parish or Church group can be invited for a moment of reflection on the Pope's message for their World Day. A printed version can be distributed to all those present and the video message can be watched together.
- ★ Anyone visiting elderly people living alone can give the text of the message to those who are unable to attend the meetings.
- ★ All grandparents and all elderly people that have been reached on the occasion of their World Day can be commended with the Holy Father's prayer intentions, together with the special intentions of their own community.

PREPARING THIS WORLD YOUNG PEOPLE

- ★ You can convene the young people of your community a few weeks before the World Day to explain it and to make sure that they reach as many older people as possible with their visits.
- ★ Similarly, you can meet with the young people after the celebration so that they can share their feedback of the visits.
- ★ Young people can organise social campaigns to spread information about the World Day by using the hashtag #IamWithYouAlways.

REMEMBERING THE ELDERLY WHO DIED BECAUSE OF COVID-19

- ★ During the Eucharistic celebration for the World Day, or at a dedicated time, there can be a moment to recall the elderly people in the parish or community who died as a result of the pandemic, and in particular those for whom it had not been possible to hold a funeral service.
- ★ One possible way is to read out the names of the elderly at the end of the prayers of the faithful, and to light a candle for each person remembered.

PLENARY INDULGENCE

- ★ On 13 May, the Apostolic Penitentiary promulgated a Decree granting a Plenary Indulgence on the occasion of the World Day for Grandparents and the Elderly.
- ★ The elderly can obtain an Indulgence by participating in one of the Masses celebrated on the occasion of this World Day.
- ★ In view of the continuing health emergency and the fact that some elderly people are unable to attend Mass in person for health reasons, the Indulgence is extended to those who participate via television, radio or the internet.
- ★ The Indulgence is also granted to all those who perform a 'work of mercy' on this World Day by visiting an elderly person who is alone.
- ★ In places where visiting in person is expressly forbidden by the public authorities in order to avoid contagion, it is also possible to obtain the Indulgence through a virtual meeting.



George Cardinal Alencherry Major Archbishop Syro-Malabar Church

Prot. No. 0671/2021

PASTORAL LETTER

DUKRANA - SABHADINAM

Cardinal George Alencherry, the Major Archbishop of the Syro-Malabar Church, to the Archbishops, Bishops, Priests, Consecrated Men and Women and Lay Faithful of the Syro-Malabar Church.

May the Grace of the Lord be with you all!

Dearly beloved brothers and sisters in Jesus Christ,

As you are aware, the third of July is a day that awakens great memories. We call it the Dukrana, the day of commemoration of St. Thomas the Apostle. The meaning of the word Dukrana is “remembrance”. We celebrate this day as Sabhadinam from 2013 onwards. We celebrate this year’s Dukrana as in the previous year without any solemn public functions because of the Covid-19.

The Background of the Pandemic

India was almost successful in combating the spread of the Covid-19 in its beginning stage, called as the first wave. But the second wave is very disastrous and has caused the deaths of thousands. As per official account, 387000 were dead because of the Covid-19 in India. Of these, around 12000 are from Kerala. It is undoubtedly a massive loss of lives. We shall remember those who passed away and their grieving families in our prayers. There are also thousands who are enduring great physical hardships on account of the pandemic. We get dire intimations of the eruption of a third wave through the news media in the coming months. It is feared that

this third wave would affect children badly. What we can do is to get vaccinated at the earliest available time as a preventive strategy. We shall cooperate wholeheartedly with the preventive measures proposed by the governments.

There are many who are sacrificing their lives to prevent the onslaught of the pandemic. We shall remember gratefully the valuable services of doctors, nurses, health workers and the religious who have given their lives to serve the sick and dying during these harrowing times. We shall offer our prayers for those health workers who lost their lives in this battle against the Covid-19. The young people, the religious and the clergy who work as volunteers to care for the sick deserve our admiration. Four bishops, more than five hundred priests and the religious have died in the pandemic in India. May the merciful Lord bless them abundantly for their dedicated service! One of the bishops who passed away was Mar Joseph Pastor Neelankavil, the Bishop Emeritus of Sagar. May his soul rest in peace!

Our Eparchies in States outside Kerala and India are passing through difficult times during this period of Covid-19. But the pandemic has subsided in foreign countries. We have to mention specially the heroic work by our mission dioceses in combating the pandemic. The bishops, priests and the lay faithful are working with great dedication at this time. Let our prayers be a source of strength and protection for them!

The Example and the Spirit of St. Thomas

It would be appropriate to reflect at this time on what kind of inspiration we can derive from the commemoration of the Feast of St. Thomas. We are aware of the transformation that happened in the lives of the Apostles on the day of the Pentecost when they were filled with the Holy Spirit. It was through the power of the same Spirit that St. Thomas came to India to preach the faith and to establish the faith-communities. We cannot imagine the enormous effort he had taken for his journey and ministry in India. According to some study, he had made two trips to India: one by land to North India and the other by sea to reach Kerala. This heroism of St. Thomas should fill us with confidence to face the hardships caused by the pandemic.

St. Thomas has shown extraordinary heroism in his life. When Jesus desired to go to Jerusalem in order to resurrect Lazar when the Jews were planning to stone Him to death, Thomas said with great faith and boldness: "Let us go and die with him" (Jn. 11:16). Later, he came to India and was martyred here 'with Jesus' in his heart. He also tried to get more information about the message and life by asking Jesus directly. It was he who asked the Lord when he was mentioning that he was about to leave the world and that they know the way: "Lord, we do not know where you are going; but then how can we know the way?" It was in response to this question that Jesus made the great declaration: "I am the Way, the Truth and the Life" (Jn. 14:6). This revelation of Jesus made Thomas more aware of Jesus as the Savior of the world. The presence and interventions of St. Thomas in the Gospels are a source of hope and confidence to those who believe in Jesus.

Online Programmes

During this time of Covid-19, the activities of the Church as exercised through the CBCI, the KCBC, the Synod of Bishops, Eparchies, religious congregations, organizations etc. are being coordinated online. We shall be thankful to God that we can preserve the life of the Church in this manner. When the pandemic is creating distance among people, online programmes offer a way of life to bring people together.

The Synod of Bishops of our Church was held online in August 2020 and January 2021 because of the Covid-19. The next Synod will also, most probably, be taking place in the digital platform. The Holy See has given guidelines for the conduct of the online Synod.

Recent Developments in the Church

I am very happy to let you know of some of the changes happening in the day to day activities of the Church. You might have known by this time that the territorial jurisdiction of the Eparchy of Melbourne has been extended to the whole of Oceania. We shall be thankful to the Holy See. Our congratulations go to Mar Bosco Puthur, the Bishop and the Eparchy of Melbourne. We are happy to welcome Archbishop Leopoldo Girelli, the new Apostolic Nuncio who has taken charge of his office on 28 May. We are thankful to the former Nuncio, Archbishop Giambattista Diquattro who served India for the last three years with great dedication. It is a matter of joy for us

that many Bishops who belong to the Syro-Malabar Church are serving in various Latin dioceses in India and in the world. Recently Msgr. Siby Peedikayil who belongs to the Congregation of the Heralds of Good News and is hailing from the Eparchy of Kanjirapally was appointed the Bishop of Aitape, a diocese in Papua New Guinea, a country in Oceania. Congratulations and prayerful greetings to the new bishop from the mother Church!

The seminary commissions, religious congregations and the seminary authorities are doing their utmost in carrying out the work of the formation of the seminarians despite the many obstacles that have come in their way on account of the Covid. Online classes for the new academic year have already begun. We remember with gratitude all those who are engaged in the formation of our seminarians with great dedication and commitment.

A revised text of the Holy Qurbana has been submitted to the Holy See for approval. The Liturgy Commission is focused at present on the unification and revision of the Yama Prarthanakal. The Catechetical Commission has prepared online classes very effectively during the Covid period. Sunday school classes and classes for Sunday school teachers are being held online. Thanks also go to the Goodness, Shalom and Shekinah channels for telecasting the online Sunday classes very generously.

The Internet Mission and the Media Commission are organizing many innovative programmes, taking into account the needs of the times. The main programmes of the Internet Mission are building websites for the Eparchies and other organizations, developing software for them and the Syro-Malabar matrimony. The Media Commission publishes two online bulletins known as the Syro-Malabar Vision and Mount Vision. Historical research was begun under the auspices of the Liturgical Research Centre. The project of the Syro-Malabar Heritage and Research Centre, which was started a few years ago, is not yet completed on account of the paucity of funds because of the Covid-19. The Commissions concerned have successfully implemented different programmes for mission activities, for the expatriates, scholarships for Dalit Catholics and for the promotion of vocations.

Welfare Schemes

I am happy that various programmes are being put together in all Eparchies and mission territories for the prevention of the spread of the pandemic and for the welfare of the people. In the Church of Kerala, programmes for the prevention of the contagion of the virus are being organized by the Social Service Forum, the Catholic Health Association and the KCBC Health Commission. The eparchial organizations are collaborating with them. In order to take care of the needs of the expatriates and to find solutions for their problems, our eparchial organizations are cooperating with the government and they deserve our appreciation. Each Eparchy has to see to it that it is its responsibility to find the right welfare schemes for the poor in our society from the various welfare programmes started by the government. The Welfare Fund for Farmers is a good programme of the government. Our eparchial organizations should get our farmers enrolled in these programmes.

As the monsoon months of June, July and August would bring in more hardships and floods, we should all join together to bring help to the suffering.

Due Rights of the Community

The government should see to it that there be justice and due proportionality in the distribution of minority benefits. Similarly the rights of the economically backward in the non reservation communities should also be protected. In all these instances, our policy is that the benefits due to the Latin community, the Dalit Christians and other communities should in no way be affected. It is through just methods that the due rights given by the Constitution and the democratic set-ups should be secured. There should be no attempts to break the communal harmony existing in the country among different religions and communities. The responses expressed through the social media in this regard should be tolerant and Christian. The Public Affairs Commission of our Church is intervening effectively at critical times in all these matters. The Catholic Congress is also vigilant in the social issues.

Finally

We have to continue our special prayers and acts of adoration to get total liberation from the pandemic. This time of the pandemic gives us the

wisdom to discern that our talents alone would not achieve everything in life. “The Lord is my shepherd; there is nothing I shall want...I will not fear even though I walk in the shadow of death (Ps. 23:1-4). We shall put our trust in the Lord. We shall also strive to live like the Good Samaritan by placing our services at the disposal of those who need our help.

I hope our priests will somehow find ways to give the faithful the experience of participation in the Eucharistic service on July 3rd in one way or another. Also, please try to increase the participation of the people in our church-related online programmes which will strengthen the sense of solidarity among the faithful.

I wish all of you the blessings of the Dukrana feast and of the Sabhadinam and bless all of you in the name of the Father, the Son and the Holy Spirit. Given from the Major Archiepiscopal Curia of the Syro-Malabar Church at Mount St Thomas, Kakkanad, on 21 June 2021.

Cardinal George Alencherry

Major Archbishop of the Syro-Malabar Church

NB: This pastoral letter is to be read out during the Holy Mass on Sunday, 27 June 2021, in all churches and chapels of the Syro-Malabar Church where there is Sunday Mass for the public, respecting the regulations given by the government. Copy of this pastoral letter is to be made available through opportune means to those faithful who cannot participate in the celebration of Holy Qurbana in churches.



George Cardinal Alencherry Major Archbishop Syro-Malabar Church

Prot. No.0671/2021

ഇടയലേഖനം സഭാദിനം - ദുക്റാനതിരുനാൾ

സീറോമലബാർ സഭയുടെ മേജർ ആർച്ചുബിഷപ്പ് കർദ്ദിനാൾ ജോർജ്ജ് ആലഞ്ചേരി തന്റെ സഹ ശുശ്രൂഷകരായ മെത്രാപ്പോലീത്താമാർക്കും മെത്രാൻമാർക്കും വൈദികർക്കും സമർപ്പിതർക്കും തന്റെ അജപാലന ശുശ്രൂഷയ്ക്ക് ഏല്പിക്കപ്പെട്ടിരിക്കുന്ന എല്ലാ ദൈവജനത്തിനും എഴുതുന്നത്.

കർത്താവിന്റെ കൃപ നിങ്ങളെല്ലാവരോടും കൂടെ ഉണ്ടായിരിക്കട്ടെ!

ഈശോമിശിഹായിൽ പ്രിയ സഹോദരീ സഹോദരന്മാരേ,

ജൂലൈ മുന്ന് വലിയ ഒരു ഓർമ്മ ഉണർത്തുന്ന ദിവസമാണ്. ഭാരതത്തിന്റെ അപ്പസ്തോലനായ മാർതോമാശ്ലീഹായുടെ ഓർമ്മ. ദുക്റാനതിരുനാൾ എന്നാണല്ലോ നാം അതിനെ വിശേഷിപ്പിക്കുന്നത്. ദുക്റാന എന്ന വാക്കിന്റെ അർത്ഥം ഓർമ്മ എന്നാണ്. 2013 മുതൽ ദുക്റാനതിരുനാൾ സഭാദിനമായും നമ്മൾ ആഘോഷിക്കുന്നുണ്ട്. ഈ വർഷത്തെ സഭാദിനവും കഴിഞ്ഞ വർഷത്തേതു പോലെ കോവിഡ്-19ന്റെ പശ്ചാത്തലത്തിലാണ് ആഘോഷിക്കേണ്ടി വരുന്നത്.

മഹാമാരിയുടെ പശ്ചാത്തലം

കോവിഡ്-19ന്റെ ഒന്നാം തരംഗത്തെ ഇന്ത്യ ഏറെക്കുറെ വിജയകരമായി നേരിട്ടു. എന്നാൽ രണ്ടാം തരംഗം കൂടുതൽ പേരുടെ മരണത്തിനു കാരണമായി. ഔദ്യോഗിക കണക്കനുസരിച്ചു ഇതിനകം ഭാരതത്തിൽ 387000 തോളം ആളുകൾ കോവിഡ്-19 മൂലം മരണപ്പെട്ടിട്ടുണ്ട്. ഇതിൽ 12000ൽ അധികംപേർ കേരളത്തിൽ നിന്നുതന്നെയാണ്. മരണമടഞ്ഞവരെയും അവരുടെ കുടുംബങ്ങളെയും നമുക്കു ദൈവതൃക്കരങ്ങളിൽ സമർപ്പിക്കാം. മരണം സംഭവിച്ചില്ലെങ്കിലും കോവിഡ് ബാധമൂലം ഉണ്ടായ ആരോഗ്യപ്രശ്നങ്ങളാൽ ക്ലേശിക്കുന്നവർ അനേകരുണ്ട്. കോവിഡിന്റെ മൂന്നാമതൊരു തരംഗത്തെക്കുറിച്ചുള്ള മുന്നറിയിപ്പുകൾ മാധ്യമങ്ങളിലൂടെ നമുക്കു ലഭിക്കുന്നുണ്ട്. മൂന്നാം തരംഗത്തിൽ കുട്ടികളെ ഈ രോഗം കൂടുതൽ ബാധിക്കാൻ സാധ്യതയുണ്ടെന്നു പറയപ്പെടുന്നു. കോവിഡ്

വാക്സിൻ സ്വീകരിച്ച് എല്ലാവരും പ്രതിരോധശക്തി ഉള്ളവരായിരിക്കുക എന്നതാണ് നമുക്കിപ്പോൾ ചെയ്യാനുള്ളത്. അതിനായി സർക്കാരുകൾ മുന്നോട്ടുവയ്ക്കുന്ന പദ്ധതികളോട് എല്ലാവരും ആത്മാർത്ഥമായി സഹകരിക്കണം.

കോവിഡ് നിർമ്മാർജ്ജനത്തിനായി ജീവൻപോലും പണയംവെച്ചു പ്രവർത്തിക്കുന്ന അനേകരുണ്ട്. ഡോക്ടർമാരെയും നഴ്സുമാരെയും മറ്റ് ആരോഗ്യ പ്രവർത്തകരെയും സമർപ്പിതരെയും നമുക്കു നന്ദിപൂർവ്വം സ്മരിക്കാം. രോഗീപരിചരണത്തിനിടയിൽ ജീവഹാനി സംഭവിച്ച ആരോഗ്യ പ്രവർത്തകർക്കു നമുക്ക് ആദരാഞ്ജലികൾ അർപ്പിക്കാം. സന്നദ്ധ സംഘങ്ങളായി പ്രവർത്തിക്കുന്ന വൈദികരും സമർപ്പിതരും യുവതീയുവാക്കളും നമ്മുടെ പ്രത്യേക പ്രശംസയർഹിക്കുന്നു. കോവിഡ് രോഗംമൂലം ഇതിനകം ഇന്ത്യയിൽ നാല് മെത്രാന്മാരും 500 ലധികം വൈദികരും സമർപ്പിതരും മരണം പ്രാപിച്ചിട്ടുണ്ട്. കാരൂണ്യവാനായ കർത്താവ് അവരുടെ സമർപ്പണത്തിനു പ്രതിഫലം നൽകട്ടെ. മരണമടഞ്ഞ മെത്രാന്മാരിൽ ഒരാൾ സാഗർ രൂപതയുടെ മുൻ അധ്യക്ഷനായ അഭിവന്ദ്യ ജോസ്ഫ് പാസ്റ്റർ നീലങ്കാവിൽ പിതാവാണ്. അഭിവന്ദ്യ പിതാവിന്റെ ആത്മാവിനു നിത്യശാന്തി നേരുന്നു.

കേരളത്തിനു പുറത്തുള്ള സംസ്ഥാനങ്ങളിലും വിദേശ രാജ്യങ്ങളിലുമുള്ള നമ്മുടെ രൂപതകൾ കോവിഡുകാലത്തു വലിയ പ്രതിസന്ധികളിലൂടെയാണു കടന്നുപോയ്ക്കൊണ്ടിരിക്കുന്നത്. വിദേശ രാജ്യങ്ങളിൽ കോവിഡ് ഇപ്പോൾ നിയന്ത്രണ വിധേയമാണല്ലോ. ഭാരതത്തിലെ നമ്മുടെ മിഷൻ രൂപതകൾ കോവിഡു പ്രതിരോധപ്രവർത്തനങ്ങളിൽ വളരെ സജീവമാണ് എന്ന് എടുത്തുപറയേണ്ടി യിരിക്കുന്നു. അഭിവന്ദ്യ പിതാക്കന്മാരും വൈദികരും സമർപ്പിതരും അല്പമായ നേതാക്കളും വലിയ പ്രതിബദ്ധതയോടെയാണ് ഈ രംഗത്ത് പ്രവർത്തിക്കുന്നത്. നമ്മുടെ പ്രാർത്ഥന ഏവർക്കും ശക്തിയും സംരക്ഷണവും നൽകട്ടെ.

