



EPARCHY OF MISSISSAUGA  
**BULLETIN**



VOL 08 | NO. 5

2024 MAY



# EPARCHY OF MISSISSAUGA

Pastoral Center, 6630 Turner Valley Road,  
Mississauga, Ontario, Canada L5N 2P1  
Ph: +1 647 787 6790  
web: [www.syromalabarcanada.org](http://www.syromalabarcanada.org)

## BULLETIN



CHIEF EDITOR  
FR. TOMY CHITTINAPILLY

EDITORS  
FR. THOMAS VENMANTHARA  
FR. DARIS MOOLAYIL  
SR. MERCY ANTONY CHF



# INSIDE

1. Welcome, Greetings
2. Bishop's Engagements
3. Curia News
4. Priestly Spirituality
5. News from Departments
6. News from Parishes
7. Bishop's Diary



For Private Circulation Only

*Welcome*

TO EPARCHY OF MISSISSAUGA



*Sr. Pauline CHF*

**1<sup>st</sup>**

**PROFESSION DAY  
GREETINGS**

**MAY 05**

**MAY 31**



**REV. SR. PRASANNA THATTIL CHF**



**REV. SR. JISA AO**



## BISHOP'S ENGAGEMENTS

**MAY  
2024**

**Date Time Program**

Date	Time	Program
01	11.00 am 07.30 pm	Curia Meeting SOF board meeting
04	10.30 am	Solemn Holy Communion at St. Thomas Syro-Malabar Forane Church, Scarborough
05	02.30 pm	Decennial celebration of St. Mary's Knanaya Syro-Malabar Parish, Toronto
06	11.15 am	Monthly Recollection
	08.00 pm	Finance Council Meeting
08	11.00 am	Curia meeting
11	10.30 am	Solemn Holy Communion at Cathedral
12	02.00 pm	Holy family parish feast at Holy Family Knanaya Catholic Mission, Ajax
13	11.00 am	Thanksgiving Holy Qurbana at AO Convent, Scarborough
14	12.00 pm	Zoom meeting with bishop Hector Vila, Diocese of Whitehorse
15	07.30 am	Holy Qurbana at CMC, Mississauga



	11.00 am	Curia Meeting
17	09.30 pm	Travel to Regina
18	09.00 am 06.30 pm	Appointment with Archbishop Donald J Bolen, Archbishop of Regina Holy Qurbana at North Battleford
19	08.30 am 11.00 am 04.00 pm	Meeting with parish council, Saskatoon Holy Qurbana at St. Michel Church, Saskatoon Solemn Holy Communion and parish feast at St. John Paul II Syro-Malabar Church, Regina
21	06.00 am	Return to Toronto
22	07.30 am 11.00 am	Holy Qurbana at CHF, Mississauga Curia Meeting
25	11.00 am	Marriage at St. Padre Pio Roman Catholic Church, Etobicoke
29	11.00 am	Curia Meeting





## CURIA NEWS

1. Monthly Recollection of Priests and Sisters for the month of May will be conducted on May 6, 2024. The spiritual sharing will be done by Rev. Fr. Francis Akkarapattiakal and the adoration by AO Sisters.

### 2. **New Appointments**

#### **Directors and Associate Directors - w. e. f. April 1, 2024**

Rev. Fr. Francis Samuvel Akkarapattiakal

Director of the Vocation Bureau

Rev. Fr. Jerlin Francis Kadaplackal

Associate Director, SMYM,

Rev. Fr. George Thuruthipally Joseph

Associate Director of the Catechetical Department

Rev. Fr. Boby Joy Muttathuvalayil

Associate Director of the Family Apostolate

Rev. Fr. Joyal Joseph Varikkanikkal

Associate Director of the Nurses' Ministry

Rev. Fr. Saji Joseph

Associate Director, ISSSAC (Department of Social Service)

Rev. Fr. Shijo George Ottaplackal VC

Associate Director of the Evangelization and Charismatic Renewal

Rev. Fr. Benny Thanninilkumthadathil

Associate Director of the Media Commission

Rev. Fr. Jijimon Maliakkal John SJ

Vice Chairman of the Divine Academy



## Pastors and Associate Pastors - w. e. f. June 17, 2024

Rev. Fr. Joseph (Roy) Charles Kizhakkedath  
- Pastor of St. Mother Teresa Syro-Malabar Catholic Church, Calgary, and St. John Bosco Syro- Malabar Catholic Mission, Medicine Hat.

Rev. Fr. Kalariparambil Thomas  
- Pastor of St. Thomas Syro- Malabar Catholic Mission, St. John's.

Rev. Fr. Daris Cherian Moolayil  
- Pastor of Holy Family Syro-Malabar Catholic Parish, Halifax, Ave Maria Syro- Malabar Catholic Mission, Berwick, Christ the King Syro Malabar Catholic Mission, Lunenburg, and St. Andre Syro- Malabar Catholic Mission, Sydney.

Rev. Fr. Jerlin Francis Kadaplackal  
- Pastor of St. John Paul II Syro- Malabar Catholic Parish, Regina, Infant Jesus Syro- Malabar Catholic Mission, Yorkton, and St. Mary's Syro Malabar Catholic Mission, Moose Jaw, and Swift Current.

Rev. Fr. Gijo George CST  
- Associate Pastor of St. Alphonsa Syro-Malabar Catholic Forane Church, Edmonton

3. Presbyteral Council: Next Presbyteral Council will be conducted on Thursday, May 23, 2024 at 11. 30 am (EST).
4. Words of thanks to III Pastoral Council: Eparchy of Mississauga is delighted to offer its deep sense of gratitude and appreciation to the III Pastoral Council Members for their valuable support and contributions.

## മല്പാൻ മാത്യു വെള്ളാനിക്കൽ

# സഭയും പരിശുദ്ധാത്മദാനങ്ങളും

(തിരുവചനഭാഗം: 1 കോറിന്തോസ് 12, 1-31)

സഭയിൽ വിവിധങ്ങളായ ആത്മീയദാനങ്ങളുണ്ട്. അവയെല്ലാം മിശിഹായുടെ മഹത്വത്തിനായിരിക്കണമെന്ന് പൗലോസ് ശ്ലീഹാ ഉദ്ബോധിപ്പിക്കുന്നു.

ഈ തിരുവചനഭാഗം താഴെക്കാണുന്നവിധം വിഭജിക്കാം.

1. ഈശോ കർത്താവാനെന്ന വിശ്വാസപ്രഖ്യാപനം (12,1-3)
2. അരുപി ഒന്ന്, അനേകം വരങ്ങൾ (12,4-11)
3. സഭ: മിശിഹായുടെ ശരീരം (12,12-20)
4. ഒരു ശരീരവും പല അവയവങ്ങളും (12,21-26)
5. സഭയിലെ വിവിധ ദാനങ്ങൾ (12,27-31)

ഈ വചനഭാഗം അജപാലകർക്കും അജഗണങ്ങൾക്കും നൽകുന്ന സന്ദേശങ്ങൾ പഠനവിഷയമാക്കാം.

### 1. ഈശോ കർത്താവാനെന്ന വിശ്വാസപ്രഖ്യാപനം

“സഹോദരരേ, നിങ്ങൾ ആത്മീയ ദാനങ്ങളെക്കുറിച്ച് അറിവുള്ളവരായിരിക്കണമെന്നു ഞാനാഗ്രഹിക്കുന്നു. നിങ്ങൾ വിജാതീയരായിരുന്നപ്പോൾ സംസാരശേഷിയില്ലാത്ത വിഗ്രഹങ്ങളുടെ അടുത്തേക്ക് അപഥ സഞ്ചാരം ചെയ്തിരുന്നത് ഓർക്കുന്നുണ്ടല്ലോ. ദൈവാത്മാവുമുഖേന സംസാരിക്കുന്നവരാരും ഈശോ ശപിക്കപ്പെട്ടവനാണ് എന്ന് ഒരിക്കലും പറയുകയില്ലെന്നും ഈശോ കർത്താവാണ് എന്നു പറയാൻ പരിശുദ്ധാത്മാവുമുഖേനയല്ലാതെ ആർക്കും സാധിക്കുകയില്ലെന്നും നിങ്ങൾ ഗ്രഹിക്കണമെന്നു ഞാൻ ആഗ്രഹിക്കുന്നു” (12,1-3).

കോറിന്തോസുകാർ പൗലോസ് ശ്ലീഹായോട് എഴുതിച്ചോദിച്ചിരിക്കാനിടയുള്ള കാര്യങ്ങളിൽ ഒന്ന് ‘ഉന്മാദസംസാരം’മായിരുന്നു. ‘ഗ്ലോസ്സോലലിയ’ എന്നു ഗ്രീക്കുഭാഷയിൽ പറഞ്ഞിരിക്കുന്ന കാര്യത്തിന് ഇംഗ്ലീഷിലും മലയാളത്തിലും വ്യാഖ്യാനപരമായ സംജ്ഞയാണ് ഉപയോഗിക്കുന്നത്. ‘ഭാഷയിൽ സംസാരിക്കുക’, ‘ഭാഷാവരം’ തുടങ്ങിയവയാണ് ഈ പ്രതിഭാസത്തെ കാണിക്കാൻ ഉപയോഗിക്കുന്ന വാക്കുകൾ. ‘ഉന്മാദസംസാരം’ പല മതങ്ങളിലും പതിവുള്ള കാര്യമാണ്. കോറിന്തോസുകാരുടെ കാര്യത്തിലും അവർ ക്രിസ്തീയവിശ്വാസത്തിലേക്കു വരുന്നതിനുമുമ്പ് ഇത്തരം പ്രതിഭാസമുണ്ടായിരുന്നതായി ഇവിടെ സൂചനയുണ്ട് (12,2). ആരാധനാവേളകളിൽ ഉന്മാദസംസാരം നടത്തി പരിചയമുണ്ടായിരുന്ന കോറിന്തോസുകാർ സഭാംഗങ്ങളായപ്പോഴും ഈ വഴക്കം തുടർന്നിരുന്നു എന്ന് ന്യായമായും കരുതാം. ഇവിടെ



പൗലോസ് സ്ത്രീഹാ വ്യക്തമായ മാനദണ്ഡം നൽകുന്നു.

ഉന്മാദസംസാരം നടത്തുന്നയാൾ ദൈവാരൂപിയാൽ പ്രചോദിതമായാണ് അപ്രകാരം ചെയ്യുന്നതെങ്കിൽ 'ഈശോ കർത്താവാണ്' എന്ന വിശ്വാസപ്രഖ്യാപനവും ആയിരിക്കുമത്. 'ഈശോ കർത്താവാണ്' എന്നത് ആദിമസഭയുടെ വിശ്വാസപ്രമാണമായിരുന്നു. ക്രോഡീകരിക്കപ്പെട്ട വിശ്വാസപ്രമാണങ്ങൾ ഉണ്ടാകുന്നതിനു മുമ്പ് ആദിമസഭാംഗങ്ങൾ അവരുടെ വിശ്വാസം പ്രഖ്യാപിച്ചിരുന്നത് ഈ രീതിയിലായിരുന്നു. ദൈവാരൂപിയാൽ നയിക്കപ്പെടുന്ന ആർക്കും "ഈശോ ശപിക്കപ്പെട്ടവൻ" എന്ന് ഉച്ചരിക്കാൻ കഴിയുകയില്ല. "ഈശോ കർത്താവ്" എന്ന് ഏറ്റുപറയുവാൻ ദൈവാരൂപിയില്ലാതെ ആർക്കും സാധ്യവുമല്ല. അതുകൊണ്ട് സഭയുടെ അടിസ്ഥാനപരമായ വിശ്വാസം ഏറ്റുപറയുന്നവർക്ക് ദൈവാരൂപിയുടെ ദാനം ലഭിച്ചിട്ടുണ്ട് എന്ന് സ്ത്രീഹാ വ്യക്തമാക്കുന്നു. ഈശോ ഭരിക്കുന്ന ജീവിതം നയിച്ചുകൊണ്ട് സഭാജീവിതം നയിക്കുവാൻ അജപാലകർ അജഗണങ്ങളെ പ്രചോദിപ്പിക്കണം.

