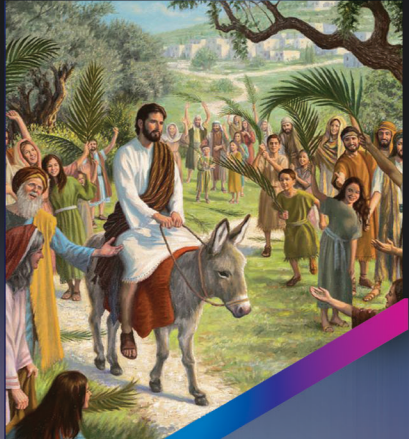


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EPARCHY OF MISSISSAUGA BULLETIN



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ഏപ്രിൽ 1990 തീയതി ജന്മദിനവും
ഏപ്രിൽ 24-ാം തീയതി നാമഹേതുക തിരുന്നാളും
ആഘോഷിക്കുന്ന അഭിവന്ദ്യ മേജർ ആർച്ച് ബിഷപ്പ്
മാർ ജോർജ് കാർഡിനൽ ആലഞ്ചേരി പിതാവിന്
മിസ്സിസ്സാഗാ രൂപതാ കുടുംബത്തിന്റെ
പ്രാർത്ഥനാശംസകൾ...





Festal GREETINGS

Celebrating with you
on this blessed day.
May your heavenly patron ever
be your guardian and guide.



Fr. George Palamattam CMI



Fr. George Changanamthundathil



BISHOP'S ENGAGEMENTS

APRIL 2022

| Date | Time | Program |
|------|----------------------|---|
| 1 | 07.00 pm | Visitation - London |
| 2 | 07.30 pm | Finance Council Meeting |
| 3 | 09.00 am 04.00 pm | Holy Qurbana at St Mary's Parish London Holy Qurbana at St Alphonsa Parish Cambridge |
| 4 | 08.00 am 09.00 am | Holy Qurbana at CMC Bible Reading Inauguration of Nurses Ministry |
| 6 | 11.00 am 08.00 pm | Curia Meeting Synod on Synodality for SOF Family |
| 9-10 | | Parish Retreat at Cambridge |
| 10 | 08.30 am 04.00 pm | Palm Sunday Celebration at Cathedral Palm Sunday at St Alphonsa Parish Cambridge |
| 11 | 06.30 pm | Chrism Mass at Cathedral |
| 14 | 09.00 am 08.30 pm | Maundy Thursday Celebration at Cathedral Maundy Thursday Celebration at Cambridge |
| 15 | 08.00 am 05.00 pm | Good Friday Services at Brampton Good Friday Services at Cambridge |
| 16 | 09.15 am 07.00 pm | Holy Saturday Services at Cathedral Easter Vigil at St Alphonsa Parish Cambridge |
| 17 | 08.00 am | Easter Sunday Qurbana at St. Thomas Forane Parish Scarborough Flight to India |
| 20 | 09.00 am IST | Installation Ceremony of Archbishop Joseph Pamplany, Thalassery |

| | | |
|----|--------------|--|
| 23 | 09.00 am IST | Installation Ceremony of Bishop Peter Kochupurackal, Palakkadu |
| 24 | 02.00 pm IST | Vestition of Br. Justin Puthenparambu and Br. Johnson Elanjickal, St Mary's Minor Seminary Palakkadu |
| 25 | 10.00 am | Marriage Lourde Matha Cathedral, Thrichur |
| 28 | | Return to Canada |
| 30 | | Vocation Camp |





EPARCHY OF MISSISSAUGA

For the Glory of God

Prot N.030/2022

April 01, 2022

CIRCULAR

Dear Rev. Fathers, Sisters and beloved Lay Faithful,

The Corona virus had been a source of anxiety and fear for many since the beginning of the year 2020. Practical information and precautionary measures had been announced by the federal and provincial governments and local public health officials to mitigate the spread of this virus during the pandemic period. Together with the civil authorities, the Syro-Malabar Catholic Eparchy of Mississauga, with due concern for the spiritual and physical health of the people, especially the most vulnerable, had issued the remedial measures to alleviate the spread of the pandemic. At the moment, the faithful of the Eparchy had been granted dispensation from their Sunday obligation to attend the Holy Qurban in-person, with the just and reasonable cause. (Ref. Circulars. Prot. N. 23/2020, Date: March 06, 2020, and Prot. N. 26/2020, Date: March 14, 2020).

However, in the improved situation the federal and provincial authorities of Canada have lifted the restrictions of Covid-19; and I am happy to welcome you back to all in-person ministries of the Church, particularly to the celebration of the Sunday Holy Qurbana. In this context, I hereby revoke the granted dispensation from the Sunday obligation to attend the Holy Qurbana, in-person. I encourage you all to come out from isolation and rediscover the grace of everyday life by active physical participation in Church ministries and to dream for a better future.

The crucified Jesus has risen from the dead. The tombstones rolled away. God the Father raised Jesus, who accomplished His saving will by taking upon Himself our weakness, infirmities, the weight of our sins, even our death. God the Father exalted Him and now Jesus Christ lives forever. To celebrate Easter is to allow Jesus to triumph.

I wish you a Blessed and Happy Easter!

Yours lovingly in the Risen Lord,



Mar Jose Kalluvelil

Bishop Eparchy of Mississauga

NB. Please read this Circular in during Holy Qurbana in all our parishes and missions on April 03, 2022.



CURIA NEWS

1. Curia Meetings

Curia Meetings were held on March 03, 16, 22, 30

2. Parish Council

The tenure of the present Parish Council ends by April 30, 2022. It is the time to form the new Parish Councils in the parishes and missions. The details follow:

SECTION III

Pratinidhiyogam

9. MEMBERS: The following persons shall be the members of the *Pratinidhiyogam*:

9. 1. EX-OFFICIO MEMBERS

9. 1. 1. Pastor

9. 1. 2. Associate Pastor (s)

9. 1. 3. *Kaikkârans* (Trustees) of the year

9. 1. 4. The Pastoral Council members from the parish or mission

9. 1. 5. Catechism principal

9. 2. ELECTED MEMBERS

9. 2. 1. Selected / Elected representatives of the family units. The parishes with ten or more family units can send only the selected / elected family unit **Councilors** to its parish council and the parishes with less than ten family units can send the selected / elected family unit **Councilors and Spiritual Coordinators** to its parish council (Ref. 10. 1).

9. 2. 2. One representative of the recognized parish associations and departments as per the Eparchial statutes (Ref. 10. 2).

9. 2. 3. One representative each from both National and International SMYM who have attained 21 years of age and have registered in the parish.

9. 2. 4. One representative from the Shepherds of Faith in the parish or mission.

9. 2. 5. Representatives of the Institutes of Consecrated Life / Societies of Apostolic Life in the parish: one from men and one from women (Ref. 10. 3).

9. 2. 6. One selected / elected representative of the Eparchial priests from the parish, working in the same Eparchy of Mississauga, subject to the practice of the Eparchy.

9. 2. 7. One representative of the parish educational institutions and one representative from other parish institutions, if any, who is a parishioner (Ref. 10. 4).

9. 3. **NOMINATED MEMBERS**

9. 3. 1. Persons including experts nominated by the local Hierarch in consultation with the Pastor.

9. 4. The total number of the nominated members shall not exceed 1/3 of the total members of *Pratinidhiyogam*.

10. **SELECTION /ELECTION:** The selection / election to the *Pratinidhiyogam* shall be as follows:

10. 1. The family units shall **select/ elect** representatives from every family unit, registered members of the parish or mission, in such a way that thirty percent of the selected / elected members in the *Pratinidhiyogam* should be women (Ref. 9.2.1).

10. 2. The representative of the recognized parish associations and departments is selected / elected at a meeting of the respective

representatives of all associations and departments in the parish convened by the Pastor. (Shepherds of Faith and SMYM are exempted as they send their representatives as per 9. 2. 3 and 9. 2. 4).

10. 3. The representatives of the men and women Institutes of Consecrated Life / Societies of Apostolic Life are selected / elected at a meeting of the respective representatives of all the Institutes of Consecrated Life / Societies of Apostolic Life in the parish convened by the Pastor.

10. 4. The parishioner representing the parish educational institutions is elected at a meeting of representatives of all parish educational institutions convened by the Pastor. In the same way, if there are other parish institutions, their representative is elected.

10. 5. As far as possible the selections shall be by consensus and the elections by the majority of the members present and voted.

The Pastors have to submit the list of the members of the *Pratinidhiyogam* and get it approved by the Eparchial Curia before any canonical procedures.

3. Pastoral Council

It is the time to form the third Pastoral Council in the Eparchy. The parishes and missions in the Eparchy select or elect their Pastoral Council members either from Parish Council (*Pratinidhiyogam*) or General Body (*Potuyogam*) in proportion to the number of families in it. The parishes or missions having up to 75 families can select or elect **ONE member** (Man or Woman), those having 76-200 families can select or elect **TWO members** (One man and One woman), those having more than 200 families can select or elect **THREE members** (1/3 Woman Representation) to the Pastoral Council. The newly selected or elected Pastoral Council members will belong to the Forane Council when it is officially formed. The Pastoral Council members will be Ex- Officio members in the Parish Council of the parishes and missions. The tenure of

the Pastoral Council is for two consecutive years or as otherwise decided by the Eparchial Bishop. The Pastors in charge of the parishes and mission have to inform the name and details of the Pastoral Council members on or before April 30, 2022, the Eparchial Curia.

4. Monthly Recollection For Priests and Sisters

Monthly recollection for the priests and sisters will be held on April 04, 2022, at 11 am. The spiritual enrichment talk will be given by Rev. Fr. Augustine Kallumkatharayil.

5. Annual Account Statements

All the parishes and missions are requested to submit the annual statements and balance sheet of 2021 to the eparchial finance office in the month April 2022.

6. Annual Returns To CRA

Please do the annual returns to CRA from each parish and mission not later than May 31st and submit a copy to the eparchial finance office on the same day to submit the corporate annual return by June 30th.

7. Maundy Thursday (Support Fund for Seminarians)

Every parishes and missions are requested to have special collection on Maundy Thursday to support the formation of seminarians of Eparchy of Mississauga. It is highly appreciated to transfer the amount to eparchial finance office before April 30th.

8. Good Friday (Holy Land Support Fund)

Every parishes and missions are requested to have special collection on Good Friday to support Holy Land. It is highly appreciated to transfer the amount to eparchial finance office before April 30th.

ക്രിസ്തീയജീവിതവും ഹൃദയപരിവർത്തനവും

(തിരുവചനഭാഗം: റോമാ 2,1 -29)



ദൈവത്തിന്റെ സ്വന്തം ജനമായി തിരഞ്ഞെടുക്കപ്പെട്ട യഹൂദരുടെ തിന്മകളെ പൗലോസ് ശ്ലീഹാ ചൂണ്ടിക്കാട്ടുന്ന ഒരു വചനഭാഗമാണിത്. ഈ വചനഭാഗത്തെ താഴെക്കാണുംവിധം നമുക്ക് വിഭജിക്കാം.

1. ദൈവത്തിന്റെ വിധി ന്യായയുക്തം (2,1-6)
2. നന്മ ചെയ്യുന്നവന് നിത്യജീവൻ (2,7-11)
3. വിധിയുടെ മാനദണ്ഡം (2,12-16)
4. പരിച്ഛേദനവും നിയമാനുസൃതജീവിതവും (2,17-25)
5. യഥാർത്ഥ പരിച്ഛേദനം (2,26-29)

പുതിയനിയമ ദൈവജനമായ സഭയ്ക്കും സഭാശുശ്രൂഷ നിർവ്വഹിക്കുന്ന അജപാലകർക്കും ഈ വചനഭാഗം നൽകുന്ന സന്ദേശം മനസ്സിലാക്കാൻ ശ്രമിക്കാം.

1. ദൈവത്തിന്റെ വിധി ന്യായയുക്തം

“അല്ലയോ മനുഷ്യാ, നീ ആരുതന്നെ ആയാലും മറ്റൊരുവനെ വിധിക്കുമ്പോൾ നിനക്ക് ന്യായീകരണമില്ല. അപരനെ വിധിക്കുമ്പോൾ, നീ നിന്നെത്തന്നെയാണു വിധിക്കുന്നത്. എന്തെന്നാൽ, വിധിക്കുന്ന നീയും അതേ കുറ്റങ്ങൾ ചെയ്യുന്നു. അപ്രകാരം പ്രവർത്തിക്കുന്നവരുടെമേലുള്ള ദൈവത്തിന്റെ വിധി ന്യായയുക്തമാണെന്നു നമുക്കറിയാം. ഇത്തരം പ്രവൃത്തികൾ ചെയ്യുന്നവരെ വിധിക്കുകയും എന്നാൽ, അവതന്നെ പ്രവർത്തിക്കുകയും ചെയ്യുന്ന മനുഷ്യാ, ദൈവത്തിന്റെ വിധിയിൽനിന്ന് ഒഴിഞ്ഞുമാറാൻ സാധിക്കുമെന്നു നീ വിചാരിക്കുന്നുവോ?” (2,1-3).