മാർ തോമാ ചൈതന്യവും മാതൃകയും

ഈ കോവിഡ് കാലത്തു മാർ തോമാശ്ലീഹായിൽനിന്നു നമുക്കു സ്വീകരിക്കാവുന്ന പ്രചോദനം എന്താണ് എന്നു ചിന്തിക്കുന്നതു നന്നായിരിക്കും. പന്തക്കുസ്തായിൽ പരിശുദ്ധാത്മാഭിഷേകം സ്വീകരിച്ച ശിഷ്യന്മാർ കൂടുതൽ ശക്തി നേടി സുവിശേഷപ്രഘോഷകരും സാക്ഷികളുമായി മാറിയല്ലോ. അതേ പരിശുദ്ധാത്മ ചൈതന്യത്തിലാണു തോമാശ്ലീഹാ ഇന്ത്യയിൽ വന്നു സുവിശേഷം പ്രസംഗിച്ചതും ക്രൈസ്തവസമൂഹങ്ങൾക്കു രൂപം കൊടുത്തതും. അന്നത്തെ പലസ്തീനായിൽനിന്ന് ഇന്ത്യവരെയുള്ള യാത്രയും ഇന്ത്യയിലെ പ്രവർത്തനങ്ങളും തോമാശ്ലീഹാ നിർവഹിച്ചത് എങ്ങനെയെന്നു നമുക്ക് ഊഹിക്കാനേ സാധിക്കൂ.

അടുത്തകാല ഗവേഷണങ്ങളുടെ വെളിച്ചത്തിൽ തോമാശ്ലീഹാ ഭാരതത്തിലേക്കു രണ്ട് യാത്രകൾ നടത്തിയതായി അനുമാനിക്കാൻ കഴിയും. ഒന്നാമത്തേത്, കരമാർഗം ഉത്തരഭാരതത്തിലേക്കും രണ്ടാമത്തേത് കടൽമാർഗം കേരളത്തിലേയ്ക്കും. തോമാശ്ലീഹായുടെ ഈ യീരത കോവിഡ് കാലത്തെ എല്ലാ പ്രതിസന്ധികളെയും നേരിടുവാൻ നമുക്കു പ്രചോദനം നൽകേണ്ടതാണ്.

തോമാശ്ലീഹാ അസാധാരണമായ യീരത തന്റെ ജീവിതത്തിൽ പ്രകടമാക്കിയിട്ടുണ്ട്. ലാസറിനെ പുനർജീവിപ്പിക്കുന്നതിന് ഉള്ളിൽ തീരുമാനിച്ചുകൊണ്ട് യുദ്ധയായിലേക്കു പോകുവാൻ ഈശോ ആഗ്രഹിച്ചു. എന്നാൽ അവിടത്തെ കല്ലെറിയാൻ യഹൂദർ തക്കം പാർത്തിരിക്കുന്നു എന്നു പറഞ്ഞു ശിഷ്യന്മാർ ഈശോയെ തടഞ്ഞു. അപ്പോൾ തോമാശ്ലീഹാ പറഞ്ഞു നമുക്കും അവനോടുകൂടി പോയി മരിക്കാം (യോഹ.11:16). പിന്നീട്, തോമാശ്ലീഹാ ഭാരതത്തിൽ വന്നു ഈശോയോടൊപ്പം മരിച്ചുവല്ലോ. കർത്താവിന്റെ സുവിശേഷത്തെയും ജീവിതത്തെയും കുറിച്ചുള്ള രഹസ്യങ്ങൾ അവിടത്തോടുതന്നെ ചോദിച്ചു മനസിലാക്കാനുള്ള ആത്മയൈര്യവും തോമാശ്ലീഹായ്ക്കുണ്ടായിരുന്നു. ഈശോ ഈ ലോകം വിട്ടു പോകാനായി എന്നറിയിക്കുകയും പോകുന്നിടത്തേക്കുള്ള വഴി ശിഷ്യന്മാർക്ക് അറിയാമെന്നു സൂചിപ്പിക്കുകയും ചെയ്തപ്പോൾ തോമാശ്ലീഹായാണ് ഈശോയോടു ചോദിച്ചത്, കർത്താവേ, നീ എങ്ങോട്ടാണ് പോകുന്നത് എന്ന് ഞങ്ങൾക്ക് അറിഞ്ഞുകൂടാ; പിന്നെ എങ്ങനെ വഴി അറിയും? എന്ന്. ഈ ചോദ്യത്തിന് ഉത്തരമായാണ്, ഞാനാകുന്നു വഴിയും സത്യവും ജീവനും മെന്ന (യോഹ.14:6) സുപ്രധാനമായ വെളിപ്പെടുത്തൽ ഈശോ നടത്തിയത്. ഈശോയാണു മനുഷ്യർക്കു രക്ഷയുടെ മാർഗം എന്ന സത്യം നന്നായി ഗ്രഹിക്കുവാൻ ഈശോയുടെ വെളിപ്പെടുത്തൽ തോമാശ്ലീഹായ്ക്ക് ഉപകരിച്ചു. സുവിശേഷത്തിലെ തോമാശ്ലീഹായുടെ സാന്നിധ്യവും ഇടപെടലുകളും ഈശോയിൽ വിശ്വസിക്കുന്നവർക്കു പ്രചോദനവും യൈര്യവും പകരുന്നവയാണ്.

ഓൺലൈൻ ശൈലി

കോവിഡ് മഹാമാരിയുടെ പശ്ചാത്തലത്തിൽ സഭയുടെ പ്രവർത്തനങ്ങളുടെ ഏകോപനം സി. ബി. സി. ഐ., കെ. സി. ബി. സി., മെത്രാൻ സിനഡ്, രൂപതകൾ, സമർപ്പിതസമൂഹങ്ങൾ, സംഘടനകൾ എന്നീ തലങ്ങളിൽ ഓൺലൈനായി നടക്കുന്നുണ്ട്. ഈ വിധത്തിൽ സഭാജീവിതത്തിന്റെ സജീവതം നിലനിർത്തുവാൻ നമുക്കു സാധിക്കുന്നതിൽ ദൈവത്തിനു നന്ദി പറയാം. ഒരു മഹാമാരി മനുഷ്യരെ പരസ്പരബന്ധത്തിൽ നിന്ന് അകറ്റിനിർത്തുമ്പോൾ ഇന്റർനെറ്റിന്റെ സാധ്യതകൾ ഈ കാലസന്ധിയിൽ നമുക്ക് ഒരു അനുഗ്രഹമായിത്തീർന്നിരിക്കുന്നു!

കോവിഡ്-19ന്റെ സാഹചര്യം മൂലം 2020 ഓഗസ്റ്റിലും 2021 ജനുവരിയിലും സഭയുടെ സിനഡ് ഡിജിറ്റൽ ഫോറത്തിലാണു നടത്തിയത്. വരുന്ന ഓഗസ്റ്റിലെ സിനഡും അങ്ങനെതന്നെ നടക്കാനാണു സാധ്യത. ഡിജിറ്റൽ ഫോറത്തിൽ സിനഡ് നടത്താനുള്ള പ്രായോഗികനിർദ്ദേശങ്ങൾ പരി. സിംഹാസനം നൽകിയിട്ടുണ്ട്.

സഭാ വാർത്തകൾ

നമ്മുടെ സഭയുടെ തലത്തിൽ വന്നിട്ടുള്ള ചില മാറ്റങ്ങളെക്കുറിച്ചു നിങ്ങളോടു സംസാരിച്ചുകൊള്ളട്ടെ. ഓസ്ട്രേലിയയിലെ മെൽബൺ രൂപതയുടെ അധികാരപരിധി ന്യൂസിലൻഡിലേക്കും ഓഷ്യാനിയയിലെ മറ്റു രാജ്യങ്ങളിലേക്കും വ്യാപിപ്പിച്ചുകാര്യം ഇതിനകം നിങ്ങൾ അറിഞ്ഞിട്ടുണ്ടല്ലോ. പരിശുദ്ധ സിംഹാസനത്തോടു നമുക്കു നന്ദിയുള്ളവരായിരിക്കാം. മെൽബൺ രൂപതയെയും അഭിവന്ദ്യ ബോസ്കോ പുത്തൂർ പിതാവിനെയും അഭിനന്ദിക്കാം. ഭാരതത്തിലെ പുതിയ അപ്പസ്തോലിക് ന്യൂൺഷ്യോ ആയി ആർച്ച്ബിഷപ്പ് ലെയോപോൾദോ ജിറേല്ലി കഴിഞ്ഞ മെയ് മാസം 28-ാം തീയതി ചാർജ് എടുത്തിട്ടുണ്ട്. പുതിയ അപ്പസ്തോലിക് ന്യൂൺഷ്യോയെ നമുക്കു സ്നേഹപൂർവ്വം സ്വാഗതം ചെയ്യാം. കഴിഞ്ഞ മൂന്നുവർഷങ്ങളിൽ മാർപാപ്പയുടെ പ്രതിനിധിയായി സേവനം ചെയ്ത ആർച്ച്ബിഷപ്പ് ജംബത്തിസ്ത ദികാത്രോയ്ക്കു നമുക്കു നന്ദി പ്രകാശിപ്പിക്കുകയും ചെയ്യാം. സീറോമല ബാർസഭാംഗങ്ങളായ മെത്രാന്മാർ ഭാരതത്തിലും വിദേശരാജ്യങ്ങളിലും ലത്തീൻ രൂപതകളിൽ ശുശ്രൂഷചെയ്യുന്നു എന്നതു നമുക്കു സന്തോഷമുള്ളവാക്കുന്നതാണ്. ഏറ്റവും പുതിയതായി കാഞ്ഞിരപ്പള്ളി രൂപതാംഗവും ഹെറാൾഡ്സ് ഓഫ് ഗുഡ്ന്യൂസ് സന്യാസസമൂഹാംഗവുമായ ബഹുമാനപ്പെട്ട സിബി മാത്യു പീടികയിലച്ചനെ പപ്പുവാ ന്യൂഗിനിയയിലെ ഐതപ്പെ രൂപതയുടെ മെത്രാനായി ഫ്രാൻസിസ് മാർപാപ്പ നിയമിച്ചിരിക്കുന്നു. അഭിവന്ദ്യ പിതാവിനു മാത്യുസഭയുടെ അഭിനന്ദങ്ങളും പ്രാർത്ഥനാംശസകളും!

നമ്മുടെ സഭയിലെ വൈദികപരിശീലനം ലോക്ഡൗൺ നിയന്ത്രണങ്ങൾ ക്കിടയിലും കാര്യക്ഷമമായി മുന്നോട്ടുകൊണ്ടുപോകുവാൻ സെമിനാരി കമ്മീഷനുകളും സന്യാസസമൂഹങ്ങളും സെമിനാരികളിലെ ഉത്തരവാദിത്വപ്പെട്ടവരും പ്രത്യേകം ശ്രദ്ധിക്കുന്നുണ്ട്. ഓൺലൈൻ ക്ലാസ്സുകൾ പുതിയ അധ്യയനവർഷത്തിൽ ആരംഭിച്ചുകഴിഞ്ഞു. വിവിധ മൈൻ സെമിനാരികളിലും മേജർ സെമിനാരികളിലും വൈദിക വിദ്യാർത്ഥികളുടെ പരിശീലനത്തിൽ ഏർപ്പെട്ടിരിക്കുന്നവരെ കൃതജ്ഞതയോടെ അനുസ്മരിക്കുന്നു.

വി. കുർബാനയുടെ പരിഷ്കരിച്ച തക്സാ പരി. സിംഹാസനത്തിന്റെ അംഗീകാരത്തിനായി സമർപ്പിച്ചിരിക്കുകയാണ് എന്ന കാര്യം അറിയിക്കട്ടെ. നമ്മുടെ സഭയിലെ യാഥാപ്രമാണങ്ങളുടെ ഏകീകരണവും നവീകരണവും ലിറ്റർജി കമ്മീഷന്റെ ഇപ്പോഴത്തെ പ്രധാന കർമ്മപരിപാടിയാണ്. കോവിഡുകാലത്തെ കുട്ടികളുടെ വിശ്വാസപരിശീലനപദ്ധതികൾ നമ്മുടെ സഭയുടെ വിശ്വാസപരിശീലന കമ്മീഷൻ ഫലപ്രദമായി തയ്യാറാക്കിയിട്ടുണ്ട്. സൺഡേസ്കൂൾ ക്ലാസുകളും അധ്യാപകർക്കു വേണ്ടിയുള്ള ക്ലാസുകളും ഓൺലൈനിലൂടെ വിജയകരമായി നടക്കുന്നു. വിശ്വാസപരിശീലനക്ലാസ്സുകൾ ഉദാരതയോടെ സംപ്രേക്ഷണം ചെയ്യുന്ന ഗൂഡ്നെസ്, ശാലോം, ഷെക്കെയ്ന ചാനലുകൾക്കു ഹൃദയംനിറഞ്ഞ നന്ദി!

ഏതാനും വർഷങ്ങളായി മൗണ്ട് സെന്റ് തോമസിലെ സഭയുടെ കാര്യലയത്തിൽ നിന്ന് ഇന്റർനെറ്റ് മിഷനും മീഡിയാ കമ്മീഷനും കാലഘട്ടത്തിന്റെ ആവശ്യകതകൾ കണക്കിലെടുത്തു പല നൂതന പരിപാടികളും ആസൂത്രണം ചെയ്തു നടപ്പാക്കിവരുന്നു. നമ്മുടെ സഭയിലെ രൂപതകൾക്കും സമർപ്പിതസമൂഹങ്ങൾക്കും സംഘടനകൾക്കും വേണ്ടിയുള്ള വെബ്സൈറ്റ് നിർമ്മാണവും സോഫ്റ്റ് വെയർ വികസിപ്പിക്കലും സീറോമലബാർ മാട്രിമണിയുമാണു ഇന്റർനെറ്റ് മിഷന്റെ പ്രധാന പരിപാടികൾ. മീഡിയാ കമ്മീഷന്റെ ആഭിമുഖ്യത്തിൽ സീറോമലബാർ വിഷൻ , മൗണ്ട് വിഷൻ എന്നീ രണ്ട് ഓൺലൈൻ ബുള്ളറ്റിനുകൾ പ്രസിദ്ധീകരിക്കുന്നു. ലിറ്റർജിക്കൽ റിസർച്ച് സെന്ററിന്റെ ആഭിമുഖ്യത്തിൽ സഭാചരിത്രഗവേഷണം ആരംഭിച്ചിട്ടുണ്ട്. സീറോമലബാർ ഹെറിറ്റേജ് ആന്റ് റിസേർച്ച് സെന്റർ എന്ന പേരിൽ ഒരു പദ്ധതി നടപ്പിലാക്കിവരുന്നു. സാമ്പത്തികപരാധീനതകൾ മൂലം ഈ പദ്ധതി ഉദ്ദേശിച്ച സമയത്തു പൂർത്തിയാക്കാൻ സാധിക്കുന്നില്ല. സഭയുടെ മിഷൻപ്രവർത്തനവും പ്രവാസികൾക്കായുള്ള കർമ്മപരിപാടികളും ദൈവവിളി പ്രോത്സാഹനവും ദളിത് ക്രൈസ്തവ സ്കോളർഷിപ്പുകളും നല്ലരീതിയിൽ നടപ്പിലാക്കാൻ ബന്ധപ്പെട്ട കമ്മീഷനുകൾ ശ്രദ്ധിക്കുന്നുണ്ട്.

ജനക്ഷേമ പ്രവർത്തനങ്ങൾ

നമ്മുടെ സഭയിലെ എല്ലാ രൂപതകളിലും മിഷൻപ്രദേശങ്ങളിലും കോവിഡ് പ്രതിരോധത്തിനും സാമൂഹികക്ഷേമത്തിനുമായി നിരവധി പ്രവർത്തനങ്ങൾ നടക്കുന്നതിൽ സന്തോഷിക്കുന്നു. കേരളത്തിലെ സഭയിൽ സോഷ്യൽസർവീസ് ഫോറവും കാത്തലിക് ഹെൽത്ത് അസോസിയേഷനും കെ. സി. ബി. സി. ഹെൽത്ത് കമ്മീഷനും ചേർന്നു പി. ഒ. സി. കേന്ദ്രമായി കോവിഡ് പ്രതിരോധപ്രവർത്തനങ്ങൾ കാര്യക്ഷമമായി ഏകോപിക്കുന്നു. നമ്മുടെ

രൂപതാസംവിധാനങ്ങളും ഇവയോടു സഹകരിച്ചു പ്രവർത്തിക്കുന്നുണ്ടല്ലോ. പ്രവാസികളുടെ ആവശ്യങ്ങൾ നിർവഹിക്കുന്നതിനും അവരുടെ ക്ലേശങ്ങൾക്കു പരിഹാരം കണ്ടെത്തുന്നതിനും സർക്കാരിനോടു സഹകരിച്ചു നമ്മുടെ രൂപതകളും സമർപ്പിതസമൂഹങ്ങളും ചെയ്യുന്ന പ്രവർത്തനങ്ങളും അഭിനന്ദന മർഹിക്കുന്നു.

സർക്കാർ ഏർപ്പെടുത്തിയിട്ടുള്ള ക്ഷേമനിധികളിൽ നിന്നു സമൂഹത്തിലെ പാവപ്പെട്ടവരായ ആളുകൾക്കു ലഭ്യമാകാവുന്ന ക്ഷേമപദ്ധതികൾ കണ്ടെത്തി അവയെല്ലാം പ്രയോജനപ്പെടുത്തുന്നതിന് അവരെ പ്രബുദ്ധരാക്കുകയും സഹായിക്കുകയും ചെയ്യേണ്ടത് ഓരോ രൂപതയുടെയും ഉത്തരവാദിത്വമായി കാണണം. കർഷകക്ഷേമനിധി അടുത്തകാലത്തു സർക്കാർ ഏർപ്പെടുത്തിയിരിക്കുന്ന ഒരു നല്ല പദ്ധതിയാണ്. ചെറുകിട കർഷകരെ ഈ ക്ഷേമനിധിയിൽ അംഗങ്ങളാക്കി അതിന്റെ പ്രയോജനം എടുക്കുവാനും സഭാശുശ്രൂഷകർ നേതൃത്വം നൽകേണ്ടതാണ്.

കാല വർഷക്കെടുതികൾ ഉണ്ടാകുന്ന സന്ദർഭമാണല്ലോ ജൂൺ, ജൂലൈ, ഓഗസ്റ്റ് മാസങ്ങൾ. അവയെ നേരിടുവാനും നാം ഒത്തൊരുമിച്ചു പ്രവർത്തിക്കേണ്ടിയിരിക്കുന്നു.