### 2. അരുപി ഒന്ന്, അനേകം വരങ്ങൾ

"ദാനങ്ങളിൽ വൈവിധ്യം ഉണ്ടെങ്കിലും ആത്മാവ് ഒന്നുതന്നെ. ശുശ്രൂഷകളിൽ വൈവിധ്യം ഉണ്ടെങ്കിലും കർത്താവ് ഒന്നുതന്നെ. പ്രവൃത്തികളിൽ വൈവിധ്യം ഉണ്ടെങ്കിലും എല്ലാവർക്കും എല്ലാറ്റിലും പ്രചോദനം നൽകുന്ന ദൈവം ഒന്നുതന്നെ. ഓരോരുത്തരിലും ആത്മാവു വെളിപ്പെടുന്നത് പൊതുനന്മയ്ക്കുവേണ്ടിയാണ്. ഒരേ ആത്മാവുതന്നെ ഒരാൾക്കു വിവേകത്തിന്റെ വചനവും മറ്റൊരാൾക്കു ജ്ഞാനത്തിന്റെ വചനവും നൽകുന്നു. ഒരേ ആത്മാവുതന്നെ ഒരുവനു വിശ്വാസവും വേറൊരുവനു രോഗശാന്തിക്കുള്ള വരവും നൽകുന്നു. ഒരുവന് അദ്ഭുതങ്ങൾ പ്രവർത്തിക്കാൻ ശക്തിയും, മറ്റൊരുവനു പ്രവചിക്കാൻ വരവും, വേറൊരുവന് ആത്മാക്കളെ വിവേചിച്ചറിയാൻ കഴിവും വേറൊരുവനു ഭാഷാവരവും, വേറൊരുവന് വ്യാഖ്യാനത്തിനുള്ള വരവും, അതേ ആത്മാവു തന്നെ നൽകുന്നു. തന്റെ ഇച്ഛയ്ക്കൊത്ത് ഓരോരുത്തർക്കും പ്രത്യേക പ്രത്യേക ദാനങ്ങൾ നൽകുന്ന ഒരേ ആത്മാവിന്റെതന്നെ പ്രവൃത്തിയാണ് ഇതെല്ലാം" (12,4-11).

സഭയിൽ പ്രകടമായ വിവിധ ആത്മീയദാനങ്ങളെക്കുറിച്ചാണ് ഇവിടെ സ്ത്രീഹാ പ്രതിപാദിക്കുന്നത്. സഭയിലെ വിവിധങ്ങളായ ശുശ്രൂഷകൾക്കും ദാനങ്ങൾക്കും പിന്നിൽ ഏക ഉറവിടമാണുള്ളത് - ദൈവം. ദാനങ്ങൾ എന്നതിന്റെ മൂലപദം 'കരിസ്മാത്താ' എന്നതാണ്. കൃപയുടെ ഫലമായി ഉളവാകുന്ന ഒന്നാണ് ദാനങ്ങൾ. സഭാസമ്മേളനങ്ങളോടു ബന്ധപ്പെട്ട വിഷയങ്ങളാണ് ഇവിടെ 'ദാനങ്ങൾ', 'പ്രവർത്തനങ്ങൾ', 'ശുശ്രൂഷകൾ' എന്നെല്ലാം അവതരിപ്പിച്ചിരിക്കുന്നത്. ഇവയ്ക്ക് ഒരേയൊരു ഉറവിടം മാത്രമുള്ളതുപോലെതന്നെ ഇവയുടെ ലക്ഷ്യവും ഒന്നുമാത്രമാണ്. ഓരോരുത്തരിലും അരുപി വെളിപ്പെടുന്നത് പൊതുനന്മയ്ക്കുവേണ്ടിയാണ്. അതായത്, ആരാധനാസമൂഹത്തെ ഒന്നാകെ പടുത്തുയർത്താൻ വേണ്ടിയാണ് ദൈവം ആത്മീയദാനങ്ങൾ നൽകുന്നത്. അവ ഓരോരുത്തരുടെയും വ്യക്തിപരമായ പ്രകടനങ്ങൾക്കും നേട്ടങ്ങൾക്കും വേണ്ടിയുള്ളവയല്ല.

ഏതൊക്കെയാണു വരങ്ങൾ എന്നു പഠിപ്പിക്കാനോ, അവയോരോന്നിന്റെയും പ്രത്യേകതകളും പ്രവർത്തനരീതികളും വിശദീകരിക്കാനോ ലക്ഷ്യമിട്ടുകൊണ്ടല്ല ശ്ലീഹാ ഇക്കാര്യങ്ങൾ രേഖപ്പെടുത്തുന്നത്. എന്തിനാണു വരങ്ങൾ നൽകപ്പെടുന്നത് എന്നും വരങ്ങൾ സഭയിൽ എപ്രകാരമാണ് ഉപയോഗിക്കേണ്ടത് എന്നും പ്രബോധിപ്പിക്കുക മാത്രമാണ് പൗലോസ് ശ്ലീഹായുടെ ലക്ഷ്യം. ഒരേ ആത്മാവിലൂടെ (12,8), ഒരേ ആത്മാവിനാൽ (12,6), ഒരേ ആത്മാവിനനുസൃതം (12,9) എന്നീ വ്യത്യാസങ്ങൾ ആത്മീയദാനങ്ങളെ സംബന്ധിച്ച ദൈവശാസ്ത്രത്തിൽ പ്രാധാന്യമർഹിക്കുന്നതാണ്. എല്ലാ ദാനങ്ങളും നൽകുന്നത് ദൈവമാണ് (12,6) എന്നും ഇത് ആത്മാവിന്റെ പ്രവൃത്തിയാണ് (12,11) എന്നും ഇവിടെ എടുത്തുപറഞ്ഞിരിക്കുന്നു. വരദാനങ്ങൾക്കല്ല, വരങ്ങളെല്ലാം നൽകുന്ന ദൈവത്തിനും, ഏറ്റവും വലിയ ദാനമായ പരിശുദ്ധാത്മാവിനുമാണ് ശ്ലീഹാ പ്രാധാന്യം കൊടുത്തിരിക്കുന്നത്. സമൂഹാംഗങ്ങൾക്ക് ദൈവം നൽകുന്ന വരദാനങ്ങൾ, സമൂഹത്തെ ഒരു ആരാധനാസമൂഹമായി പടുത്തുയർത്തുവാനാണെന്നതിനെപ്പറ്റി അജപാലകർ അജഗണങ്ങളെ ബോധവൽക്കരിക്കണം.

### 3. സഭ: മിശിഹായുടെ ശരീരം

“ശരീരം ഒന്നാണെങ്കിലും, അതിൽ പല അവയവങ്ങൾ ഉണ്ട്. അവയവങ്ങൾ പലതെങ്കിലും അവയെല്ലാംചേർന്ന് ഏകശരീരമായിരിക്കുന്നു. അതുപോലെതന്നെയാണ് മിശിഹായും. നമ്മളെല്ലാവരും ഒരേ ആത്മാവിൽ ഏകശരീരമാകാൻ മാമോദീസാ സ്വീകരിച്ചു. യഹൂദരെന്നോ ഗ്രീക്കുകാരെന്നോ, അടിമകളെന്നോ സ്വതന്ത്രരെന്നോ ഭേദംകൂടാതെ ഒരേ ആത്മാവിനെ പാനം ചെയ്യാൻ എല്ലാവർക്കും സാധിച്ചു. ഒരു അവയവമല്ല, പലതു ചേർന്നതാണ് ശരീരം. ഞാൻ കൈ അല്ലാത്തതിനാൽ ശരീരത്തിന്റെ ഭാഗമല്ല എന്നു കാൽ പറഞ്ഞാൽ അതു ശരീരത്തിന്റെ ഭാഗമല്ലെന്നുവരുമോ? അതുപോലെതന്നെ, ഞാൻ കണ്ണല്ലാത്തതിനാൽ ശരീരത്തിന്റെ ഭാഗമല്ല എന്നു ചെവി പറഞ്ഞാൽ അതു ശരീരത്തിന്റെ ഭാഗമല്ലെന്നുവരുമോ? ശരീരം ഒരു കണ്ണുമാത്രമായിരുന്നെങ്കിൽ ശ്രവണം സാധ്യമാകുന്നതെങ്ങനെ? ശരീരം ഒരു ചെവി മാത്രമായിരുന്നെങ്കിൽ ശ്രോണം സാധ്യമാകുന്നതെങ്ങനെ? എന്നാൽ, ദൈവം സ്വന്തം ഇഷ്ടമനുസരിച്ച് ഓരോ അവയവവും ശരീരത്തിൽ ക്രമപ്പെടുത്തിയിരിക്കുന്നു. എല്ലാംകൂടെ ഒരു അവയവമായിരുന്നെങ്കിൽ ശരീരം എവിടെയാകുമായിരുന്നു? ഇപ്പോഴാകട്ടെ പല അവയവങ്ങളും ഒരു ശരീരവുമാണുള്ളത്” (12,12-20).

സഭയെ മിശിഹായുടെ ശരീരമായി കാണുന്ന വചനഭാഗങ്ങൾ ഈ ലേഖനത്തിന്റെ മുന്നദ്ധ്യായങ്ങളിൽത്തന്നെയുണ്ട്. ഉദാഹരണത്തിന്, “മിശിഹാ വിഭജിക്കപ്പെട്ടിരിക്കുന്നുവോ?” (1,13), “നിങ്ങൾ ദൈവത്തിന്റെ ആലയമാണെന്നും ദൈവാത്മാവ് നിങ്ങളിൽ വസിക്കുന്നുവെന്നും നിങ്ങൾക്കറിഞ്ഞുകൂടേ” (3,16), “നിങ്ങളുടെ ശരീരങ്ങൾ മിശിഹായുടെ അവയവങ്ങളാണെന്ന് നിങ്ങൾക്കറിയില്ലേ? മിശിഹായുടെ അവയവങ്ങൾ ഞാൻ വേശ്യയുടെ അവയവങ്ങളാക്കാമോ?” (6,15), “അപ്പം ഒന്നേയുള്ളൂ. അതിനാൽ പലരായിരിക്കുന്ന നാം ഒരു ശരീരമാണ്” (10,17).

ശരീരം ഒന്നാണെങ്കിലും അത് ഒരു അവയവമല്ല. പലതു ചേർന്നതാണ്. ഇത്ത

രത്തിൽ ഏക ശരീരമായ സഭയിൽ വൈവിധ്യങ്ങൾ ഉണ്ടായേ തീരൂ. മാമോദീസാ സ്വീകരിച്ച് ഒരേ ആത്മാവിനെ പാനം ചെയ്താണ് സഭ മിശിഹായുടെ ശരീരമായി രൂപപ്പെട്ടത് (12,13). ഒരു അവയവമല്ല, പലതു ചേർന്നതാണ് ശരീരം എന്നതാണ് ഇവിടെ പ്രധാനം (12,14). സഭയ്ക്ക് അടിസ്ഥാനപരമായി ഒരുമയുണ്ട്. എന്നാൽ, അത് ഒറ്റ അവയവമായിരിക്കുന്നതിലല്ല, ഒരുമയിലായിരിക്കുക എന്നതിലാണ്. വൈവിധ്യങ്ങൾ ശരീരത്തിലെ ചില കൂട്ടിച്ചേർക്കലുകളല്ല. അവ ശരീരത്തിന്റെ ഭാഗംതന്നെയാണ്. ഓരോ അവയവത്തിനും ശരീരത്തിൽ നൽകപ്പെട്ട ദൗത്യങ്ങൾ നിർവഹിക്കാനുള്ളതുപോലെ, സഭയാകുന്ന ശരീരത്തിലും വിവിധ അംഗങ്ങൾക്ക് വിവിധ ദൗത്യങ്ങൾ നൽകപ്പെട്ടിരിക്കുന്നു. ഓരോ അംഗവും അതിന് ഏല്പിക്കപ്പെട്ടിരിക്കുന്ന ദൗത്യം നിർവഹിക്കണം. അപ്പോഴാണ് ശരീരത്തിന്റെ ഒരുമ യാഥാർത്ഥ്യമാകുന്നത്. ഈ യാഥാർത്ഥ്യം അജപാലകർ അജഗണങ്ങൾക്ക് മനസ്സിലാക്കിക്കൊടുക്കണം.

