



EPARCHY OF MISSISSAUGA

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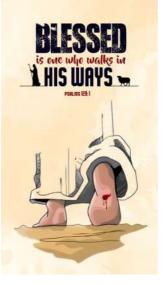
Bishop's Engagements

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03	08.00 pm	Finance council meeting
05	11.00 am	Curia meeting
07 - 09	07.30 pm	Pastoral visit, Cathedral
		Holy Qurbana and meeting with youth at Cathedral
08	09.00 am	Holy Qurbana at Cathedral
	10.30 am	Parish Council meeting
	02.30 pm	Meeting with Catechism Teachers
	04.30 pm	Meeting with Executive Committee of Associations and Ministries
09	08.30 am	Holy Qurbana at Cathedral
	10.00 am	Meeting with the Parents
	10.45 am	Meeting with Catechism Students of first shift
	01.15 pm	Meeting with Catechism Students of second shift
	03.30 pm	Meeting with SMYM National and Interna- tional Executive Committee Members

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10	08.00 am	Holy Qurbana at CMC Convent, Mississauga
	11.15 am	Monthly Recollection
12	11.00 am	Curia meeting
17	08.00 am	Holy Qurbana at AO Convent, Scarbrough
19	11.00 am	Curia meeting
24	08.00 am	Holy Qurbana at CHF Convent, Mississauga
26	11.00 am	Curia meeting
27	07.00 pm	Episcopal Ordination of Most Rev. Alan Campeau, Bishop of Thunder Bay



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Prot. No. 0024/2025

POST SYNODAL CIRCULAR

Mar Raphael Thattil the Major Archbishop of the Syro-Malabar Church to the Archbishops, Bishops, Priests, Consecrated Men and Women and Lay Faithful of the Syro-Malabar Church. May the Grace of our Lord be with you all!

My dear Brothers and Sisters in Christ,

The First Session of the XXXIII Synod of the Syro-Malabar Church was held at the Major Archiepiscopal Curia at Mount St. Thomas from 6 to 11 January 2025. Entering the Jubilee Year of the Incarnation of our Lord Jesus Christ as 'Pilgrims of Hope,' we are reminded of St. Paul's words: "Hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us" (Rom. 5:5). These words illuminate the essence of Christian hope, even in the face of troubling news that may challenge or dishearten us. We are called to move forward with hope, anticipating the coming of our Lord. Pope Francis affirms, "it is our life of faith that prepares us for this hope-filled life. It begins with baptism, grows through openness to divine grace, and is made alive in the hope that is continuously renewed and strengthened through the workings of the Holy Spirit." During this Jubilee Year, let us commit ourselves to actions that inspire and instill hope.

This period is also a time of grace for the Syro-Malabar Church. We rejoice in the elevation of Msgr. George Koovakad, a member of our Church, became the Cardinal of the Universal Church while serving as a priest. On behalf of the entire Church, we extend our prayerful wishes for his future ministry. Additionally, the favourable consideration by Pope Francis regarding the establishment of structures for the pastoral care of Syro-Malabar faithful in the Gulf region addresses a long-standing need and brings hope to our community.

The Church's united efforts in rebuilding lives impacted by the natural disasters in Wayanad and Vilangad - tragedies that brought immense sorrow to the region - further strengthen our hope in the goodness and solidarity of society. We are also grateful to God for blessing us with 287 new priests and 404 newly professed religious this year, signs of hope and vitality within our Church.

Concerns of the Farmers Must Be Addressed

The Synod has thoughtfully considered the anxieties and struggles of those who depend on agriculture, as well as the challenges faced by communities living near forest borders. A significant number of farmers have expressed serious concerns regarding the Kerala Forest Law Amendment Bill, which is set to be presented in the Legislative Assembly. The proposed amendments, aimed at making forest laws more stringent, come at a time when Kerala's forest cover is already expanding. Such measures could lead to the misuse of power by forest officials and the infringement of public rights. In light of these concerns, the Synod respectfully urges the government to review this bill to ensure justice and fairness for the affected communities.

Synodal Church

The Synod deliberated the necessary changes to our Church's operational style and structure in light of the final document from the Synod of Bishops on Synodality, convened by the Holy Father in Rome. This initiative aims to strengthen communion within the Church and better reflect the face of mercy. To achieve these goals, the action plans must be implemented at both the eparchial and parish levels, guided by consultations and insights drawn from this important instructional document.