അർഹമായ അവകാശങ്ങൾ

ന്യൂനപക്ഷാവകാശങ്ങളുടെ വിതരണത്തിൽ ആനുപാതികമായതും ന്യായമായതും ആർക്കും നിഷേധിക്കപ്പെടാതിരിക്കാൻ സർക്കാർ പ്രതിബദ്ധതയോടെയും സമഭാവന യോടെയും പ്രവർത്തിക്കണം. അതുപോലെ സംവരണതര വിഭാഗത്തിലെ സാമ്പത്തി കമായി പിന്നോക്കം നിൽക്കുന്ന വർക്കുള്ള സംവരണവും സംരക്ഷിക്കപ്പെടേണ്ടതുണ്ട്. ഇവിടെയെല്ലാം ലത്തീൻ കത്തോലിക്കർക്കും ദളിത് ക്രൈസ്തവർക്കും ഇതര സമുദായങ്ങൾക്കും അർഹതപ്പെട്ടത് ഒരു കുറവും കൂടാതെ ലഭിക്കണമെന്ന താണു നമ്മുടെ നിലപാട്. ഭരണഘടനയും ജനാധിപത്യ ഭരണവ്യവസ്ഥിതിയും നൽകുന്ന അർഹമായ അവകാശങ്ങൾ വ്യവസ്ഥാപിത സംവിധാനങ്ങളി ലൂടെയാണ് നേടിയെടുക്കേണ്ടത്. അതിന്റെ പേരിൽ മതങ്ങൾ തമ്മിലും സമുദായങ്ങൾ തമ്മിലും കേരളത്തിൽ നിലനിൽക്കുന്ന സൗഹാർദാന്തരീക്ഷം തകർക്കുന്ന യാതൊരു സമീപനവും ആരുടെയും ഭാഗത്തു നിന്നുണ്ടാകരുത്. സാമൂഹ്യമാധ്യമങ്ങളിലൂടെയുള്ള പ്രതികരണങ്ങളിൽ മിതത്വവും ക്രൈസ്തവ സമീപനവും നഷ്ടപ്പെടുത്താതിരിക്കാൻ ഏവർക്കും കരുതലുണ്ടാകണം. സാമൂഹിക വിഷയങ്ങളിൽ സഭയുടെ പബ്ലിക് അഫെയർസ് കമ്മീഷൻ കാര്യക്ഷമമായ ഇടപെടലുകൾ യഥാസമയം നടത്തുന്നുണ്ട്. സമുദായ സംഘടന

എന്ന നിലയിൽ കത്തോലിക്കാ കോൺഗ്രസും ഈ വിഷയങ്ങളിൽ ജാഗ്രത പുലർത്തുന്നു.

അവസാനമായി

കോവിഡ് മഹാമാരിയിൽനിന്നു മോചിതരാകാൻവേണ്ടി നമ്മുടെ പ്രത്യേക പ്രാർത്ഥനകളും ആരാധനയും തുടർന്നും നടത്തേണ്ടതാണ്. എല്ലാക്കാര്യങ്ങളും മനുഷ്യന്റെ മാത്രം കഴിവുകൾകൊണ്ടു സാധിക്കുന്നതല്ല എന്ന തിരിച്ചറിവും ഈ കാലഘട്ടം നമുക്കു നൽകുന്നുണ്ട്. കർത്താവാണ് എന്റെ ഇടയൻ, എനിക്ക് ഒന്നിനും കുറവുണ്ടാകില്ല...മരണത്തിന്റെ നിഴൽ വീണ താഴ്വരയിലൂടെയാണ് ഞാൻ നടക്കുന്നതെങ്കിലും അവിടന്ന് കൂടെയുള്ളതിനാൽ ഞാൻ ഭയപ്പെടില്ല (സങ്കീ. 23:1-4). നമുക്കു ദൈവത്തിൽ ആശ്രയിക്കാം. നല്ല സമറിയാക്കാ രനെപ്പോലെ ഏതെങ്കിലും രീതിയിൽ നമ്മുടെ ശുശ്രൂഷകൾ ആവശ്യമുള്ളവർക്കു നൽകുവാൻ സമർപ്പണ മനോഭവത്തോടെ നമുക്കു പരിശ്രമിക്കാം.

ജൂലൈ മൂന്നാം തീയതി വിശുദ്ധകുർബാനയുടെ അനുഭവം ഏതെങ്കിലും രീതിയിൽ എല്ലാവർക്കും നൽകുവാൻ ബഹു. വൈദികർ ശ്രദ്ധിക്കണമെന്ന് അഭ്യർത്ഥിക്കുന്നു. അതുപോലെതന്നെ കഴിയുന്നിടത്തോളം ഓൺലൈൻ പരിപാടികൾ സംഘടിപ്പിച്ചു സഭാമക്കളുടെ കൂട്ടായ്മ പരിപോഷിപ്പിക്കുവാൻ പരിശ്രമിക്കേണ്ടതാണ്.

എല്ലാവർക്കും ദുർഗ്ഗാ തിരുനാളിന്റെയും സഭാദിനത്തിന്റെയും മംഗളങ്ങൾ ആശംസിച്ചുകൊണ്ട് പിതാവിന്റെയും പുത്രന്റെയും പരിശുദ്ധാത്മാവിന്റെയും നാമത്തിൽ നിങ്ങളെ ഞാൻ സ്നേഹപൂർവ്വം ആശീർവദിക്കുന്നു.

കാക്കനാട് മൗണ്ട് സെന്റ് തോമസ്സിലുള്ള മേജർ ആർച്ചുബിഷപ്പിന്റെ കാര്യാലയത്തിൽ നിന്ന് 2021-ാം ആണ്ട് ജൂൺ മാസം 21-ാം തീയതി നൽകപ്പെട്ടത്.

കർദ്ദിനാൾ ജോർജ്ജ് ആലഞ്ചേരി
സീറോമലബാർ സഭയുടെ മേജർ ആർച്ചുബിഷപ്പ്

ഈ ഇടയലേഖനം ജനത്തോടൊപ്പം ആരാധനാകർമ്മങ്ങൾ നടക്കുന്ന പള്ളികളിൽ 2021 ജൂൺ 27 -ാം തീയതി ഞായറാഴ്ച കുർബാനമദ്ധ്യേ വായിക്കേണ്ടതാണ്. വി. കുർബാനയിൽ സംബന്ധിക്കാൻ സാധിക്കാത്തവർക്ക് ഏതെങ്കിലും രീതിയിൽ ഇതിന്റെ കോപ്പി സംലഭ്യമാക്കേണ്ടതുമാണ്.

INTEGRAL ECOLOGY



Creation Care School

offers pastoral staff a selection of quality courses which explore integral ecology developed by Pope Francis in the encyclical *Laudato Si'* (2015).



Laudato Si': a revolutionary encyclical
Care for our common home through prayer and action



Greening Your Church in 10 steps
Inspire your faith community towards sustainability



Green Pages of the Bible
Complete guide to ecological values revealed in Sacred Scripture



Spirituality of Creation
Christian spiritualities for healing your soul and the environment



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Complete training to establish this new ministry in your church

Your Instructor

Norman Lévesque has held the post of diocesan officer for Creation Care Ministry since 2011 in the diocese of Saint-Jean-Longueuil (near Montréal) and a member of the *Laudato Si'* working group of the Vatican Dicastery for Integral Human Development. He holds a master's degree in theology (Université de Montréal) and has published three books on Christian ecology. A frequent lecturer at the Dominican Pastoral Institute in Montréal, Mr. Lévesque is also the founder of the *Green Churches Network*.



creationcare.teachable.com

Pope Francis' encyclical *Laudato Si* challenges us to engage in environmental education and action inspired by a Christian spirituality of Creation. I am happy to present here a new training tool that will provide your church staff and interested volunteers with a firm foundation in caring for the environment as Christians. Please click on the link for more information.

Please click here: <https://creationcare.teachable.com/>

Two Free Courses:

Laudato Si': A Revolutionary Encyclical

Care for our common home through prayer and action

Duration: less than an hour

Cost: FREE

Greening Your Church

These 10 steps will inspire your faith community towards sustainability

Duration: less than an hour

Cost: FREE

Three online courses (at your own pace):

Discovering the Green Pages of the Bible

Complete guide to ecological values in Holy Scripture

Duration: approximately 12 hours

Cost: \$120

Cultivating a Spirituality of Creation

Christian spiritualities for healing your soul and the environment

Duration: approximately 12 hours

Cost: \$120

Developing Creation Care Ministry

Complete training to establish this new ministry in your church

Duration: approximately 8 hours

Cost: \$120

If you would like more information, please do not hesitate to visit the following links:

<https://www.dsjl.org/fr/pastorale-de-la-creation>

Instructor, Creation Care School

<https://creationcare.teachable.com/>

Founder, Green Churches Network

<https://greenchurches.ca/>

Author, Greening Your Church

<https://en.novalis.ca/products/greening-your-church>

<https://en.novalis.ca/products/greening-your-church-ebook-version>



CURIA NEWS

Monthly Recollection of Priests and Sisters

Monthly Recollection for Priests and Sisters for the month of July will be held on July 05, 2021, at 11.00 am. Spiritual enrichment talk will be given by Rev. Fr. Jacob Edakalathur.

Annual Retreat 2021

Annual retreat for priests and sisters for the year 2021 will be held from Oct 18 to 21. Most Rev. Bishop Joseph Pamplaniyil will be the retreat preacher.

Curia Meetings

Curia meetings were held on 02, 09, 16, 23 and 30 of June 2021.

College of Consultors'

Meeting for the College of Consultors' Meeting was done on June 17, 2021.

Presbyteral Council

The Presbyteral council of the Eparchy of Mississauga was held on June 22nd 2021 through a zoom meeting. Following are the members of the Presbyteral council for 2021-2024.

1. Bishop Mar Jose Kalluvilil
2. Very Rev. Fr. Pathrose Champakkara (Proto Syncellus)
3. Rev. Fr. Tenson Paul (Chancellor)
4. Very Rev. Fr. Jacob Edakalathur (Finance officer & Forane Vicar)
5. Very Rev. Jose Alencherry (Forane Vicar)
6. Very Rev. Fr. Thomas Thaicheril (Forane Vicar)
7. Rev. Fr. Tomy Chittinappilly (Elected Member-Western Region)
8. Rev. Fr. Sajy Chakkittamuriyil (Elected Member – Western Region)
9. Rev. Fr. Roy Kizhakkedath (Elected Member-Eastern Region)
10. Rev. Thomas Venmanthara (Elected Member-Eastern Region)
11. Rev. Fr. Ploggen Kannampuzha (Nominated Member)

Secretary: Rev. Fr. Tomy Chittinappilly

Agenda Committee:

Very Rev. Fr. Pathrose Champakkara

Rev. Fr. Tomy Chittinappilly

Rev. Fr. Roy Kizhakkedath

Election Committee:

Very Rev. Fr. Jacob Edakalathur

Very Rev. Fr. Thomas Thaicheril

Rev. Thomas Venmanthara

Pastoral Committee:

Very Rev. Jose Alencherry

Rev. Fr. Tomy Chittinappilly

CRA Charity Return - T3010

Finance Department of the Eparchy conveys deep gratitude to all the pastors, trustees and accountants for their selfless effort to submit the Charity Return-T3010 of the year 2020 on time. And gratefully admires each and everyone who helped to complete to submit the files.

Support India Project

Support India Project initiated by Eparchy of Mississauga to support India during this pandemic was a great success with the help of many. We could collect and send an amount of \$24000.00 to support India through CNEWA Canada. Thank you all for supporting this project through your financial help and prayers. We appreciate you sincerely for taking lead in this humanitarian relief project.

Dukhrana- Sabhadhinam- Special Collection

It is a gentle reminder of the special collection taken on Dukhrana, which will be sent to Mount Kakkanadu for the missionary activities of Syro Malabar Church. I request all the parishes to take a special collection on the day and send to eparchial finance office before July 20, 2021.

മിശിഹാനുഭവവും സഭാകൂട്ടായ്മയും

(തിരുവചനഭാഗം: 1 യോഹ 1,1-10)

യഥാർത്ഥ മിശിഹാനുഭവം ശ്ലീഹന്മാരിലൂടെ കൈമാറപ്പെട്ട മിശിഹാനുഭവമാണെന്നും അതാണ് സഭയെ ദൈവികകൂട്ടായ്മയായി രൂപപ്പെടുത്തുന്നതെന്നുമാണ് യോഹന്നാൻ ശ്ലീഹാ ഇവിടെ വ്യക്തമാക്കുന്നത്. ഈ ഭാഗം താഴെക്കാണും വിധം വിഭജിക്കാം.

1. മിശിഹാനുഭവം (1,1)
2. ശ്ലൈഹികസാക്ഷ്യം (1,2)
3. സഭാകൂട്ടായ്മ (1,3-4)
4. പ്രകാശത്തിൽ സഞ്ചരിക്കുക (1,5-7)
5. വചനത്താൽ വിശുദ്ധീകരിക്കപ്പെടുക (1,8-10)

ശ്ലൈഹികമായ മിശിഹാനുഭവമാണ് സഭാകൂട്ടായ്മയെ കെട്ടിപ്പടുക്കുന്നതെന്നും ആ കൂട്ടായ്മ പാപത്തിൽനിന്നും ശുദ്ധീകരിക്കപ്പെട്ടവരുടെ കൂട്ടായ്മയാണെന്നും ഈ ലേഖനഭാഗം വ്യക്തമാക്കുന്നു. ഈ ഭാഗത്തുനിന്നും നമുക്കു ലഭിക്കുന്ന ആദ്ധ്യാത്മികവിചിന്തനങ്ങൾ എന്തെന്നു പരിശോധിക്കാം.

1. മിശിഹാനുഭവം

“ആദിമുതൽ ഉണ്ടായിരുന്നതും ഞങ്ങൾ കേട്ടതും സ്വന്തം കണ്ണുകൊണ്ടു കണ്ടതും സൂക്ഷിച്ചുവീക്ഷിച്ചതും കൈകൊണ്ടു സ്പർശിച്ചതുമായ ജീവന്റെ വചനത്തെപ്പറ്റി ഞങ്ങൾ അറിയിക്കുന്നു.” (1,1).

ഈശോയുടെ പരസ്യജീവിതകാലത്ത്, അവിടുന്ന് തിരഞ്ഞെടുത്ത പന്ത്രണ്ടു ശ്ലീഹന്മാരുടെ മിശിഹാനുഭവമാണ് ഇവിടെ വിവരിക്കുന്നത്. ഈശോയുടെ വാക്കുകൾ അവർ കേട്ടു. ഈശോയുടെ പ്രവൃത്തികൾ അവർ കണ്ടു. ഈശോയുടെ അത്ഭുതങ്ങൾക്ക് അവർ ദൃക്സാക്ഷികളായി. അതിനുശേഷം ഈശോയുടെ പീഡാനുഭവമരണോത്ഥാനങ്ങൾക്കും അവർ സാക്ഷികളായി. ഈ അനുഭവമാണ് അവരുടെ മിശിഹാനുഭവമായി ഇവിടെ അവതരിപ്പിക്കപ്പെടുന്നത്. ‘ജീവന്റെ വചനം’ എന്നാണ് യോഹന്നാൻ മിശിഹായെ വിശേഷിപ്പിക്കുന്നത്. ‘ജീവൻ’ എന്നത് ‘നിത്യ ജീവൻ’ അഥവാ ‘ദൈവികജീവൻ’ ആണ്. ദൈവത്തെ വെളിപ്പെടുത്തിയവൻ എന്ന നിലയിലാണ് മിശിഹാ ‘ജീവന്റെ വചന’മായത്. ഈശോ മാത്രമാണല്ലോ ദൈവത്തെ വെളിപ്പെടുത്താൻ കഴിവുള്ളവൻ (യോഹ 1,18). ഈശോയുടെ ജീവി

തവും മരണവും ഉത്ഥാനവുമെല്ലാം ദൈവത്തെ വെളിപ്പെടുത്തുന്നവയായിരുന്നു. അതുകൊണ്ടാണ് മിശിഹായെ 'ജീവന്റെ വചന'മെന്ന് യോഹന്നാൻ വിശേഷിപ്പിക്കുന്നത്.

ശ്ലീഹന്മാരോടൊപ്പമുള്ള തന്റെ മിശിഹാനുഭവത്തെയാണ് ഇവിടെ യോഹന്നാൻ വിവരിക്കുന്നത്. എങ്കിലും 'ആദിമുതൽ ഉണ്ടായിരുന്നത്' എന്നും 'ജീവന്റെ വചനം' എന്നും വിശേഷിപ്പിക്കുന്നതുകൊണ്ട് ഇതു കേവലം ചരിത്രപരമായ ഒരനുഭവമല്ല, പ്രത്യുത, ഒരു വിശ്വാസാനുഭവമാണ് എന്നു മനസ്സിലാക്കാം. ഈശോയുടെ വാക്കുകളെയും പ്രവൃത്തികളെയും അത്ഭുതങ്ങളെയും ജീവിതത്തെയുമെല്ലാം 'അടയാളങ്ങൾ' എന്നാണ് യോഹന്നാൻ ശ്ലീഹാ തന്റെ സുവിശേഷത്തിൽ വിശേഷിപ്പിക്കുന്നത് (20,3-31). തന്റെ അത്ഭുതങ്ങളെ അടയാളങ്ങളായി കാണാത്തവരെ ഈശോ കുറ്റപ്പെടുത്തുന്നുണ്ട് (യോഹ 6,26-27). ഈശോയുടെ വാക്കുകളും പ്രവൃത്തികളും അത്ഭുതങ്ങളുമൊക്കെ അനശ്വരജീവിതം മനുഷ്യർക്കു നൽകുവാൻ സ്വർഗത്തിൽനിന്നിറങ്ങിവന്ന ജീവന്റെ അപ്പമായ മിശിഹായുടെ അടയാളങ്ങളായി കാണുവാൻ നമുക്കു കഴിയണം. വചനപ്രഘോഷകരായ വൈദികരെന്ന നിലയിൽ നമ്മുടെ വാക്കുകളും പ്രവൃത്തികളും ജീവന്റെ വചനമായ സുവിശേഷത്തിന്റെ പ്രഘോഷണങ്ങളാക്കുവാൻ നാം ശ്രമിക്കണം.

2. ശൈഹികസാക്ഷ്യം

“ജീവൻ വെളിപ്പെട്ടു; ഞങ്ങൾ അതു കണ്ടു; അതിനു സാക്ഷ്യം നൽകുകയും ചെയ്യുന്നു. പിതാവിനോടുകൂടി ആയിരുന്നതും ഞങ്ങൾക്കു വെളിപ്പെട്ടതുമായ നിത്യ ജീവൻ ഞങ്ങൾ നിങ്ങളോടു പ്രഘോഷിക്കുന്നു” (1,2).