**4. ഒരു ശരീരവും പല അവയവങ്ങളും**

“കണ്ണിന് കൈയോട് എനിക്കു നിന്നെക്കൊണ്ട് ആവശ്യമില്ല എന്നോ, തലയ്ക്കു കാലിനോട് എനിക്കു നിന്നെക്കൊണ്ട് ഉപയോഗമില്ല എന്നോ പറയുക സാധ്യമല്ല. നേരേമറിച്ച്, ദൂർബലങ്ങളെന്നു കരുതപ്പെടുന്ന അവയവങ്ങളാണ് കൂടുതൽ ആവശ്യമായിരിക്കുന്നത്. മാനുഷങ്ങളല്ലെന്നു കരുതപ്പെടുന്ന അവയവങ്ങൾക്കു നമ്മൾ കൂടുതൽ മാനുഷത കൽപിക്കുകയും, ഭംഗി കുറഞ്ഞവയെന്നു കരുതപ്പെടുന്നവയെ കൂടുതൽ അലങ്കരിക്കുകയും ചെയ്യുന്നു. ഭംഗിയുള്ള അവയവങ്ങൾക്ക് ഇവയൊന്നും ആവശ്യമില്ല. ദൈവമാകട്ടെ, അപ്രധാനങ്ങളായ അവയവങ്ങൾക്കു കൂടുതൽ പ്രാധാന്യം ലഭിക്കത്തക്കവിധം ശരീരം സംവിധാനം ചെയ്തിരിക്കുന്നു. അതു ശരീരത്തിൽ ഭിന്നിപ്പുണ്ടാകാതെ അവയവങ്ങൾ പരസ്പരം തുല്യശ്രദ്ധയോടെ വർത്തിക്കേണ്ടതിനുതന്നെ. ഒരു അവയവം വേദനയനുഭവിക്കുമ്പോൾ എല്ലാ അവയവങ്ങളും വേദനയനുഭവിക്കുന്നു. ഒരു അവയവം പ്രശംസിക്കപ്പെടുമ്പോൾ എല്ലാ അവയവങ്ങളും സന്തോഷിക്കുന്നു” (12,21-26).

സഭയെക്കുറിച്ച് ശ്ലീഹാ നൽകുന്ന വിശദീകരണത്തിൽ സഭാശരീരത്തിൽ സംഭവിക്കാവുന്ന രണ്ടുതരം മനോഭാവങ്ങളെ അവതരിപ്പിക്കുന്നു. ആദ്യത്തേത്, ചില അംഗങ്ങൾ തങ്ങൾക്കു മെച്ചമായ ധർമ്മങ്ങൾ ഇല്ലാത്തതിനാൽ തങ്ങൾ ശരീരത്തിൽ അവമതിക്കപ്പെടുന്നു എന്നു കരുതുന്നതാണ്; തനിക്കു പ്രധാന ദാനങ്ങളില്ലാത്തതിനാൽ താൻ സമൂഹത്തിൽ ഒന്നുമല്ല എന്നു കരുതുന്നതാണ്. ‘ഞാൻ കൈയ്യല്ലാത്തതുകൊണ്ട് ശരീരത്തിന്റെ ഭാഗമല്ല’ എന്നു കാൽ പറയുന്നതുപോലെയാണത്. രണ്ടാമത്തെ മനോഭാവം മെച്ചമായ ദൗത്യങ്ങൾ ഉള്ളവർ അത്രയും വലിയ ദൗത്യങ്ങളില്ലാത്തവരെ തള്ളിപ്പറയുന്നതാണ്; “എനിക്കു നിന്നെക്കൊണ്ട് ആവശ്യമില്ല” എന്ന വിധത്തിലുള്ള ചിന്തയാണ്. ഇതു രണ്ടും കോറിന്തോസിലെ സഭയിൽ പ്രബലമായിരുന്നു എന്നുവേണം കരുതുവാൻ. ഇതു രണ്ടിനെയും പൗലോസ് ശ്ലീഹാ തള്ളിപ്പറയുകയാണ്.

ശരീരത്തിലെ ഓരോ അവയവത്തിനും അതാതിന്റെ ധർമ്മം നൽകി ക്രമീകരിച്ചിരിക്കുന്നത് ദൈവപ്രഭതിയാണ്. ദൈവം തന്റെ അഭീഷ്ടമനുസരിച്ചാണ് ഓരോരുത്തർക്കും പ്രത്യേക ദാനങ്ങൾ നൽകുന്നത്. ഇവിടെ ദൗത്യങ്ങൾ പലതാണെങ്കിലും അതിന് ആനു

പാതികമായല്ല പ്രാധാന്യം കണക്കാക്കിയിരിക്കുന്നത്. പലപ്പോഴും ദുർബലങ്ങളെന്നു കരുതപ്പെടുന്ന അവയവങ്ങളാണ് കൂടുതൽ ആവശ്യകമായിരിക്കുന്നത് (12,22). “അപ്രധാനമായ അവയവങ്ങൾക്ക് കൂടുതൽ പ്രാധാന്യം ലഭിക്കത്തക്കവിധം ദൈവം ശരീരം സംവിധാനം ചെയ്തിരിക്കുന്നു” (12,23). അതുകൊണ്ട് സഭാംഗങ്ങൾ സഭയിലെ ഓരോരുത്തരുടെയും ആത്മീയദാനങ്ങളെ തിരിച്ചറിയുകയും വിലമതിക്കുകയും ചെയ്യണം. ഇപ്രകാരം അജഗണങ്ങളെ ബോധവൽക്കരിക്കുവാൻ അജപാലകർ പ്രത്യേകം ശ്രദ്ധിക്കണം.

### 5. സഭയിലെ വിവിധ ദാനങ്ങൾ

“നിങ്ങൾ മിശിഹായുടെ ശരീരവും ഓരോരുത്തരും അതിലെ അവയവങ്ങളുമാണ്. ദൈവം സഭയിൽ ഒന്നാമത് സ്ത്രീഹന്മാരെയും രണ്ടാമത് പ്രവാചകന്മാരെയും, മൂന്നാമത് പ്രബോധകരെയും, തുടർന്ന് അദ്ഭുതപ്രവർത്തകർ, രോഗശാന്തി നൽകുന്നവർ, സഹായകർ, ഭരണകർത്താക്കൾ, വിവിധ ഭാഷകളിൽ സംസാരിക്കുന്നവർ എന്നിവരെയും നിയമിച്ചിരിക്കുന്നു. എല്ലാവരും സ്ത്രീഹന്മാരോ? എല്ലാവരും പ്രവാചകരോ? എല്ലാവരും പ്രബോധകരോ? എല്ലാവരും അദ്ഭുതപ്രവർത്തകരോ? എല്ലാവർക്കും രോഗശാന്തിക്കുള്ള വരങ്ങളുണ്ടോ? എല്ലാവരും വിവിധ ഭാഷകളിൽ സംസാരിക്കുന്നുണ്ടോ? എല്ലാവരും വ്യാഖ്യാനിക്കുന്നുണ്ടോ? എന്നാൽ, ഉത്കൃഷ്ടദാനങ്ങൾക്കുവേണ്ടി തീക്ഷ്ണമായി അഭിലഷിക്കുവിൻ. ഉത്തമമായ മാർഗ്ഗം ഞാൻ നിങ്ങൾക്കു കാണിച്ചുതരാം” (12,27-31).

സഭയാണ് മിശിഹായുടെ ശരീരം. ഈ ശരീരം എല്ലാ അവയവങ്ങളും ചേർന്നതാണ്. അവയവങ്ങളെ ശരീരത്തിൽനിന്ന് വേർതിരിച്ചല്ല കാണുന്നത്. ശരീരത്തിലെ അവയവങ്ങളുടെ ധർമ്മമാണ് വിഭിന്നമായുള്ളത്. വിഭിന്നമായ ധർമ്മമുള്ളത് ശരീരത്തിന്റെ പൂർണ്ണതയാണ്. ശരീരം യഥാവിധി പ്രവർത്തിക്കുന്നതിന്റെ അടയാളമാണ്. “നിങ്ങൾ ഓരോരുത്തരും” അതിലെ അവയവങ്ങളാണ് എന്നതു പ്രധാനമാണ്. കൂട്ടായ ക്രമീകരണമല്ല, ഓരോ വ്യക്തിയെ സംബന്ധിച്ചും ദൈവത്തിനുള്ള നിയതമായ പദ്ധതിയാണ് ഇവിടെ ഉദ്ദേശിച്ചിട്ടുള്ളത്. അടുത്ത വാക്യത്തിൽ (12,28) വ്യക്തമാക്കുന്നതുപോലെ, ഓരോരുത്തരെയും ദൈവം ചില ദൗത്യങ്ങൾ ഏല്പിച്ചിരിക്കുന്നു. ദൗത്യങ്ങളുടെ വൈവിധ്യമാണ് ഏകമായിരിക്കുന്ന ശരീരത്തിന് പൂർണ്ണത നൽകുന്നത്.

ഈ വസ്തുത വ്യക്തമാക്കിയതിനുശേഷം വിവിധ ദാനങ്ങളുടെ പട്ടിക അവതരിപ്പിക്കുന്നു. സഭാശരീരത്തിലെ ധർമ്മങ്ങളുടെ വൈവിധ്യത്തിനു കാരണം ദൈവമാണ് എന്ന് ഊന്നിപ്പറഞ്ഞുകൊണ്ടാണ് വിവിധ ദാനങ്ങളുടെ പട്ടിക അവതരിപ്പിക്കുന്നത്. ആദ്യത്തെ മൂന്നെണ്ണം, അതായത്, സ്ത്രീഹന്മാർ, പ്രവാചകന്മാർ, പ്രബോധകർ എന്നിവരെ പ്രധാനക്രമത്തിൽ പറഞ്ഞിരിക്കുന്നു. ഇവ മൂന്നും വചനശുശ്രൂഷയോടു ബന്ധപ്പെട്ടവയാണ്. ആദ്യമായി വരുന്നത് സ്ത്രീഹന്മാരാണ്. സുവിശേഷപ്രഘോഷണം വിവിധ സ്ഥലങ്ങളിൽ നടത്തുകയും, സഭാസമൂഹങ്ങൾ സ്ഥാപിക്കുകയും, തങ്ങളുടെ ജീവിതങ്ങളിലൂടെ കർത്താവിന്റെ മരണോത്ഥാനങ്ങളെ വെളിപ്പെടുത്തുകയും ചെയ്യുന്നവരാണ്. രണ്ടാമതായി കാണുന്നത് പ്രവാചകന്മാരാണ്. ആരാധനാവേളകളിൽ സഹോദരവിശ്വാസികളോടു സംസാരിച്ച് അവർക്കു പ്രചോദനം നൽകുന്നവരാണ്. മൂന്നാമതായി വരുന്നത് പ്രബോധകരാണ്. വിശ്വാസികളെ സുവിശേഷ

ത്തിന്റെയും പഴയനിയമഗ്രന്ഥങ്ങളുടെയും അർത്ഥം പഠിപ്പിക്കുക എന്നതായിരുന്നു അവരുടെ ധർമ്മം. ഭാഷാവരത്തിന് ഏറ്റവും അവസാനത്തെ സ്ഥാനമാണ് നൽകിയിരിക്കുന്നത് എന്നതും ശ്രദ്ധേയമാണ്. സഭയിൽ ദൈവം നൽകുന്ന വരങ്ങളെക്കുറിച്ച് അജപാലർക്ക് വ്യക്തമായ ധാരണയുണ്ടായിരിക്കണം.

**ജീവിതസൂചിക**

1. ഈശോ ഭരിക്കുന്ന ഒരു ജീവിതമാണോ ഞാൻ നയിക്കുന്നത്?
2. വരദാനങ്ങൾ നൽകപ്പെടുന്നത്, സഭയെ ആരാധനാസമൂഹമായി കെട്ടിപ്പടുക്കുന്നതിനാണെന്ന ബോധ്യം എനിക്കുണ്ടോ?
3. സഭാംഗങ്ങൾ അവരുടെ ദൗത്യനിർവഹണത്തിലൂടെ സഭയെ കെട്ടിപ്പടുക്കണമെന്ന് ഞാൻ അവരെ ബോധ്യപ്പെടുത്തുന്നുണ്ടോ?
4. ദൈവം നൽകുന്ന ആത്മീയദാനങ്ങൾ തിരിച്ചറിഞ്ഞ് സഭാസമൂഹത്തെ കെട്ടിപ്പടുക്കുവാൻ വിശ്വാസികളെ ഞാൻ എങ്ങനെ ബോധവൽക്കരിക്കുന്നു?
5. സഭയിൽ ദൈവം നൽകുന്ന വരങ്ങളെക്കുറിച്ച് വ്യക്തമായ ധാരണ എനിക്കുണ്ടോ?



# NEWS FROM DEPARTMENTS

## DEPARTMENT OF CATECHESIS

### Catechism Final Examination

Catechism Final Examination of this Catechetical academic year will be conducted on May 26, 2024. The final projects for grades 9-12 will be distributed by April 30. Question Papers will be prepared and distributed from the Eparchial Catechism Department. Question Papers and project topics were prepared by the Catechists from various parishes and reviewed by the Examination board. Eparchy of Mississauga, Department of Catechesis appreciates the sincere efforts and extends sincere gratitude to everyone who has dedicated their time to preparing and reviewing the question papers.

All the best to all the students!