ഒരു യഹൂദനുമായുള്ള സംവാദശൈലിയിലാണ് പൗലോസ് ശ്ലീഹാ എഴുതുന്നത്. ‘അല്ലയോ മനുഷ്യാ’ എന്നു പറഞ്ഞുകൊണ്ട് ഈ അദ്ധ്യായം ആരംഭിക്കുന്നു. അത് ഒരു യഹൂദനാണെന്ന് പതിനേഴാം വാക്യത്തിൽനിന്നു നമുക്കു

മനസ്സിലാക്കാം. യഹൂദനുമായുള്ള സംവാദശൈലിയിൽ എഴുതുവാൻ അദ്ദേഹത്തെ പ്രേരിപ്പിക്കുന്ന കാരണങ്ങൾ പലതുണ്ട്. ഉദാഹരണത്തിന് പഴയനിയമത്തിലെ ജ്ഞാനഗ്രന്ഥത്തിൽ ഈജിപ്തുകാരെയും ഇസ്രായേലുകാരെയും വിധിക്കുന്നത് വ്യത്യസ്തമായിട്ടാണ് എന്നു പ്രസ്താവിച്ചിരിക്കുന്നു (ജ്ഞാനം 11,10; 15,1-3). വിജാതീയരെ ദൈവം ശിക്ഷിച്ചുകഴിഞ്ഞു. എന്നാൽ യഹൂദർക്കുള്ള ശിക്ഷ “ക്രോധത്തിന്റെ ദിന”ത്തിലാണ് വെളിപ്പെടുക. ആ ഗണത്തിൽപ്പെടുന്ന ആളാണ് പൗലോസുമായി സംവദിക്കുക. ഹൃദയം കഠിനമാക്കിയിരിക്കുന്ന അയാളും മാനസാന്തരപ്പെടുന്നില്ലെങ്കിൽ ശിക്ഷ ഏറ്റുവാങ്ങേണ്ടിവരും. കാരണം, ശിക്ഷാകാരണമായ പാപങ്ങൾ അയാളും ചെയ്യുന്നു (2,2). ദൈവത്തിന്റെ അപാരമായ കരുണയെയും ക്ഷമയെയും നിസ്സാരമാക്കുന്നതിനു തുല്യമാണ് മാനസാന്തരപ്പെടാതെ ജീവിക്കുന്നത്.

നാമമാത്രമായ ക്രിസ്തീയജീവിതം നയിക്കുന്നവർ സഭയിലുമുണ്ട്. സഭ രക്ഷിക്കപ്പെട്ടവരുടെ സമൂഹമാണെന്നു വിശ്വസിക്കുന്ന സഭാംഗങ്ങളിൽ പലരും വിശ്വാസത്തിനനുസൃതമായ ജീവിതം നയിക്കാതിരിക്കുന്നു. വിശ്വാസം വെറും ഭക്തകൃത്യങ്ങൾ അനുഷ്ഠിക്കുന്ന ജീവിതമായി അധഃപതിക്കുന്നു. കുർബ്ബാനയിൽ സംബന്ധിക്കുന്നതും കൂദാശകൾ സ്വീകരിക്കുന്നതും ജീവിതത്തെ സ്വാധീനിക്കാത്ത വെറും ചടങ്ങുകളായിത്തീരുന്നു. ഇതിനു മാറ്റം സംഭവിക്കേണ്ടതുണ്ട്. പരിശുദ്ധ കുർബ്ബാനയിലുള്ള സജീവമായ ഭാഗഭാഗിത്വം, കൂദാശാസ്വീകരണങ്ങളിലൂടെ ദൈവവും സഹോദരങ്ങളുമായുള്ള സ്നേഹബന്ധത്തിലുള്ള നവീകരണം, എന്നിവയിലെല്ലാം സഭയിലെ എല്ലാ അംഗങ്ങളും ബോധവൽക്കരിക്കപ്പെടണം. ഇപ്രകാരമുള്ള വിശ്വാസപരിശീലനവേദികൾ കൂടുതൽ ഫലപ്രദമാക്കാൻ അജപാലകർ പ്രത്യേകം ശ്രദ്ധിക്കണം.

2. നന്മ ചെയ്യുന്നവന് നിത്യജീവൻ

“സൽകർമ്മത്തിൽ സ്ഥിരതയോടെനിന്ന് മഹത്ത്വവും ബഹുമാനവും അക്ഷയത്വവും അന്വേഷിക്കുന്നവർക്ക് അവിടുന്ന് നിത്യജീവൻ പ്രദാനം ചെയ്യും. സ്വാർഥതകളായി, സത്യത്തെ അനുസരിക്കാതെ, ദുഷ്ടതയ്ക്കു വഴങ്ങുന്നവർ കോപത്തിനും ക്രോധത്തിനും പാത്രമാകും. തിർമ്മ പ്രവർത്തിക്കുന്ന ഏതൊരുവനും, ആദ്യം യഹൂദനും പിന്നെ ഗ്രീക്കുകാരനും, ക്ലേശവും ദുരിതവും ഉണ്ടാകും. എന്നാൽ, നന്മ പ്രവർത്തിക്കുന്ന ഏതൊരുവനും, ആദ്യം യഹൂദനും പിന്നെ ഗ്രീക്കുകാരനും, മഹത്ത്വവും ബഹുമാനവും സമാധാനവും ഉണ്ടാകും. എന്തെന്നാൽ ദൈവസന്നിധിയിൽ മുഖംനോട്ടമില്ല” (2,7-11).

നന്മ ചെയ്യുന്നതിൽ മടുപ്പില്ലാതെ ജീവിച്ചവർക്ക് ദൈവം നിത്യജീവൻ നൽകും. ദുഷ്ടതയ്ക്ക് വഴങ്ങിയവരാകട്ടെ ദൈവകോപത്തിനു പാത്രമാവു

കയും ചെയ്യും. ഇത് രണ്ടു പ്രാവശ്യം പറയുന്നുണ്ട്. രണ്ടു പ്രാവശ്യവും “ആദ്യം യഹൂദനും പിന്നെ ഗ്രീക്കുകാരനും” എന്ന് പൗലോസ് കൂട്ടിച്ചേർക്കുന്നുണ്ട്. യഹൂദർ ദൈവത്തിന്റെ സ്വന്തം ജനമായതിനാൽ വിധിയ്ക്ക് അർഹതയുള്ളവരാണ് (ആമോ 3,2). സ്രഷ്ടാവിനെ ആരാധിക്കാൻ ബാധ്യസ്ഥരായ വിജാതീയർക്കും വിധിവാചകം കേട്ടേ മതിയാവൂ. എന്തെന്നാൽ ദൈവസന്നിധിയിൽ മുഖം നോട്ടമില്ല (2,11). ഇരുകൂട്ടരും ദൈവത്തിന്റെ വിധിയ്ക്ക് പാത്രീഭൂതരാകും.

പ്രവൃത്തികളെ ആധാരമാക്കിയാണ് വിധിക്കുന്നത് എന്നു പൗലോസ് പറയുമ്പോൾ വിശ്വാസത്തിന്റെ പ്രാധാന്യം കുറച്ചുകാണിക്കുകയല്ല. വിശ്വാസാനുസൃതമായ പ്രവൃത്തികളെപ്പറ്റിയാണ് ഇവിടെ പറയുന്നത്. പൗലോസ് കൃപയും ശ്ലൈഹികസ്ഥാനവും പ്രാപിച്ചിരിക്കുന്നത് ‘വിശ്വാസത്തിന്റെ അനുസരണം’ സകലജാതികളുടെയിടയിലും ഉളവാകേണ്ടതിനാണെന്നു നേരത്തെ പറഞ്ഞിട്ടുണ്ടല്ലോ (റോമാ 1,5). അതുകൊണ്ട് വിശ്വാസജീവിതത്തിൽ നിന്നു രുത്തിരിയുന്ന പ്രവൃത്തികളാണ് വിധിയുടെ മാനദണ്ഡമായിത്തീരുന്നത്. അപ്രകാരമുള്ള പ്രവൃത്തികളാണല്ലോ ജീവിതത്തിന്റെ ആകെത്തുക. ആ പ്രവൃത്തികൾ കൂടാതെ മനുഷ്യനെ വിലയിരുത്താനാവില്ല. ദൈവത്തിനു പ്രഥമസ്ഥാനം കൊടുത്തുകൊണ്ടുള്ള ഒരു ജീവിതം ദൈവതിരുമുമ്പിൽ സന്തോഷപൂർവ്വം നിൽക്കാൻ മനുഷ്യനെ സഹായിക്കും. അതുകൊണ്ട് വിശ്വാസത്തിനനുസൃതമായ ജീവിതം നയിക്കാൻ അജപാലകർ ശ്രദ്ധിക്കണം. അപ്രകാരം അജഗണങ്ങളെ പരിശീലിപ്പിക്കുകയും ചെയ്യണം.

3. വിധിയുടെ മാനദണ്ഡം

“നിയമബദ്ധരല്ലാതിരിക്കേ പാപം ചെയ്തവരെല്ലാം നിയമം കൂടാതെ നശിക്കും; നിയമ ബദ്ധരായിരിക്കേ പാപംചെയ്തവൻ നിയമാനുസൃതം വിധിക്കപ്പെടും. കാരണം, നിയമം ഗ്രഹിക്കുന്നവരല്ല ദൈവസമക്ഷം നീതിമാൻമാർ; നിയമം അനുസരിക്കുന്നവനാണ് നീതികരിക്കപ്പെടുന്നത്” (2,12-13).

ദൈവത്തിന്റെ വിധി സാർവ്വത്രികമാണ്. ആർക്കും അതിൽനിന്ന് ഒഴികഴിവില്ല. പാപം സാർവ്വത്രികമായതുപോലെ വിധിയും സാർവ്വത്രികംതന്നെ. നിയമം ലഭിച്ചിട്ടുള്ള യഹൂദനും നിയമം ലഭിച്ചിട്ടില്ലാത്ത വിജാതീയനും വിധിവാചകം കേൾക്കണം. നിയമം ദൈവദാനമായി ലഭിച്ചത് തങ്ങൾക്കുള്ള ആനുകൂല്യമായി യഹൂദർ കരുതിയേക്കാം. അതുകൊണ്ട് അവരെ നിയമത്തിന്റെ അടിസ്ഥാനത്തിലാകാം ദൈവം വിധിക്കുക (2,13). പ്രകൃതിയിൽനിന്ന് ദൈവനിയമങ്ങൾ ഗ്രഹിക്കാൻ കഴിയുമായിരുന്ന വിജാതീയർക്ക് അതുതന്നെയാണ് വിധിയുടെ അടിസ്ഥാനം (2,14-16). ചുരുക്കത്തിൽ ഇരുകൂട്ടരും പാപികളാണ്

എന്നാണ് ശ്ലീഹാ പറഞ്ഞുവയ്ക്കുന്നത്. അതുകൊണ്ട് വിധിക്ക് വിധേയമാണെന്നുള്ളതിന് സംശയമില്ല.

പൗലോസിന്റെ ബോധ്യം താൻ പ്രസംഗിക്കുന്ന സുവിശേഷമനുസരിച്ച് ദൈവം ഈശോമിശിഹാവഴി ഈ വിധി നടപ്പിലാക്കുമെന്നാണ്. വിജാതീയർക്ക് ഒരു നീതിയും യഹൂദർക്ക് മറ്റൊരു നീതിയുമല്ല പൗലോസ് പ്രസംഗിക്കുന്നത്. ഇരുകൂട്ടരെയും ദൈവം നിഷ്പക്ഷമായി വിധിക്കും. എല്ലാവർക്കും തങ്ങളുടെ പ്രവൃത്തികൾക്ക് ഉത്തരവാദിത്വമുണ്ട്. കേവലം വിശ്വാസംകൊണ്ടുമാത്രം നീതീകരിക്കപ്പെടും എന്നു വിചാരിക്കുന്നവൻ, സമയമുള്ളതുകൊണ്ട് ശിക്ഷയിൽനിന്നൊഴിവാകും എന്നു വിചാരിക്കുന്ന യഹൂദനെപ്പോലെയാണ്. ഹൃദയവിചാരങ്ങൾ അറിയുന്ന ദൈവം, വ്യക്തിയുടെ ജീവിതത്തെയാണു വിലയിരുത്തുക. അപ്പോൾ വിധിദിവസത്തിൽ കർത്താവായ മിശിഹായുടെ മാധ്യസ്ഥ്യം അവിടുത്തിൽ വിശ്വസിക്കുന്നവർക്ക് അനുഭവവേദ്യമാകും. വിശ്വാസം തിരസ്കരിച്ചവർക്ക് രക്ഷ കിട്ടാക്കണിയായിരിക്കും (ഗലാ 1,8). അതുകൊണ്ട് അന്ത്യവിധിയെ മുന്നിൽകണ്ടുകൊണ്ട് നിരന്തരം ജീവിക്കുവാൻ വിശ്വാസികളെ അജപാലകർ പരിശീലിപ്പിക്കണം.