ശൈഹികസാക്ഷ്യത്തെ യോഹന്നാൻ വിശേഷിപ്പിക്കുന്നത് 'സാക്ഷ്യപ്പെടുത്തുന്നു', 'പ്രഘോഷിക്കുന്നു' എന്നീ രണ്ടു വാക്കുകൾകൊണ്ടാണ്. ഇവ ആദിമസഭയിൽ സുവിശേഷപ്രഘോഷണത്തിന് ഉപയോഗിച്ചിരിക്കുന്ന വാക്കുകളാണ്. അതുകൊണ്ട് ശൈഹിക ആധികാരികതയുള്ള വചനപ്രഘോഷണമാണ് ഇവിടെ വിവക്ഷിക്കുന്നത്. ശ്ലീഹന്മാരുടെ സുവിശേഷപ്രഘോഷണമാണല്ലോ മിശിഹായിൽ വിശ്വസിക്കുന്നവരുടെ സമൂഹമായി സഭയ്ക്കു ജന്മംകൊടുത്തതും വളർത്തിയതും: “അവന്റെ വചനം സ്വീകരിച്ചവർ സ്നാനം സ്വീകരിച്ചു. അവർ ശ്ലീഹന്മാരുടെ പ്രബോധനം, ... എന്നിവയിൽ സദാ താല്പര്യപൂർവ്വം പങ്കുചേർന്നു” (ശ്ലീഹ 2,41-42). സഭയിൽ വചനപ്രഘോഷണത്തിനുള്ള പ്രാധാന്യമാണ് ഇതു സൂചിപ്പിക്കുന്നത്. പുരോഹിതശുശ്രൂഷയുടെ പ്രഥമഘട്ടം വചനശുശ്രൂഷയാണെന്നാണ് രണ്ടാം വത്തിക്കാൻ കൗൺസിൽ പ്രഖ്യാപിച്ചിട്ടുള്ളത് (ജം 4). ശൈഹികശുശ്രൂഷയുടെ പിൻതുടർച്ചയാണ് സഭയിലെ പുരോഹിതശുശ്രൂഷ. അതുകൊണ്ട് പുരോഹിതൻ വചനശുശ്രൂഷയ്ക്ക് തങ്ങളുടെ ജീവിതത്തിൽ പ്രഥമസ്ഥാനം നൽകണം.

“ഞങ്ങൾ അതു കണ്ടു” എന്ന് ഭൂതകാലത്തിലും, “അതിനു സാക്ഷ്യം വഹിക്കുകയും ചെയ്യുന്നു” എന്ന് വർത്തമാനകാലത്തിലുമാണ് യോഹന്നാൻ വിശദീകരിക്കു

നന്ത്. ഇതു പിന്നീടും ലേഖനത്തിൽ കാണാവുന്ന ഒരു പ്രതിഭാസമാണ്: “പിതാവു തന്റെ പുത്രനെ ലോകരക്ഷകനായി അയച്ചുവെന്ന് ഞങ്ങൾ അറിഞ്ഞിരിക്കുന്നു. ഞങ്ങൾ അതു സാക്ഷ്യപ്പെടുത്തുകയും ചെയ്യുന്നു” (1 യോഹ 4,14). ഭൂതകാലത്തിൽ “ഞങ്ങൾ കണ്ടു” എന്നു പറയുന്നത് ഈശോയുടെ പരസ്യജീവിതകാലഘട്ടമാണെങ്കിൽ “ഞങ്ങൾ സാക്ഷ്യപ്പെടുത്തുന്നു” എന്നത് ശ്ലീഹന്മാരുടെ ഇപ്പോഴത്തെ അജപാലനശുശ്രൂഷാകാലഘട്ടമാണ് (2,2). ഈശോയോടുകൂടെ ആയിരുന്നത് ആർജ്ജിച്ച വിശ്വാസാനുഭവമാണ് ഇപ്പോൾ ഈശോയെ സാക്ഷ്യപ്പെടുത്തുവാൻ ശ്ലീഹന്മാർക്കു കഴിവു നല്കുന്നത്. പുരോഹിതരും ഇന്ന് ഈശോയോടുകൂടി ആയിരുന്നുകൊണ്ടുവേണം വിശ്വാസാനുഭവം നേടുവാൻ. പരിശുദ്ധ കുർബാന സജീവമായി അർപ്പിച്ചുകൊണ്ടും, കൂദാശകൾ ഈശോയുടെ നാമത്തിൽ പരികർമ്മം ചെയ്തുകൊണ്ടും, യാഥപ്രാർത്ഥനകളിലൂടെ ഈശോയുമായുള്ള ഐക്യത്തിൽ പ്രാർത്ഥിച്ചുകൊണ്ടും വിശ്വാസാനുഭവത്തിൽ വളർന്നാലേ പുരോഹിതർക്ക് ശരിയായവിധം വചനപ്രഘോഷകരാകാൻ കഴിയുകയുള്ളൂ.

3. സഭാകൂട്ടായ്മ

“ഞങ്ങൾ കാണുകയും കേൾക്കുകയും ചെയ്തതു നിങ്ങളെയും ഞങ്ങൾ അറിയിക്കുന്നു. ഞങ്ങളുമായി നിങ്ങൾക്കു കൂട്ടായ്മയുണ്ടാകേണ്ടതിനാണ് ഞങ്ങൾ ഇതു പ്രഘോഷിക്കുന്നത്. ഞങ്ങളുടെ കൂട്ടായ്മയാകട്ടെ, പിതാവിനോടും അവിടുത്തെ പുത്രനായ ഈശോമിശിഹായോടുമാണ്. ഞങ്ങൾ ഇതെഴുതുന്നത് ഞങ്ങളുടെ സന്തോഷം പൂർണ്ണമാകാനാണ്” (1,3-4).

ശൈശവകാല ആധികാരികതയോടുകൂടിയ സുവിശേഷപ്രഘോഷണത്തിന്റെ ലക്ഷ്യം കൂട്ടായ്മയാണെന്ന് ഇവിടെ വ്യക്തമാക്കുന്നു. ‘കൂട്ടായ്മ’ എന്ന വാക്കിന് ഗ്രീക്കിൽ ‘കൊയ്നോനിയ’ എന്ന പദമാണ് ഉപയോഗിച്ചിരിക്കുന്നത്. ഒരേ അനുഭവത്തിൽ പലർ പങ്കുചേരുന്നതിനെ സൂചിപ്പിക്കാനാണ് ഈ വാക്കുപയോഗിക്കുന്നത്. ശ്ലീഹന്മാരുടെ മിശിഹാനുഭവത്തിൽ സഭാംഗങ്ങൾ പങ്കുചേരുന്നതിലൂടെ സഭ ഒരു കൂട്ടായ്മയായി തീരുന്നു. ഈ കൂട്ടായ്മ ഒരു ദൈവികകൂട്ടായ്മയാണെന്ന് ഇവിടെ വ്യക്തമാക്കുന്നുണ്ട്: “ഞങ്ങളുടെ കൂട്ടായ്മയാകട്ടെ പിതാവിനോടും അവിടുത്തെ പുത്രനായ ഈശോമിശിഹായോടുമാണ്” എന്ന് ഇവിടെ വിശദീകരിക്കുന്നു. ആകയാൽ ശൈശവകാല മിശിഹാനുഭവം വിശ്വാസികളെ ദൈവൈക്യത്തിൽ ഒന്നിപ്പിക്കുന്നു. സഭ ദൈവികകൂട്ടായ്മയിൽ പങ്കുചേരുന്നവരുടെ സമൂഹമാണെന്ന് ഇതു വ്യക്തമാക്കുന്നു. ഇതാണ് സഭയിലെ എല്ലാ കുർബാനക്രമങ്ങളിലുമുള്ള പൗലോസ് ശ്ലീഹായുടെ “നമ്മുടെ കർത്താവീശോമിശിഹായുടെ കൃപയും പിതാവായ ദൈവത്തിന്റെ സ്നേഹവും പരിശുദ്ധാത്മാവിന്റെ സഹവാസവും നാമെല്ലാവരോടുംകൂടെ ഉണ്ടായിരിക്കട്ടെ” (2 കോറി 13,13) എന്ന അനുഗ്രഹപ്രാർത്ഥന നമ്മെ അനുസ്മരിപ്പിക്കുന്നത്.

മാമ്മോദീസാ ഈ കൂട്ടായ്മയിലേക്കുള്ള പ്രവേശനമാണ്. വി. മത്തായിയുടെ സുവിശേഷത്തിൽ ഈശോ ശിഷ്യരെ സുവിശേഷപ്രഘോഷണത്തിനായി അയ

യ്ക്കുന്ന വാക്കുകൾ ഇതു വ്യക്തമായി സൂചിപ്പിക്കുന്നുണ്ട്: “ആകയാൽ, നിങ്ങൾ പോയി എല്ലാ ജനതകളെയും ശിഷ്യപ്പെടുത്തുവിൻ. പിതാവിന്റെയും പുത്രന്റെയും പരിശുദ്ധാത്മാവിന്റെയും നാമത്തിൽ അവർക്കു മാമ്മോദീസാ നൽകുവിൻ. ഞാൻ നിങ്ങളോടു കല്പിച്ചവയെല്ലാം അനുസരിക്കാൻ അവരെ പഠിപ്പിക്കുവിൻ” (മത്താ 28,19-20). ഈ വാക്യം ഗ്രീക്കുമൂലത്തിൽ കാണുന്നതിപ്രകാരമാണ്: “നിങ്ങൾ പോയി പിതാവിന്റെയും പുത്രന്റെയും പരിശുദ്ധാത്മാവിന്റെയും നാമത്തിലേക്ക് മാമ്മോദീസാ നൽകി, ഞാൻ നിങ്ങളോടു കല്പിച്ചവയെല്ലാം അഭ്യസിക്കുവാൻ അവരെ പഠിപ്പിച്ച്, എല്ലാ ജനതകളെയും ശിഷ്യപ്പെടുത്തുവിൻ”. പിതാവിന്റെയും പുത്രന്റെയും പരിശുദ്ധാത്മാവിന്റെയും ‘നാമത്തിലേക്ക്’ എന്നാണ് ഇവിടെ കാണുന്നത്. ‘ത്രിത്വകൂട്ടായ്മയിലേക്ക് അവരെ പ്രവേശിപ്പിച്ച്’ എന്നാണിത് അർത്ഥമാക്കുന്നത്. മാമ്മോദീസാ സ്വീകരിച്ചവരെല്ലാം പരിശുദ്ധ ത്രിത്വകൂട്ടായ്മയിലേക്കു പ്രവേശിപ്പിക്കപ്പെട്ടവരാണ്. ഈ കൂട്ടായ്മയെക്കുറിച്ച് വിശ്വാസികളെ ബോധവൽക്കരിക്കുകയും ആ കൂട്ടായ്മയിൽ അവരെ വളർത്തുകയും ചെയ്യുക എന്നതാണ് പുരോഹിതന്റെ അജപാലനശുശ്രൂഷയുടെ ലക്ഷ്യം. അതിനു മാതൃകയാകുന്നവിധം പുരോഹിതസാഹോദര്യം ജീവിക്കുവാനും പുരോഹിതർക്കു കടമയുണ്ട്.

4. പ്രകാശത്തിൽ സഞ്ചരിക്കുക

“ഇതാണ് ഞങ്ങൾ അവനിൽനിന്നു കേൾക്കുകയും നിങ്ങളോടു പ്രഖ്യാപിക്കുകയും ചെയ്യുന്ന സന്ദേശം: ദൈവം പ്രകാശമാണ്. ദൈവത്തിൽ അന്ധകാരമില്ല. അവിടുത്തോടു കൂട്ടായ്മയുണ്ടെന്നു പറയുകയും അതേസമയം അന്ധകാരത്തിൽ നടക്കുകയും ചെയ്താൽ നാം വ്യാജം പറയുന്നവരാകും; സത്യം പ്രവർത്തിക്കുന്നുമില്ല. അവിടുന്നു പ്രകാശത്തിലായിരിക്കുന്നതുപോലെ, നമ്മളും പ്രകാശത്തിൽ സഞ്ചരിക്കുന്നെങ്കിൽ നമുക്കു പരസ്പരം കൂട്ടായ്മയുണ്ടാകും. അവിടുത്തെ പുത്രനായ ഈശോയുടെ രക്തം എല്ലാ പാപങ്ങളിലുംനിന്നു നമ്മെ ശുദ്ധീകരിക്കുന്നു” (1,5-7).

ദൈവം പ്രകാശമാണ് (1,5). യോഹന്നാൻ ദൈവത്തിനു കൊടുക്കുന്ന മൂന്നു നിർവചനങ്ങളിൽ ഒന്നാണിത്. ദൈവം സ്നേഹമാണ് (1 യോഹ 4,8,16), ദൈവം അരുപിയാണ് (യോഹ 4,24) എന്നിവയാണ് മറ്റു രണ്ടു നിർവചനങ്ങൾ. ദൈവം സ്വയം വെളിപ്പെടുത്തുന്നവനാണ് എന്നാണ് ഈ നിർവചനത്തിന്റെ അർത്ഥം. ദൈവത്തിന്റെ സ്വയം വെളിപ്പെടുത്തലിനെ അഥവാ വചനമായ ഈശോയെ സ്വീകരിക്കുന്നവരാണ് ദൈവത്തിൽ വിശ്വസിക്കുന്നവർ. അപ്രകാരം ഈശോയെ സ്വീകരിച്ചവരാണ് മാമ്മോദീസായിലൂടെ വിശ്വാസികളുടെ സമൂഹമായിത്തീർന്ന സഭാംഗങ്ങൾ. അതുകൊണ്ടാണ് മാമ്മോദീസായെ ‘ഹൃദയങ്ങളെ പ്രകാശിപ്പിക്കലാ’യി പൗലോസ്സ്റ്റീഹാ അവതരിപ്പിക്കുന്നത് (2 കോറി 4,6). വിശ്വാസമാകുന്ന പ്രകാശം ലഭിച്ചവർ അവശ്യം ദൈവികകൂട്ടായ്മയിൽ ജീവിക്കുന്നവരായിരിക്കും. കാരണം ദൈവം കൂട്ടായ്മയാണ്. പിതാവും പുത്രനും പരിശുദ്ധാത്മാവുമായ ത്രിത്വകൂട്ടായ്മ. ആ കൂട്ടായ്മയിലേക്കു പ്രവേശിപ്പിക്കപ്പെട്ട ക്രൈസ്തവരും അവശ്യം പരസ്പരം കൂട്ടായ്മയിൽ ജീവിക്കുന്നവരായിരിക്കും. അതുകൊണ്ടാണ് പരസ്പരം

കൂട്ടായ്മയില്ലാതെ ജീവിക്കുന്ന ക്രൈസ്തവർ വ്യാജം പറയുന്നവരായിരിക്കുമെന്ന് യോഹന്നാൻ ശ്ലീഹാ പറയുന്നത് (1,5).

പരസ്പരം കൂട്ടായ്മയിൽ ജീവിക്കുക എന്നത് ദൈവൈകൃത്തിന്റെ ഫലമായി സംഭവിക്കുന്നതാണ്. ദൈവം സ്നേഹമായതുകൊണ്ട് അവിടുന്ന് സ്വയം വെളിപ്പെടുത്തുന്നത് സ്വയം നൽകിക്കൊണ്ടാണ്; തന്റെ സ്നേഹകൂട്ടായ്മ പങ്കുവെച്ചുകൊണ്ടാണ്. ആ സ്നേഹകൂട്ടായ്മയിൽ പങ്കുചേരുന്നതുവഴി നാം പ്രകാശത്തിൽ സഞ്ചരിക്കുന്നവരും പരസ്പരം കൂട്ടായ്മയുള്ളവരുമായിത്തീരും. ഇപ്രകാരം പരസ്പര കൂട്ടായ്മയിൽ ജീവിക്കുന്നതാണ് വിശുദ്ധി. സ്നേഹമില്ലായ്മയാണ് പാപം. പത്തു പ്രമാണങ്ങളിൽ ആദ്യത്തെ മൂന്നു പ്രമാണങ്ങൾ ദൈവസ്നേഹത്തിന്റെയും, പിന്നീടുള്ള ഏഴു പ്രമാണങ്ങൾ പരസ്പരസ്നേഹത്തിന്റെയും പ്രായോഗികമാനങ്ങളാണ്. അതുകൊണ്ട്, സ്നേഹമാകുന്ന ദൈവത്തിന്റെ പ്രകാശത്തിൽ ജീവിക്കുന്നവർ ദൈവസ്നേഹവും പരസ്പരസ്നേഹവും ജീവിക്കുന്നവരും. അപ്രകാരം വിശുദ്ധിയിൽ വ്യാപരിക്കുന്നവരുമാകും. അതുകൊണ്ടാണ് പരസ്പരം കൂട്ടായ്മയുണ്ടെങ്കിൽ ദൈവപുത്രനായ മിശിഹായുടെ രക്തം എല്ലാ പാപങ്ങളിൽനിന്നും നമ്മെ ശുദ്ധീകരിക്കും (1,7) എന്നു പറയുന്നത്. വിശുദ്ധിയ്ക്ക് ഒരു മുഖമേയുള്ളൂ. അത് സ്നേഹത്തിന്റെ മുഖമാണ്. ഈ യാഥാർത്ഥ്യം ജനങ്ങളെ പഠിപ്പിച്ച്, അതു ജീവിക്കുവാൻ അവരെ പരിശീലിപ്പിച്ച്, വിശ്വാസത്തിന്റെ പ്രകാശത്തിൽ ജീവിക്കുവാൻ അജപാലകർ പ്രത്യേകമായി പരിശ്രമിക്കണം.

5. വചനത്താൽ വിശുദ്ധീകരിക്കപ്പെടുക

“നമുക്കു പാപമില്ലെന്നു നാം പറഞ്ഞാൽ അത് ആത്മവഞ്ചനയാകും; അപ്പോൾ നമ്മിൽ സത്യമില്ലെന്നു വരും. എന്നാൽ, നാം പാപങ്ങൾ ഏറ്റുപറയുന്നെങ്കിൽ, അവൻ വിശ്വസ്തനും നീതിമാനുമായാൽ, പാപങ്ങൾ ക്ഷമിക്കുകയും എല്ലാ അനീതികളിലുംനിന്നു നമ്മെ ശുദ്ധീകരിക്കുകയും ചെയ്യും. നാം പാപം ചെയ്തിട്ടില്ല എന്നു പറഞ്ഞാൽ നാം അവനെ വ്യാജം പറയുന്നവനാക്കുന്നു. അവന്റെ വചനം നമ്മിൽ ഉണ്ടായിരിക്കുകയുമില്ല.” (1,8-10).

മിശിഹായുടെ രക്തം നമ്മെ പാപങ്ങളിൽനിന്നു വിശുദ്ധീകരിക്കുന്നു (1,7) എന്നതിന്റെ തുടർച്ചയായി വിശുദ്ധീകരണത്തിൽ വചനത്തിനുള്ള പ്രാധാന്യം യോഹന്നാൻ എടുത്തുകാണിക്കുന്നു. വചനത്തിലൂടെയുള്ള വിശുദ്ധീകരണവും രക്തത്താലുള്ള വിശുദ്ധീകരണവും ഒരേ വിശുദ്ധീകരണപ്രക്രിയയുടെ രണ്ടു വശങ്ങളാണ്. മിശിഹായുടെ രക്തം അഥവാ അവിടുത്തെ ബലിയർപ്പണം യാന്ത്രികമായി ആരെയും വിശുദ്ധീകരിക്കുകയില്ല. വചനസ്വീകരണത്തിലൂടെയും അതിനു കൊടുക്കുന്ന പ്രത്യുത്തരമായ വിശ്വാസത്തിലൂടെയുമാണ് മിശിഹായുടെ ബലിയർപ്പണം ഒരുവനിൽ ഫലമുളവാക്കുന്നത്. മിശിഹായുടെ ബലിയർപ്പണം ദൈവത്തിന്റെ സ്നേഹത്തിന്റെ വെളിപ്പെടുത്തലാണ് (1 യോഹ 3,16). ഈ സ്നേഹത്തിന്റെ വെളിപ്പെടുത്തലിന് പ്രത്യുത്തരം നൽകുന്നതാണ് വിശ്വാസം. അതുകൊണ്ട് മിശിഹായുടെ ബലിയർപ്പണവും അതിനു മനുഷ്യൻ നൽകുന്ന വിശ്വാസത്തിന്റെ

പ്രത്യുത്തരവും ഒന്നുചേർന്നാണ് രക്ഷയും വിശുദ്ധീകരണവും നടക്കുന്നത്. മറ്റു വാക്കുകളിൽ, വചനത്തിലൂടെയും കുദാശകളിലൂടെയുമാണ് മിശിഹാ തന്റെ വിശുദ്ധീകരണം നിർവഹിക്കുന്നത്.