### Grade 12 Graduation

The Eparchial Graduation of Catechesis Class of Grade 12, 2024 will be conducted on June 01, 2024, in a hybrid format. The graduation ceremony will be held at St. Alphonsa Cathedral in Mississauga, Ontario from 01:30 PM to 08:00 PM (EST). All Ontario students are expected to attend in person and students from parishes outside Ontario are invited to participate virtually or in person.

### Upcoming Events

May 25, 2024- Diploma Course in Theology

June 01, 2024 - Grade 12 Graduation Ceremony



## MARRIAGE PREPARATIONS COURSE (April 2024)

The Family Apostolate of Eparchy of Mississauga conducted the Marriage Preparation Course from April 13, 14 & 15, 2024 with a total of 30 enthusiastic participants. The in - person 3-day Marriage Preparation Course was held in St. Thomas Syro Malabar Forane Church, Scarborough, Ontario. The course was designed to provide essential knowledge and guidance for couples preparing for marriage, covering various important topics .



### MARRIAGE PREPARATION COURSE 2024

**SATURDAY, SUNDAY, MONDAY**

**JUNE 8,9, 10**

**JULY 6,7, 8**

**SEPTEMBER 14,15, 16**

**OCTOBER 19,20, 21**

**NOVEMBER 16,17, 18**

**For More information**

**647 858 1449**

**familyapostolate.ca@gmail.com**



# NEWS FROM PARISHES

## MISSISSAUGA FORANE

### ST. ALPHONSA CATHEDRAL MISSISSAUGA

#### Holy Week At The Cathedral

#### Palm Sunday - March 24, 2024

On 24 March, the Palm Sunday Celebrations took place at the Cathedral. Three Services were held at the Cathedral and one took place at the St. Antony of Padua Parish in Brampton. The faithful



also brought "kozhukatas" made from their homes and these were distributed in the Church after all the services. Many faithful also came for confessions throughout the Holy Week.

#### Holy Thursday - March 28, 2024

On 28 March, during the Holy Thursday Qurbana, the Cathedral commemorated the memory of the Lord's Last Supper, Institution of the Holy





Eucharist and Institution of Holy Priesthood. Along with the service of "Washing of Feet", three Holy Qurbanas were celebrated on that day at 9am, 5:30pm and 8pm whereby the Seniors, Youth and Parish Councillors had their feet washed respectively. The Faithful had also brought "Pesaha Appam" from their homes to share with those who were unable to bake their own at homes. In addition to that, the Adoration of the Blessed Sacrament took place from 10:30 am to 4:30pm whereby different Family Units took turns in spending time with the Lord.

### **Good Friday - March 29, 2024**

The Good Friday Services and Stations of the Cross took place at the Cathedral on 29 March where a huge number of faithful



took part in the Remembrance of Our Lord's Passion and Death. The services at the Cathedral took place at 9am, 12:30 pm and 3pm whereas, the service at Brampton took place at 7:30am.

### **Holy Saturday - March 30, 2024:**

The Holy Saturday Service took place at the Cathedral on 30 March. During this Service, a good number of Faithful celebrated the Holy Qurbana and took part in the rites of Blessing of Water, Candle and the Renewal of Baptismal Vows.

### **Easter Vigil - March 30, 2024**

Easter Vigil Services at the Cathedral began with the Holy Qurbana for Children at 8 pm followed by the Holy Qurbana at 11 pm for the adults. Meanwhile, Easter Vigil services took place at Brampton at 11.30 pm. The



SMYM National Team decorated the Church and distributed sweets to all children where as the SMYM International Team set up the "Resurrection Scene and Tomb". The Cathedral was filled to its capacity on all these occasions as the faithful celebrated the joy of the Risen Lord.

### **Easter Sunday - March 31, 2024:**

On Easter Sunday, two Qurbanas were celebrated in the morning at 8:30am and 10:30am. Thus concluded the Holy Week celebrations at the Cathedral, which saw a large number of the faithful coming for Confessions throughout the Week and present to celebrate the Paschal Mysteries of Our Lord.

### **Annual Pothuyogam**

The Annual Pothuyogam; Parish Annual General Body of the St. Alphonsa Cathedral took place on 7 April 2024 at the Kannampuzha Hall following the 8.30 am Holy Qurbana. The Annual Report and Financial Reports were presented and in addition to those, other relevant matters were reviewed and



the Pothuyogam also selected three representatives for the Pastoral Council: Santhosh Jacob, Regeena Mathew and Francis Ouseph.

### **Feast of Saint George**

On 24 April, the Feast of Saint George was celebrated at the Cathedral following the 7.30 pm Holy Qurbana. Fr. Harold Jose was



the main celebrant of the Holy Qurbana which was followed by special prayers and Nercha. The St. George Family Unit organized the festal celebrations, and a light dinner was also provided to all those who attended.

### Wrap up of a wonderful year of CML Activities

The CML session on the 14th of April marked the end of all the exciting spiritual activities for the year 2023-2024. The four sessions conducted during this term saw children in different energy levels; from the high energy rant during the inaugural day rally, the aggressive Quiz competitions, the melodious Christmas Carol songs, to the calm and prayerful Lent sessions with our Fr. Augustine. The final session was unique with children acting as their own Quiz masters along with an exhilarating Treasure Hunt.

### Quizzing is no Longer the Same

The first activity of the last session was a Quiz competition but not the regular one. This time children were supposed to be their own Quiz masters. Each group was instructed to develop 3 questions from the four chapters of St. Luke individually assigned to them, within a given time of 10 minutes. Each group was then allowed to shoot their questions to all other groups so that any group could answer them. The total time taken by the other groups to answer the 3 questions was noted in each case. The group that made the toughest question was evaluated based on the longest time taken by the other groups to answer their questions and was declared the winner. Though a bit confused by the novel quizzing technique initially, the children got into the track in no time and competed furiously for the success of their own groups. St. Don Bosco group emerged as the winners for the morning session and for the afternoon session.



**"Seek and you will find"**



The next activity was a Bible based treasure hunt in which each group was given a few questions from the Bible, for them to find the answers. The answers would direct them in a specific way to the location of another clue which would eventually lead them to the final Treasure. The children were super excited in this activity as they were up from their chairs all the time to find the location of the Treasure. St. Don Bosco group became the winners of the Treasure hunt for the morning session and for the afternoonsession.



### **Prize distribution and appreciation for the leaders.**

Nearing the end of the session, prizes were distributed to the winning groups for the Quiz and Treasure hunt competitions. For the treasure hunt, all the groups were given small Easter eggs as a



gift. Being the final session of the academic year, the leaders of all the groups were given a special appreciation by Sr. Cini CMC who is the coordinator of CML, for their yearround effort in motivating and supporting their group members for different activities. The leaders then shared their experiences and challenges in leading their team and cultivating a competitive spirit in the team members for the success of their respective groups.

## Holy Childhood Association Easter Activities 2024

HCA along with CML and Jesus Kids had their Activity Day on April 14th, 2024. The activities were based on the message of Easter. The presence of our bishop, His Excellency Mar Jose Kalluvilil graced the occasion. Kids were given a presentation on the topic of Easter, St. Thomas Sunday, Divine Mercy Sunday, and Pentecost. The praise and worship session led by the HCA leaders helped the little ones to spend some time in Prayer and Worship. An Easter egg hunting competition was arranged, and the kids were excited to participate in the same. The young ones were taught about how Easter egg symbolizes the new life and how it goes with the message of Easter, Jesus's resurrection, and life after death. The leaders helped the children to understand the message of Easter through various videos and action songs.

### Jesus Kids

Jesus Kids associations conducted the usual bi-monthly session for the children of our parish on April 14, 2024. Spirit filled session included Praise and Worship, Craft, Action songs and Easter Egg hunt. This session marked the final Jesus kids activity session for the academic year 2023-2024. Jesus Kids activities in the whole year was aimed to guide and grow children in the faith of Jesus through the



christ centered activities. These activities were able to deliver to the children in a meaningful manner through the enormous efforts and dedication of the leaders and the animators under the great guidance of Rev. Fr. Augustine Kallunkatharayil, Fr. Francis Samuel and Rev Sr. Cini, CMC of our parish. Thanks to all the leaders and the animators.

## **Catechism Department**

### **Catechism Resumes!**

"You show me the path of life. In your presence, there is fullness of joy; in your right hand are pleasures forevermore." - Psalm 16:11 After a three-week break, Catechism finally resumed on April 14, 2024! We sincerely hope that all staff, students, and parents were able to wholly prepare themselves for our Lord's Passion, Crucifixion, and joyful Resurrection during the Season of Easter. We pray that all of you had the opportunity to spend valuable time with our Lord Jesus Christ so that we may always remember His sacrifice of His own life out of His unconditional, eternal love for us. We look forward to enjoying many more wonderful Catechism days and finishing off the Catechetical year successfully with you!

### **Annual Day Staff Meeting**

"For where two or three are gathered in my name, I am there among them." - Matthew 18:20 On April 16, 2024, the Core Team, Annual Day Planning Committee, and Catechism teachers met via Zoom to continue discussions about Annual Day, which will be taking place at St. Alphonsa Cathedral on June 8, 2024. We would like to thank all those who attended and contributed their ideas and suggestions. We are ever grateful for the love and commitment that you show for both your vocation as Catechists

and the spiritual development of our children and youth. We continue to pray that Annual Day will be a success and that, with God's Grace and Guidance, everyone can enjoy themselves and become closer to our Saviour through the various activities and programs that are being planned.



## High School Session

"I will instruct you and teach you the way you should go; I will counsel you with my eye upon you." - Psalm 32:8 Just as in November and December, we were blessed to have another special session for high students led by Sindhu Michael, Joel John, Maria Sajan, and Dylan Michael on April 28, 2024, on the topic of pornography. We would like to sincerely thank Sindhu and all those who attended the session for their participation and commitment to the spiritual and moral growth of the youth of our parish. We look forward to watching all of you grow in the love of Jesus Christ and supporting you in your

## Spiritual Journey

As 2 Timothy 3: 16-17 says, "All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work." With these wonderful sessions led by members of our own community of the faithful, we pray that our youth will grow in the Light of Christ and become dedicated evangelists of our Catholic faith!

## Nurses Ministry

Nurses ministry service team meeting was conducted on 2 April 2024. All service team members were present with Rev. Fr, Augustine Kallumkatharayil, Sr. Josy Maria and Sr. Mercy. Following this, Holy Qurbana was offered for the nurses and health care workers of our parish. Rev. Fr. Augustine's ordination day was also celebrated on that day. Representatives for different categories were selected for the upcoming "great call" which will be conducted on 6 July 2024.

Nurses ministry monthly meeting was held on Sunday, 14 April after the morning and afternoon Holy Qurbana. Members from each family unit were encouraged to contact all the nurses from respected



family unit regarding upcoming formation to be held on 5 July and The Great Call on 6 July.

The Chain Rosary was conducted on 13 July from 5:30 am to 6:30 pm. A total of 22 members had signed up to do rosary on that day.

### **SMYM National**

SMYM have been continuing their Friday Fire Gatherings every week now. We will be focusing on an article by Pope Francis especially catered for the youth called "Christus Vivit". It talks about many great points and traits youth should take into their daily lives and it has built a great communication amongst the youth. We begin the meeting with games, followed by praise and worship, sharing and discussions. We have been having around 40-50 youth attending each week and we hope to grow that even more. We thank everyone for their support and hope to see more youth join us and make our community bigger!



The Praise & Worship and Fun Section for children between Gr.3 and Gr.7 continues to take place every Fridays following the 7.30 pm Holy Qurbana.

In preparation for Easter, SMYM took on decorating the church. The youth beautifully decorated the hallways, entrance and the foyer of the church making Easter even more beautiful and vibrant. A big thank you to our SMYM decor team, that spent their time in making the church more beautiful and welcoming. SMYM had also taken lead on ushering for the Easter Masses, bringing more people together in the church and making Easter more memorable.

### **SMYM International**

The SMYM International continues to conduct their Prayer Meetings every Sunday following the 5.00 pm Holy Qurbana. Approximately 25 youth regularly participate in these sessions.





# ST. ALPHONSA PARISH, CAMBRIDGE

## Feast of St. Joseph

The feast of St. Joseph was joyously celebrated by the enthusiastic members of the St. Joseph's Family Unit in Guelph. The festivities included a beautiful floral offertory procession led by the children, followed by Solemn Holy Qurbana led by Rev. Fr. Bobby Joy.



## Holy Week Confessions

St. Alphonsa Cambridge Parish organized Holy Week Confessions on March 26, 2024, at St. Anthony Daniel Roman Catholic Church in Kitchener. The response was overwhelming, with several international students, Jesus Youth members, parishioners, and inspired faithful from the Latin parish joining the queue of penitents. The presence of four priests from our Eparchy, who graciously accepted Rev. Fr. Bobby's invitation, significantly contributed to the success of the penitential service. It was truly a blessed occasion, thanks to God's grace.