4. പരിച്ഛേദനവും നിയമാനുസൃതജീവിതവും

“നീ യഹൂദനെന്ന് വിളിക്കപ്പെടുന്നു; നിയമത്തിൽ ആശ്രയിക്കുന്നു; ദൈവത്തിൽ അഭിമാനം കൊള്ളുന്നു. നീ നിയമം പഠിച്ചിട്ടുള്ളതിനാൽ, ദൈവഹിതം അറിയുകയും ശ്രേഷ്ഠമായതിനെ അംഗീകരിക്കുകയും ചെയ്യുന്നു. ജ്ഞാനത്തിന്റെയും സത്യത്തിന്റെയും മുർത്തരുപം നിയമത്തിൽ നിനക്കു ലഭിച്ചിരിക്കുന്നതുകൊണ്ട്, നീ അന്ധൻമാർക്കു വഴികാട്ടിയും ഇരുട്ടിലിരിക്കുന്നവർക്കു വെളിച്ചവും അജ്ഞർക്ക് ഉപദേഷ്ടാവും കുട്ടികൾക്ക് അധ്യാപകനും ആണെന്നു നിനക്കു ഉറപ്പുണ്ടെങ്കിൽ, മറ്റുള്ളവരെ പഠിപ്പിക്കുന്ന നീ നിന്നെത്തന്നെ പഠിപ്പിക്കാത്തതെന്ത്? മോഷ്ടിക്കരുത് എന്നു പ്രസംഗിക്കുന്ന നീ മോഷ്ടിക്കുന്നുവോ?” (2,17-21).

വിജാതീയരെ വിധിക്കുന്ന യഹൂദർ അതേ കുറ്റങ്ങൾതന്നെ ചെയ്യുന്നു എന്നാണ് പൗലോസ് പറയുന്നത്. അതെങ്ങനെയാണെന്ന് തുടർന്ന് വിശദമാക്കുകയാണ് (2,17-20). പൗലോസിന് യഹൂദനിയമങ്ങളും ആചാരങ്ങളും കൃത്യമായി അറിയാം. വിജാതീയരെ വെളിച്ചത്തിലേക്കു നയിക്കാൻ തങ്ങൾ ബാധ്യസ്ഥരാണെന്നാണ് യഹൂദരുടെ ബോധ്യം (ഏശ 42,6-7). നിയമം പഠിച്ചിട്ടുള്ളതിനാൽ ദൈവഹിതം അറിയുന്നവരാണ് യഹൂദർ. അത് മറ്റുള്ളവർക്ക് പകർന്നുകൊടുക്കാൻ നിയുക്തരുമാണ്. പക്ഷേ, അവരുടെ അവകാശങ്ങളും ജീവിതരീതിയും തമ്മിൽ പൊരുത്തപ്പെടുന്നില്ല. നിയമമുണ്ടെന്ന് അഭിമാനിക്കുന്ന അവർ നിയമത്തെ മറികടന്നുകൊണ്ട് പാപം ചെയ്യുന്നു. മോഷ

ണവും വ്യഭിചാരവും വിഗ്രഹങ്ങളുടെ കച്ചവടവുമെല്ലാം നിഷിദ്ധമാണെന്നു നിയമത്തിലുണ്ട്. അങ്ങനെ അവർ പഠിപ്പിക്കുകയും ചെയ്യുന്നുണ്ട്. പക്ഷേ, അവർക്ക് അവതന്നെ ചെയ്യാൻ മടിയില്ല.

ക്രിസ്തീയജീവിതത്തിലും ഇതുതന്നെ സംഭവിക്കുന്നുണ്ട്. നമുക്കു വിശ്വാസപ്രമാണവും പത്തു പ്രമാണങ്ങളും കുർബ്ബാനയും കുദാശകളുമെല്ലാമുണ്ട്. നമ്മൾ ഭൂമിയുടെ ഉപ്പും ലോകത്തിന്റെ വെളിച്ചവുമാകണമെന്നു മിശിഹായുടെ വ്യക്തമായ നിർദ്ദേശവുമുണ്ട് (മത്താ 5,13-16). പക്ഷേ, പലപ്പോഴും നമ്മളും ദൈവത്തിന്റെ പ്രമാണങ്ങളും തിരുസ്സഭയുടെ കല്പനകളും കാത്തുജീവിക്കുന്നതിൽ പരാജയപ്പെടുന്നു. അർത്ഥവത്തും അനുഭവപരവുമായ രീതിയിൽ പരിശുദ്ധ കുർബ്ബാനയിൽ പങ്കുചേരാനും വിശുദ്ധ കുദാശകൾ സ്വീകരിക്കാനും നമുക്കു കഴിയാതെ പോകുന്നു. അവയെല്ലാം വെറും മതപരമായ ചടങ്ങുകളും അനുഷ്ഠാനങ്ങളുമായി മാറുന്നു. അതുകൊണ്ട് മിശിഹായ്ക്ക് സാക്ഷ്യം വഹിക്കുവാൻ നമുക്കു കഴിയുന്നില്ല. പലപ്പോഴും ക്രിസ്തീയജീവിതം എതിർസാക്ഷ്യമായിത്തീരുകയും ചെയ്യുന്നു. ഈ പശ്ചാത്തലത്തിൽ അജപാലകർ കൂടുതൽ ജാഗ്രതയോടെ വർത്തിക്കേണ്ടതുണ്ട്. തങ്ങളുടെ അജഗണങ്ങളെ വേണ്ട വിധത്തിൽ ബോധവൽക്കരിക്കാനും ക്രിസ്തീയസാക്ഷ്യം നൽകുന്ന സമൂഹങ്ങളായി രൂപീകരിക്കാനും അവർ പരിശ്രമിക്കണം.

5. യഥാർത്ഥ പരിച്ഛേദനം

“എന്തെന്നാൽ, ബാഹ്യമായി യഹൂദനായിരിക്കുന്നവനല്ല യഥാർത്ഥ യഹൂദൻ. യഥാർത്ഥ പരിച്ഛേദനം ബാഹ്യമോ ശാരീരികമോ അല്ല. ആന്തരികമായി യഹൂദനായിരിക്കുന്നവനാണ് യഥാർത്ഥ യഹൂദൻ; ഹൃദയത്തിൽ നടക്കുന്ന പരിച്ഛേദനമാണ് യഥാർത്ഥ പരിച്ഛേദനം. അത് ആത്മീയമാണ്. അക്ഷരാർത്ഥത്തിലുള്ളതല്ല. അവനു പ്രശംസ ലഭിക്കുന്നത് മനുഷ്യരിൽ നിന്നല്ല, ദൈവത്തിൽനിന്നാണ്” (2,28-29).

നിയമമുണ്ടായിട്ടും അതനുസരിക്കാത്തവന് നിയമം പ്രായോഗികമായി നിഷ്ഫലമാണ്. അതുപോലെതന്നെയാണ് യഹൂദർ രക്ഷയുടെയും തിരഞ്ഞെടുപ്പിന്റെയും അടയാളമായി കരുതുന്ന പരിച്ഛേദനവും. നിയമം ലംഘിക്കുന്നവന് പരിച്ഛേദനംകൊണ്ടു ഫലമില്ല. പരിച്ഛേദനത്തിനു വിധേയരാകാത്ത, എന്നാൽ നിയമം പാലിക്കുന്ന വിജാതീയരായിരിക്കും നിയമവും പരിച്ഛേദനവുമുള്ള യഹൂദരെ വിധിക്കുക. നിയമത്തിന്റെ അക്ഷരമാത്രം അറിയുകയും ചൈതന്യം വിസ്മരിക്കുകയും ചെയ്യുന്ന സ്വജാതീയരായ യഹൂദരെ പൗലോസ് തീക്ഷ്ണമായി വിമർശിക്കുന്നു. ഈശോയും ഈ നിലപാടു തന്നെയാണ് സ്വീകരിച്ചത് (ലൂക്കാ 11,31-32). പക്ഷഭേദമില്ലാത്ത ദൈവം (2,11), രഹസ്യങ്ങൾ അറിയുന്ന ദൈവം (2,16) നിയമത്തിൽ അഹങ്കരിക്കുകയും പരിച്ഛേദനം

അനുഷ്ഠിക്കുകയും ചെയ്യുന്ന യഹൂദരെയല്ല, നിയമങ്ങൾ അനുഷ്ഠിക്കുന്ന അപരിച്ഛേദിതരായ വിജാതീയരെയാണ് നീതീകരിക്കുന്നത്.

ബാഹ്യമായി യഹൂദനായിരിക്കാൻ ആർക്കും കഴിയും. പക്ഷേ അയാൾ യഥാർത്ഥ യഹൂദനായിരിക്കണമെന്നില്ല. യഥാർത്ഥ യഹൂദർ ആന്തരികമായി യഹൂദരായിരിക്കുന്നവരാണ്. അവരുടെ പരിച്ഛേദനം ബാഹ്യമായ കർമ്മത്തിൽ ഒതുങ്ങി നിൽക്കുന്നതല്ല. അതു ഹൃദയത്തിലാണു നടക്കുന്നത്. അതു ശാരീരികമായ ഒരു പ്രവൃത്തിയല്ല, ആത്മീയമാണ്. അങ്ങനെയുള്ളവരെ ദൈവം തന്നെ പ്രശംസിക്കുകയും ചെയ്യും. ഹൃദയത്തിന്റെ ഈ പരിച്ഛേദനം പരിശുദ്ധാത്മാവിന്റെ മിശിഹായിലുള്ള വിശ്വാസത്തിലേക്കു വരുന്നവരിൽ ജ്ഞാനസ്നാനത്തിലൂടെയാണ് നിറവേറുന്നത് (റോമാ 3,21-23; 4,11). അതുകൊണ്ട് ക്രൈസ്തവരായ നാം ഹൃദയത്തിന്റെ പരിച്ഛേദനം മാമ്മോദീസായിലൂടെ സ്വീകരിച്ചവരെന്ന നിലയിൽ അരുപിയാൽ നയിക്കപ്പെട്ട്, ദൈവവചനാനുസൃതമായി ജീവിക്കുവാൻ നിരന്തരം പരിശ്രമിക്കണം. അതിനായുള്ള പരിശീലനം നൽകുവാൻ അജപാലകരെല്ലാം പ്രത്യേകം ശ്രദ്ധിക്കണം.

ജീവിതസൂചിക

1. യഥാർത്ഥ മാനസാന്തരമുള്ളവാക്കുന്ന വിശ്വാസപരിശീലനമാണോ ഞാൻ ജനങ്ങൾക്കു നൽകുന്നത്?
2. ദൈവത്തിനു പ്രഥമസ്ഥാനം നൽകുന്ന ഒരു ജീവിതമാണോ ഞാൻ നയിക്കുന്നത്?
3. അന്ത്യവിധിയെ മുന്നിൽകണ്ടുകൊണ്ടുള്ള ഒരു ജീവിതം നയിക്കാൻ ഞാൻ എത്രമാത്രം പരിശ്രമിക്കുന്നു?
4. വിശ്വാസാനുസൃതമായ പ്രവൃത്തികൾക്ക് പ്രാധാന്യം നൽകിക്കൊണ്ട് ജീവിക്കുവാനും അജപാലനശുശ്രൂഷ നിർവ്വഹിക്കാനും ഞാൻ എങ്ങനെ പരിശ്രമിക്കുന്നു?
5. ഹൃദയത്തിന്റെ പരിച്ഛേദനം നടത്തിയ, അരുപിയാൽ നയിക്കപ്പെടുന്ന വചനാധിഷ്ഠിതജീവിതമാണോ ഞാൻ നയിക്കുന്നത്?