വിശുദ്ധീകരണം പാപങ്ങളുടെ ഏറ്റുപറച്ചിൽ ആവശ്യപ്പെടുന്നുണ്ട് (1,9). വിശ്വാസത്തിനു പ്രകാശം നൽകുന്നതാണ് പാപങ്ങളുടെ ഏറ്റുപറച്ചിൽ. 'ഏറ്റുപറയുക' എന്നതിന് 'ഹൊമൊളോഗൈൻ' എന്ന ഗ്രീക്കുപദമാണ് ഉപയോഗിച്ചിരിക്കുന്നത്. ഇതിന് 'പരസ്യമായ ഏറ്റുപറച്ചിൽ' എന്നാണർത്ഥം. പാപങ്ങൾ പരസ്യമായി ഏറ്റുപറയുന്ന പാരമ്പര്യം പഴയനിയമത്തിലും പുതിയനിയമത്തിൽ സ്പാപകന്റെ ശുശ്രൂഷാവേദിയിലും നാം കാണുന്നുണ്ട്. ആദിമസഭയുടെ പാരമ്പര്യരേഖകളിലും പാപങ്ങളുടെ പരസ്യമായ ഏറ്റുപറച്ചിൽ സഭയിലുണ്ടായിരുന്നതായി സൂചനയുണ്ട്. അതുകൊണ്ട് സഭയുടെ ആരാധനക്രമശുശ്രൂഷയുടെ ഭാഗമായിരുന്നു പാപങ്ങളിൽനിന്നുള്ള വിശുദ്ധീകരണപ്രക്രിയ എന്നതിനു സംശയമില്ല. അതുകൊണ്ട് അനുതാപജന്യമായ വിശ്വാസത്തോടെയും സ്നേഹത്തോടെയും പരിശുദ്ധ കുർബാനയിലും കുദാശകളിലും സജീവമായി പങ്കുചേർന്ന് സഭാകൂട്ടായ്മയെ കെട്ടിപ്പടുക്കുവാൻ സഭാംഗങ്ങൾക്കെല്ലാം കഴിയണം. ആരാധനക്രമാലോചനത്തിനു നേതൃത്വം കൊടുക്കുന്ന പുരോഹിതർ ഇപ്രകാരം സഭാകൂട്ടായ്മയെ കെട്ടിപ്പടുക്കത്തക്കവിധം തങ്ങളുടെ ആരാധനക്രമശുശ്രൂഷയ്ക്ക് നേതൃത്വം കൊടുക്കുവാൻ പ്രത്യേകം ശ്രദ്ധിക്കണം.

ജീവിതസൂചിക

1. എന്റെ ജീവിതവും വാക്കുകളും പ്രവൃത്തികളും സുവിശേഷപ്രഘോഷണശേഷിയുള്ളവയാക്കുവാൻ ഞാൻ പരിശ്രമിക്കുന്നുണ്ടോ?
2. പരിശുദ്ധ കുർബാനയർപ്പണത്തിലൂടെയും കുദാശാപരികർമ്മത്തിലൂടെയും മിശിഹാനുഭവത്തിൽ വളർന്ന് വചനപ്രഘോഷണം നടത്തുവാൻ ഞാൻ ശ്രദ്ധിക്കുന്നുണ്ടോ?
3. സഭാകൂട്ടായ്മയ്ക്കു മാതൃകയായി പുരോഹിത്യസാഹോദര്യം ജീവിക്കുവാനും പരിപോഷിപ്പിക്കുവാനും ഞാൻ എങ്ങനെ പരിശ്രമിക്കുന്നു?
4. പരസ്പരകൂട്ടായ്മയിൽ ജീവിച്ച് വിശ്വാസത്തിന്റെ പ്രകാശത്തിൽ സഞ്ചരിക്കുന്നവരാകുവാൻ ഞാൻ വിശ്വാസികളെ എങ്ങനെ പരിശീലിപ്പിക്കുന്നു?
5. പരിശുദ്ധ കുർബാനയിൽ എല്ലാവരും സജീവമായി പങ്കുചേർന്ന് സഭാകൂട്ടായ്മയെ കെട്ടിപ്പടുക്കുവാൻ ഉതകുന്നവിധം കുർബാനയർപ്പിക്കുവാൻ ഞാൻ എപ്രകാരം പരിശ്രമിക്കുന്നു?

“Joseph did as the angel of the Lord commanded him” (Mt 1, 24)



YEAR OF ST. JOSEPH

EPARCHY OF MISSISSAUGA

St Joseph's Year Study Series-06

St. Joseph as a Creatively Courageous Father

(Rev. Fr. Jacob Edakalathur)

Have you ever thought of St Joseph as a creatively courageous father?

That is how Pope Francis described Joseph as Creatively Courageously Father when he announced a Year of St Joseph (8 December 2020 – 8 December 2021) in honour of the 150th anniversary of Saint Joseph. We are now invited by Pope Francis to reflect on and imitate the creative courage of St Joseph.

Joseph was courageous in taking on the responsibility of becoming the husband of Mary and the legal father of Jesus and all that those two roles entailed. As we follow Joseph in the Gospel, we see how he could turn a difficulty into a possibility with his trust in the providence of God.

In his apostolic letter (8 December 2020), Pope Francis reflected on the qualities of Saint Joseph whom he described as a strong working man, a beloved, loving father, an accepting, obedient and “creatively courageous” person. The Pope wrote:

“In the Gospels, St Joseph appears as a strong and courageous man, a working man, yet in his heart we see great tenderness, which is not the virtue of the weak but rather a sign of strength of spirit and a capacity for concern, for compassion, for genuine openness to others, for love.”

Pope Francis reminds us, “In the face of difficulty, we can either give up and walk away, or somehow engage with it.” Saint Joseph faced difficulties, despite his natural fears. His courage was not the absence of fear, it was an affirmative act of the will, despite his fear, by which Joseph could, “Get up,

take the Child and His Mother” and work out what was required to keep them safe.

The meaning of the word Courageous is given as: not deterred by danger or pain,perhaps a little bit daring. A person who is brave and faces dangerous or difficult situations with **courage**.

Thinking courageously is a thrilling way to live. They have following nine habits in their life. They live more fully, more richly, and more intensely.

1. The courageous mind seeks out diverse perspectives.

While timid people surround themselves with those who validate their way of thinking, the brave-minded include people from different ideologies in their circle of friends.

2. The courageous mind enjoys being challenged.

Fearless minds are drawn to art that explores contradictory, disquieting truths and narratives that may end ambiguously.

3. The courageous mind isn't desperate to be liked.

The successful entrepreneurs rate much higher on the personality trait of disagreeableness than the average population. They are not simpletons, they simply “don't require the approval of their peers to do what they think is correct.”

4. The courageous mind can be alone without being lonely.

Instead of distracting your brain with TV or Twitter, try being alert, awake, and alone.

5. The courageous mind is at peace with fear and anxiety.

Notice your thoughts, even when they are negative. Do not fight to deny or disprove them, just notice them and name them so long as they are present. Deny them the energy of denial so that they fade away as your mind drifts on.

6. The courageous mind tolerates incomprehension.

Confusion is the growing pain of a developing brain. Sleep on it and see what new clarity the morning brings.

7. The courageous mind is both open and decisive.

Carpenters are taught to measure twice and cut once. Courageous thinkers are open to deliberation before they decide, but once they decide they commit.

8. The courageous mind is both humble and confident.

Courageous minds are aware of their gaps yet confident in their capability to close them.

9. The courageous mind craves paradox.

Let your mind marinate in the dissonance of seemingly disparate notions such as being open-yet-decisive and being humble-yet-confident. Brave brains see the world as an interconnected system of paradoxes.

St. Joseph was a man of all these qualities. He proved all these in his life.

1. **Courage is Tested and Developed in the Midst of Crisis: Matthew 1:18-19.**

Mary and Joseph are betrothed, not married, when the account of Jesus' birth begins. Mary and Joseph did not live in the same home. They had not yet **come together**. They were betrothed and pure, yet pregnant. In Israel, betrothal was much weightier than engagement in Western societies today. It was so binding that Matthew already calls Joseph **her husband**. Her body declared that she was pregnant. What a crushing blow to Joseph! His bride-to-be was pregnant but was not carrying **his** child. He was a righteous man and wanted a righteous wife. If Mary had been unfaithful to him before they even married, what kind of woman was she? What kind of marriage could they have? In every moral, emotional, and legal way, he was right to plan to end the betrothal. Since betrothal was so binding, its termination amounted to a divorce. However miserable the thought, Joseph had to consider divorce: **her husband Joseph, being a just man and unwilling to put her to shame, resolved to divorce her quietly**. This determination indicates that Joseph was just and upright and wanted no part of a corrupt marriage. As a just man, he had every right to cancel the marriage. But Joseph was merciful too. A quiet divorce, however, would preserve some of her dignity.

She would bear the consequences of her action but would not suffer the most public humiliation. So, Joseph settled upon a **quiet divorce** before just two or three witnesses.

2. **Courage is Developed in Difficult Decisions: Matthew 1:20-23.**

The Lord let Joseph struggle to solve his problem for a season, before He revealed a better plan. He often works this way. He lets us make our plans, then reveals a better way. When this happens, we must change our plans, as Joseph did. We must test our plans and purposes against God's will, as revealed in scripture and in the counsel of the wise. Sometimes, circumstances unfold in ways that suggest what God's will may be. Even plans that look sound must be open to revision. God wanted Joseph to proceed with the marriage and sent an angelic messenger to tell him why. Yes, Joseph changes his mind and decides to do what God said.

3. **Courage does what is Right and then Keeps Moving Forward: Matthew 1:24-25; 2:19-23.**

When the angel had finished speaking, Joseph awoke, believed, and **did as the angel of the Lord commanded him**. That is, he took Mary home as his wife. His submission to God was as powerful and complete as that of Mary, who also offered herself as the servant of the Lord. Joseph refused to be led by shame or anger. He laid aside the plausible plan of divorce and took Mary as his wife. To make the supernatural conception of Jesus perfectly clear, Matthew says Joseph **knew her not until she had given birth to a son**. Then Joseph took her newborn baby and gave Him the name Jesus just as the angel had said. What a tender picture of living faith! Mary and Joseph listened to God. They silenced their emotions of fear and shame and obeyed the Lord. Why? Because they understood that God is with His people to save. Because they were willing to listen to their Lord, whatever people might think or say, they show us how to listen and how to obey the voice of God rather than our impulses.

Questions for Discussion:

1. Matthew tells the story of Mary's pregnancy from the viewpoint of Joseph. What do we learn about Joseph's character in these verses?
What role did Joseph play in the birth and early years of Jesus?

'ST. JOSEPH'S YEAR TALENT FEST'

Competition's General Guidelines and Rubrics

Introduction

'St. Joseph's Year Talent Fest', is the first initiative of its kind organized at the Eparchial level in coordination with all the Eparchial associations. It is an event to bring out the God- given talents of our faithful community in different performing arts. This is an opportunity to

- Provide a tangible lesson of being a Catholic to the faithful and inspire them to lead a life like St. Joseph.
- Coordinate and strengthen our faith through Pious Associations at Parish/Forane and Eparchial levels
- Highlight our faithful community's talents and creativity at the Eparchial level.
- Show our Eparchial spirit and diversity than just a competition.
- Show our courage and strength as a community in overcoming any challenges and to remind us how positive and progressive we are, even during this time of 'uncertainty'.

"Let us glorify God through our talents and skills, let us grow and nourish our God given talents."

Competition Categories and Coordinating Associations

There are competitions coordinated for all age groups and individual/family categories. The competitions will be coordinated by different faithful associations of the Eparchy, based on its nature of service and categories of people whom it serves.

PIOUS ASSOCIATIONS FOR CHILDREN (PAC)

	Categories/ Grades	Competitions
1	JK & SK Singing	Story telling
2	1 & 2	Singing Story telling
3	3-5	Singing Speech (Elocution)
4	6-8	Singing Speech (Elocution)

SYRO MALABAR YOUTH MOVEMENT (SMYM)

Categories/ Groups	Competitions
1 Grades 9- 12 (SMYM Junior)	Creative video on St. Joseph
2 National Youth (SMYM Senior)	Creative video on St. Joseph
3 International Youth	Creative video on St. Joseph

More information about the competitions, including guidelines and rubrics can be found here: Please click on the link:
<http://smymcanada.com/national.html>

DEPARTMENT OF FAMILY APOSTOLATE

Categories/ Groups	Competitions
1 Family	Skit
2 Members of the same parish/mission	Group Dance

GENERAL GUIDELINES

I. Competitions

- * Participants should follow the guidelines provided for each competition.
- * Entries should be submitted on time and only one entry per participant per item will be allowed.
- * Once an entry is submitted, no modification will be allowed. So, make sure to check your entry before submission for any possible errors or modification.
- * Parishes should issue a registration number to each contestant.
- * Video title or videos should not contain any personal information other than the registration number allotted to the participant.
- * All entries at parish level should be submitted in the specified video format through google drive, to the respective Gmail ID provided by the Parish level / Forane level competition coordination committees.
- * Entries should not contain any aspects/ themes/ objects, which are against the teachings of the Church and its faith practices. Any entries not compliant with this will be disqualified.

- * Hold the camera in landscape mode while recording and use proper lighting.
- * Avoid all background disturbances to ensure the audio quality.
- * Kindly follow the guidelines given from each Association.

II. JUDGING

- * Competitions coordinated by Pious Associations for Children, SMYM and Family Apostolate, will be judged at Parish, Forane and Eparchial level.
- * Forane level judgement will only be a screening for the Eparchial level competition.
- * Guidelines and rubrics provided by the Central Committee for each competition should be followed at every levels.
- * Judges for each competition at Parish and Forane levels should be identified and coordinated by each association's respective committees.
- * Judges should be from the faithful community and should be identified in consultation with Parish and Forane directors.
- * Parishes within the same Forane may exchange a team of judges for an event, in case of any conflicting interest, and in consultation with respective Pastors.
- * Forane committees also may exchange their judges, in case of any conflicting interest and in consultation with respective Forane Directors and the organization committee.

COMPETITION STAGES AND IMPORTANT DATES

Stages

Important dates

PARISH LEVEL

Parish level competitions to take place in **July 2021**.
 Announcing the rubrics/ topics/ subject (singing, storytelling, and speech): **July 1, 2021**
 Submission of entries: **July 31, 2021**
 Evaluation period: **August 1- 13, 2021**

Announcing the result at Parish level: **August 15, 2021**
Submitting the result from Parish to Forane committee:
August 16, 2021

FORANE LEVEL

Forane level entries (Best 2 entries from parishes) to be received by **August 16, 2021**.
Evaluation period: **August 17- 27, 2021**
Announcing the result at Forane level: **August 29, 2021**
Submitting the result from Forane to Eparchial committee:
August 31, 2021

EPARCHIAL LEVEL

Eparchial level entries (best 2 entries from Foranes) to be received by **August 31, 2021**.
Announcing the result at Eparchial level: **Year of St. Joseph Closing Ceremony on December 11, 2021**.

COMPETITION RUBRICS

Speech (Elocution) Competition

The goal of the Elocution competition is to encourage the skills and talents related to the art of speaking in public for the goal of sharing one's faith and expositing from the Word of God.

RULES & GUIDELINES

- * The content should be in accordance with the teachings and doctrines of the Catholic Church.
- * Participants may develop the content based on the topics provided and the coordination of the content is solely a decision of the participant.
- * To develop the content, participants may refer the Holy Bible/ articles/ studies/ writings related to topics and may consult with others as required.
- * The speech entry can be either in Malayalam or English Language, but the language should not be mixed.
- * The speech entry should not exceed allotted time.

- * The participant is expected to memorize their speech, no reading or external supports are encouraged.
- * The entry could be recorded using any video device preferably in a landscape mode and send them to your respective representative/ assigned ID using google drive.

Categories, Subjects and Time allotted

Category	Grades	Subject	Time Allotted
1	3-5	<i>St. Joseph- A loving father</i>	4 Minutes
2	6-8	<i>St. Joseph- A man of values (An Obedient, Selflessness, Caring and Loving man who always Respected other's values too)</i>	5 Minutes

Points will be awarded based on the following criteria:

A. Content

- 1) Exposition of the main theme (Conciseness & Clarity of message, Originality/Points of interest, Incorporation of references (personal and/ or general), Quotations & Biblical References)
- 2) Moral & Practical Application

B. Presentation

- 1) Greetings and Introduction of the Subject
- 2) Memorization
- 3) Verbal Clarity (Use of Vocabulary, Annunciation and pronunciation of words, voice strength and projection)
- 4) Presentation/ Speaking Style (Mannerisms, Expression, Voice modulation, Ability to engage by their speaking style and Confidence in presentation)
- 5) Conclusion

SPEECH (ELOCUTION) COMPETITION EVALUATION CHART

Category	Domaine	Maximum points to be awarded	Points Awarded	Comments
Content	Exposition theme of the main (Conciseness & Clarity of message, Originality/Points of interest, Incorporation of references (personal and/or general), Quotations & Biblical References)	15		
	Moral & Practical Application	5		
Presentation	Greeting & Introduction of the subject	5		
	Memorization	5		
	Verbal Clarity (Use of Vocabulary, Annunciation and pronunciation of words, voice strength and projection)	5		
	Presentation/ Speaking Style (Mannerisms, Expression, Voice modulation, Ability to engage by their speaking style and Confidence in presentation)	10		
	Conclusion	5		
Total Points Awarded		50		

STORY TELLING COMPETITION

The goal of the Story Telling Competition is to encourage the skills and talents of children related to the art of expression of their imagination, thoughts, and feelings; preparing them to gain confidence to speak in public for the goal of sharing one's faith and expositing from the Word of God.

RULES & GUIDELINES

- ✿ The content should be in accordance with the teachings and doctrines of the Catholic Church.
- ✿ Participants may develop the content from the topic provided and the coordination of the content is solely a decision of the participant.
- ✿ To develop the content, participants may refer the Holy Bible/ articles/ writings related to topics and may consult with others as required. Ø The entry can be either in Malayalam or English Language, but the languages should not be mixed.
- ✿ The entry should not exceed allotted times.
- ✿ The participant is expected to memorize their story, no reading or external supports are encouraged.
- ✿ The entry could be recorded using any video device preferably in a landscape mode and send them to your respective representative/ assigned Gmail ID using google drive.