## Holy Week Ceremonies

During the Holy Week celebrations, Palm Sunday was observed at St. Ambrose Roman Catholic Church with the blessing of palms and a procession commemorating Jesus' triumphant entry into Jerusalem. A large gathering attended the Holy Qurbana that followed.

Maundy Thursday took place at St. Patrick's Roman Catholic Church, Cambridge, where Fr. Bobby Joy washed the feet of Jesus Youth members in imitation of Christ. The traditional pesaha appam and paal





prepared by the faithful were blessed by Rev. Fr. Bobby and served to the people.

Good Friday and Easter celebrations were held at the St. Matthew's Centre, Kitchener, with Rev. Fr. Bobby Joy as the main celebrant. Our youngsters trained by Mr. Amal George played music during the way of the Cross while



other Altar Servers walked through each station. The Solemn Easter Vigil Holy Qurbana, accompanied by the melodious choir led by Mr. Amal George and team, created a devotional atmosphere.

The ceremonies were a great success! Thanks to the unity and hard work of the Body of Christ, the Trustees Mr. Jayesh George, and Mr. Wilson George, PC members, Extraordinary Ministers of Holy Communion, volunteers especially in serving the large gathering of faithful attendees.



Following the Easter Holy Qurbana, parishioners celebrated Rev. Fr. Bobby's birthday on Easter Sunday with floral bouquets and a cake-cutting ceremony.



## Bishops' Visit at St. Alphonso Parish, Cambridge

Our beloved bishop, His Excellency Mar Jose Kalluvilil graciously visited St. Alphonso Cambridge Parish, offering the Holy Qurbana for our community. The bishop was pleased to witness the growth of our parish and the dedication of our altar servers who faithfully serve during the Holy Qurbana.



## Inauguration of Students' Mass at St. Matthew's Centre, Kitchener

It was a dream come true when His Excellency Mar Jose Kalluvilil, our bishop, officially inaugurated the new Holy Qurbana



Centre for students in Kitchener on Divine Mercy Sunday, April 7, 2024. Our bishop, served as the main celebrant for this special occasion. The dedicated efforts of Rev. Fr. Boby, parishioners, and international students, Jesus Youth members truly paid off! The new Holy Qurbana Centre is named after St. Faustina Kowalska, the Apostle of Divine Mercy.



## **Pothuyogam (General Body Meeting)**

At St. Alphonsa Cambridge Parish, the General Body meeting (Pothuyogam) was held on April 14, 2024. Mr. Jayesh George, the Trustee, presented the Annual Report, while Mr. Alex Thomas, our Accountant, presented the Annual Financial Report for the past year. Rev. Fr. Bobby facilitated the meeting and engaged in a question-and-answer session with the parishioners.

During the meeting, a Financial Council was formed and Mr. Nelson Mathew, Mr. Sabu Jose, and Mr. Siju John-were selected as the members of the council.

## **News from the Catechism Department**

### **Lenten Sessions**

All the Lenten activities, centered around the three pillars of Lent, received strong support from numerous teachers, parents, students, and facilitators from our Eparchy. The Bible reading sessions featured different facilitators daily, delivering unique messages to the children. Special thanks extend to the additional facilitators listed who played vital roles in these sessions: Mrs. Shanty Varghese, Mrs. Blaizy John, Mr. Sabu Jose, Alaina Siju/Gr.10, Leona Shaiju/Gr.10, Sr. Christy, CMC, Sr. Cini, CMC, Sr. Maria Josy, CMC, Mrs. Rose Amal, Ms. Therese Joseph, AFCM volunteers from Mississauga: Irene Maria Joseph, Celina Bibin and Sapna Joseph. We were fortunate enough to have the winding up session led by Rev. Fr. Francis Akkarappattiakkal. May God bless these amazing volunteers and may more faithful step forward to proclaim God's Word!

### **Bible Quiz**

The Catechism kids participated in a Bible Quiz (conducted via Online Kahoot) the week after Easter, with 44 participants divided into 4 batches. We extend special thanks to Mrs. Preethi Seby and Mrs. Aathira Mathew for preparing the questions and facilitating these engaging sessions for the children along with our principal Mr. Edwin Varghese.

During his visit to our parish, the winners of the Bible Quiz were congratulated by His Excellency Mar Jose Kalluvellil, our Bishop. Below are the winners of the Bible Quiz 2024:



## Following are the winners of the Bible Quiz 2024

Winners from Batch#1: Grades - 1 to 3

1st place - Jordan Thayil Grade-3

2nd place - Jessica Jithu Grade-3

3rd place - Thomas John Grade-3

Winners from Batch#2: Grades 4 - 6

1st place - John Thayil Grade-6

2nd place - Johana M Edwin Grade-6

3rd place - Dominic Joseph Grade-6

Winners from Batch#3: Grades 7 - 9

1st place - Margaret John Grade-7

2nd place - Ryan Seby Grade-7

3rd place - Cyril Thomas Grade-9

Winners from Batch#4: Grades 10 - 12

1st place - Zachary Joy Kuncheria Grade-10

2nd place - Allan George Grade-10

Congratulations to all the winners and participants for their dedication and knowledge of the Scriptures! God bless-

### Catechism Staff Meeting

The Catechism Staff meeting took place on April 17, 2024, with Mr. Edwin Varghese, the principal, leading the meeting with an opening prayer. Discussions centered around final term exams, including their timing and planning. The principal expressed gratitude to the teachers who supported various Lenten



Season activities such as Bible Reading Sessions, 'Lent for You' sessions by the PAC coordinator, Way of the Cross, and the Bible Quiz.

Further topics included planning for different categories of student recognitions to be awarded by the end of the current academic year. It was suggested that PTA representatives be informed to help cascade information to students about these activities. Additionally, plans were made for a one-day faith-filled and fun session for Catechism students scheduled for June 2024.

### **Pious Association for Children**

Mrs. Anna Akhil P. conducted two engaging sessions for the Catechism kids, providing valuable insights: An in-person 30-minute session emphasized the significance of the Lenten season, discussed potential temptations, and offered guidance on overcoming challenges during Lent.

An online session held after Easter centered on the theme of the Holy Spirit and His precious Gifts. Mrs. Anna enriched the session by incorporating Syriac terms and hymns, which added a special and meaningful touch.

We extend our heartfelt thanks to Mrs. Anna for these impactful sessions!



# ST JOSEPH PARISH HAMILTON

## Holy Week

Holy Week celebrations started with Palm Sunday on 24th March.

## Palm Sunday

We celebrated Palm Sunday on 24th March at 11am with a procession from the school gym, Holy Qurbana and, concluded with Passion Play by the youth members of the parish.



ST. JOSEPH SYRO-MALABAR CATHOLIC PARISH  
HAMILTON

### 2024 HOLY WEEK SCHEDULE

**PALM SUNDAY** March 24 11:00 am

- Blessing & distribution of Palms - School gym
- Procession, Holy Mass
- Passion play, Kozhukatta nercha

**HOLY THURSDAY** March 28 06:30 pm

- Holy Mass
- Adoration
- Appam murikkal (Parish hall)

**GOOD FRIDAY** March 29 10:00 am

- Way of the Cross
- Passion narrative
- Good Friday service, Passion lunch (Parish hall)

**HOLY SATURDAY** March 30 10:00 am

- Holy Mass
- Blessing of Holy Fire and Holy Water

**EASTER VIGIL** March 30 08:00 pm

- Easter Vigil Mass
- Resurrection - sight & sound experience
- Easter egg distribution

**EASTER SUNDAY** March 31 11:30 am

18 TOWN / 04 861 8482  
DAN VENTURA: 488 021482  
SHEILA KATHY: 437 734682

Sacred Heart Church  
19 Viewpoint Ave, Hamilton



## Kozhukotta Preparation

The parish members from different family units came together at Manu Nedumattathil's house on 23rd Saturday for preparing kozhukotta.



## Maundy Thursday

The washing of the feet and procession of the Blessed Sacrament was held on 28th March at 6.30pm. Afterwards, we celebrated the Pesaha Appam Murikkal ceremony at the Parish Hall. Pesaha appams and paal were lovingly made at homes of different parish members.



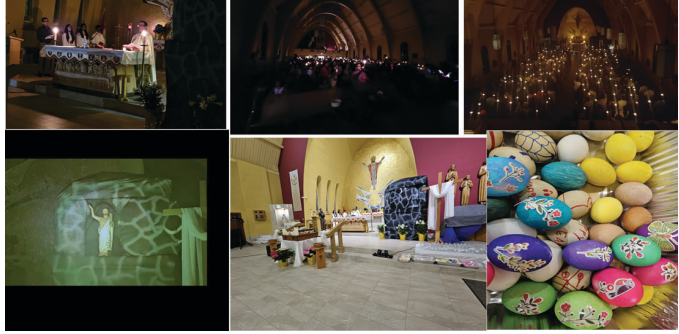
## Good Friday

The day our Lord sacrificed His life for humanity was contemplated through the Way of the Cross.



## Easter Vigil and Sunday

Easter Vigil was celebrated on 30th March with New Light and New Water. Many parish members brought painted boiled eggs, symbolizing new life, which was then shared within the community.



## Puthunjayar and Feast of Divine Mercy

'My Lord and my God!', proclaimed St. Thomas. Puthunjayar commemorates this faith filled proclamation along with the Feast of Divine Mercy.

## New Parish Council and Trustees

After two years of active service, the old Parish Council members passed on the baton to the newly elected members.

Mr. Biju Devassy and Mr. Thomas Puthenkalayil were elected as the new Trustees. All the best!

We would like to thank Mr. Sherin Antony and Mr. Manu Nedumattathil for their tremendous and selfless service for the community.

**ദൈവകരുണയുടെ തിരുനാൾ & പുതുതൊഴയർ**

എന്ന ഹിന്ദുവാർഷിക പരമ്പരയെ അനുകൂലമായി അഭിനന്ദിക്കുന്നു. സർവ്വ ഹൃദയത്തോടെ അതിനെ സ്വീകരിക്കുന്നു. ദ.ക.പാസ്റ്റർമാർമാർക്കു കബളം 48

<b>Fri Apr 5</b>	<b>06:30 PM</b> Benediction Kannada Kunthe Nuvanna Nitya Qurbana
<b>Sat Apr 6</b>	<b>10:00 AM</b> Benediction Kannada Kunthe Nuvanna Nitya Qurbana
<b>Sun Apr 7</b>	<b>10:45 AM</b> Benediction Kannada Kunthe Nuvanna Nitya Qurbana

\*കുടുംബ പാവംകൊണ്ടു തന്നെ തന്നെ പ്രാർത്ഥനകൾ ചെയ്യുന്നതിനായി കർമ്മങ്ങളെപ്പറ്റി കർമ്മങ്ങൾക്കു തയ്യാറെടുപ്പിക്കുന്നു. ദ.ക.പാസ്റ്റർമാർമാർക്കു കബളം 965

\*എല്ലാ പാപങ്ങളും പൂർണ്ണമായി മറയ്ക്കുന്നതിനായി ദൈവത്തിൽ നിന്നും കരുണയേറിയ പ്രാർത്ഥനകൾ ചെയ്യുന്നതിനായി കർമ്മങ്ങളെപ്പറ്റി കർമ്മങ്ങൾക്കു തയ്യാറെടുപ്പിക്കുന്നു. ദ.ക.പാസ്റ്റർമാർമാർക്കു കബളം 999

എല്ലാ പാപങ്ങളും മറയ്ക്കുന്നതിനായി ദൈവത്തിൽ നിന്നും കരുണയേറിയ പ്രാർത്ഥനകൾ ചെയ്യുന്നതിനായി കർമ്മങ്ങളെപ്പറ്റി കർമ്മങ്ങൾക്കു തയ്യാറെടുപ്പിക്കുന്നു. ദ.ക.പാസ്റ്റർമാർമാർക്കു കബളം 999

ദൈവം! കർമ്മങ്ങൾ... എല്ലാ ദൈവങ്ങൾ...

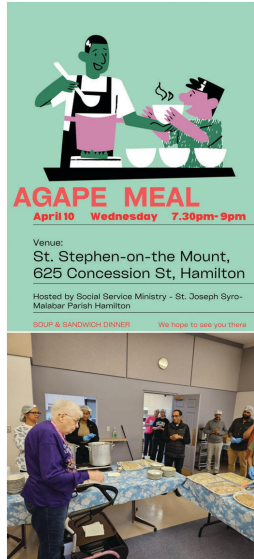
Sacred Heart Church  
10 Viewpoint Ave

**JESUS I TRUST IN YOU**



## Agape Meal

Our Social Services (Be The Light) ministry is doing wonders every other week at St. Stephen on the Mount Church by organising a soup kitchen with the help many parish members.