Recognizing the need to address various crises affecting our community, the Synod has decided to declare 2026 as the Year of Community Empowerment in the Syro-Malabar Church. During this special year, all eparchies will focus on implementing the action plans formulated during the Fifth Major Archiepiscopal Assembly, concluded at Palai, to reinforce and strengthen our community. Through these efforts, we aspire to build a more united and resilient Church grounded in the principles of synodality and communal solidarity.

Archeparchy of Ernakulam-Angamaly

The Synod Fathers humbly acknowledge that despite sincere efforts for many years to resolve issues related to the Ernakulam-Angamaly Archeparchy, the crises have not been fully resolved. The Synod Fathers discussed this matter in the hope that a new dawn of unity is not far away. The Synod evaluated that the work of Bishop Mar Bosco Puthur, who served as the Apostolic Administrator of the Archeparchy of Ernakulam-Angamaly, brought hope to the entire Church. The ordination of 24 seminarians for the Archeparchy could take place because of the stand he took with apostolic courage, in full compliance with the directions of the Apostolic See and the Synod. The Synod appreciated his commendable efforts to restore discipline in the Archeparchy.

But, due to health reasons, Mar Bosco Puthur submitted his resignation to the Holy Father in September 2024. The Vatican had informed us that the resignation of the Apostolic Administrator would be in effect on 11 January 2025. Together with this, the Apostolic See has communicated that the governance of the Archeparchy of Ernakulam-Angamaly is revested to the Major Archbishop, concluding the Apostolic Administration in the Archeparchy from 11 January 2025. I express the love and gratitude of the entire Church to His Excellency Bishop Mar Bosco Puthur, who courageously led the Archeparchy during a very complicated period, imbibing the mind of the Church.

Considering the Major Archbishop's extensive responsibilities for the entire Church, the Synod decided to appoint a Vicar of the Major Archbishop for Archeparchy of Ernakulam-Angamaly for the ordinary administration of the Archeparchy.

After prayerful deliberation, inspired by the Holy Spirit, the Synod Fathers elected Mar Joseph Pamplany, the Metropolitan of Tellicherry, for this ministry. Archbishop Pamplany will continue his responsibility of the Metropolitan of Tellicherry. The Synod hopes that issues related to the Ernakulam-Angamaly Archeparchy could be resolved in an ecclesial manner.

I cordially welcome everyone to journey together with Jesus as 'pilgrims of hope' in this Jubilee Year. In this context, the Synod Fathers wish to clarify certain matters. There is no change in the decision to implement the uniform mode of celebration of the Holy *Qurbana* in the entire Syro-Malabar Church, as decided by the Synod of Bishops of our Church, directed explicitly for its implementation by the Holy Father Pope Francis first by his two letters and then through a video message. All Catholic faithful should understand with prudence that no reconsideration is possible in this matter on which the Holy Father has given his final decision.

No one should interpret the Explanatory Note given on 1 July 2024 (Ref. No. 6/2024) as a permanent settlement of the issue. This clarification was given to indicate that disciplinary actions announced in the circular dated 9 June 2024 (Ref. No. 4/2024) would not be initiated against those who celebrate at least one Holy *Qurbana* on Sundays and other days of obligation in the uniform mode in the Archeparchy of Ernakulam-Angamaly. This should be understood as the first step towards the implementation of the celebration of the Holy *Qurbana* in the uniform mode.

It is profoundly saddening to witness differences of opinion regarding liturgical celebrations escalating into street conflicts. The entire Church is grieved that the Holy *Qurbana*, the sacrament of unity, is being reduced to a law-and-order issue in

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society. Such a situation cannot be allowed to persist. We earnestly remind everyone that actions by individuals or groups who, under the pretext of supporting the Synod, resort to behaviours that humiliate the Church - whether through social media or public demonstrations - are contrary to the spirit of the Church. These actions, rather than fostering unity, harm the body of Christ and are, in essence, anti-Church activities.

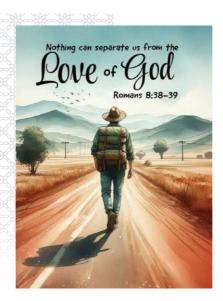
May the intercession and blessings of our Mother, the Blessed Virgin Mary, St. Joseph, St. Thomas the Apostle, and all the saints and the blessed be with us and all our undertakings!

Given from the Major Archiepiscopal Curia at Mount St. Thomas, Kakkanad, on the 11th day of January 2025.