Categories, Subjects and Time allotted

Category	Grades	Subject	Time Allotted
1	JK&SK	<i>St. Joseph's journey with St. Mary from Nazareth to Bethlehem</i> " (Ref: Luke 2:1-5)	3 Minutes
2	1&2	<i>"St. Joseph and St. Mary went back to Jerusalem in search for boy Jesus and found him in the temple"</i> (Ref: Luke 2: 41-50)	3 Minutes

Points will be awarded based on the following criteria:

A. Content

1. Exposition of the main theme (Conciseness & Clarity of message, Originality/Points of interest, Incorporation of references (personal and/or general), Quotations & Biblical References)
2. Moral & Practical Application

B. Presentation

1. Greeting and Introduction
2. Memorization
3. Verbal Clarity (Use of Vocabulary, Annunciation and pronunciation of words, voice strength and projection)
4. Presentation/ Speaking Style (Mannerisms, Expression, Voice modulation, Ability to engage by their speaking style and Confidence in presentation)
5. Conclusion

STORY TELLING COMPETITION EVALUATION CHART

Category	Domaine	Maximum points to be awarded	Points Awarded	Comments
Content	Exposition theme of the main (Conciseness & Clarity of message, Originality/Points of interest, Incorporation of references (personal and/or general), Quotations & Biblical References)	15		
	Moral & Practical Application	5		
Presentation	Greeting & Introduction of the subject	5		

Memorization	5
Verbal Clarity (Use of Vocabulary, Annunciation and pronunciation of words, voice strength and projection)	5
Presentation/ Speaking Style (Mannerisms, Expression, Voice modulation, Ability to engage by their speaking style and Confidence in presentation)	10
Conclusion	5

Total Points Awarded 50

SINGING COMPETITION

The goal of the singing competition is to encourage the skills and talents of our children related to the art of singing and inspire them to present their talent to worship God with their God given divine voice.

RULES & GUIDELINES

- ◆ The song should be a Christian Devotional Song
- ◆ Selection of the song is solely a decision of the participant.
- ◆ No instruments, karaoke or chorus should be used, use of any of this will disqualify the entry.
- ◆ The entry can be either in Malayalam or English Language, but the languages should not be mixed.
- ◆ The entry should not exceed allotted time.
- ◆ The participant is expected to memorize their song, no external supports are encouraged.

The entry could be recorded using any video device preferably in a landscape mode and send them to your respective representative/ assigned Gmail ID using google drive.

Category	Grades	Subject	Time Allotted
1	JK&SK	Christian Devotional Song	3 Minutes
2	1&2	Christian Devotional Song	3 Minutes
3	3-5	Christian Devotional Song	4 Minutes
4	6-8	Christian Devotional Song	4 Minutes

Points will be awarded based on the following criteria:

1. Pitching (*Sbruthi*)
2. Rhythm (*Tbalam*)
3. Expression (*Bhavam*)
4. Pronunciation (*Ucharanam*)
5. Presentation Style (*Avatharanareethi*) (Stage Performance style including presence of mind, public presence)
6. Song Selection

SINGING COMPETITION EVALUATION CHART

Category	Maximum points to be awarded	Points Awarded	Comments
Pitching (<i>Sbruthi</i>)	5		
Rhythm (<i>Tbalam</i>)	7		
Expression (<i>Bhavam</i>)	5		
Pronunciation (<i>Ucharanam</i>)	5		
Presentation Style (Avatharanareethi- Stage Performance style including presence of mind, public presence)	5		
Song Selection	3		
Total Points Awarded	30		

SYRO MALABAR YOUTH MOVEMENT (SMYM)

Syro Malabar Youth Movement (SMYM)

Categories/ Groups	Competitions
1 Grades 9- 12 (SMYM Junior)	Creative video on St. Joseph
2 National Youth (SMYM Senior)	Creative video on St. Joseph
3 International Youth	Creative video on St. Joseph

More information about the competitions, including guidelines and rubrics can be found here: Please click on the link: <http://smymcanada.com/national.html>

DEPARTMENT OF FAMILY APOSTOLATE

Competitions' Guidelines

A video presentation of a skit

The aim of the competition is to present the virtues in the life of St. Joseph to the society, and thereby enlighten them to lead an exemplary family life.

Rules & Guidelines

- ◆ Prepare a skit based on any event in the life of St. Joseph.
- ◆ This is a competition for families.
- ◆ Video must be presented by each family and the family members should be the actors.
- ◆ The minimum number of actors is three and the maximum number, six.
- ◆ If required by the theme, the family can take a maximum of three guest artists with the permission of the Parish priest.
- ◆ The theme should be related to the life of St. Joseph with application to current family life situations.
- ◆ The video should not exceed more than ten minutes and should not be less than eight minutes.
- ◆ Two best videos from each parish/mission should reach the Family Apostolate Forane Director on or before 12 noon on the July 24th.

A Video Dance Presentation

The aim of the competition is to proclaim the Word of God through your God-given talents.

Rules & Guidelines

- ◆ Participants must be members of the same parish/mission.
- ◆ The dance should be to the tune of a Christian devotional hymn and the hymn should be no more than 6 to 7 minutes (maximum). Musical accompaniments may or may not be used.
- ◆ Dance can be by couples or married men alone or married women alone and if requested, marriage certificate may have to be presented.
- ◆ The minimum number of dancers is two and the maximum number is six.
- ◆ The parish/mission priest may submit two best videos from the parish/mission to the Family Apostolate Forane Director on or before 12 noon on July 24th.
- ◆ The Forane Director should select the two best videos and submit them to the Eparchial Director on or before 12 noon on the July 31.
- ◆ Eparchial level results will be published on the 7 August 2021.

NB: Best two entries in the Eparchial level competitions will be awarded certificate and \$100.00. The participants of each association should follow the rubrics and deadlines assigned by respective associations. For any clarifications, please contact respective association leaders.

Fr. Augustine Kallumkatharayil
Convenor, St. Joseph's Year Celebrations
Eparchy of Mississauga



NEWS FROM DEPARTMENTS



PIOUS ASSOCIATIONS FOR CHILDREN

Dear Parents of Pious Members,

I am so pleased to write you this letter at the end of PAC year 2020-21, to thank you all for making such a wonderful year to happen even in a pandemic world.

Our Mission statement calls on conducting age appropriate spiritually oriented ministry activities to develop and advocate positions on issues of public concern which affirm and promote Catholic ideals and values related to human dignity, social justice, and the common good.

The PAC (from each of its parish levels) continued to be proactive in its efforts to demonstrate the relevance of Catholic values in understanding and addressing the current challenges confronting our society due to the pandemic since 2019. It is so remarkable how social media or other means have drawn us more connected together than ever when the pandemic kept us away from our God's house in the form of restrictions. I strongly feel the bible verse from 1 Thessalonians 5:18 – *“give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”*

I consider it a privilege to serve as a director for PAC and to see our vision and mission being reinforced in the upcoming generation who are the pillars of our community and the Syro - Malabar Church in Canada. I wish to express my appreciation to the Priests from each parish/mission center for their support and prayers during each event and constantly encouraging the PAC team to be their best. I am also very appreciative for all the

encouragement the PAC received from so many people in our community, especially the Religious, the laity and all volunteers who give so generously of their time and talents. I want to acknowledge with gratitude those who have demonstrated confidence in the effectiveness and promise of the Pious Associations for Children by financially supporting its activities.

I would also like to thank our Central Team members for planning and conducting the events very well in our Eparchy for the year 20-21, and our Animators, Leaders for their excellent work in supporting and executing the event plan impressively. The success of the PAC is due in large part to all their dedication and sound management. We are indeed fortunate to have all these teams whose work is of such a high caliber and whose presence enables all of us to pursue our vision. Finally the main factor of our successful year is the active participation by each of our PAC members. I wish the God Almighty, send the Holy Spirit upon you and help you to continue such a Holy life.

Sincerely yours,

Sr. Jeslin CMC, Director

Pious Associations for Children (PAC)

Upcoming Activities

- ***July 11th, 2021 – Eparchy Level PAC Thanksgiving Mass presided by His Excellency Mar Jose Kalluvilil @ 10am EST via St. Alphonsa Cathedral YouTube Channel***
- ***July 25th, 2021 – Eparchy level PAC Leaders Praise & Worship Training conducted by Sr. Deanna CMC @ 11 am EST via Zoom – more details to follow***

For more information, please contact Sr. Jeslin CMC at paceofm@gmail.com.

**Please like and share our FB Page: <https://www.facebook.com/Pious-Associations-for-Children-100260061645892/>

DEPARTMENT OF CATECHESIS

Graduation of Grade 12 Students

Department of Catechesis, Eparchy of Mississauga hosted the Graduation Commencement 2021 as a virtual event on 05 June 2021. Ninety-three students from various parishes and mission centers across the Eparchy were recognized in the event and graduation certificates were awarded. His Excellency Mar Jose Kalluvellil, Bishop of Eparchy of Mississauga delivered the presidential address, and His Excellency Mar Joseph Srampickal, Bishop of the Syro-Malabar Eparchy of Great Britain and the chief guest of the ceremony, rendered the graduation address.

The New Youth Catechists and the youth volunteers who dedicated their time and talents for the Eparchy in various roles were also honored during the ceremony.



Congratulations
NEW GRADUATES

Class of 2021

Department of Catechesis
Syro Malabar Catholic Eparchy of Mississauga, Canada

93 youngsters
completed their
faith journey and
graduated this year
from 16 parishes
across the Eparchy
of Mississauga

We Wish All Grade 12 Graduates A Great Success in Your Future Endeavors!

Combined Meeting of ECC Members & Principals

A combined meeting of the ECC members & the principals from across the Eparchy was conducted on June 22, 2021, through zoom. The meeting was blessed by the presence and inspirational message of His Excellency Bishop Mar Jose Kalluvellil.

Rev. Sr. Jeslin Thalachira completed her four-year tenure as the Associate Director of the Department of Catechesis of Eparchy of Mississauga. A virtual farewell and appreciation were offered for her remarkable contributions to the department, especially for the children of our Eparchy through her various roles.

We offer you our prayers and wish you all success!

Department of Catechesis also welcomed the new Catechism Forane Directors, Fr. Ploggen Kannampuzha (Mississauga Forane) & Fr. Bobby Joy Muttathuvalayil (Edmonton Forane).

Catechetical Academic Year 2020- 2021 concluded on June 06, 2021, and the new academic year will begin on September 05, 2021. Department of Catechesis, Eparchy of Mississauga extends our sincere gratitude and prayers to His Excellency Mar Jose Kalluvilil, all the parish priests, other priests & religious, catechists, youth catechists, students, parents, and to the faithful members of the Eparchy for your tremendous support in Faith Formation, even in these difficult times.

**Fr. Augustine Kallumkatharayil, Director
Department of Catechesis**

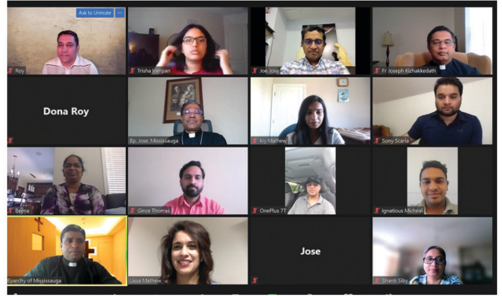


SYRO MALABAR YOUTH MOVEMENT (SMYM)

“ANIMATORS’ WEBINAR” – SMYM

The “ANIMATORS’ WEBINAR” – SMYM Event was conducted on June 26th for all YOUTH ANIMATORS of the Eparchy of Mississauga. The session was commenced with a prayer led by Fr. Roy Joseph from Halifax followed by an inauguration by Mar Jose Kalluvilil. The supportive team included Rev. Fr. Jojo changanamthundathil (SMYM Director), Mrs. Lissa Mathew (SMYM Animator’s Coordinator), and Boban Mathew (National Youth Coordinator). The webinar encompassed a great number of members and animators from different parishes under the Eparchy. The keynote resource was Mr. Roy Felix David from Edmonton who is serving as Animator in the National Youth Team of Jesus Youth Canada. The session was very motivating and inspiring as Roy shared many aspects and levels that are specific to an animator role. “Reach out to the scattered and strengthen the gathered” was the main focus of his talk. Roy led the group in group activities that were

supportive to the animators in taking the courageous step in the youth ministry. Thanks to all the participants, who made the event a successful one.



SMYM Inter-parish competition on any virtue of St. Joseph:

As discussed in the last month we are implementing St. Joseph year video contest. Details are distributed to each parish. Please encourage youth of all levels from Grade 9 and above to participate the event.

Categories/ Groups	Competitions
Grades 9- 12 (SMYM Junior)	Creative video on any virtue of St. Joseph
National Youth College and University (SMYM Senior)	Creative video on any virtue of St. Joseph
International Youth	Creative video on any virtue of St. Joseph

More information about the competitions, including guidelines and rubrics can be found here:

Please click on the link: <http://smymcanada.com/national.html>

Competition Stages and Important Dates- SMYM

Stages	Important dates
Parish Level	Parish level completions to take place in July 2021 Announcing the rubrics/ topics/ subject: July 1, 2021 Submission of entries: July 31, 2021 Evaluation period: August 1- 20, 2021 Announcing the result at Parish level: August 20, 2021 Submitting the best two entries from each session to Forane committee: August 20, 2021

Forane Level

Forane level entries (Best 2 entries from parishes) to be received by **August 20, 2021**
Evaluation period: **August 20- September 05, 2021**
Announcing the result at Forane level: **Sept 05, 2021**
Submitting the best two entries from each session from Forane to Eparchial committee: **Sept 05, 2021**

Eparchial Level

Eparchial level entries (best 2 entries from Foranes) to be received by **Sept 05, 2021**
Announcing the result at Eparchial level: **Year of St. Joseph Closing Ceremony**

General Guidelines

I. Competitions

Participants should follow the guidelines provided for each competition. Entries should be submitted on time and only one entry per participant per item will be allowed.

Once an entry is submitted, no modification will be allowed. So, make sure to check your entry before submission for any possible errors or modification.

Parishes should issue a registration number to each contestant.

Video title or videos should not contain any personal information other than the registration number allotted to the participant.

All entries at parish level should be submitted in the specified video format through google drive, to the respective Gmail ID provided by the Parish level / Forane level competition coordination committees.

Entries should not contain any aspects/ themes/ objects, which are against the teachings of the Church and its faith practices. Any entries not compliant with this will be disqualified.

Avoid all background disturbances to ensure the audio quality.

II. Judging

Competitions coordinated by Pious Associations for Children, SMYM and Family Apostolate, will be judged at Parish, Forane and Eparchial level.

Forane level judgement will only be a screening for the Eparchial level competition.

Guidelines and rubrics provided by the Central Committee for each competition should be followed at every levels.

Judges for each competition at Parish and Forane levels should be identified and coordinated by each association's respective committees.

Judges should be from the faithful community and should be identified in consultation with Parish and Forane directors.

Parishes within the same Forane may exchange a team of judges for an event, in case of any conflicting interest, and in consultation with respective Pastors.

Forane committees also may exchange their judges, in case of any conflicting interest and in consultation with respective Forane Directors and the organization committee.

SMYM Director & SMYM Competition Committee
Eparchy of Mississauga

VOCATION BUREAU

Vocation Camp - "COME & SEE" Program

The month of June is devoted to the Sacred Heart of Jesus and therefore our beloved Bishop His Excellency Mar Jose Kalluvilil expressed his desire to have an in-person vocation camp for boys. On June 19th, 2021, we arranged an Eparchy level "come and See" in person program at the



Mississauga Cathedral where 16 youth from Ottawa, Kingston, Scarborough & Mississauga joined. Bishop Mar Jose Kalluvilil, celebrated Holy Mass and gave message, Brother Francis and Sr. Celine Rose CMC took lead in conducting the session.

“Come and See” program started at 2:30 pm with confessions by His Excellency Mar Jose Kalluvilil and Rev. Fr. Sebastian . This was followed by adoration, Praise & Worship. Holy Qurbana celebrated at 4pm by His Excellency Mar Jose Kalluvilil. After a small break (Snacks were provided) and zero hour conducted by Brother Francis. The day closed off with a game of soccer where the youth were joined by Brother Francis and Bishop Jose. All youth enjoyed the program thoroughly.



NURSES MINISTRY

Chain Rosary:

Nurses Ministry conducted a chain rosary on June 13, 2021, with all regions across Canada.

Daily Online Zoom Prayer:

Nurses from all over Canada continue to pray online for all the nurses and the whole World every day at 3 pm.

Prayer Meetings:

Regional ministries continued the monthly virtual gatherings every Monday. Every first Monday of the month, the international resource team gives the word of God. In addition, an online prayer session with Rosary, Intercessory Prayer, Praise, and Worship is led by different regions of Nurses Ministry, followed by Word of God by parish priests from 8.30 pm to 10.30 pm.

Monthly Regional Meeting:

Every 3rd Friday, a monthly meeting was conducted by many regions, followed by Holy Mass and Adoration at 5 pm.

Additional Regional Events and Upcoming Events:

On June 11, 2021, Our Beloved Bishop Mar Jose Kalluvilil inaugurated Edmonton Nurses Ministry, followed by adoration. The event was blessed with the presence of Fr Thomas Thaicheril, Fr Pathrose Champakkara, and Sister Celine.

From June 11, Saskatoon nurse's ministry restarted the in-person Friday prayer meeting and Adoration at St. Michael's Church.

London Nurses Ministry conducted their monthly prayer meeting on June 19, where Fr Plogen joined.

PEI Nurses Ministry led the weekly Zoom prayer meeting on June 21. PEI St. Thomas Syro Malabar Mission Vicar Rev. Fr. George Palamattom shared the Word of God during the session. And it's their team's mission to lead daily zoom prayer meetings from June 22 till June 28.

Mississauga region will be conducting Bible reading, the Gospel of John, on June 25 from 9pm to 11 pm.

BIBLE APOSTOLATE

From June 1, 2021, Fr. Martin Augustin SDB has taken charge as the Director of the Department of Bible Apostolate. Heartfelt gratitude and prayerful wishes to Sr. Valsa Therese CHF, the former Director who has been appointed as the Vicar Provincial of the Palakkad province of the Holy Family Congregation.

Offering the entire Eparchy to the mercy and protection of the Most Sacred Heart of Jesus, the Department of Bible Apostolate has initiated continuous Bible Reading for the entire Eparchy. Various parishes have taken turns for a duration of three hours daily to complete reading of the entire Bible within a week's time. The plan is to have five full rounds of Bible

Reading. It is going on well and many are taking chances to read the Word of God. This is done for the entire month of June, a month dedicated to the Most Sacred Heart of Jesus.

Logos Bee 2021

The Department of Bible Apostolate a Bible Quiz named Logos Bee 2021. It will happen on July 10.