## International Youth Meeting

The youth ministry for the international students met after the Sunday Mass on 14th April at Sacred Heart Parish.

## Pious Association of Children

### Feast of St. Joseph, our Patron Saint

## Social Services re-named as 'Be the Light'

A naming contest for the Social Services Ministry was won by Immanuel Gikson. The name 'BeThe Light' was suggested by this young gentleman.



## Family Unit Meetups

Various family units celebrated Easter as part of their monthly get togethers. St. Jude Family Unit, St. Alphonsa Unit, St. Antony Unit

St. Mary Unit



## ST.MOTHER THERESA PARISH, NIAGARA FALLS

### PARISH RETREAT

St. Mother Theresa Parish, Niagara Falls conducted parish retreat in August 19<sup>th</sup> to 21<sup>st</sup> at our parish. The retreat was led by Sr. Ann Maria SH and Brother Santhosh Karumathra. The youth and kids retreat were conducted by Anointing fire catholic ministries. The retreat was a great success and anointing for our parish members.



# LOURDES MATHA MISSION, WINDSOR

## Introduction

The Holy Week celebration at Lourdes Matha Church, spanning from Palm Sunday on March 24th to Easter Sunday on March 31st, was a deeply moving and spiritually enriching experience for all who attended. Led by Fr. Mathew Arekkattu, the main celebrant for the week, each day's liturgy and rituals beautifully portrayed the passion, death, and resurrection of Jesus Christ.

## Palm Sunday (March 24th)

The week commenced with Palm Sunday, commemorating Jesus' triumphant entry into Jerusalem. The liturgy included the blessing and distribution of palm branches, symbolizing the crowds' adoration as Jesus entered the city. Fr. Mathew, in his homily, urged the faithful to welcome Jesus into their hearts and follow Him wholeheartedly.

## Maundy Thursday (March 28th)

Maundy Thursday marked the beginning of the Triduum with the Mass of the Lord's Supper. The ritual washing of feet exemplified Jesus' commandment of love and service. Following the Eucharist, the congregation solemnly processed to the Altar of Repose, reminiscent of Jesus' prayer in the Garden of Gethsemane.



## Good Friday (March 29th)

On Good Friday, the Church remembered the passion and death of Jesus on the cross. The Liturgy of the Passion reading, Veneration of the Cross, Stations of the Cross, and Communion service were observed. It was a day of solemn reflection, as the Church did not celebrate Mass, receiving instead the consecrated elements from Holy Thursday.

## Holy Saturday (March 30th)

Holy Saturday's liturgy included the blessing of fire and water, symbolizing God's victory over sin and death. The high Mass of the Easter Vigil celebrated the Resurrection of Jesus Christ. A procession with the resurrected Jesus displayed the unity and love of the gathered faithful.

## Easter Sunday (March 31st)

Easter Sunday, the most joyous day in the Church calendar, was celebrated with the Holy Eucharist. Fr. Mathew greeted the congregation, expressing gratitude to all parish members



# ST. JOSEPH MISSION KINGSTON

വിശുദ്ധവാരത്തിനോട് അനുബന്ധിച്ച് 23.03.2024 ശനിയാഴ്ച @ 10 മുതൽ 11 സെന്റ് പോൾ കത്തോലിക്ക പള്ളിയിൽ വച്ച് കുവസാരം നടത്തി.

ഓശാന ഞായർ 24.03.2024 വിശുദ്ധ കുർബാന 1 pm ന് ആയിരുന്നു. വികാരി ജോണി കുട്ടി അച്ചൻ വിശുദ്ധ കുർബാന അർപ്പിച്ചു. ഓശാനയുടെ തിരുക്കർമ്മങ്ങളും പള്ളിക്കുള്ളിലൂടെ നടത്തിയ പ്രദക്ഷിണവും ഭക്തിനിർഭരമായിരുന്നു.

പെസഹ വ്യാഴം 3.30 pm മിസ്സിസ്സാഗ രൂപതയുടെ മെത്രാൻ അഭിവന്ദ്യ മാർ ജോസ് കല്ലുവേലിൽ പിതാവിന്റെ മുഖ്യ കാർമ്മികത്വത്തിൽ പരിശുദ്ധ കുർബാനയും കാൽ കഴുകൽ ശുശ്രൂഷയും നടത്തി.

ദുഃഖവെള്ളി 29/03/2024 @ 5.30 പിഎം ന് ആയിരുന്നു തിരുക്കർമ്മങ്ങൾ. ദുഃഖവെള്ളിയുടെ തിരുക്കർമ്മങ്ങളേ തുടർന്നു ആഘോഷമായ കുരിശിന്റെ വഴിയും നേർച്ചകുത്തി വിതരണവും നടത്തി.

ദുഃഖശനിയാഴ്ച വിശുദ്ധ കുർബാനയും, മാമ്മോദീസ വ്രതനവീകരണവും, പുതിയ വെള്ളവും തീയും വെണ്ണരിപ്പും വൈകുന്നേരം 4.30 ന് സെന്റ് പോൾ കത്തോലിക്ക പള്ളിയിൽ വെച്ചു ജോണി കുട്ടി അച്ചന്റെ കർമ്മികത്വത്തിൽ നടന്നു.

ഉയിർപ്പു ഞായർ 31.03.2024 ആഘോഷമായ പരിശുദ്ധ കുർബാന രാവിലെ 6.45 നായിരുന്നു.



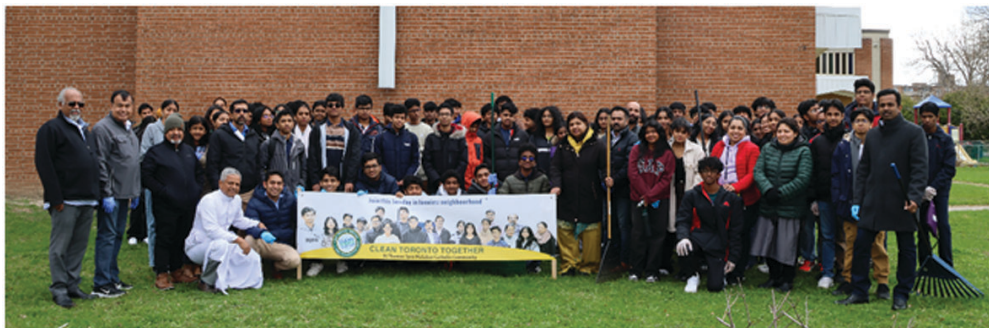
## ST. THOMAS FORANE PARISH, SCARBOROUGH

Divine Mercy Sunday emphasizes the concept of God's mercy, which is a central theme in Christianity. It reminds us of the boundless compassion and forgiveness of God, as exemplified in the life, death, and resurrection of Jesus Christ. Highlighting the pivotal role of mercy in the salvation of humanity parish renewed the devotion to Divine Mercy with a week-long celebration of the Divine Mercy Novena, three-hour long Adoration and Benediction on April 7, 2023.

(Our Catechism students and community members at the inauguration of Clean Toronto Together- City's Clean up drive)

### Parish Council Elections

Members of the newly constituted Parish Council elected the new team of Trustees and representatives to the Pastoral Council in its first meeting held on April 6, 2024. Mrs. Veena Siby, Mr. Thomas Alummoottil, Mr. Saji Thomas and Mr. Cino Joy Naduvilekoot were elected to the team of Trustees for 2024-2026 and Mr. John Chennoth, Mrs. Shinyamol Thyalchira and Mrs. Neethu Jomon to the Pastoral Council. The new team is expected to assume office on the first Sunday of May. The meeting convened as the combined session of the outgoing

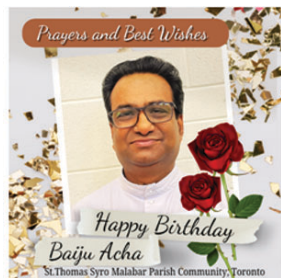


and the new members of the council, appreciated the services of the current team and the meeting ended up with a thanksgiving lunch.



## Prayerful Birthday wishes to Fr. Baiju Chakkery

Parishioners greeted Fr. Baiju Chakkery who celebrated his birthday. Fr. Baiju is in India on his vacation from April 7 and is expected back on May 2.



## Seniors and Pioneers Gathering

A get-together of Pioneers and Seniors who contributed to building the Community, was organized on Saturday, April 13, with a special Mass and fellowship for them. It was a joyous occasion for the attendees to recollect some of their old memories and to share the values that led them to build the community since the first



Chaplain for Indian Catholics was appointed in 1977. Fr. Jijimon Maliakal, Assoc. Vicar, appreciated the valuable contributions of pioneers and offered best wishes to them. Senior Members like Mani Mattam and the others shared the initial struggles and determination of the community that led to the realization of having their own church in Scarborough.

## CML Get-together

Members of the Mission League organized a student assembly, featuring numerous performances highlighting diverse talents and skills.

Ms. Lisa Jose, a counsellor renowned for conducting workshops on mental health, took a session on the impact of social media among students and youth. It was an eye opener to the attendees with creative tactics to overcome overindulgence in technology and habits that drain



creativity. Moreover, April was dedicated to Saints, with a special activity planned for students. It can be in the form of poems, cards, posters etc. It's been an eventful April for CML, and heartfelt thanks to everyone who participated in our events. the students.

## Catechetical Activities

A new endowment for the most accomplished Grade 12 Graduate.

Saji Thomas of Riya Travels has responded to our request for instituting an endowment to honour the top-ranking student who graduates in Grade 12, starting this Catechetical year. The endowment allows the parish to offer a one-time scholarship of \$500 for the top-ranking students for the next 5 years.



## Interactive Session on Sexuality and Gender Issues

An interactive session and Open mic' on 'Sexuality and Gender through Catholic Lens' was organized for high schoolers on Sunday, April 14, 2024, at Ionview school. The session came up as a response to queries from our students and parents and was guided by Dr. Shereen Chirayilkalam and Dr. Agnes Thomas Ph.D. It was an eye-opener for the students to seek answers for their questions and to connect with authentic Catholic resources related to the theme. Thanks to our high school teachers Mary John and Shraddha Tony for beautifully coordinating the



session and to Joshy Chinnathoppil, Biju Kannampuzha, Youth Catechists John Koovakada and Tom Joseph for working hard to make it comfortable for everyone.

### **Clean Toronto Together**

The involvement of our community in 'Clean Toronto Together', the annual cleaning drive promoted by the City of Toronto was tremendous and inspiring.

It was an encouragement to our students to contribute their share in protecting the environment and preserving our planet for future generations. This initiative also helped to enhance the visibility of our community in the Ionview neighborhood. Special thanks to the Parent-Teacher Council, the team of Trustees and the Parish Council and the Catechists and Associates and a huge thanks to Fr. Jijimon who provided guidance and support for this annual event. It was the third time our community joined hands with the City's Earth Day initiative.

### **Let's Talk- Mother-Daughter Talk**

The Parent Teacher Council hosted a 'Let's Talk' program for Mothers along with their teenage daughters (now studying in Grades 8 to 12) at 10.30 a.m. Sunday, April 28, in Marthoma Hall. This was aimed to address the challenges and questions both face at the onset of/during adolescence. Mrs. Rina Alexander and Mrs. Beula Vincent headed the panel who were keen on answering questions. Mothers who have daughters in Grades 6 & 7 were also invited to attend without their daughters.

### **Graduating Students Engaging Younger Students**

Our Graduating students engaged younger students in Grades 4 to 8 in small batches on April 21 as it has been a custom in our parish for several years. This gave them an opportunity to purposefully communicate with students on enriching their faith based on the skills and knowledge they have gained from the program over the years. An evaluation was also made with the purpose of giving the student teachers constructive feedback.



## Annual Sponsors

10 individuals or businesses have come forward to support various parish events, for a year from June 1, 2024, to May 2025. This support would help the parish to focus more on improving the content and delivering the parish events to more of its members.

## SMYM

**SMYM Bake Sale:** SMYM National team organized a bake sale, to raise a portion of the funds towards the initial arrangements of their summer camp.

SMYM has also announced their proposed summer camp for high schoolers and university youth from July 26 to 29, 2024 at the Valley of the Mother of God, Orangeville Ontario.

**SMYM International Youth Gathering & Games Evening:** A youth gathering was organized by SMYM International on April 21st, following the 5pm Holy Mass. The event featured games and fun events, including an ice-breaking session aimed at acquainting young people with each other and conveying messages through Bible verses. Over 40 individuals participated in the games. The gathering facilitated networking, socializing, and the creation of many enjoyable memories. The enthusiastic participation has encouraged the organizers to plan more interactive events in the coming months.