* Raphael Thattil Major Archbishop of the Syro-Malabar Church



This circular shall be read in all the parish churches, institutions, religious houses, formation centres and the major seminaries of the Syro-Malabar Church during the Holy Qurbana on Sunday, 19 January 2025.



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Prot. No. 0024/2025

സിനഡനന്തര സർക്കുലർ

സീറോമലബാർസഭയുടെ മേജർ ആർച്ചുബിഷപ്പ് മാർ റാഫേൽ തട്ടിൽ തന്റെ സഹശുശ്രൂഷകരായ മെത്രാപ്പോലീത്താമാർക്കും മെത്രാൻമാർക്കും വൈദികർക്കും സമർപ്പിതർക്കും തന്റെ അജപാലനശുശ്രൂഷയ്ക്ക് ഏല്പിക്കപ്പെട്ടിരിക്കുന്ന എല്ലാ ദൈവജനത്തിനും എഴുതുന്നത്. കർത്താവിന്റെ കൃപ നിങ്ങളെല്ലാവരോടുംകൂടെ ഉണ്ടായിരിക്കട്ടെ!

മിശിഹായിൽ പ്രിയ സഹോദരീസഹോദരന്മാരേ,

സീറോമലബാർസഭയുടെ മുപ്പത്തിമുന്നാമതു സിനഡിന്റെ ആദ്യസമ്മേളനം 2025 ജനുവരി 6 മുതൽ 11 വരെ സഭയുടെ ആസ്ഥാനകാര്യാലയമായ മൗണ്ട് സെന്റ് തോമ സിൽ നടന്നു. 'പ്രത്യാശയുടെ തീർത്ഥാടകരായി' നമ്മുടെ കർത്താവീശോമിശിഹായുടെ മനുഷ്യാവതാരത്തിന്റെ ജൂബിലിവർഷത്തിലേക്ക് 000 കടന്നിരിക്കുകയാണല്ലോ. 'പ്രത്യാശ നമ്മെ നിരാശരാക്കുന്നില്ല'. കാരണം, നമുക്കു നല്കപ്പെട്ടിരിക്കുന്ന പരിശുദ്ധാ ത്മാവിലുടെ ദൈവത്തിന്റെ സ്നേഹം നമ്മുടെ ഹൃദയങ്ങളിലേക്കു ചൊരിയപ്പെട്ടി രിക്കുന്നു' (റോമ 5:5) എന്ന പൗലോസ് ശ്ലീഹായുടെ വാക്കുകൾ ക്രൈസ്തവമായ പ്രത്യാശ എന്താണെന്ന് വൃക്തമാക്കുന്നു. പ്രത്യാശയ്ക്കുവിരുദ്ധമായി നമ്മെ അസ്വ സ്ഥതപ്പെടുത്തുകയും നിരുത്സാഹപ്പെടുത്തുകയും ചെയ്യുന്ന വാർത്തകൾ വർധി ക്കുമ്പോഴും നമ്മുടെ കർത്താവിന്റെ വരവിനെ നോക്കിപാർത്തു പ്രത്യാശയോടെ നീങ്ങാൻ നാമോരോരുത്തരും വിളിക്കപ്പെട്ടിരിക്കുന്നു. ഫ്രാൻസിസ് മാർപാപ്പ പ്രസ്താ വിക്കുന്നതുപോലെ 'പ്രത്യാശാനിർഭരമായ ഈ ജീവിതത്തിനു നമ്മെ സജ്ജരാക്കുന്നത് നമ്മുടെ വിശ്വാസജീവിതമാണ്. അതു മാമ്മോദീസായിൽ തുടക്കാകുറിച്ചു, ദൈവകൃപ തുറവിയിലൂടെ വളർന്നു, പരിശുദ്ധാത്മാവിന്റെ പ്രവർത്തനങ്ങളിലൂടെ യോടുള്ള നിരന്തരം നവീകരിക്കപ്പെടുന്നതും ഉറപ്പിക്കപ്പെടുന്നതുമായ പ്രത്യാശയിൽ സജീവമാക്ക പ്പെടുന്നു.' പ്രത്യാശപകരുന്ന പ്രവൃത്തികളിലൂടെ ജൂബിലിവർഷം ആചരിക്കാൻ നമുക്കു പരിശ്രമിക്കാം.