NEWS FROM DEPARTMENTS

DEPARTMENT OF CATECHESIS

Easter Message

“If you confess with your lips that Jesus is the Lord and believe in your heart that God raised Him from the dead, you will be saved” (Rom 10). Easter is the most important feast in our faith life which reminds us that Jesus is alive and, in our midst, welcoming us to a new life to proclaim the glory of resurrection. By sanctifying Himself, Jesus Christ saved humanity from the shackles of sin and death. So, faith in the resurrected Christ promises us a new life. Resurrection reminds us that trust in God will pull you up from the depths of despair and fill your life with hope and joy. Let us also announce the joy of resurrection to all as Mary Magdalene, “I have seen the Lord” (John 21, 18). Happy Easter!

Combined Meeting of Eparchial Catechetical Commission & Principals

Department of Catechesis conducted the combined meeting of the Eparchial Catechetical Commission and the Principals on March 12, 2022. The meeting was blessed to have the esteemed presence of His Excellency Mar Jose Kalluvelil. In his presidential address, Bishop congratulated and appreciated the dedication and sincere efforts of the Principals, ECC members and other Catechists in the faith formation of the children of the Eparchy. Bishop highlighted the vocation of Catechesis through the verses 1 Peter 3: 15 and John 17: 13 and emphasized that Catechesis is the backbone of the Catholic Church.

Important Updates & Decisions

1. **Final Examination:**
 - ◆ **Date:** May 29, 2022
 - ◆ **Sharing of question paper:** Question papers will be sent from Eparchy at least one week before the exam.
 - ◆ **Automated marking:** Manual editing option in Google Form will be enabled.
 - ◆ **Question paper folders:** Parishes are requested to follow the Google Form guidelines provided from the Eparchy to copy the question papers at each parish.
 - ◆ **Question paper preparation:** To ease the question paper preparation process, question paper preparation for one grade was allocated to each parish.
2. **Faith Fest:**
 - ◆ Faith Fest should be conducted in all parishes, starting this year. The theme for the faith fest for each year will be distributed from the Eparchy.
3. **Honoring Catechists:**
 - ◆ Planning to honor the Catechists at Eparchy level for their milestones, such as 5, 10, and 25 years.
4. **Grade 12 Graduation:**
 - ◆ Eparchial level Grade 12 graduation ceremony will be conducted this year on **June 04/ 2022** at 05:00 pm.
 - ◆ The responsibilities for each program are shared by parishes.
5. **Lenten retreat:**
 - ◆ A Lenten retreat is organized for all Catechists across the Eparchy during the Season of Lent.
 - ◆ **Date:** April 9, 2022 ◆ **Time:** 11:30 am – 1:30 pm EST
 - ◆ **Led by:** Rev. Dr. Binoj Mulavarickal
6. **Synodal Process:**
 - ◆ Synodal Listening Process among the ECC members and the Principals was conducted as the second part of the meeting and a summary of the discussions was presented.

Upcoming Events

Lenten retreat on April 9, 2022, presented by Rev. Dr. Binoj Mulavarickal

Fr. Augustine Kallumkatharayil
Director, Department of Catechesis

DEPARTMENT OF PIOUS ASSOCIATION FOR CHILDREN (PAC)

Dear parents of Pious Members,

I begin this month's letter to you with the words of Pope John Paul II "do not lose your flavor as Christians, the flavor of the Gospel! Keep it alive by meditating constantly on the Easter Mystery: may the Cross be your school of wisdom. Boasts of nothing else save this sublime throne of truth and love."

As we approach Holy Week and Easter let us all help our young ones remember that Christ died for us, and He rose again for us as well. "Peace on earth, the profound aspiration of men and women of all times, can be firmly established and sustained only if the order established by God is firmly respected" (Encyclical "Pacem in Terris," Introduction). These are the first words of the historic Encyclical, in which forty years ago Blessed Pope John XXIII indicated to the world the way of peace." This remains true today as well in a world where everyone is hoping and praying for peace. Let us unite in prayer for Christ has risen and He is our hope and peace.

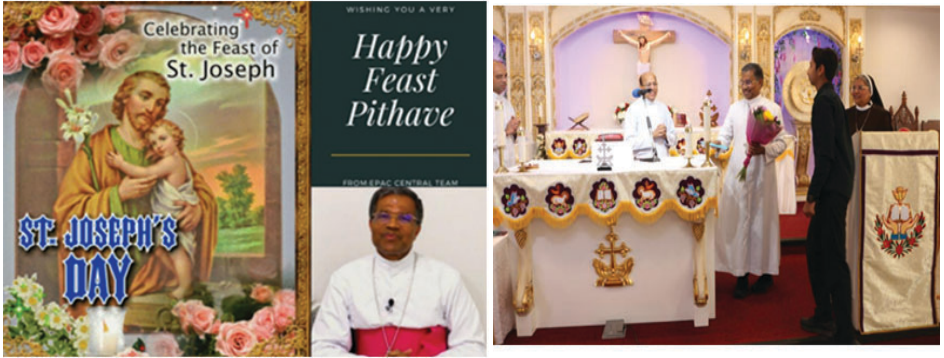
Below are some of the highlights of our activities during the month of March 2022.

Leader's Retreat

As we start this Lenten journey together to strengthen the faith of our PAC Leaders, we conducted a Retreat on March 12 at 11 am EST. The topic of the retreat is "Love of Jesus unto Death". Our guest speakers were Rev. Father Joyal Varikkanikkal and Rev. Sister Prasanna Thattil CHF. Our sincere thanks to our speakers and to all the leaders who were able to attend this.

Feast Day of Our Patron

On March 19th, 2022, we celebrated the feast of St. Joseph. At this time, we took the opportunity to wish our dear Bishop and Patron of PAC in our Eparchy a Happy Feast Day.



Solemnity of the Annunciation of the Lord

As we celebrate the Feast of the Annunciation in March this year we gathered online via zoom on March 24th @ 11:30pm EST to recite the rosary and special prayers to our Blessed Mother. The main intention was for all of us to unite in prayer for peace and unity in this world through the intercession of our dear Mother. Thank you to all who participated.



Lenten Retreat for PAC Animator and Catechists - April 9th, 2022 @ 11:00 am EST

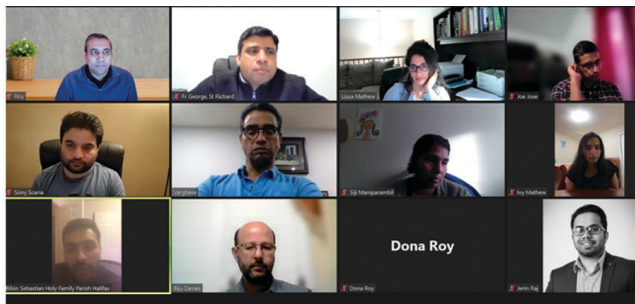
For more information, please contact Sr. Jeslin CMC at paceofm@gmail.com.



DEPARTMENT OF SMYM

SMYM Animator's Meeting

Animator's meeting at the Eparchy level was coordinated on two different weekends in this month. Both sessions started with a prayer followed by a presentation on the Synodal Process and discussion in groups. The supportive team of the meetings included Fr. Jojo Changanamthundathil (SMYM Youth Director), coordinator of animators, national and international youth animators. The session was made effective with an active discussion by animators from various parishes under the Eparchy. After an amazing sharing and discussion, the session was concluded with a prayer and final blessing. Thanks to all the participants who made the meeting a blessed and successful one.



SMYM Core Committee Meeting

The SMYM Core committee gathered more than three times to discuss and execute the Synod and Synodality. We had formulated and finalized the question to be discussed in the youth groups. And the questions were sent to all the parishes and missions.

Team Meeting

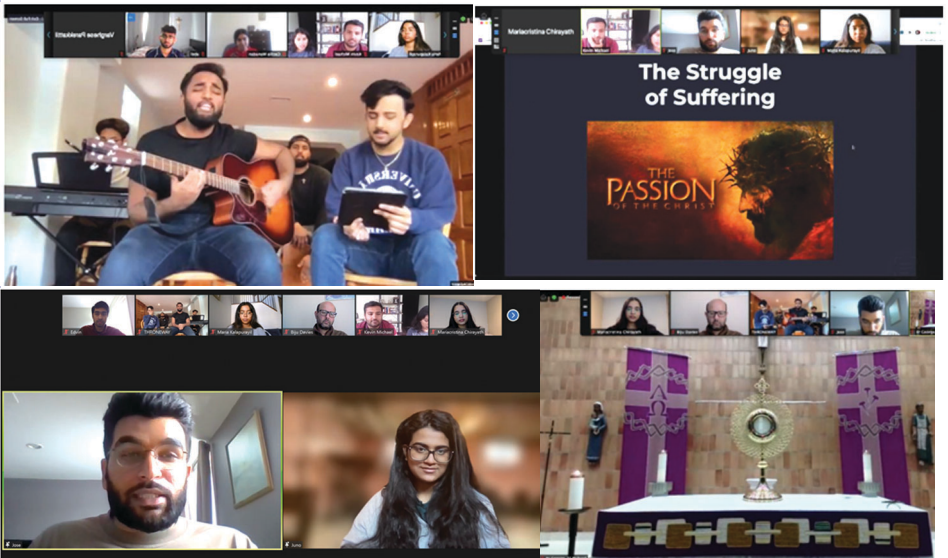
SMYM Eparchial leaders gathered three times to discuss the lenten retreat. All the members were very active and each one took up the responsibilities and executed it well. Thank you for your leadership. We extend our congratulations to all the parish priests, animators and parish leaders for your wonderful support.

Lenten Retreat 2022

The Lenten Retreat 2022 was celebrated online on March 12, 2022, as a National Youth Event by the Youth Apostle of the Eparchy of Mississauga, Canada. The youthful event was attended by youngsters from across Canada. The program began with music led by Throneway followed by a powerful message given by Kevin and Christine Michael speaking about the sanctity of struggle. The community gathered for some time in adoration led by Throneway. The program was hosted by Jose Manadan and Juno Mariya Lins. This retreat was a wonderful reminder of what the purpose of Lent was and how we as Christians should lead our lives. There was time for group discussions and personal Lenten reflection. The celebration concluded with the Pastoral Blessings of Bishop Jose Kalluvellil.

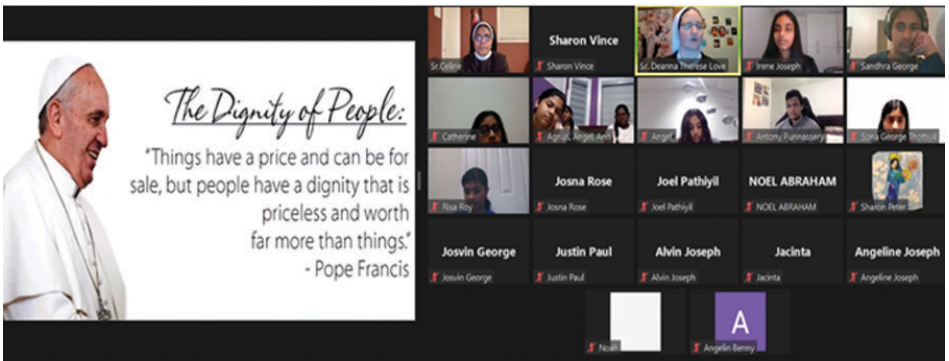
Way of the Cross

SMYM Canada takes leadership for an online way of the cross on April 02, 2022 at 4.00 pm EST. We request all the youth to join for this prayer service.



DEPARTMENT OF VOCATION BUREAU

The Eparchy of Mississauga Vocation Camp virtually hosted over zoom on February 20, 2022, from 8:00 p.m. until 9:00 p.m. Sr. Deanna Theresa CMC led the interactive session for students in grades 9 and above, and it focused on the sanctity of the Dignity of Life. Prevalent abortion-related issues were addressed, inspiring individuals to speak out against this injustice and embrace others with compassion.



Upcoming Events

Eparchy level in person Vocation Camp on April 30th Saturday in St. Alphonsa Cathedral at Mississauga.

DEPARTMENT OF NURSES MINISTRY

Nurses Ministry conducted a chain rosary on March 13, 2022 with all regions across Canada.

Daily Prayer on Zoom Platform

Nurses from all over Canada continue to pray stations of the cross online for the whole world every day at 3 pm during Lenten season.

Prayer Meetings

All regions joined the monthly virtual prayer meeting every Monday from 8:30pm to 10:30 pm. Every first Monday, the international resource team gives the word of God.

Monthly Regional Meeting

All regions continue to gather for monthly prayer meetings and some regions resumed the prayer meeting in person.

Night Vigil

Night vigil was conducted by the USA and Canada region on 25th March 2022.