Please join Logos Bee 2021 using the link given below:

Fr. Martin Augustin SDB
Director



DIVINE ACADEMY OF LEARNING

Divine Academy of Learning - First Anniversary

As you are aware Divine Academy of Learning has completed its first Academic Year in June 2021 and celebrated its first annual day on 13th June 2021. The Anniversary celebration was inaugurated by His Excellency Bp. Mar Jose Kalluvellil, Bishop of Eparchy of Mississauga and the patron of Divine Academy with the presence of students, parents, and its well-wishers. The main speaker of the event was Dr. Jiju M Joseph, Ph.D., Research Scientist, Department of Chemistry Western University, London, Ontario, Canada. She emphasized the point of Learning in a holistic environment and the role of parents in student learning. The Divine Academy of Learning is an educational institution inaugurated on 19- September-2020 with 86 students. The Eparchy of Mississauga started this institution under the non-profit charity vision to promote excellent education and holistic development of the students with strong foundations in core subjects.

The academy had an organic growth since its inception and grew from 86 students to 145 students for General and 64 students for French which

brings us to a total of 240 enrolments in the 2020 -2021 academic year. The academy truly appreciates all its well-wishers for the confidence they showed in this new venture.

The academy was able to create a strong faculty base during this first academic year itself. We are blessed with 20 teachers including 5 OCT-Senior Level Certified Teachers in Mathematics, Physics, Chemistry, Biology, English, and French. Among the Teachers, five of them have more than 25 years of experience in teaching. The academy has successfully developed a syllabus based on the Ontario curriculum to track the teaching more effectively. The academy is focused to provide comprehensive development of a child's intellectual and behavioral development by adopting creative and innovative practices in teaching and learning simpler.

NEWS FROM PARISHES

MISSISSAUGA FORANE

ST. ALPHONSA CATHEDRAL, MISSISSAUGA

St. Antony's Feast

St. Alphonsa Cathedral celebrated St Antony's feast on June 13th with the Solemn Holy Mass by Bishop Jose Kalluvilil. St. Antony's family unit has taken the initiative for the Feast celebration with Nercha. There was also nine days of Holy Mass and Novena.

Appreciation to PAC Leaders 2020-2021

There was a special adoration to appreciate the leaders from the parish who served PAC during 2020- 2021. Sincere gratitude to Rev. Fr. Jacob Edakalathur for leading the adoration and for being the main celebrant of the 9:15 am Holy mass on 05 June 2021. All the PAC leaders were rewarded with certificates and gifts.

DAL Year-End Thanksgiving Retreat

The DAL Year- End Thanksgiving retreat was held on 26th June 2021 at 10.30PM EST. Also, special thanks to His Excellency Mar Jose Kalluvilil, Bishop of the Eparchy of Mississauga for **inaugurating** the retreat & preachers Rev. Sr. Jeslin CMC, Canada, Rev. Sr. Deanna, Therese CMC, USA & Rev. Sr. Philsy CMC, India, Risa Roy, Canada and Dana Nelson, Canada for delivering the "**Word of God**". Thanks to all children who participated in the retreat.



St Joseph's Year Competitions:

Bible Story, Speech, Singing and Video Contest

Who can participate? Students from Jk to Grade 8 are separated in 4 groups. Group1: JK &SK, Group 2: Grade 1&2, Group 3: Grade 3- Grade 5, Group 4: Grade 6- Grade 8. The deadline of Video Submission at Parish level is July 31,2021, kindly wait for further communication.



SMYM Invitation and Appreciation

This event will be on 9th July 2021 at 6.30 pm in Zoom for all 8th grades. It will be followed by Holy mass and adoration. **Invitation by:** Rev.Fr. Jacob Edakalathur & Rev. Sr. Jeslin CMC, **Main Speaker:** Rev. Fr. Jojo Changanamthundathil.

St.Alphonsa Cathedral PAC animator's year end meeting presided by the parish priest Rev. Fr. Jacob Edakalathur was held on 17 June 2021. The finance report was presented, and all animators shared their experience of respective responsibilities during the tenure.

Other Events

PAC Bible Readers Group for healing from COVID 19

Reciting Rosary in front of the blessed Sacrament began on 23 July 2021 and will be continuing to dedicate via zoom on every Wednesday 9:00 pm- 9:30 pm. His excellency Mar. Jose Kalluvilil will expose the blessed Sacrament. All families are welcome to join.

Knights of Columbus Council Elections for the Fraternal Year 2021-2022

Worthy Chaplain	Fr Jacob Edakalathur
Grand Knight	Cherian Manathara
Ex-Officio	Aloysius Mekkunnel /Jimmy Varghese
Deputy Grand Knight	Sajan Thomas Chacko
Chancellor	Francis Ouseph

Warden	Shinobi Scaria
Advocate	Paul Mathew
Lecturer	Abhilash George
Recorder	Ignatius Therattil
Financial Secretary	Prince Cyriac
Treasurer	Sabu Pappu
1 st year trustee	Sibichen Joseph
2 nd year trustee	Vince Joseph
3 rd year trustee	Jimmy Varghese
Guard	Thomson Baby
Guard	George Joseph
Guard	TomyKayaniyil
Guard	Libin Thomas Babu
Program Director	Sajan Thomas Chacko
Membership Director	Paul Mathew
Community Director	Sibichen Joseph
Family Director	Cherian Manathara
Faith Director	Francis Ouseph

ST. ALPHONSA PARISH, CAMBRIDGE

Completion of the Academic Year

The 20-21 academic year of Catechesis was completed well, adapting to the new online teaching learning modes, centralized online exams and assessments. Our teachers, parents and students deserve a pat on their back for working through it exploring, learning despite the pandemic challenges.

Grade 12 Graduation

It was a dream come true in the history of our Parish as we celebrated the amazing success of two of our first ever grade 12 graduates, Ashlin Jose Antony and Edwin Joseph during the Eparchial Virtual Graduation Ceremony held on June 5, 2021.

Congratulations!



Ashlin Jose Antony Edwin Joseph

Congratulations to both of our graduates on this marvelous achievement as well as to their parents, our pastor, the principal, the teachers and the parish community for all the encouragement in helping them achieve this awesome milestone.

Abundant blessings, prayers and best wishes for all their tomorrows as they continue their beautiful journey believing in Christ and shining His light wherever they go!

In Gratitude to Sr. Jeslin

We are so very grateful to Rev. Sr. Jeslin, CMC, the Associate Director of our Department of Catechesis for showing us how far she has come from those new beginnings as she lays foundations of success with the love of Christ radiating through her smile.

She has greatly supported the Cambridge Parish Catechesis with strong pillars of young leaders and animators to help us run the Bible Quiz, PAC activities, Ambassadors of Christ retreats. Though she is leaving the role of being the associate director, she is continuing to sow seeds in the good soil to be able to yet reap rich harvests.

Thank you Sr. Jeslin for all the effort and dedication you invest!

Combined meeting of ECC & Principals

A combined meeting of ECC members and principals from the Eparchy was held on June 22, 2021 to welcome new Forane Directors, thank Sr. Jeslin, and review Catechesis evaluation reports from Parishes and make proposals for the new academic year.

First Communion and Confirmation Classes

First Communion and confirmation classes are going well under the leadership of Principal and Sonia Teacher. We had Brother Francis as our guest lecturer for two days. It was new and good for the students to spend time with Brother Francis. We have decided to have First Holy Communion on July 18, 2021. Bishop Mar Jose Kalluvilil will administer the ceremony.

PAC

Students from JK to grade 12 attend the Rosar on Saturdays @ 3:00 p. m. and most of them lead the prayers as scheduled. We were glad to see kids from UK and US joining and leading the prayers and reflection. It was amazing to see kids jumping in to lead different prayers. The leaders presented different themes and kahoot. It was good leadership from the part of PAC leaders and members.

SMYM National

Our SMYM National youth joined together for a short meeting and planned the next sessions.

Mathruvedhi

Our Mathruvedimembers join every Saturday at 7 am for Rosary and Novena of Mother Mary and discussion. This includes songs, rosary and praise and worship. We share our feelings and pray for each other. We do pray for our parish and all the family members.

ST. JOSEPH PARISH, HAMILTON

Catechism Department Updates

All of our Catechism students at St. Joseph's Syro-Malabar Catholic Parish Hamilton have completed their Catechism classes for the school year 2020-2021. Despite the challenges we faced due to the COVID-19 situation, our Catechism Department stuck through and pursued various methods to complete the classes this year. A special thank you goes out to the Catechism teachers who dedicated much time and effort for their students. On June 5, 2021, 6 of our students- Divya Domy, Meghan Biju, Shawn Joseph, Terry Raju, Christina Chittilappilly and Ann Poulouse- participated in the virtual Eparchy-wide Graduation Ceremony. It was a truly beautiful event and one that did justice to their efforts over the years.

Annual Day Program

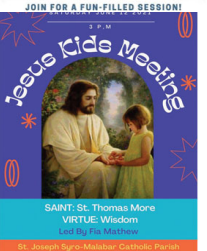
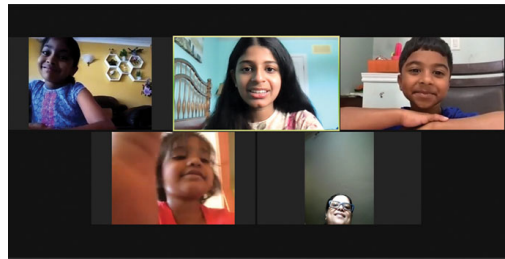
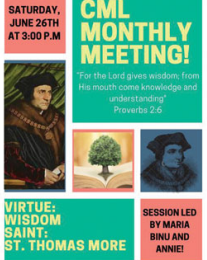
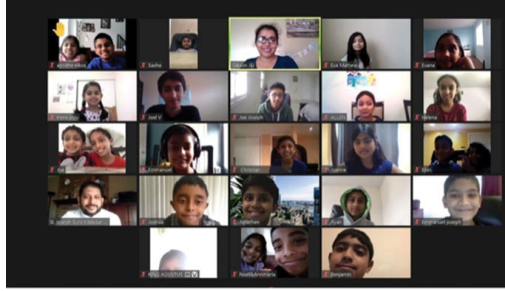
Our Catechism Department held our Annual Day Celebration virtually on June 27, 2021. We were able to involve almost all students from all different grades for a special show about the Life of St. Joseph and it was a huge success. A very special shoutout to Gisha Joy, Jolly Augusthy, Mintu Mathew, Gikson Jose, Fiji Biju, Agna Biju, Namitha Gikson and Sojan Mathew for dedicating their time and energy to make this program happen! A huge thank you to all the students who participated, all the parents who encouraged their children to participate, and all the teachers who worked very hard to ensure the program ran as seamlessly as possible.

Pious Association Updates

Monthly Meetings

The Animators and the Youth Leaders for each of the three Pious Association groups held the final meetings for the 2020-2021 Academic year throughout the month of June for the children of St. Joseph's Syro-Malabar Catholic Parish Hamilton. The Jesus Kids group held their meeting on June 12, the Holy Childhood Group on June 19, and the CML group on June 26. The turnout was amazing and all the children who participated in the meetings had lots of fun. The virtue for the month of June was Wisdom and the Saint of the month was St. Thomas More. The Youth Leaders facilitated various fun games and activities to encourage children to have fun. The Pi-

ous Association leaders would like to thank all the Leaders for their hard work and dedication and wish all students a very restful summer!



Snaps With Dad

For Father's Day on June 20, 2021, the children from all three Pious Associations organized a small video dedicated to dads and all the hard work they do for our families, often behind the scenes. It was a very touching video and much appreciated by all the fathers in St. Joseph's Syro-Malabar Catholic Parish. A special thank you to Namitha Gikson for putting the video together!



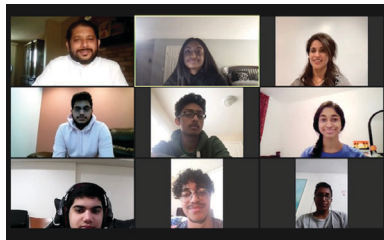
SMYM National

The SMYM national youth coordinated the monthly ZOOM meeting on the first Saturday. The gathering commenced with a prayer by Lissa Mathew. The session was enlightened by Fr. Tomas Venmanthara with the

Word of God. Information and participation for the upcoming St. Joseph Year Video Contest was discussed. Also, the youth members made a summer agenda to enlighten and involve the youth of the parish which will be implemented in July and August. Thanks to all the youth for their active participation.

SMYM International

SMYM International youth coordinated the rosary on the second Wednesday of the month at the Eparchy level. Monthly parish level meeting was organized through ZOOM on fourth Wednesday steered by the Youth Animator. Thanks to all participants.



Mathruvedhi

Mathruvedhi is actively involved in planning many ideas that would strengthen church involvement. The first executive meeting was organized very successfully on 18th of the month. General meeting was conducted on June 28th, shared several ideas that are to be implemented in the near future. Thank you to all members for your active participation.

ST. MOTHER TERESA PARISH, NIAGARA

Inauguration of Mathruvedhi

A unit of Mathruvedhi, the organisation of mothers in the Parish, was inaugurated on 06 June 2021 by the Pastor Rev. Fr. Thomas Venmanthara. The Mathruvedhi is formed to maintain a strong communion of mothers of the Parish aiming at the revival of families through mothers and help raising the community in a life deep rooted in Christian faith. Fr. Thomas Venmanthara explained the motto, objectives and mission of the organisation. The meeting elected the office bearers of the Mathruvedhi with Mrs. Delby Gien (President), Mrs. Sajna P (Secretary), and three Unit representative consisting of Mrs. Smitha Sheji, Mrs. Nilcey Robin, and Mrs. Annie Sijo.

In Person Holy Mass

The in person holy mass was resumed on Sunday, the 13th of June 2021 with upto 80 persons (15% of the maximum capacity) followed by the relaxation of Covid-19 restrictions in the Province.

ST. THOMAS PARISH, SCARBOROUGH

Church Services Partially Restored

It is heartening to see more happy faces of parishioners joining the Mass everyday as restrictions to congregate in places of worship are relaxed allowing 15 percent of capacity. On Sundays, the first Mass at 9.00 a.m. is open to Ward 1 to 4 on a rotation. The Mass at 11.00 a.m. will be dedicated for children and offered in English, every alternate week. (Parents can join) The evening Mass at 5 will be offered for international students/youth including young families. For attending Masses on Sundays, pre-registration is required through the Church website, open from Friday of each week.

Parish Council Meeting-June 5, 2021

A drawing of the proposed **Parish center** incorporating the statutory requirements for energy efficiency and adhering to the fire code was presented. Council decided to move forward and present the plan to the city for its review. Council also suggested to postpone the parish feast slated for July 3,4 to facilitate more participation as the pandemic related restrictions are further relaxed and proposed to present it to the General body on June 26, 2021.



The proposal to form an affiliated body of Catholic Congress in Canada was presented and it was decided to form a parish group with representatives of all family units. The council also ratified the accounts for May.

Gathering of Trades People & Professionals

The get-together of people working in skilled trades and various professionals like realtors, mortgage brokers held on Sunday, May 30th was well attended. Bishop Mar Jose Kalluvilil inaugurated the event organized in connection with the 'Year of St. Joseph'. Mr. Prem Joseph was the key resource

person. Parish Trustees Mr. Jose Thomas, Johnson Irimpan and Fr. Toby Pulickassery spoke. Forane Vicar Fr. Jose Alencherry welcomed the participants and explained the benefits of growing together as a community.

Family Apostolate Activities @ the Parish

Father's Day: The day to honour Fathers was observed by the Family Apostolate and PithruVedi on June 20. Fathers were dedicated in all Masses and were appreciated. Vicar Fr. Jose Alencherry and Fr. Toby gave special blessings and presented flowers to representatives of Dads.

Couple's Meet- A meeting of couples was organized at the Eparchial level virtually on May 20, in conjunction with Father's Day. Bishop Mar Jose Kalluvilil inaugurated the session. Rev. Fr. Louis Vellanickal from India joined as the resource person. Several families joined the session and enjoyed the guidance provided.



Devotion to Mother Mary & Chain Rosary

The month-long special devotion to Mother Mary concluded with a High Mass and 'Ladeenju' on May 31. The Family Apostolate & Christ in action organized a Chain Rosary on the last day of the month.

Meeting of the Members of Family Apostolate & Unit Coordinators.

The goal was to set up a plan for energizing members of family units to prepare for the Year of St. Joseph competitions at the Diocesan level.

CATECHETICAL ACTIVITIES

Congratulations to Class of 2021

We congratulate the 17 students from our Parish who completed their twelve years of Faith Formation and graduated on June 5 along with 76

others from 16 parishes across the Eparchy in a Virtual ceremony. We wish them success in their higher education, and the worldly challenges ahead.

Final Exam Results: 96 percent of our eligible students in JK to Grade 12 completed their final exams on May 29 & 30 following the standardized pattern developed by the Eparchial Catechetical department. We congratulate everyone who did their best in the exams. Those who are on the honour roll will be communicated individually. A Student Appreciation event will be organized in July.

First Holy Communion Preparations: Preparatory classes for 43 students continue every Saturday. The solemn reception of First Holy Communion will be celebrated on August 14, 2021.

Earth Day Contest: Students who came up as winners in the Earth Day contest organized by the Catechesis Student Council are notified individually. More than 150 participants joined the contest. Winners will receive gifts after the pandemic restrictions are further relaxed.

Pious Associations: The Pious Association of Children continued their weekly meetings.

SMYM

Food for people who live on the streets and in encampments.

As a relief to people affected by Covid-19 and in need of food SMYM volunteers distributed food packets for the fourth time this year.

Nurses Ministry

1. St. Joseph's Day was celebrated



2. Members participated in Eparchy wide prayer gathering, Holy Mass and adoration along with Bishop Mar Jose Kalluvellil
3. Mother's Day was celebrated along with Forane Vicar Fr. Jose Alencherry and members actively participated in the celebraton.
4. A Forane level gathering was organized to appreciate and honour all the front line workers. Around 100 people from the Scarborough and other locatons were participated in the gathering in the presence of Fr. Jose. Alencherry and Fr. Toby and Sr. Jyothi. It was a remarkable event with active participaton from Nurses around the region.
5. Daily 30 minutes Bible reading has started at the beginning of this month and going on well
6. A continuous rosary recitation was organized on 13th May with lot of members participated

Upcoming events

Competitions for Couples

1. Skit- July 19; Couples should present a skit (10 minutes) based on the life of St. Joseph, connecting it with our life.
2. Couple's dance- July 26; (7 minutes) or Group Dance (married people only)

**Marriage Preparation Course; July 24,
25 & 26
(Saturday, Sunday & Monday)**



ST. JOSEPH PARISH OSHAWA

We recommenced the celebration of the Holy Mass from June 6th onwards based on provincial guidelines for Mass. All other activities and meetings of the parish is carried out online.

Catechism Department Report

Despite the difficult times and the restrictions, we have successfully completed a fruitful academic year. We had to adapt new online teaching and learning method and centralized online examination method and much more. Kudos to our catechism teachers for their adaptability flexibility to new system and dedication for faith formation. We had great support from our Parents and students to complete this mile stone. This year we had around 140 students appeared in final examination and two students from our parish graduated during eparchial graduation ceremony, and four youth associates from our department were honored by Eparchy of Mississauga for their volunteer service for the Parish and for the Eparchy.