സീറോമലബാർസഭയെ സംബന്ധിച്ചിടത്തോളം പ്രത്യാശപകരുന്ന കൃപയുടെ അനുഭവം ലഭിച്ച കാലഘട്ടംകൂടിയാണിത്. നമ്മുടെ സഭാംഗമായ മോൺ. ജോർജ് കൂവക്കാട് ഒരു വൈദികനായിരിക്കെത്തന്നെ സർവത്രികസഭയിലെ കർദിനാളായി തെരഞ്ഞെടുക്കപ്പെ ട്ടതു നമ്മുടെ സഭയ്ക്ക് ഏറെ അഭിമാനകരമാണ്. അദ്ദേഹത്തിന്റെ ഭാവിശുശ്രൂഷകൾക്കു സഭയുടെപേരിൽ പ്രാർഥനാശംസകൾ നേരുന്നു. ഗൾഫു മേഖലയിലെ പ്രവാസികളായ സീറോമലബാർ വിശ്വാസികളുടെ അജപാലനപ്രവർത്തനങ്ങൾക്കായ് നമ്മുടെ സഭയുടേ തായ തനതുസംവിധാനങ്ങൾ രൂപപ്പെടനൊമെന്നതു ദീർഘകാലമായുള്ള ആവശ്യമായി രുന്നു. ഇക്കാര്യത്തിൽ നമ്മുടെ സഭയ്ക്ക് അനുകൂലമായി പരിശുദ്ധ പിതാവ് ഫ്രാൻ സിസ് മാർപാപ്പ എടുത്ത നിലപാടു സഭാംഗങ്ങൾക്കുമുഴുവൻ പ്രത്യാശ പകരുന്നതാണ്. നാടിന്റെ മൂഴുവൻ ദുഃഖമായി മാറിയ വയനാട് വിലങ്ങാട് പ്രകൃതിദുരന്തങ്ങളിൽ തകർ ന്നുപോയ ജീവിതങ്ങളെ പുനരുദ്ധരിക്കാൻ ഒരുമനസ്സോടെ അണിനിരക്കാൻ കഴിഞ്ഞു വെന്നതു നമ്മുടെ സമുഹത്തിന്റെ നന്മയിലുള്ള പ്രത്യാശ വർധിപ്പിക്കുന്നതാണ്. ഈ വർഷം നമുക്കു 287 നവവൈദികരെയും 404 നവസനൃസ്തരെയും ലഭിച്ചതിനും ദൈവ ത്തിനു നമുക്കു നന്ദിപറയാം.

കർഷകരുടെ ആശങ്കകൾ പരിഹരിക്കപ്പെടണം

കാർഷികവൃത്തിയെ ആശ്രയിച്ചുജീവിക്കുന്നവരുടെയും വനാതിർത്തിയിൽ ജീവിക്കുന്ന സാധാരണ മനുഷ്യരുടെയും ആശങ്കകളും വേദനകളും ശ്രദ്ധാപൂർവം സിനഡ് വിലയി രുത്തി. നിയമസഭയിൽ അവതരിപ്പിക്കാനായി പ്രസിദ്ധീകരിച്ചിരിക്കുന്ന കേരള വനം നിയമഭേദഗതി ബില്ലിനെകുറിച്ചു ലക്ഷക്കണക്കിനു കർഷകർക്കു ഗൗരവമായ ആശങ്ക കൾ ഉണ്ട്. കേരളത്തിന്റെ വനാവൃതി വർധിച്ചുവരുമ്പോഴും വനനിയമങ്ങൾ കൂടുതൽ കർക്കശമാക്കുന്നതു വനപാലകരുടെ അധികാരദുർവിനിയോഗത്തിനും പൊതുജന ത്തിന്റെ അവകാശലംഘനത്തിനും ഇടയാക്കുമെന്നതിനാൽ പ്രസ്തുത ബിൽ പുനഃ പരിശോധിക്കണമെന്നു സിനഡു സർക്കാരിനോടഭൂർഥിക്കുന്നു.