DEPARTMENT OF DIVINE ACADEMY OF MUSIC

A precious moment from March 19th when our young vocal Students Mathew, Aleena, Rowena, Elizabeth and Joice musically wished our beloved Bishop H.E. Mar Jose Kalluvellil on his Holy Feast Day and received his blessings as they began recording their chorus sections for our very first complete Divine Academy of Music original production Sthuthi Sthuthi Aradhana,to be launched on Easter Sunday..... please stay tuned to our:
<https://www.facebook.com/DivineAcademyofMusic>



NEWS FROM PARISHS

MISSISSAUGA FORANE

ST. ALPHONSA CATHEDRAL MISSISSAUGA

Newly Joined Altar Servers Meet

Training for the newly joined altar servers was conducted on March 19, 2022 at 10.30 am in the cathedral. The session was led by Joys Joseph, Josvin Manish and Josna Manish.

Feast of St. Joseph

On March 19th 2022 the Cathedral parish celebrated St Joseph's day and the bishop was the main celebrant. After the holy mass, we wished His Excellency Bishop Jose Kalluvilil in the presence of Rev.Fr. Jacob Edakalathur and associate by Rev. Fr. Tenson Paul. The trustee, Francis Ouseph, gave the bouquet to our bishop



wishing him a happy feast, along with our parishioners followed by cake cutting. Special thanks to George Puranganal who took the initiative to conduct the nine-day novena to St. Joseph.

In-person Retreat

On Monday, March 21, 2022 from 7 pm to 9.30 pm there was in-person retreat at the Cathedral led by Rev.Fr.Varghese Karippery.



Pious Association

1st Saturday Holy Mass and the Adoration

Monthly adoration and Holy Qurbana for children was held on 5 March, 2022 Saturday at 9.00 am, Rev. Fr. Tenson Paul was the main celebrant. There was benediction of the Blessed Sacrament and in-person way of the cross at the church at 8.45am led by the children of our parish.

PAC Monthly Meet and Eparchy Level Leader's Retreat

The PAC monthly meet was held on 6th March 2022 from 2.30 pm EST to 3.30pm EST. The leaders of our parish actively participated in the leaders' retreat held on March 12th, 2022. During the meet His excellency Mar Jose Kalluvelil was felicitated on behalf of his feast day celebration with a bouquet by the leader's representative from our parish.



Orientation Session for the Leaders

An orientation session for all the PAC leaders who will be conducting the praise and worship, lesson and interactive sessions was arranged on 15th March 2022 at St. Alphonsa Cathedral as preparation towards the retreat on 3rd April 2022. Around 20 Leaders attended the orientation session in person at the church. The session commenced with the Holy Mass at 9.15am EST followed by the stations of the Cross. Rev. Sr. Jeslin CMC delivered the welcome speech and Rev. Fr. Tenson Paul delivered the orientation class. The session concluded with adoration led by our parish priest Rev. Fr. Jacob Edakkalathur.



Rosary with Benediction

PAC at the parish level conducts Rosary with Benediction of the Blessed Sacrament on every Wednesday via zoom from 9.00pm EST to 9.30pm EST. The parish level Lenten activities proposed and planned are given below.

Lenten Activities

1. Benediction and the Way of the Cross: During Lenten season, PAC will be conducting, benediction and the way of the cross on every Friday from 6.15pm -7pm EST via zoom and on every 1st Saturday from 8.45 am - 9.15am in person at the church.
2. Bible Verse Competition: The Lenten calendar with the bible verse are distributed to Jesus Kids, HCA and CML PAC group and a bible



verse competition will be held for the JK-Grade 8 students on April 23rd 2022 in joint cooperation with the catechism department. For grades JK-grade 3 the event will be held orally via zoom and for grades 4-8, the competition will be a written test and will be held in person on the same day in two times slots, morning and afternoon. More details will be sent out later.

3. Chain Bible reading: During the Lenten season, from March 1st 2022 there is chain Bible reading for two hours from Tuesday to Saturday. Those who wish to take part in the Bible reading are requested to come in-person to the church. 30 minutes of reading time is allotted to each reader.
4. Enactment of the 14 stations of the way cross: On behalf of PAC, there will be an opportunity for the 14 families from the parish to enact each station of the cross which will be conducted along with the benediction and the way of the cross prayers. This event will be held online.
5. Lenten Retreat: PAC in joint coordination with the catechism department will be conducting a retreat at the parish level for JK to Grade 12 students on 3rd April 2022. For grades JK-4 the retreat will be held virtually via zoom from 11.30 am-1pm EST. Grades 5 & 6 will attend the retreat in-person at the church at the same time. For grades 7-12 the retreat is from 3.30pm EST.

Consecration to the Immaculate Heart of Mary

On Monday March 25th 2022, We had a Solemn Act of Consecration of the whole humanity, to the Immaculate Heart of Mary. Bishop Mar Jose Kalluvilil was the main celebrant and Rev. Fr. Tenson Paul was the concelebrant for the Holy Mass. After the Holy Mass at 7.00 pm, we conducted a solemn procession with the statue of Mother Mary and consecrated the whole of Humanity, Russia and Ukraine to the Immaculate Heart of Mary. After the consecration, there was adoration and Eucharistic Blessing was led by Rev. Fr. Jacob Edakalathur.



ST. ALPHONSA PARISH, CAMBRIDGE

Pothuyogam and Ward Elections

The Pothuyogam at our Parish was held on March 13, 2022 soon after the Holy Qurbana. Our Pithavu, Mar Jose Kalluvelil was the Adhyakshan. Mr. Alex Thomas presented the annual financial report for the year 2020-21 while our trustees Mr. Antony Jose presented the Annual Parish Report and Mr. Siby Varghese delivered the vote of thanks.



The new Whatsapp groups for each of the wards including the new family units are in place and the ward elections were duly held beginning with the family unit holy rosary, Gospel reading and vachanam sharing by Rev. Fr. Thomas. Two ward representatives, a male and a female were elected from each family unit. We appreciate the presence of the families for the same and the effective roles played by Rev. Fr. Thomas Venmanthra and our trustees for running the elections.

Lenten Ward Way of the Cross

Each family unit of our parish is continuing with the way of the cross every Friday @ 8:00 p.m. via zoom. Our Pithavu, Mar Jose Kalluvelil or Rev. Thomasachan's presence and blessings at the end of the way of the cross is significant.

Holy Week Plans & Lenten Parish Retreat

The Holy week plans are in place and this time, the cer-

emonies will be held at St. Patrick's Church, Cambridge. As we reach the peak of our Lenten journey, a two day Lenten Parish retreat is arranged for our parishioners both adults and kids on April 9, 2022 from 9 :00 a.m. to 4:00 p.m and on April 10, 2022 from 1:30 p.m. to 6:00 p.m. More details are listed in the flyer below. The retreat is arranged with the great enthusiasm and initiative of our pithavu, Mar Jose Kalluvellil. We can't thank him enough for all his services he is rendering to our Parish with great spirit and love.

As Catholics, we are so lucky to have the seven Sacraments instituted by Jesus. One 'simple' avenue for healing is the Sacraments, which 'give growth and healing to Christ's members' (Catechism, 798). Though not all of us need physical healing, but everyone needs spiritual healing and through the Sacrament of Reconciliation, God can heal us, strengthen us and restore us as we reconcile with God and our brethren and thus receive Jesus meaningfully through the Holy Eucharist. Let us take this great opportunity with our families to receive the Sacrament of Reconciliation especially through the retreat arranged wherein priests will be available for confession (on April 9th) both in Malayalam and English.

ST. ALPHONSO SYRO-MALABAR CATHOLIC PARISH, CAMBRIDGE
 Parish of Mississauga, 4810 Forest Lane, Richmond Hill, ON L4B 1Y1
 Church Celebrations Celebrated at the St. Basil's Church, 227 South Street, Cambridge, ON, N1E 2Y4
 Email: stamississauga@gmail.com, Mobile: +1 647 889 5606
 Website: www.stalphonsoyromalabarparish.com

ANNUAL RETREAT

VENUE
 St. Patrick's Parish
 53 Wellington
 St. Cambridge, ON N1R 3Z5

**2022 APRIL 9
 SATURDAY**
 9:00 am to 4:00 pm
 Day 1 - Beginning

Inauguration:
 H.E. MAR. JOSE KALLUVELIL
 Bishop, Eparchy of Mississauga

Lead:
Fr. TENSON PAUL, Br. Jomon , Br.Tobby and Team

There will be a separate session for kids.
CONFESSION
 During retreat, priests are available for confession. We won't have a separate confession session during lent season. So, parishioners have to make use of this opportunity maximum.

**2022 APRIL 10
 PALM SUNDAY &
 RETREAT CONCLUSION**
 01:30 pm to 6:00 pm
 Day 2

Way of the Cross: 1:30 pm
 Lead by catechism Students

Retreat Conclusion
 Br. Jomon, Br.Tobby and Team

Followed by
 Palm Sunday Ceremonies

Main Celebrant
 H.E. Mar. Jose Kalluvellil
 Bishop, Eparchy of Mississauga

News from the Catechism Department

Combined Meeting of ECC Members and Principals

A combined meeting of ECC members and Principals was held on March 12, 2022. The discussions included final exam date, setting of questions papers by various parishes, and google form guidelines to be followed.

Additionally, other areas of discussion included: conducting Faith Fest in all parishes, plan to honour the Catechists at Eparchy level for milestones achieved, Eparchial level Grade 12 graduation.

A Lenten Retreat led by Rev. Fr. Binoj Mulavarickal, Director of Youth Apostolate, Europe is organized for all Catechists and PAC Animators across the Eparchy on April 9th from 11.30 am - 1.30 pm EST. Rev. Fr. Augustine requested Principals to encourage the participation of all Catechists from their parishes.

The second part of the meeting was the Synodal Listening process. Fr. Augustine introduced the Synodal process. The listening process started with the Synodal Prayer and the homilist was Rev. Fr. Plogen Kannampuzha. Further discussions based on the questions assigned were held by the members in various breakout rooms and a report presented at the end of the session.

Way of the Cross led by Catechism students:

Our Catechism students are leading the Way of the Cross every Sunday before Holy Qurbana and receive the blessings from Pithavu. We immensely appreciate the teachers in-charge both Edwin Varghese and Manju Mathew for preparing schedules for each Sunday, to the parents for preparing the readers well, bringing them to church before mass, the team of choir members Amal

& Rose, Sinod & Jasmine and parents: Sindhu & Ancy for beautifully leading the songs in Malayalam, and Zachary for playing the music under the guidance of Amal George. We cannot thank enough PC members especially our trustees Antony & Siby, parents, Siju, Sijo, George for helping to set up the mics. Our little cross and candle bearers are also playing their roles well. May God bless everyone for the team effort!

Feast Days:

We were blessed to have our own pithavu, Mar Jose Kalluvilil with us to celebrate St. Joseph's feast during our Sunday Holy Qurbana with Ladeenju. Since it was our pithavu's feast day, the PC members greeted our pithavu with a bouquet while the Catechism students did send out the greeting card made by them to wish pithavu. May God bless our pithavu for his marvelous effort in buliding up our Eparchy from the grass roots!!

Catechism staff and students, take this opportunity to congratulate our Catechism Director, Rev. Fr. Augustine Kallumkatharayil as he celebrates the 15th Anniversary of his priestly ordination. May God bless him for his sincere and dedicated services to our Eparchy!



Pious Association for Children

Second Saturday PAC Prayer

This time the activity for the 3 p.m. PAC prayer was presented by our PAC leader Alaina Jaibu Joseph. The presentation was on the Bishop of the Eparchy of Mississauga, Mar Jose Kalluvelil. She explained how our pithavu is an active member of our Syro Malabar Community and how he shepherds the Eparchy of Mississauga with genuine love and faith.

In addition, Alaina J. hosted an educative and funfilled kahoot which reaffirmed kids learning.

Upcoming Events

Lenten Parish Retreat, April 9th& 10th

Lenten Retreat for Catechists and PAC Animators

Way of the Cross led by Catechism students & Wards

Holy Week Ceremonies

Parish Council Meeting

Staff Meeting

ST. JOSEPH PARISH, HAMILTON

St. Joseph Feast Celebration

St. Joseph Syro-Malabar Parish, Hamilton marvellously celebrated the Feast of St. Joseph from March 10th to 20th. There were 57 Presudenthis for St. Joseph Feast day. The celebration began with 9 days of Holy Qurbana and Novena to St. Joseph. It was led by Fr. Thomas Venmanthara, Fr. Saju Oreethaparambil, and Fr. Byju Chakkery on these days.