The SMYM executive committee convened on April 7th to discuss members' suggestions and plan upcoming activities. An online meeting held on April 16th finalized plans for the youth gathering and the police class.

A Eucharistic Adoration for the youth, led by Anto Varghese, was organized on April 28th, featuring praise and worship.



# ST. JOSEPH PARISH, MONTREAL

## General Body Meeting

St. Joseph Parish Montreal held its general body meeting on April 7<sup>th</sup>, 2024. The trustees, Jothish and Ands, presented the annual accounts and highlighted the important events of the past year. Discussions about the parish night and parish feast also took place during the meeting. The election of new trustees was on the agenda, and parishioners decided to increase the number of trustees from 2 to 3 to reduce the workload. The general meeting decided that Ands would continue for another year, as Jothish did not wish to continue. Joshy Joy and Binu Vadakketh were elected as new trustees for the coming year, along with Ands Cyriac.

## FAMILIA 2024

St. Joseph Syro-Malabar Parish Montreal celebrated its second-ever parish night, "Familia 2024," on April 27<sup>th</sup>. More than 650 people attended the event, which was held at the auditorium of Pierrefonds Community High School, located at 13800 Pierrefonds Blvd., Quebec. It was an eventful evening with various programs presented by students from Jesus Kids to elder members of the community. The event served as a proclamation of unity among parishioners, as almost every member of the parish contributed to its success. This kind of events helps to improve community unity and celebration among parishioners, strengthening bonds and creating cherished memories.





# FAMILIA 2024



# ST. KURIAKOSE CHAVARA MISSION BELLEVILLE

## Holy Week Liturgy

As part of the Holy Week Liturgy, Bishop Mar Jose Kalluvellil visited the Belleville Parish and presided over the Maundy Thursday Liturgy, assisted by Father Johny Kunnath. Washing the feet of parishioners is a traditional practice in many Christian denominations on Maundy Thursday, symbolizing humility, service, and the importance of caring for others. By washing the feet of twelve parishioners, they sought to emulate the actions of Jesus washing the feet of his disciples and to remind the community, of the call to serve one another with love and compassion.



Fr Johny Kunnath presided over the Good Friday rites. It was followed by Holy reading and the Way of the Cross



The Holy Saturday liturgy began with holy communion. Lighting candles signified Christ's passage from death to life. Holy water was offered as a gift of hope.

Easter Sunday rituals were conducted under the leadership of Fr. Johny Kunnath. As a message of salvation, the parishioners celebrated the resurrection of Jesus with joy. All the parishioners, students, and young people took part in the potluck.



## Catechism Department

The catechism department is planning to conduct a seminar for both parents and catechism students. Please check the following notice for details.

## Youth Meet And Greet

Belleville church is hosting Meet and greet program for Students and youth. It's a great way to bring young people together, foster connections, and create a sense of community.





# ST. JOSEPH PARISH, OSHAWA

## Palm Sunday Celebration (Oshana Njayar)

Our parish joyously celebrated Oshana on March 23rd, marking the solemn occasion of Palm Sunday. The festivities commenced with prayers, Ola venchirippu and the distribution of ola, followed by a procession, symbolizing the triumphant entry of Christ into Jerusalem. This sacred tradition serves as a touching reminder of the royal welcome bestowed upon our Savior, as He embarked on His final journey towards the fulfillment of His divine mission. Also, Kozhukkata was blessed and distributed to parishioners after the Holy Mass.

## Pesaha Celebration

On Maundy Thursday, our parish observed a solemn Pesaha with special prayers and a Holy Mass at 8:00 PM. Among the cherished traditions of this occasion was the "Kaal Kazhukal Srususha," where

Parish Priest Fr. Tenson Paul humbly washed the feet of twelve parishioners including elderly individuals, mirroring the act of humility demonstrated by Jesus Christ. Additionally, Achan blessed Pesaha Appam and Paal, which were then distributed to parishioners. We extend our heartfelt gratitude to all the mothers who contributed to the Pesaha Paal and Appam, enriching this sacred observance with their love and devotion.



## Dhukha Velli Observance

On Good Friday, our parish solemnly observed Dhukha Velli with reverence and devotion. The special prayers included Pradhakshinam, Pedanubhava Vayana, and the Way of the Cross, allowing parishioners to reflect deeply on the profound sacrifice of Jesus Christ. Additionally, the youth of our parish presented a poignant passion play, creating an unforgettable experience for parishioners, especially

the children. This powerful portrayal of Christ's journey to the cross left an indelible impression on our hearts, reminding us of the ultimate sacrifice made for our salvation. As part of the commemoration, Kaippu Neeru was also distributed. As a day of fasting, following the prayers, kanji was distributed to parishioners.

## Easter Celebration

Our parish joyously celebrated Easter, the pinnacle of the Christian faith, on March 31. The day began with a jubilant Easter Mass at 11:30 PM, where parishioners gathered to commemorate the resurrection of Jesus Christ in the solemnity of the night. The church was adorned with vibrant decorations, symbolizing the triumph of light over darkness and life over death. During the celebration, the Pithruvedi group made a poignant presentation, Udhana Avatharanam depicting the resurrection of Jesus from the tomb. Through their heartfelt portrayal, parishioners were reminded of the profound significance of this miraculous event in our faith. The Easter festivities continued with



another Holy Mass at 9:30 AM the following morning, bringing together families and friends to share in the joy of the resurrection.

## 24- Hour Eucharistic Adoration

The 24-hour Eucharistic adoration for the month of January took place on April 6th, offering parishioners a sacred and contemplative space for prayer and reflection.



## Mass Schedule

### HOLY MASS TIMINGS

<i>Monday, Wednesday, Friday</i>	<i>7.00 pm</i>
<i>Tuesday, Thursday, Saturday</i>	<i>9.00 am</i>
<i>Sunday</i>	<i>9.30 am, 5.00 pm</i>

#### Eucharistic Adoration:



- ✦ All Fridays after Holy Mass
- ✦ 24 Hour Adoration on First Saturday

#### English Holy Mass for children:

- ✦ Every Second Saturday

#### Confession:

- ✦ Monday, Wednesday and Friday: 6 pm - 6.45 pm

 /SJMCCOshawa  
 @SJMCCOshawa  
[www.stjosephsmissionoshtawa.com](http://www.stjosephsmissionoshtawa.com)

*\* This information is accurate as of Feb 24, 2024. Please visit our website and social media for the latest information*



## ST. ALPHONSA PARISH, EDMONTON

### LENTEN RETREAT

The Lenten retreat took place on 25, 26 and 27 of March. The retreat was led by Rev. Fr. John Kattattu. It was a time for the preparation for the Lent and the parishioners participated and made use of this occasion for the Lenten confessions.



### MAUNDY THURSDAY

There were two Solemn Maundy Thursday services. The first one was at 9.00 am, in which Fr. Jerlin Kadaplackal was the main celebrant. The washing of the feet was done, and the candidates were the Children. After the Holy Mass there was Eucharistic Adoration throughout the day. The Eucharistic adoration was ended with a one-hour solemn Adoration at 5.00 pm. The second Maundy Thursday Service was at 6.00pm which was celebrated by Fr. Jacob Edakalathoor and Fr. John Kattattu and Fr. Jerlin Kadaplackal Concelebrated. The adults and the youth were the candidates for the washing of the feet. The candidates had a meal with the priests commemorating the last supper of our Lord.

After the Holy Mass of 6.00pm there was the Eucharistic Procession. There was appam murikkal shusroosha after the Holy Mass.



## GOOD FRIDAY

The Good Friday services began at 10.00 am. Fr. John Kattattu VC was the main celebrant for the services. The Passion Reading and the Way of the Cross was a moment of agony and most of the parishioners participated. There was nercha kanji after the services.



## HOLY SATURDAY

The services for Holy Saturday were begun at 9.00 am. The blessing of the Candles and the Water was a moment of blessing and many participated. Fr. Jacob was the main celebrant and Fr. Jerlin Kadaplackal and Fr. John Kattattu VC were the concelebrants.

## EASTER

The Easter Services took place on 29 Saturday evening. There were two services in the evening one at 6.00pm and the second at 9.00pm. Fr. Jerlin Kadaplackal was the celebrant for the 6.00pm Holy Mass and Fr. Jacob Edakalathoor was the Celebrant for the 9.00 pm Holy Mass.

The Kallara for the resurrection was prepared by the SMYM. Eggs were distributed to all after both the Holy Mass. On Easter Sunday The Holy Mass was at 9.00am. Many of the faithful attended the Easter services.



## NEW QURBANA CENTRE

The new Qurbana Centre was inaugurated on 7 April 2024. The Qurbana centre has started at the St. Clare's Church in the North side of Edmonton. The inauguration was done by Fr. Jacob Edakalathoor and celebrated the first Holy Mass there at 11.00 am.

The Catechism is also taught there after the Holy Mass.



## 10th ANNIVERSARY AND PARISH DAY

The 10th anniversary and the parish day took place on 21 April 2024. This is a moment of joy and proud that our parish has completed 10 years after becoming parish. The programme started at 2.30pm with the Holy Mass. The main celebrant was H E Mar Jose Kalluvilil and



many other priests including the Vicar General of the Archdiocese of Edmonton, Jim Corrigan was present. After the Holy Mass the felicitations started by 4.30pm. Many dignitaries from the social and political realm were present for the meeting. After that there was cultural programmes presented by different wards and associations of the parish. It was a spectacular show. The programme got wrapped up by dinner for all. There were around 2000 people present for the celebrations. Thank you Lord for your ineffable blessings.

## ST. GEORGE FEAST

The St. George Feast was celebrated on 22 April 2024. The Main celebrant was H. E Mar Jose Kalluvilil. Happy Feast to all who are named George.



# ST. MOTHER THERESA PARISH, CALGARY

## Holy Week Celebration

The Holy week was celebrated solemnly at our parish. On the Fortieth Friday we celebrated as the reconciliation day. After the Mass there was the way of the cross and special adoration led by the SMYM of our parish.

We began the Palm Sunday service at the hall. After distributing the blessed Palms we had a small procession inside the church building and entered the church liturgically.

The holy Mass and the washing of the feet on the Holy Thursday was in the evening. After the mass there were adoration and the breaking of the bread.

The Good Friday service was in the morning. After the passion reading, we said the solemn way of the cross. Matrivedi of our parish had arranged Kanji for the community after the Good Friday service.



## Holy Saturday

The blessings of the water and lighting the new lamp along with the renewal of the baptismal vows were celebrated on this day

## Easter

Easter Mass was at 8.30 on the Holy Saturday. There was a procession with the resurrected Jesus in the church. After the Easter Mass our SMYM have arranged Easter Egg hunting for the children. Parish council arranged black coffee for the community at the night.

## Easter Celebration

The parish community gathered on April 6 for the Easter



celebration. The catechism department took the lead to organize the cultural programme for the community. The action songs, dances of children and the bible scene presented by Johnychettan were the attraction of the day



### **Easter activity for Children**

Children were given an Easter activity to read passages from Bible and answer some questions. Forty-eight students participated in it and were given gifts to them by Pastor



### **K of C Christmas poster competition winner**

Miss Jerra Justin from grade one has secured first prize for the Christmas poster competition conducted by KofC Alberta central council.



# ST. JOHN PAUL II PARISH, REGINA

## HOLY WEEK CELEBRATIONS

Kozhukkatta Sani was celebrated on March 23rd Saturday at 5:30 PM with Holy Mass and blessings on the special food offerings. Parishioners brought homemade Kozhukkatta for blessing by the priest, and afterward, all shared in the feast.

## Holy Palm Sunday

March 24th marked the celebration of Holy Palm Sunday, commencing at 5:30 PM with a solemn High Mass and Palm blessings. Following the blessing, a procession through the Church Hall engaged all attendees, making for a remarkable event with a large turnout. Socialization and coffee concluded the service by 9 PM.

On Maundy Thursday, March 28th, Parish priest Fr. Daris led the Holy Mass and the symbolic "Washing of the Feet" ceremony, echoing Jesus' act with the 12 Apostles. Additionally, in remembrance of the Last Supper, parishioners brought Pesaha Appam and Pal, which were blessed and shared by the priest with everyone present.



## Good Friday

Good Friday celebrations were held from 10 am- 3 pm, during the ceremony we held all the readings and the Way of the Cross to commemorate the events leading up to the death of Jesus. Also, after the way of the cross, all people attending the service had to taste Kayppu Neer to honor the pain and suffering of Jesus. The service ended with a small meal of Kanji, payar and achar.