Class of 2021
St. Joseph Church
Oshawa, Ontario

Phil Antony
"I like to play sports and video games"

Christin Joy
"I am currently studying in grade 12 planning on taking law as my future course in university!"

Eparchial Graduation Ceremony 2021

CONGRATULATIONS GRADUATES!

We're so happy to be part of your graduation. You've worked hard, and now is the time to reap the fruits of your effort!

Office of Catechesis
St. Joseph Syro Malabar Catholic Church Oshawa, ON

Congratulations!

Eparchy of Mississauga
Appreciating Youth Associates

ST. JOSEPH PARISH
Oshawa, ON

Anumol Joshy
Youth Catechist & Volunteer

Christeen Kurian
Youth Catechist

Nirmal Benny
Youth Catechist & Volunteer

Tom Mathai
Youth Catechist

Office of Catechesis
St. Joseph Syro Malabar Catholic Church
Oshawa, ON

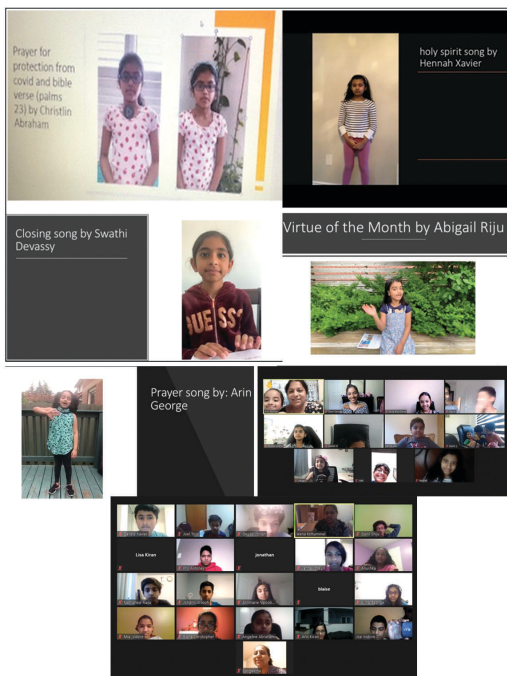
Pious Association Report

Our monthly prayer gathering was held with wonderful participation and cooperation from the families. Hanna Joby, Larissa Liso led the session for Jesus kids, Asmi George led interactive session for HCA, Phill Antoney and Daniel Shiju led CML session. All children were actively participated in prayers, Bible verse recitation, Rosary, games, songs and Kahoot quiz.

Our Pious Association leaders and members continued the weekly Rosary and intercessory prayer session for the success of PAC activities in our Parish and Eparchy. We have continued the family bible-reading program, which bestowed spiritual strength and togetherness among the families. Thanks to all the animators, leaders, and parents for their guidance and dedication.

Nurses Ministry

Parish Nurses' ministry has joined hand in hand with Eparchial and Forane team and very actively conducting monthly and weekly prayer sessions and meetings via zoom.



HOLY FAMILY PARISH, HALIFAX

Holy Mass

Holy Family Church, Halifax reopened the church to the faithful for Holy Qurbana on Sundays as per the updated provincial directions. Even though the capacity is limited to a fewer number at present, the parishioners are really excited to be back in the Church. The weekday masses are celebrated with a limited number of participants in the chapel at St. John the Baptist Church and streamed on zoom platform at 7.30 am on the weekdays.

Kaikarans

The newly elected kaikars Mr. Bibin Sebastian and Mr. Jomon P Thomas assumed their office from June 1st 2021. Special thanks to the previous kaikars Mr. Frankline Francis and Mr. Raju Joseph for their committed and dedicated service.

Solemn Holy Communion

The scheduled date for the Solemn Holy Communion was on 23rd May 2021. Due to the covid 19 related provincial regulations, Holy Communion was postponed. But we continued the classes. The preparations for the Holy communion were going on every week. Now, finally when the provincial authorities have lifted the regulations, July 3rd, the feast day of *Dukbrana* has been fixed for the Solemn Holy Communion of our five kids of the parish. They are Liya Franklin, Siya Mary Jomon, Jomol Joshy, Sam Jubin and Ken Jojo. All the kids, parents, catechism teachers and the whole parish community are looking forward to the first ever Holy communion celebration of our Syro-Malabar parish in Halifax.

Catechism

We are closing to the end of the academic year 2020 – 21. The textbook-based instruction is done and catechism teachers are focusing now more on classes on Holy Qurbana. Two Sunday classes were handled by Catechism teachers and two other classes were by PAC teachers. Catechism classes of this year end by June for two months of summer vacation.

Catechism Assessment

Catechism final assessment was held on May 30, 2021 for different classes. Grade Primary to Grade 2 had oral mode of assessment, assignment and internal assessment. Whereas Grade 3 to Grade 8 had a written mode of assessment, assignment and internal assessment. Children of all the grades performed well and secured handsome scores. Report cards, containing term 1 and term 2 scores were distributed to the children on the next Sunday.

Bonus Month Activities

Month of June is a bonus month for kids as it was an extra time after the text-based classes and their assessments. The teachers thought of imparting a better understanding of Holy Qurbana to the children for a meaningful and active participation in Holy Qurbana. So, two sessions were allotted for that. Two other sessions were set apart to introduce to the children the liturgical meaning of the structure of the church, liturgical vestments of the priest and other things used in the Holy Qurbana. That was really interesting and useful for them. The Holy Rosary in English also was introduced to the children.

ST. MOTHER TERESA PARISH OTTAWA

Parish Priest

Fr Augustine Kallumkatharayil was appointed as the pastor of St Mother Teresa Syro-Malabar Catholic Church, Ottawa and St Joseph Syro-Malabar Catholic Mission, Montreal. Fr Augustine also holds the position as the Director of the Catechetical Department in the Eparchy of Mississauga.



Knights of Columbus

Knights of Columbus, also held their election ceremony for all the executive council members. It was unanimously decided to retain the same office bearers for an additional year. Brother Subin Michael will continue as the Grand Knight for the St Mother Teresa Ottawa parish. Our new Parish Priest, Fr. Augustine Kallumkatharayil, was installed as the chaplain for this council.

Our Parish is proud to announce the achievement of our youth in the Catholic Citizenship essay competition conducted by the Knights of Columbus with topic “Trusting in God”. Michelle Joseph won the 1st place among all the participants at the St Mother Teresa, Council and went on to win the second place for her grade level in Ontario. Cyril Thomas was the runner up for the Grade 11 level – International.



Michelle Mina Joseph Cyril Thomas

1st Place – St Mother Teresa Council, Ottawa

Runner up – Grade 11 level - International

2nd Place – Grade 9 level - Ontario

Department of Catechesis

Catechism exams for all grades was conducted in May and regular classes ended on May 30th. Eparchial exam committee involved two of our youth (Giselle Joseph and Dona Nelson) in contributing and assisting in preparing the question papers. Communion classes will continue till the end of June. There was a special class conducted for the communion students by Fr Augustine K on the sacrament of Reconciliation and Bro. Francis Akkarapattikkal on Holy Eucharist.

Other Parish Activities

Under the leadership of Fr. Augustine K, an Intercessory Prayer group was formed to pray for the intentions of our Parish and plans were underway for adoration to start every first Friday after the Holy Qurbana. A committee was formed for the Year of St Joseph activities at the Parish level. The Nurses ministry has scheduled a weekly prayer on Tuesdays before the Holy Qurbana.

Fr. Augustine also started visiting all his parishioners, to get to know everyone and solemnize the blessing of their houses.

ST. JOSEPH MISSION, MONTREAL

Department of Catechism honored the Grade 12 Catechism graduates, Alvin Biju, Dennah Sara Vettuvayalil, Joe Augustine and Roshna Mariamiju on 27 June 2021, after the Holy Qurbana. Fr. Augustine Kallumkatharayil distributed the certificates and delivered the keynote address. Mr. Benny Augustine, Anish Kurian, Manu George and Sijo Varghese congratulated the graduates and wished them to be a witness to Jesus. Catechism department under the leadership of principal, Deepthi Joseph organized the honoring Ceremony.



ST. MOTHER THERESA PARISH, CALGARY**Vanakkamasam Koodal**

The Month of May is specially dedicated to Mother Mary. The age-old tradition of the Kerala Christians, The Vanakkamasam, is said at the church after every Mass. Mother Mary was decorated beautifully and illuminated with the lights gave a special color to this special devotion. On May 31 Solemn mass were said and Pachor was distributed

**Annual Day of the Possession of the Church**

Thanks Day of the possession of the Church was celebrated on Sunday, 30th May. The thanks day Mass was officiated by Rev. Fr. Sajo Puthussery. He appreciated the hard work done by the parish community to possess the beautiful church.

Feast of the Sacred Heart

Solemn mass for the parish was said on the feast of the solemnity of the Sacred Heart of Jesus. The entire parish community is re-consecrated to the sacred Heart of Jesus.

First Holy Communion Gathering

children who received the Holy Communion in its solemn form this year were gathered at the church and thanked God on 27th of this month. They were consecrated to the divine heart of Mother Mary and scapulars were given to them



Month of Prayer

we celebrated the month of June as a month for prayer for our parish. Fifteen families each from our parish were specially remembered at the mass each day and prayed for their special intentions

Catechism Graduation

The church community appreciated and congratulated three of our children who were graduated the XII grade catechism. Pastor, Fr. Thomas gave them mementos and wished them that they could be the ambassadors of the Lord



Appreciation of the Families

As a part of St. Joseph Year we continued the appreciation of the families having four and children. This month we appreciated and blessed the families of Nikil George, Tosbon Joseph and Paulwaysmathew



CHRIST THE KING PARISH SASKATOON

Family Unit Meeting

With the number restrictions lifted, it has been decided to have family unit meetings held in person in the church with the Holy Eucharist. It will start from July.

Parish Council

Parish Council was held on Saturday, June 5 at 10.30 am. The report of the meeting and the monthly financial account were presented and approved. Various programs to promote still the unity and strength were discussed and scheduled accordingly.

Catechism News

Christ the King Sunday School, Saskatoon gathered for a year end evaluation on June 13, Sunday. Except three, all the other staff were present. The evaluation done was very productive and participatory. One major decision arrived at was to include the kids for all the neighbouring towns for the Catechism. It was decided to have graduation ceremony conducted in the parish level too. The first batch of grade 12 students, five of them got graduated this year. Many other faith enlivening and enriching programs have been planned for the coming academic year.

Nurses' Ministry

- June 1 to 30:** Prayer tool for the month is Word of God.
- June 3, 9:** Chain prayer for three families
- June 11:** In person prayer at 5.00 pm at St Michael's Church before the Holy Mass
- June 13:** Conducted Fathima Day Chain Prayer
- June 18:** Adoration at 5 pm. General body meeting

Other Activities:

- Daily prayer at 4pm via Zoom
- Every Last Tuesday Prayer and worship and Talk led by International Resource
- Every First Monday Canada Nurses Ministry Common prayer led by International Resource Team

SMYM News

Parish unit of SMYM International and SMYM National have been initiated. Ignatious Michael has been elected as the SMYM International animator. On June 6 Sunday there was a youth mass held at 7.30 pm. There were 16 participants. A WhatsApp group has been created and members are being added. June 27 Sunday at 7.30 pm there will be mass for SMYM International. After the mass there will be meeting in which youth programs will be planned.

Upcoming Events:

1. **SMYM International Mass and Meeting**
2. **Parish Council Meeting**
3. **Family Unit Meeting**

Fr. Martin Augustin SDB

Pastor.

ST. MARY'S MISSION, LLOYDMINSTER

The Holy Mass is celebrated every alternative Saturday at 3.00 pm. With the restrictions of number 30 being lifted up, all the parishioners can come for the Holy Mass. On June 7 Monday and June 8 Tuesday, the Pastor visited the families for the annual blessing and prayer. The blessing was done in 8 families and the remaining families will be visited in the month of July.

Ancily Shon is appointed as the Catechism Coordinator of the Parish. There will be registration done by the students and regular classes will be organized from the coming academic year.

Upcoming Events:

1. **Family Visit and Blessing**

ST. MOTHER THERESA MISSION, NORTH BATTLEFORD

The Holy Mass is celebrated at 7. 30 pm every Saturday. The mission consisting of 50 families is very active and united. There is a short gathering conducted after the mass. The family visit and blessing is planned in the first week of July. Families are asked to register their names according to their availability for the visits.

Mini Antony is appointed as the Catechism Coordinator of the Parish. There will be registration done by the students and regular classes will be organized from the coming academic year. Classes for the preparation for Solemn Holy Communion have already begun.

Upcoming Events:

1. **Family Visit and Blessing**

JUNE 2021

BISHOP'S DIARY

Date Time Program

1	06.00 am	Inaugurated Bible Reading Led by Bible Apostolate in the Month Specially Dedicated to Sacred Heart of Jesus.
	11.00 am	Prayer Session in Preparation to New Academic Year of the Seminarians
2	11.00 am	Presided over the Curia Meeting
5	05.00 pm	Presided over Graduation Ceremony of Grade 12 Catechesis
6	08.30 am	Celebrated Holy Qurbana at Cathedral
7	08.00 am	Celebrated Holy Qurbana at CMC
	11.00 am	Joined in the Monthly Recollection for Priests and Sisters
	05.00 pm	Participated in the Meeting of Pastor and Trustees of Montreal St. Joseph Mission
9	11.00 am	Presided over Curia Meeting
	04.00 pm	Participated in the Meeting with Montreal Archdiocese on Montreal Pastoral Arrangements.
10	01.0 pm	Participated in the Anglican -Roman Catholics Bishop's Dialogue
	08.30 pm	Joined in the DAL HS Staff Meeting
11	09.00 pm	Inaugurated Nurses Ministry in St Alphonsa Parish, Edmonton
13	10.00 am	Celebrated Holy Qurbana at Cathedral
	04.00 pm	Presided over the DAL Annual Day Celebration
14-16	01.00 pm	Joined in the Episcopal Commission for Evangelization and Catechesis

16	11.00 am	Presided over the Curia Meeting
	09.00 pm	Joined in the DALO Team Meeting
17	11.30 am	Presided over the College of Consultors' Meeting
18	05.00 pm	Presided over the Crisis Management Team Meeting
19	02.00 pm	Inaugurated Family Fellowship Rosary Prayer – Frankfurt
	03.00 pm	Celebrated Holy Qurbana in Vocation Camp
20	08.30 am	Celebrated Holy Qurbana at Cathedral
	08.00 pm	Inaugurated Virtual Couple Meet at St. Thomas Forane Parish Scarborough
	09.00 pm	Presided over the Parish General Body Meeting at Regina
22	11.30 am	Presided over the Presbyteral Council Meeting
	08.00 pm	Inaugurated the Catechesis Department Meeting
23	11.00 am	Presided over the Curia Meeting
	09.00 pm	Joined in the Intercessory Prayer of DAL & PAC
24	08.30 pm	Joined in the ISSSAC Buzz Meeting
26	10.30 am	Inaugurated DAL Retreat
	11.00 am	Inaugurated Kuwait Returnees Meeting
	01.00 pm	Joined in the ISSSAC Board Meeting
	02.00 pm	Inaugurated SMYM Animators' Training Session
27	08.30 am	Celebrated Holy Qurbana at Cathedral
	07.00 pm	Discussion with SMYM Leaders
29	09.00 pm	PAC Directors' Meeting
30	07.30 am	Joined in the SMBC Monthly Recollection
	11.00 am	Presided over the Curia Meeting

2021 ജൂലൈ ശ്ലീഹാ-കൈത്താ കാലങ്ങൾ

1 വ്യാഴം	റോമാ. 11:1-10, മർക്കോ. 10:46-52
2 വെള്ളി	റോമാ. 13:1-6, മത്താ 22:15-22
3 ശനി	മാർത്തോമാശ്ലീഹായുടെ ദുർഗ്ഗാനത്തിരുന്നാൾ ഉത്പ 2:8-17, സുഭാ 4:10-18, എഫേ 2:19-22, യോഹ. 20:24-29
4 ഞായർ	✠ ശ്ലീഹാ ഏഴാം ഞായർ നിയ 4:10-14, ഏശ. 5:8-20, 1 കോറി. 16:1-14, ലൂക്കാ. 13:22-30
5 തിങ്കൾ	2 കോറി. 2:5-11, മത്താ. 12:38-42
6 ചൊവ്വ	റോമാ. 13:7-10, മർക്കോ. 1:29-34
7 ബുധൻ	1 കോറി. 7:17-24, ലൂക്കാ 16:9-17
8 വ്യാഴം	2 കോറി. 4:1-6, മത്താ. 23: 13-22
9 വെള്ളി	റോമാ. 8:28-39, മത്താ. 10:37-42
10 ശനി	1 കോറി. 7:8-16, മത്താ. 19:1-12
11 ഞായർ	✠ കൈത്താ ഒന്നാം ഞായർ 1 രാജാ. 18:30-39, ശ്ലീഹ. 5:12-20, 1 കോറി. 1:9-16, ലൂക്കാ. 14:7-14
12 തിങ്കൾ	1 കോറി. 11:17-22, മത്താ 21:28-32
13 ചൊവ്വ	1 കോറി. 14:20-25, ലൂക്കാ 19:11-27
14 ബുധൻ	1 തിമോ. 6:11-16, യോഹ. 10:22-28
15 വ്യാഴം	1 കോറി. 14:13-19, യോഹ. 8:48-59
16 വെള്ളി	2 കോറി. 10:3-11, ലൂക്കാ 12:4-12
17 ശനി	2 കോറി. 6:14-18, മർക്കോ. 2:1-12
18 ഞായർ	✠ കൈത്താ രണ്ടാം ഞായർ നിയ. 4:32-40, ഏശ. 4:2-6, 2 കോറി. 3:4-12, ലൂക്കാ. 15:11-32
19 തിങ്കൾ	യാക്കോ. 1:12-18, മത്താ. 7:21-28
20 ചൊവ്വ	യാക്കോ. 4:1-7a, ലൂക്കാ 6:20-26
21 ബുധൻ	2 കോറി. 4:14-5:1, യോഹ 12:23-28
22 വ്യാഴം	യാക്കോ. 1:2-8, മർക്കോ. 11:12-14, 20-26
23 വെള്ളി	1 കോറി. 15:1-11, യോഹ. 20:19-29
24 ശനി	യാക്കോ. 2:1-8, ലൂക്കാ. 14:15-24
25 ഞായർ	✠ കൈത്താ മൂന്നാം ഞായർ നിയ 5:6-16 (5:1-16), ഏശ. 5:1-7, 2 കോറി. 7:1-11, യോഹ. 9:1-12, 35-38
26 തിങ്കൾ	യാക്കോ. 2:21-26, മത്താ. 23:34-39
27 ചൊവ്വ	യാക്കോ. 3:13-18, ലൂക്കാ 4:25-30
28 ബുധൻ	ഗലാ 2:19-21, യോഹ 12:20-26
29 വ്യാഴം	യാക്കോ. 5:13-20, മത്താ 10:5-15
30 വെള്ളി	എഫേ 3:14-21, മർക്കോ 8:22-26
31 ശനി	യാക്കോ. 4:13-17, ലൂക്കാ. 9:49-56



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