The thirunaal Holy Qurbana on March 19th was led by Very Rev. Fr. Pathrose Champakara, Vicar General of Eparchy of Mississauga. The Way of Cross was held before Holy Qurbana, and Fr. Pathrose Champakara gave a thirunaal message. Following the Holy Qurbana, there was ladeenju.



Bishop Mar Jose Kalluvilil was the main celebrant for the thirunaal Qurbana on March 20th and Bishop gave thirunaal message to parishioners. At the beginning of the Holy Qurbana was the Presudenthivazcha. There was a procession around the church and

all the parishioners actively participated and it was followed by Ladeenju. Trustee, Jomy Vallippalam delivered feast day wishes and a bouquet was presented to the bishop by the trustee, Sojan Mathew. Fr. Thomas Venmanthara thanked everyone and gave announcements. Delicious snacks were distributed to all the parishioners and the auction of a karuveppu plant was conducted after the Qurbana.



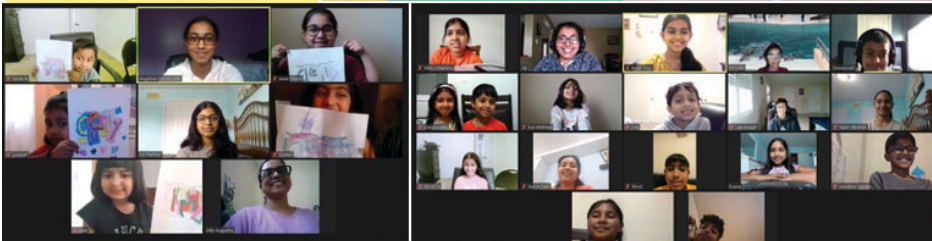
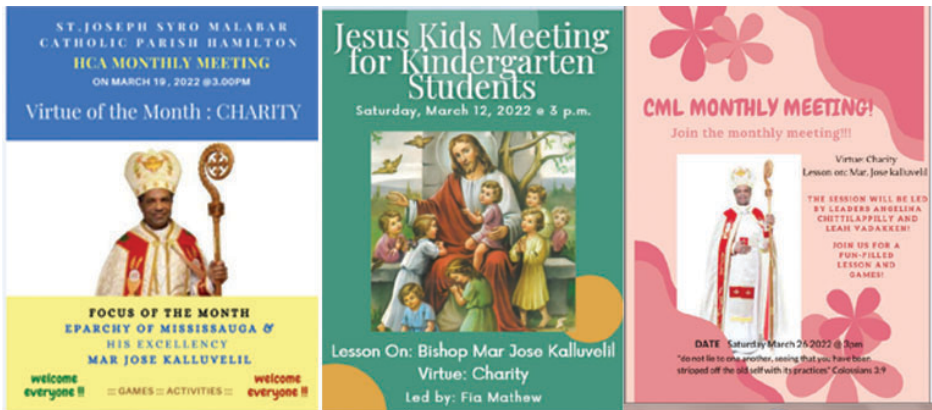
Election of Family Unit Leaders

St. Joseph Syro-Malabar Parish, Hamilton recently reorganized and increased the family units from 4 to 7 and the election for new family unit leaders was conducted during the month of March. 2 leaders were selected from each of the units. Monthly meetings have already started successfully in the new units.

Catechism Department

Our catechism classes for the month of March went smoothly. March 20th being the Parish Feast Day, catechism classes were cancelled. Our catechism students are leading the Way of the Cross and Divine Mercy every Saturday 6:30 pm in this Lenten season.

We are planning for the Holy Communion this year. Sr. Lucina has gladly volunteered to prepare the children for Holy Communion. Nine children has registered so far. Our catechism students are preparing for the Passion Play under the guidance of LissaSojan. Interested children Grade 6 and above are invited to Sign up for Altar Serving Practice sessions. Message has been sent to Catechists to join the online Lenten Retreat led by Rev. Dr. BinojMulavarickal on April 9th 2022.



Jesus Kids meeting was held on March 12th. HCA meeting was held on March 19th, Virtue of the month was Charity and Focus of the month was Eparchy of Mississauga and his Excellency Mar Jose Kalluvellil. HCA Leaders Joe Joseph , Joel Vadakkan and Neah Mathew created a video on the virtue and focus of the month for March 2022, that was used Eparchy wide. CML monthly meeting will be held on March 26th.

ST. MOTHER THERESA PARISH, NIAGARA FALLS

Family Unit Elections

The first meetings of the restructured family units and elections for the post of family unit leaders were completed in the month of March 2022.

Parish Council Meeting

A meeting of the Parish Council was held on Sunday, 20 March 2022. The council finalized the holy-week programs and scheduled the Annual Parish retreat on 2nd and 3rd of April 2022. The current parish council will give way to the new council in April, 2022.

Feast of Annunciation

The Parish celebrated the Feast of Annunciation on the evening of 25th March 2022, Friday. There was a high holy mass and ladeenju followed by adoration with Rev. Fr. Thomas Venmanthara as the celebrant.

Catechism Department

The catechism department continues its spiritual mission among the children in the Syro-Malabar tradition. The department led the Stations of Cross prayer on 27th March, Sunday, with children praying the traditional Kurishinte Vazhi in Malayalam.

PAC Meeting

The Pious Association of the Parish organized the Kurishinte Vazhi on every Mondays, with active participation of the children. The monthly PAC meeting was held on 12th March, 2012 with discussions on:

The Virtue of Month: Charity

Know our Shepherds: Mar. Jose Kalluvelil, Bishop of the Eparchy of Mississauga

The PAC leaders conducted the sessions very effectively and creatively using presentations and videos.

An online adoration with sacramental blessings from the mission house, was organized under the leadership of children. PAC coordinators enlightened the children about the principles of Prayer-Fasting-Alms giving during the Lent season. Children were encouraged to systematically try fasting and giving up cravings and desires and spend that time in prayers and helping others as part of the Great Lent.

ST. THOMAS FORANE PARISH, SCARBOROUGH

Parish Gears Up for a Renewal

Every March we look forward to the Spring, to begin new initiatives and remember Saint Joseph, the foster father of Jesus who is also the heavenly patron of our Bishop Mar Jose Kalluvellil and our Vicar. Rev. Fr. Jose Alencherry and all persons named after Joseph. As we walk through Lenten season, we try to rekindle our spiritual journey with a heart open to embrace a renewed spirit. Both Fr. Jose Alencherry and Fr. Baiju Chakkery continues to guide us in this pursuit.



Feast of Saint Joseph

- Bishop Mar Jose Kalluvellil celebrates Holy Mass
- Parishioners offer feasting wishes to Mar Kalluvellil,
- Fr. Jose Alencherry, Parish Trustees, and
- all those named after St. Joseph
- PAC portrays the life story of Saint Joseph in Video
- Devotees join Agape, after the Holy Mass.

Blessing of 'Vianney Home' - Our New Residence for Priests

It is a significant time in the history of the parish. With the blessing of 'Vianney Home' the new residence procured by the parish for our Priests and with a new team elected to steer the parish, to be the torchbearers of the Syro Malabar legacy, we look forward to another blessed and productive year.

Coinciding with the feast of Saint Joseph, Bishop Mar Jose Kalluvellil blessed and formally opened 'Vianney Home' the official residence of our priests procured by the parish. All parish council

members were also present for the occasion. We acknowledge the goodwill of several people who helped with financial contributions and assisted in the project in many ways and are especially grateful to all our parishioners for their support in making residence for our priests a reality.



Vianney Home Blessed

Bishop Mar Jose Kalluvilil blessed 'Vianney Home'-the new residence for our priests on 51 Trevelton Road, Scarborough procured by St.Thomas Forane Parish, Toronto

Elections to the Parish Council

First of all, let us thank the great service and initiatives of the out-going Parish Council. It was a great responsibility, and it was a challenge as well to steer the parish through one of the most tumultuous times of the pandemic with lots of uncertainty in the air. Consistent efforts have yielded impressive results. Kudos to the team of Trustees Jose Thomas and Johnson Irimpan, and the captains of the first term Bejoy Varghese and John Joseph.

This month, we elected the new Councilors and Coordinators for our various family units for the next 2 years. Online voting was open for 12 hours on 19 March from 9 am to 9 pm. We thank Paul Joseph who coordinated the online voting process. Prayers and wishes to all new elected members who are entrusted with the responsibility of leading the family units and the parish efficiently and successfully. Elections



Significant in-person and online inputs in governance

The Parish Council

Thanks to the outstanding work of the Parish Council for 2020-2022 that in effect worked also as the 'Pandemic Council' and helped the parish to navigate through an unprecedented era in the history where a virus crippled the whole world.
Thank God for the countless blessings we have received!
Thanks also to Sabu Varghese, James J, Sambosh Thomas, Kani Saji Alex, Shyla Thomas, & Aileen Valookaran who are missing in the picture

were also conducted to select new office bearers of the SMYM - College-University unit, SMYM Junior (High School) wings in the Parish.

The new teams are expected to assume charge on May 1, 2022.

Catechetical Classes and Other Initiatives

Catechesis classes have been switched to In-person mode, and for convenience, the whole students are grouped into 2 batches. Each batch will come to in-person classes, every alternate Sunday. Virtual classrooms will still be utilized for periodical follow up work and supportive activities, whenever and

wherever required. Students and teachers are encouraged to take a cautious approach and wear masks in classrooms for some more time.

Young children have activities and videos to support learning, whereas students in higher grades will have more interactive sessions and external resource persons to engage them.

Student Council Supports

The Student Council has come up with the idea of brief activity clubs for students attending classes. First art activities led by Alex Shibu who is also the Chairperson of the Council and Councillor Anabel Bejoy attracted a good number of students. It was an opportunity to learn a new skill and helped to connect with



new friends and share the energy and talents with each other. The Council has also planned activities interesting to children and events focused on promoting Christian values and leadership. A Charity Drive and a Spring clean up with the idea of promoting the use of more biodegradable materials are also planned.



Bible Your Companion Program

The program continues to help students to familiarize with the content of the Gospel of Luke through activities and incentives. Students grouped into 4 houses now move to Phase IV, the last part leading to culminating activities next month. Class wise winners and School wise winners will be recognized, and incentives will be awarded. Four House Captains Elsa Maria Saji, (White), Aaron Joshy (Blue), Anumol Leejo (Red) and Angeleena Justine (Yellow) walk with students and lead them in managing the tasks.



PAC for Children Celebrate the Feast of Saint Joseph in Style

This month, Pious Associations continued their regular virtual meetings over Zoom. As we journey through Lent, a virtual praise and worship session was conducted on March 12th by Anumol Leejo, Angel Sunil, Arun Siji, and Irene Siji.

Students also developed and performed a performance centered around the Life of St. Joseph., It was recorded and screened on the feast day of St. Joseph. These activities encourage children to make use of their skills and engage in different roles, and to develop leadership.

The Family Apostolate

A marriage preparation course (MPC) was organized on March 12 to 14 which was attended by 53 youngsters aspiring to enter marital life. These courses organized every month is a significant initiative of the Church to prepare youngsters to lead a productive family life imparting knowledge on family dynamics based on Christian values and developing skills to manage the spousal relationship knowing and balancing the strength and weakness of each person.

ST. MOTHER TERESA PARISH OTTAWA

Formation of the New Family Unit

A new family unit was formed for the residents of Bayshore – Nepean area. Earlier this unit was dissolved, and members joined either Kanata or Barrhaven but due to the significant growth of the communities, a new unit had to be formed. The first meeting had seen 14 families introduce themselves and next meeting was conducted on March 27th. The unit coordinator for the “Blessed Kunjachan” ward is Mr. Aneesh Lukose.

Lenten Retreat

A 3-day Lenten retreat is planned from with the initial day on Feb 26th and the remaining 2 days on April 08th and 09th. The retreat preacher is Rev. Fr. Mathew Vayalamannil from Anugraha Retreat Center, Vaduvanchal Wayanad. We are jointly conducting this retreat with St. Joseph Syro Malabar Church, Montreal.

Synodal Listening Process

The Synodal process is working in full swing as the parish coordinators are conducting the listening process at various forums, like Parish Council, family units, catechism teachers and students, Mathruvedhi, SMYM etc.

Annual General Body Meeting

Annual General Body Meeting was conducted on Sunday, March 13th. There was a healthy discussion of topics relevant to the growth and development of our Parish, Eparchy & Church. Also focus was laid on ways to empower the youth to spread the faith and participate in spiritual activities within the church. General Body elected Mr. Shebin Philip and Mr. SubinMicheal as *Kaikarans*, Mr. Jacob James and Mrs. Veena Roshan as Pastoral Council members and Mr. Jomon Mathew and Mrs. Jomol Joseph as internal auditors.