## Holy Saturday

On Saturday, there was Holy mass. Along with the Mass we renewed our Baptismal Promise. We also blessed the Holy Water and Candles



## Easter Vigil Mass

The Midnight Mass commenced at 10 pm, marking the celebration of the Ascension of Jesus Christ. Attendees were offered blessings from Jesus during the service. Following the ceremony, we enjoyed a time of fellowship, concluding with food sale by mathruvedi



## Mathruvedi Food Fest

The Food Fest was conducted on 30th March 2024 after the Easter Mass. Variety of food.





items were contributed by our members and the same were sold at our counter. The Food Fest got a massive response, and we could raise an amount of \$1610.0

## Catechism Department Updates

### First Holy Communion and Chrismation

"I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." John 6:51

8 of our students attended the online Holy Communion preparation classes conducted by the Eparchy of Mississauga. Among these 8 children, 5 of them will be receiving their First Holy Communion and Chrismation on May 18th Saturday on the occasion of our Parish feast. His Excellency Mar. Jose Kalluvilil Bishop will be the celebrant of our Parish's First Holy Communion and Chrismation ceremony.

## Nurses Ministry Updates

On April 1st Canada nurses ministry held "the harvest of divine mercy" continues chaplet of divine mercy prayer from 8.30 pm -2.30 am. Regina nurses ministry took 1 hour slot from 12.30-1.30 am. Most of the members were participated.

On April 3rd Canada nurses ministry selected fr. Joyal Joseph as an associate Director .on April 8th we held a weekly zoom prayer

meeting to address Fr. Joyal and welcome to nurses ministry family as an associate director. We discussed about the nurses ministry future plans. He made a group for 40 days preparation for the Pentecost starts from April 10-May 19.

On May 13 th Canada nurse's ministry held a divine mercy chaplet in all regions from 6 am -6 pm. On April 15th Canada nurses ministry conducted an orientation class day-7 with international team

Canada nurses ministry planning to do fasting prayer for the formation of great call on June 6 th 2024. 15 th June is Regina nurses are doing great call, on April 22 nd was the last orientation class with international team was presented.

### Parish Feast 2024

The Parish feast and First Holy Communion for children in 2024 will take place on May 17th, 18th, and 19th, with Bishop Mar Jose Kalluvellil serving as the main celebrant.

**വിശുദ്ധ ജോൺ പോൾ II**  
സിറോ മലബാർ  
കാത്തോലിക്ക പാരിഷ്  
റെമിന ,കാനഡ

**ഇടവക മാദ്ധ്യസ്ഥനായ  
വിശുദ്ധ-ജോൺ പോൾ  
രാണ്ടാർന്റെ തിരുനാൾ**

**പ്രസുഭദേനിമാർ  
അകാൻ ഏവരെയും  
ക്ഷണിക്കുന്നു**

**വെള്ളിയാഴ്ച @ 17  
5:30 PM MAY**

5:30 PM : കൊത്തമസ്കാരം ,  
തിരുനാൾ കൊടിയേറ്റം,  
ആഘോഷമായ വിശുദ്ധ കുർബാന  
Celebrant: Rev: Fr. Daris Cherian  
(Parish Priest)



**പ്രിയ സുഹൃത്തുക്കളേ,**  
ബെന്റ് ജോൺ പോൾ സിറോമലബാർ  
ഇടവക തിരുനാൾ  
**MAY 17, 18, 19** തീയതികളിൽ  
ഭക്ത്യാദരപൂർവ്വം ആചരിക്കുകയാണ്  
തദ്ദേശത്തിൽ തിരുനാൾ  
തിരുക്രമങ്ങളിൽ  
പങ്കെടുത്തു അനുഗ്രഹം  
പ്രാപിക്കുവാൻ  
ഏവരെയും സ്വാഗതം ചെയ്യുന്നു  
ഇടവക സമൂഹത്തിനുവേണ്ടി  
കൈകാര്യം പ്രസുഭദേനിമാർ വികാരി

**എല്ലാവരും പ്രസുഭദേനിമാർ അകാൻ  
(Family CAD 120 Bachelors CAD 30 )  
യൂണിറ്റ് കോർഡിനേറ്റർസിന്റെ  
അടുത്ത് രജിസ്റ്റർ ചെയ്യുക**

തിരുനാൾ  
ദിവസങ്ങളിൽ  
കുറച്ചു അത്  
എല്ലാവർക്കും  
എന്നിടത്ത് അനുകൂല  
ഉണ്ടാവട്ടെ

**ശനിയാഴ്ച 18  
5:30 PM MAY**

5:30 PM : കൊത്തമസ്കാരം,  
ആഘോഷമായ വിശുദ്ധ  
കുർബാന, പ്രസുഭദേനി വാഴ്ച  
Celebrant: Rev: Fr. Daris Cherian



**VENUE**

ST. JOHN PAUL II  
SYRO-MALABAR  
CATHOLIC PARISH  
55 MCMURCHY AVE  
Regina, Saskatchewan  
S4R2G5  
Phone: 1 306 510 7700

**ഞായറാഴ്ച 19  
4:00 PM MAY**

ആഘോഷമായ വിശുദ്ധ കുർബാന,  
First Holy Communion, പ്രദക്ഷിണം,  
ലീനീസ് സ്മരണവിഭൂതി  
**Main Celebrant:**  
**His Excellency**  
**BP: Mar. Jose Kalluvellil.**



# ST. ALPHONSA PARISH VANCOUVER

## Holy Week Celebrations

### Holy Thursday



On Holy Thursday, there was Holy Qurbana including the ritual of washing of feet, echoing Jesus' act of humility and service to his disciples. Mass was followed by the cherished tradition of appam murikkal.

### Institution of Priesthood

Fr. Thomas was felicitated on Holy Thursday celebrating the institution of priesthood



# Good Friday



## Good Friday @Carmel Hill, Deroche

Good Friday service was also organized at the Carmel Hill Little Flower Monastery (Deroche, BC). The Way of the Cross trail was a deeply enriching spiritual journey for all who participated.



## Holy Saturday



## Easter At St. Bernadette Church





## At Abbotsford



## Solemn Holy Communion & Confirmation

Congratulations to all children who received Solemn Holy Communion & Confirmation on April 13 2024.



## Festal Greetings, Fr. Gijo George Panthackal

On St. George feast, festal greetings were bestowed on Fr. Gijo with celebration and cake cutting, organized by St. George Family unit.





# BISHOP'S DIARY

APRIL  
2024

03	07.30 pm	Presided over the SOF board meeting
04	11.00 am 06.30 pm	Presided over in the SMYM Forane Directors and Leaders Meeting Presided over Divine Academy Director Board meeting
05	02.00 pm	Participated in the Funeral Mass at Cathedral Peterborough for the mother of Archbishop Michael Mulhall
06	11. 00 am 04.00 pm	Blessed Marriage at Cathedral Administered the Sacraments of initiation at St. Thomas Syro-Malabar Forane Church, Scarborough
07	04.00 pm 07.00 pm	Celebrated Holy Qurbana at St. Alphonsa Syro-Malabar Church, Cambridge Celebrated First Holy Qurbana at Kitchener
08	11.15 am 08.00 pm	Participated in the Monthly Recollection Presided over the Finance Council Meeting
09	07.30 am	Offered Holy Qurbana at CHF, Mississauga
10	11.00 am	Presided over the Curia Meeting
12	07.30 pm	Celebrated Holy Qurbana and gave talk at Cathedral
13	11.30 am 08.00 pm	Presided over the concluding meeting of the third Pastoral Council Gave Orientation talk to SMYM National Leaders
14	08.30 am	Celebrated Holy Qurbana at Cathedral
15	07.30 am	Offered Holy Qurbana at CMC, Mississauga
20	09. 00 am	Traveled to Edmonton
21	02.30 pm	Celebrated Decennial Holy Qurbana & inaugurated the public meeting at St. Alphonsa Syro-Malabar Forane Church, Edmonton
22	11.30 am 06.30 am	Offered Holy Qurbana at new Holy Qurbana centre, Camrose Celebrated Holy Qurbana at St. Alphonsa Syro-Malabar Forane Church, Edmonton
23	03.30 pm	Returned to Toronto
28	11.00 am	Celebrated Holy Qurbana in connection with St. Joseph parish feast at St. Joseph Syro-Malabar Church, Hamilton





## 2024 മെയ് - ഉയിർപ്പ് - ശ്രീഹാകാലങ്ങൾ

- 1 ബുധൻ ഫിലി 4:10-20; ലൂക്കാ 17:5-10.
- 2 വ്യാഴം 2 കോറി 4:5-14; മത്താ 10:23-28.
- 3 വെള്ളി 1 കോറി 9:16-23; യോഹ 14:1-6 (14:1-14).
- 4 ശനി റോമാ 11:11-16; ലൂക്കാ 7:1-10.
- 5 ഞായർ ✠ ഉയിർപ്പ് ആറാം ഞായർ  
ഉത്പ 9:8-17; 2 രാജാ 2:1-15;  
റോമാ 8:1-11; യോഹ 5:19-29.
- 6 തിങ്കൾ 1 യോഹ 2:14-17; മർക്കോ 10:13-16.
- 7 ചൊവ്വ റോമാ 6:19-23; യോഹ 5:36-47.
- 8 ബുധൻ ശ്രീഹ 20:7-12; മർക്കോ 5:21-24, 35-43.
- 9 വ്യാഴം നമ്മുടെ കർത്താവിന്റെ സ്വർഗാരോഹണം  
ഉത്പ 5:18-24; ശ്രീഹ 1:1-14;  
ഹെബ്രാ 10:1-14; മർക്കോ 16:9-20.
- 10 വെള്ളി വെളി 5:1-14; യോഹ 1:35-39.
- 11 ശനി ഹെബ്രാ 8:1-6; യോഹ 17:9-19.
- 12 ഞായർ ✠ ഉയിർപ്പ് ഏഴാം ഞായർ  
ഉത്പ 28:10-19; മിക്കാ 4:1-5;  
1 പത്രോ 1:3-9; ലൂക്കാ 24:44-53.
- 13 തിങ്കൾ 1 തിമോ 2:1-7; ലൂക്കാ 18:1-8.
- 14 ചൊവ്വ 1 കോറി 1:26-30; മത്താ 11:25-30.
- 15 ബുധൻ റോമാ 11:25-32; മത്താ 18:10-14.
- 16 വ്യാഴം ശ്രീഹ 10:44-49; മത്താ 7:7-14.
- 17 വെള്ളി എഫേ 6:14-20; യോഹ 4:19-24.
- 18 ശനി 2 കോറി 1:17-22; ലൂക്കാ 11:5-13.
- 19 ഞായർ ✠ ശ്രീഹ ഒന്നാം ഞായർ  
പന്തക്കുസ്താന്തിരുന്നാൾ  
ഉത്പ 2:1-8; ജോബ് 33:2-4, 34:14-15;  
ശ്രീഹ 2:1-21; യോഹ 20:19-23.
- 20 തിങ്കൾ ഗലാ 3:10-14; യോഹ 16:5-15.
- 21 ചൊവ്വ 1 കോറി 12:4-11, 28-31; ലൂക്കാ 19:11-27.
- 22 ബുധൻ റോമാ 12:3-13; ലൂക്കാ 1:39-45.
- 23 വ്യാഴം റോമാ 15:7-13; ലൂക്കാ 10:17-22.
- 24 വെള്ളി (സ്വർണ്ണവെള്ളി)  
തോബി 11:1-17; ഏശ 35:1-10;  
ശ്രീഹ 3:1-10; യോഹ 16:19-24.
- 25 ശനി റോമാ 14:1-9; മർക്കോ 13:9-13.
- 26 ഞായർ ✠ ശ്രീഹ രണ്ടാം ഞായർ  
പുറ 19:1-8; എസെ 2:1-7;  
1 തിമോ 1:12-19; യോഹ 11:1-16.
- 27 തിങ്കൾ റോമാ 8:31-39; മർക്കോ 3:13-19.
- 28 ചൊവ്വ വെളി 18:1-8; മർക്കോ 8:34-38.
- 29 ബുധൻ ഹെബ്രാ 10:11-18; ലൂക്കാ 14:25-35.
- 30 വ്യാഴം 1 കോറി 11:23-30; മത്താ 26:17-29.
- 31 വെള്ളി റോമാ 12:9-16; ലൂക്കാ 1:39-45.



EPARCHY OF MISSISSAUGA  
 Pastoral Center  
 6630 Turner Valley Road,  
 Mississauga, Ontario, Canada L5N 2P1  
 Ph: 6477876790; Fax: +1 905 858 8208  
 Email: bishop@syromalabarcanada.org  
 Website: www.syromalabarcanada.org