Lenten Retreat for Children

A Lenten retreat was conducted for children from JK to Grade 8. The youth of our Parish organized the event and engaged the kids with Word of God, Praise and Worship. The children sang, danced and prayed together glorifying the Lord. The event was so well received that another one is planned for the summer.



Inauguration of Mathruvedhi

The inauguration of Mathruvedhi was conducted on March 19 and formed an Executive Council for Mathruvedhi. Congratulations to the Executive Committee of Mathruvedhi! 42 mothers have joined as Mathruvedhi members. The Synodal Listening Process conducted was an eye-opening one.

Executive Committee of Mathruvedhi

| | |
|-----------------|---------------------|
| President | : Mrs. SheejaNiju |
| Vice President | : Mrs. Priya Jacob |
| Secretary | : Mrs. JoiceGijo |
| Joint Secretary | : Mrs. Anny Roy |
| Treasure | : Mrs. Roshni Subin |

Relic of St. Brother Andre

Our parish community is blessed by getting an opportunity to venerate the relic of Saint Brother Andre from St. Joseph's Oratory, Montreal on March 20.



SMYM International

A meeting of the International Youth was conducted on March 20. A Core Committee of International Youth was formed, and the Synodal Listening Process was conducted in the meeting. Thank you, Mr. Philip Joseph and Ms. Shilpa Shibu, the previous coordinators for organizing the Youth program in the parish. Congratulations and best wishes to the new team!

International Youth Core Committee

Mr. Abhijith Thankachan: General Coordinator & Parish Council Member

| | |
|-------------------|-----------------------------|
| Ms. Grace Mary | : Spiritual Coordinator |
| Mr. Debin Antony | : Financial Coordinator |
| Ms. Minu Sunny | : Communication Coordinator |
| Ms. Shilpa Shibu | : Social Media Coordinator |
| Ms. Treesa Joseph | : Office Secretary |

Knights of Columbus

A General Council meeting was conducted on March 28.

ST JOSEPH PARISH MONTREAL

Vibhoothi

St Joseph Syro Malabar Church of Montreal celebrated Ash Monday in the evening of 28th February at 6:30 pm. Large number of faithful gathered in the spirit of penance and fasting, and received the mark of the cross on the forehead from the priest. The day also marked the entry of 8 newly trained altar servers. Palm leaves from the previous years were collected from the parishioners to create the ash for the ritual.



Ephphatha 2022

The Catechism department of St Joseph Syro Malabar Church of Montreal in conjunction with Pious Association for Children

conducted a half day program for the catechism students from Grade 1 to Grade 4 and from grade 4 to grade 8.



Remote Meetings

Virtual zoom meetings under the leadership of Fr. Jojo was conducted and included active participation of all PAC members. Brainstorming session to finalize sessions, sharings and logistics was conducted. Online registration form was distributed to the kids.

Intercession

Intercession for the event was led actively by Jesus Youth Montreal members and Ephphatha Volunteer Member team. Small group of children who participated in the Children's daily prayer also interceded for the event for months.

Morning Adoration

Ephphatha 2022 began at 8:30 am on 19th March on the Feast Day of the Solemnity of St. Joseph. The event began with intercessory

adoration conducted by Fr. Jojo and the rest of the Ephphatha team members. Praise and Worship was led by the choir team. Prayers were offered for all the participating stud-ents, parents, all teams, technical systems , resource team and our shepherd Fr. Jojo.

Praise and Worship songs with lively actions were taught by our beloved catechism teachers. HCA Kids from Grade 1 to



Grade 3 danced joyfully to the tunes of I have got the joy of God down in my heart. Grade 4 and above danced and rejoiced in trading all of their sorrows for the joy of the Lord.

Sessions on Holy Qurbana prayers, the significance and symbolic meaning of the qurbana songs and prayers were explained by Fr Jojo and Deepthi Joseph. "The Veil Removed" - a short film that reveals the coming together of heaven and earth at Mass, as seen by saints and mystics, revealed by scripture and in the catechism of the Catholic Church was shown to the older kids. Jennymol Kuriakose had a small interactive session on the Real presence of the flesh and blood of Jesus in the Holy Eucharist.

Games

Games based on the 10 commandments were conducted for both HCA and CML groups. The younger group conducted a skit on the Boxes of emotion and beautifully enacted how Jesus can transform sadness to Joy, stress to peace, anger to love, pride to humility and greed to giving.

With the support and generosity of a few parents, lunch was provided to the catechism students who participated in the Ephphatha program. The program concluded with parents and teachers alike actively volunteering to clean up the venue and the church.



Feast of St Joseph

The Feast of St. Joseph was celebrated in a grand way by the recitation of Novena. The Vanakkam as a sam prayers to St. Joseph are recited devoutly by the congregation daily.



Famil Unit Election

Family Unit elections were held and all the official parish representatives from each unit were elected.

Synodal Discussions

Synodal discussions were held in family units and the lay representatives took note of all the suggestions and feedback received. It was also a time of healing, reconciliation and acceptance.

Birthday Greetings to Fr Jojo



HOLY FAMILY PARISH HALIFAX

Ash Monday Celebration and Lent

Ash Monday (Vibhudhi Thirunal) was celebrated at 6.00 pm on 28th February, 2022 in St Paul's Church, placing ashes on the foreheads of the faithful. It reminded the faithful of the need to repent and to do penance in the season of lent. During the lenten season the way of the Cross is conducted with utmost devotion in reflection of Christ's passion and death everyday after the Mass in the Church. Confessions are made available to the faithful everyday.

Lenten Adoration

On Every Saturday Eucharistic Adoration is conducted in the Church after the Holy Mass till 4.00 o'clock in the evening.

Solemn Holy Communion

Holy Family parish is glad and excited for our little ones as we are preparing a few of them for their Solemn Holy Communion. The preparations are begun with great enthusiasm and

participation. These students have been instructed to learn the Basic Catholic Prayers.

Feast of St. Joseph

Holy Family parish celebrated the feast of St. Joseph on March 19 and also prayed for our beloved parish priest Fr. Joseph Kizhakkedath and Fr Jose Thomas, for their health and well-being on their feast day.

Annual Retreat

Parish will hold an annual retreat for the parishioners on April 8,9 and 10. The retreat will be led by Fr. Kurien Puramadam.

Synodal Listening Process

In lieu of the parish's synodal listening process, a committee is constituted by the parish council and meetings are arranged for different groups to listen to them.

Youth Gathering and Synodal Listening

The monthly youth Gathering was held on 26 March, 2022. A Holy Qurbana was celebrated specially for the youth by Fr Joseph Kizhakkedath and the synodal process was conducted to listen to the voice of youth.

ST. MOTHER THERESA PARISH CALGARY

Chain Rosary

As a spiritual preparation for the retreat under the leadership of the Matruvedi mothers of the parish organized twelve hours chain rosary on February 19, 26 March 5 and 12. Matruvedi leaders took the initiative for the community.

Synodality

Adhering to the call of Pope Francis our parish community engaged in synodal processes in the month of March. Our Parish coordinators presented a beautiful and short powerpoint presentation explaining the Synodal teams for the community. There was a three days orientation program for the facilitators of the units and various departments of the parish. Throughout the month under the leadership of the Coordinators and facilitators we had synodal discussions in our parish units and church organizations.

General body

Our annual general body was convened on February 26 after the morning mass. Annual account of the church was presented for the approval of the community. Rev. Pastor and the Parish team clarified various doubts of the community. Future plans were discussed and the meeting came to an end by 12.30 pm.

Parish Retreat

We are lucky to organize a retreat for the community on March 18, 19, 20. Bro. Regi Kottaram and Sunil Kaitharam were the preachers. It is really a time for renewal to the parish community.



Nurses Ministry

We formally inaugurated a unit of Nurses ministry in our parish on 05th March . During the lent they organized rosaries and way of the cross for the peace and unity of the world.

Way of the Cross

Every day before or after the mass we said the way of the cross for the conversion of sinners. On Fridays and Sundays the way of the cross was in solemn form.

CHRIST THE KING PARISH SASKATOON

Parish Pothuyogam

The parish pothuyogam was held on March 20, 2022. It was held at 6.30 pm after the Holy Mass. About 43 families participated in the pothuyogam. The annual report and the annual account were presented and approved unanimously. Two new pastoral council members were elected in the pothuyogam. It was a time of very healthy and fruitful discussion about the parish affairs. Everyone participated so well that various decisions emerged for the well-being of the parish.

Synodal Discussion

In preparation for the 2023 Synod in Rome, as instructed by the diocesan synodal committee, discussions were held in Christ the King Parish too. It was held in the family unit meetings, catechism staff meeting, parish council meeting and in the catechism classes. The procedure was explained in all these meetings by the parish priest. The participants actively and creatively collaborated by their open and genuine sharing. It was a time of building up the communion among the families. Through this sharing everyone felt more and more strengthened in their bonding to the church.

Parish Council Meeting

The Parish Council meeting was held on March 2, Saturday. All the parish council members actively took part in various discussions. The main agenda was about the forthcoming Parish Pothuyogam. There was also discussion about the dream project of having a church of our own. Various decisions were taken in the meeting which lasted for about an hour and a half.

Way of the Cross

Keeping to the spirit of the Lenten observances, the parish comes together for solemn way of the cross every Friday. It is done after the mass in the church. Everyone participates in praying the Stations of the Cross.

Catechism Department

The staff meeting was held on Friday, 18th March. The mid-term examination was evaluated and detailed planning was done about the year-end examination. It was decided to have five days of Faith Fest in the first week of July. Two new staff members were added to the team. A special way of the cross was held for the catechism students and teachers on March 20, Sunday. It was in English. It was a new experience for most of the children. Everyone prayerfully participated in the way of the cross.

Weekly Prayer Meeting

The weekly prayer meeting of the parish is held every Monday. The Nurses' Ministry gives the lead and coordination for it. In March it was held in zoom. The participation was very good. The intentions of the parish and the families are remembered apart from praise and worship during this prayer meeting. It starts with the prayer by the Pastor and concludes with the blessing given by the Pastor. It is a graceful occasion of coming together and praying for the parish.

Holy Week Schedule

| | |
|-----------------|--|
| Palm Sunday | Mass @ 5.30 pm (Distribution of Palms) |
| Confession | April 11, 12 & 13, Monday, Tuesday and Wednesday |
| Maundy Thursday | Mass and Washing of the feet service @ 4.30 pm |
| Good Friday | Passion narrative and Way of the Cross @ 3 pm |
| Holy Saturday | Mass @ 9.30 am |

ST. MARY'S MISSION LLOYDMINSTER

News from Lloyd Minster Mission

Holy Mass is celebrated once a month on Sunday @. Way of the Cross is done on each Friday in families. Everyone gathers together in one family and prays together.

Upcoming events

Holy Mass on March 27 @ 3.00 pm

ST. MOTHER THERESA MISSION, NORTH BATTLEFORD

Holy Mass is celebrated on Sunday @ 11am in March. The participation was good when we had mass on Sunday. It was usually done on Saturday. Way of the Cross is done on each Friday in families. Everyone gathers together in one family and prays together. The community is becoming spiritually strong and numerically big.

Holy Week Schedule

| | |
|-----------------|---|
| Palm Sunday | Mass @ 11.00 am (Distribution of Palms) |
| Maundy Thursday | Mass and Washing of the feet service @ 8.00 pm |
| Good Friday | Passion narrative and Way of the Cross @ 11.00 am |
| Easter Services | Sunday @ 11.00 am |

EDMONTON FORANE

ST. JOHN PAUL II PARISH REGINA

Ash Monday

Ash Monday was celebrated with Solemn High Mass and people received the ash crosses on their foreheads. Large



community gathered for the ceremony and confession sessions were arranged in preparation of 50 days fasting.

Blessing of New Rectory

We are happy to receive a rectory from Archdiocese of Regina for free of cost to use. FR. Daris was doing his service to the Archdiocese of Regina for the past one year. The ministry to the Archdiocese and personal meetings by FR. Daris with the



Archbishop Don and the constant correspondence with Bishop Mar Jose Kalluvilil has helped to achieve this fruitful collaboration with the Archdiocese of Regina. Fr. Daris would be continuing his ministry in the Archdiocese at Holy Trinity parish, Regina by offering the Holy Mass every Tuesday and other services. We thank everyone who has helped to achieve this favour. Rev. Fr. George Thattupurambil Blessed the new rectory on March 01, 2022. Parishioners joined after the Holy Mass to see the rectory.

Catechism Department Updates 2021- 2022

The Catechism Department successfully completed the First Term exam by the end of January and some classes completed it in the first week of February 2022. Exams are conducted online. Exam guidelines are shared to teachers and parents via online platforms. Teachers were able to share Students marks and grades with the family by the end of February.

Across the globe, we are watching news about the war between Russia and Ukraine. It is very painful to witness the struggles of the Ukrainian people. When experiencing and hearing of a crisis, we all, children



and adults alike, are faced with the uncertainty of what happens next and the fear of how this will affect us and those closest to us.

As part of supporting our Ukraine community, the Catechism department made charts and posters and placed Infront of the church. Fr.Daris encouraged it by adding a prayerful message and after Fr.Daris conducted a prayer for all persons suffering from war, to end the war and to obtain peace in Ukraine.

Prayer for Ukraine

On March 25th Holy Father Pope Francis Consecrated Ukraine and Russia to the Sacred Heart of Mother Mary. The St. John Paul II Syro-Malabar community gathered on March 7th Sunday after Holy Mass to express our prayers and support to the Ukrainian community in Regina. We are obliged to stand with this community because we have been using their church and all the facilities for the past few years. The Ukrainian community was in despair and pain due to the war and their parents, relatives and beloved ones are in the war field. Our prayers and support comforted them very much. Our students wrote consoling and supporting words on the chart papers and posted it on their notice board. Our community prayed under the leadership of Fr. Daris the parish Priest on that day and offered our continued support and prayers. They were very happy to see the writings and supporting words from our community.



Mathruvedhi

A general body meeting was conducted by Fr Daris Cherian, Vicar. A report on the previous year was presented in the meeting and the account was detailed and approved. Reverend Father has appreciated the committee and members for their renowned activities and leadership also he encouraged all members to come forward with their contribution and commitment towards the church as always. In continuance Father has requested all members to suggest for new leadership to form new committee and the members put forward few names and the following committee was formed

unanimously; President : Jeena M John Secretary : Preethi Majesh Treasurer : Tiny George Councilors : Jaisy Bestin Neethu Jose Kochery. The General Body has tentatively approved this committee and has suggested to expand the same in next meeting with more representation and would discuss about future activities. All members were asked to bring about novel ideas for future activities in the next meeting. The meeting was dispersed with the blessing by Reverend Father.

Future Plans

Some suggestions were put forward by the members as forthcoming activities; 1. Easter Celebration 2. Food Festival

Knights of Coluombus

St John Paul II Knights of Columbus Council # 17190 March 2022. The Council held its monthly meeting for March on Sunday, March 20, 2022. The meeting was called to order by WGK Bro Mathew and Fr. Daris, Worthy Chaplain in his prayer invoked Divine blessings and intercession of the Blessed Virgin for the success of our fraternal programs. Winter coats were distributed to eligible children on Sunday, March 20 th after the Holy Mass so they stay protected and healthy in this harsh Saskatchewan winter. My Gen 2022 on March 26 th , State convention in Saskatoon from April 22 nd to 24 th , St. Joseph's Prayer-10682 Pilgrim Icon Program



Distributing Winter Jackets for children



from May 11th To 15th are some of the upcoming programs the Council is looking forward to as the COVID restrictions are slowly removed. One new member joined the order this month and is in the process of becoming first degree brother knights.

Pious Association for Children

At the Eparchy level meeting of animators on Feb 12, it was a very informative session with Fr Augustine and Dr Tibu about Synodality and how important it is to walk together as a group, followed by Bishop's message and open discussion. On Feb 13, HCA and CML students joined classes to learn about faith and heroes of faith from the Bible.

Nurses Ministry

On Feb. 13th, The Nurses Ministry held a chain rosary for Kaitylin. She is a seven year old girl diagnosed with leukemia, we prayed for her recovery. Most of the nurses ministry members attended the chain rosary. On Mar. 13, The Nurses Ministry held another chain rosary. This time it was held for the war in Ukraine and for world peace.

General Body Meeting of Parish or Pothuyogam

Pothuyogam of our parish was held on March 27th Sunday as it was previously announced. After the Sunday Holy Mass with the prayers we started the pothuyogam of 2022. Most of the parishioners joined for the meeting. Fr. Daris Cherian invited



everyone for the meeting and Arun Abraham the prime trustee presented the report of 2021 and 2022. Annual account was presented by the accountant Augustine Joy and the general body unanimously approved both accounts and reports and passed it.

General discussion was conducted and the members proposed the future plans for the developments of the parish. The meeting was adjourned by the thanks by one of the trustees Nithin Jose Paul and a final Blessing by Vicar.

Upcoming Programmes

“Do you love me more than these”
John 21 :15



LENTEN RETREAT

APRIL 11, 12 & 13 5:00 PM - 9:00 PM

Prepare for the Joy of EASTER

Experience the unfathomable mercy and healing power of sacrament of Reconciliation

Encounter Jesus in HIS most HOLY body, blood, soul, and divinity in the most blessed sacrament (Solemn Mass)



ST. JOHN PAUL II SYRO-MALABAR
CATHOLIC CHURCH, 55 McMURCHY
AVE. REGINA -SK S4R 3G3

Contact: +1 416 262-9670

Led by

REV. FR. BINU
RATHAPILLIL



REV. FR. GEORGE
(VACKACHAN)
THATTUPRAMBIL



REV. FR. DARIS CHERIAN





BISHOP'S DIARY

MARCH 2022

| | | |
|-----|--|--|
| 1 | 11.00 am | Participated in the Special Presbyterium |
| 2 | 11.30 am | Presided over the Curia Meeting |
| 3 | 08.30 pm | Joined in the Website Team Meeting |
| 5 | 04.00 pm 07.30 pm | Celebrated Memorial Qurbana at Cathedral Participated in the SOF Board Meeting |
| 6 | 05.00 pm | Celebrated Holy Qurbana at Knanaya Scared Heart Mission London |
| 7 | 08.00 am 11.00 am 08.30 pm | Celebrated Holy Qurbana at CHF Joined in the Monthly Recollection for Priests and Sisters Joined in the Website Team Meeting |
| 7-9 | 9 to 1 pm | Joined in ACBO 2022 Spring Plenary Meeting |
| 10 | 03.00 pm 08.00 pm | Participated in the Synodal Discussion for Priests Presided over the Finance Council Meeting |
| 12 | 10.45 am 11.30 am 04.00 pm 05.30 pm 06.00 pm | Inaugurated PAC Leaders Retreat Presided over the Pastoral Council Gave Class for Marriage Preparation Course Joined in the ECC and Principals Meeting Gave Final Blessing for SMYM Lenten Retreat |
| 13 | 05.00 pm | Celebrated Holy Qurbana at Alphonsa Parish Cambridge |
| 14 | 08.00 am | Celebrated Holy Qurbana at CMC |
| 16 | 11.30 am | Presided over Curia Meeting |
| 17 | 08.30 pm | SOF Board Meeting |

| | | |
|----|----------------------|--|
| 18 | 07.00 pm | Celebrated Holy Qurbana and Feast of St Joseph at Cathedral |
| 19 | 11.00 am | Administered the Blessing Ceremony of New Rectory at Scarborough |
| 20 | 11.00 am 04.00 pm | Celebrated Parish Feast at St Joseph Parish Hamilton Celebrated Holy Qurbana at Cambridge |
| 21 | 09.00 pm | Joined in the Website Meeting with Media Commission |
| 22 | 11.30 am | Presided over the Curia Meeting |
| 23 | 06.00 pm 09.00 pm | Participated in the DAL Meeting Participated in the Intercessory Prayer of PAC and DAL |
| 25 | 07.00 pm | Celebrated Holy Qurbana and Act of Consecration to the Immaculate Heart of Mary at Cathedral |
| 26 | 09.15 am | Celebrated Holy Qurbana at Cathedral |
| 27 | 04.00 pm | Celebrated Holy Qurbana at Cambridge |
| 28 | 08.00 am | Holy Qurbana at CHF |
| 29 | 08.30 pm | Joined in the SOF Board Meeting |
| 30 | 11.30 am | Presided over the Curia Meeting |
| 31 | 07.00 pm | Administered the Sacred Order of Heupadya knusa to Br. Francis Akkarappattiekkal |

2022 ഏപ്രിൽ - നോമ്പ് - ഉയിർപ്പ് കാലങ്ങൾ



| | | |
|----|--------|---|
| 1 | വെള്ളി | ഹെബ്രായം. 9:23-28, മത്താ. 20:20-28 |
| 2 | ശനി | 1 കോറി. 2:1-8, മത്താ. 17:1-9 |
| 3 | ഞായർ | ✠ നോമ്പ് ആറാം ഞായർ നിയ.8:1-10, 2 മക്ക 6:18-31, 1 പത്രോ 4:12-19, മർക്കോ. 8:31-9:1 |
| 4 | തിങ്കൾ | 1 പത്രോ 2:18-23, മത്താ. 12:15-21 |
| 5 | ചൊവ്വ | കൊളോ 1:24-29, യോഹ. 15:18-27 |
| 6 | ബുധൻ | റോമ 8:31-39, മത്താ. 10:17-22 |
| 7 | വ്യാഴം | 2 തിമോ 1:6-14, മർക്കോ 10:32-34 |
| 8 | വെള്ളി | റോമ. 5:12-17, യോഹ. 11:32-44 |
| 9 | ശനി | 2 കോറി 2:14-17, യോഹ. 12:1-11 |
| 10 | ഞായർ | ✠ നോമ്പ് ഏഴാം ഞായർ ഓശാന തിരുനാൾ പുറ. 15:1-3; 11 - 15; 20-21, ഏശ. 62:10-12, 63:1-4 ഗലാ 4:12-20, ലൂക്കാ 19:28-40 റോമ 11:17-24, ലൂക്കാ. 19:41-48 |
| 11 | തിങ്കൾ | ഹെബ്രായം. 13:10-16, ലൂക്കാ. 20:9-19 |
| 12 | ചൊവ്വ | 2 കോറി 5:1-10, യോഹ. 12:20-36 |
| 13 | ബുധൻ | പെസഹാവ്യാഴം |
| 14 | വ്യാഴം | പുറ. 12:1-14, 21-28, എസെ 45:18-25, 1 കോറി. 5:6-8, 11:23-29, ലൂക്കാ 22:7-13+യോഹ. 13:1-15 + ലൂക്കാ 22:15 -21 പീഡനവേ വെള്ളി ഉത്പ. 22:1-19, ഏശ 53:1-12, ശ്ലീഹ 8:26-39, ലൂക്കാ 22:63-23:12 + മത്താ 27:19 + ലൂക്കാ 23:13-23 + മത്താ 27:24-25 + ലൂക്കാ 23:24-45 + മത്താ 27:51 - 54 + യോഹ 19: 23 - 42 |
| 15 | വെള്ളി | |
| 16 | ശനി | വലിയശനി : നിയ 34:1-9, യോന 1:1-17, ഹെബ്രായം 6:1-8, മത്താ. 27:62-66 |
| 17 | ഞായർ | ✠ ഉയിർപ്പ് തിരുനാൾ എസെ. 37:1-10, യോനാ 2:1-10, ശ്ലീഹ 2:22-28, യോഹ 20:1-18 |
| 18 | തിങ്കൾ | 1 കോറി. 15:23-28, യോഹ. 20:11-23 |
| 19 | ചൊവ്വ | കൊളോ 1:15-22, യോഹ. 14:25-31 |
| 20 | ബുധൻ | ശ്ലീഹ 9:1-15, ലൂക്കാ 24:13-35 |
| 21 | വ്യാഴം | വെള്ളി 1:10-18, ലൂക്കാ 24:36-43 |
| 22 | വെള്ളി | ഹെബ്രായം 11:1-6,32-39, ലൂക്കാ. 12:1-9 |
| 23 | ശനി | 2 കോറി 3:4-11, ലൂക്കാ. 24:44-48 |
| 24 | ഞായർ | ✠ ഉയിർപ്പ് രണ്ടാം ഞായർ (പുതുഞായർ) ലേവ്യ 26:1-13, ഏശ. 44:1-8, 1 യോഹ 1:1-4, യോഹ. 20:24-31 |
| 25 | തിങ്കൾ | ഹെബ്രായം 10: 19-25, മത്താ. 8:1-4 |
| 26 | ചൊവ്വ | റോമാ 3:27-31, മത്താ. 8:5-13 |
| 27 | ബുധൻ | റോമാ 4:13-25, മത്താ. 9:18-26 |
| 28 | വ്യാഴം | റോമാ 5:1-5, മത്താ. 15:21-28 |
| 29 | വെള്ളി | യാക്കോ 5:13-20, ലൂക്കാ 5:17-26 |
| 30 | ശനി | ഗലാ 2:15-21, യോഹ 9:35-41 |



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