സിനഡാത്മക സഭ

സഭയുടെ കൂട്ടായ്മയെ ശക്തിപ്പെടുത്താനും കാരുണ്യത്തിന്റെ മുഖത്തെ കൂടുതൽ പ്രകാ ശിപ്പിക്കാനുമായി പരിശുദ്ധ പിതാവു റോമിൽ വിളിച്ചുകൂട്ടിയ സിനഡാത്മകതയെ ക്കുറിച്ചുള്ള ആഗോളസിനഡിന്റെ സമാപന പ്രബോധനരേഖയുടെ വെളിച്ചത്തിൽ നമ്മുടെ സഭയുടെ പ്രവർത്തനശൈലിയിലും ഘടനയിലും വരുത്തേണ്ട മാറ്റങ്ങളെ ക്കുറിച്ചു സിനഡു ചർച്ചനടത്തുകയുണ്ടായി. ഇതിനു സഹായകമായ കർമപദ്ധതികൾ പ്രസ്തുത പ്രബോധനരേഖയുടെ വെളിച്ചത്തിൽ കൂടിയാലോചനകളിലൂടെ രൂപത-ഇടവക തലങ്ങളിൽ ആവിഷ്ക്കരിക്കേണ്ടതാണ്.

നമ്മുടെ സമുദായം നേരിടുന്ന വിവിധങ്ങളായ പ്രതിസന്ധികളെ മനസിലാക്കാനും പരിഹാരം കണ്ടെത്താനുമായി രണ്ടായിരത്തി ഇരുപത്തിയാറാമാണ്ടു സീറോമലബാർസഭ യിൽ സമുദായശക്തീകരണവർഷമായി പ്രഖ്യാപിക്കാൻ സിനഡു തീരുമാനിച്ചിട്ടുണ്ട്. പാലായിൽ സമാപിച്ച സഭയുടെ അഞ്ചാമതു മേജർ ആർക്കിഎപ്പിസ്കോപ്പൽ അസ്സം ബ്ലിയിൽ സമുദായശക്തീകരണത്തിനു സഹായകമായ കർമപദ്ധതികൾ ആവിഷ്ക്കരി ച്ചിട്ടുള്ളതു നടപ്പിലാക്കാൻ നമ്മുടെ എല്ലാ രൂപതകളും ശ്രദ്ധിക്കുമല്ലോ.

എറണാകുളം-അങ്കമാലി അതിരൂപത

എറണാകുളം-അങ്കമാലി അതിരൂപതയുമായി ബന്ധപ്പെട്ട വിഷയങ്ങൾ പരിഹരിക്കാൻ ഏറെ നാളുകളായി ആത്മാർഥമായി പരിശ്രമിക്കുന്നുണ്ടെങ്കിലും പ്രതിസന്ധികൾ പൂർണ മായി പരിഹരിക്കാൻ ഇനിയും കഴിഞ്ഞിട്ടില്ല എന്ന യാഥാർഥ്യം സിനഡുപിതാക്കന്മാർ എളിമയോടെ അംഗീകരിക്കുന്നു. ഐക്യത്തിന്റെ പുതിയ പ്രഭാതം വിദൂരമല്ല എന്ന പ്രത്യാശയോടെയാണ് ഈ വിഷയം സിനഡുപിതാക്കന്മാർ ചർച്ചചെയ്തത്. എറണാ കുളം-അങ്കമാലി അതിരൂപതയുടെ അപ്പസ്തോലിക് അഡ്മിനിസ്ട്രേറ്ററായി സേവനം ചെയ്തിരുന്ന മാർ ബോസ്കോ പുത്തൂർ പിതാവിന്റെ പ്രവർത്തനങ്ങൾ സഭയ്ക്കു മുഴുവൻ പ്രത്യാശപകരുന്നതായിരുന്നെന്ന് സിനഡു വിലയിരുത്തി. ശ്ലൈഹിക സിംഹാസ നത്തിന്റെയും സിനഡിന്റെയും നിർദേശങ്ങൾ പൂർണമായി അനുസരിച്ചുകൊണ്ട് അപ്പ സ്തോലിക ധീരതയോടെ പിതാവ് എടുത്ത നിലപാടുകൾമൂലം അതിരൂപതയ്ക്കു വേണ്ടി 24 വൈദികാർഥികളുടെ തിരുപ്പട്ടസ്വീകരണംനടന്നു. അതിരൂപതയിൽ അച്ചടക്കം തിരികെക്കൊണ്ടുവരാൻ പിതാവു നടത്തിയ പ്രവർത്തനങ്ങൾ ഏറെ ശ്ലാഘനീയ മാണെന്ന് സിനഡു വിലയിരുത്തി.

എന്നാൽ, ആരോഗ്യപരമായ കാരണങ്ങളാൽ 2024 സെപ്റ്റംബർ മാസത്തിൽത്തന്നെ അഭിവന്ദ്യ ബോസ്കോ പുത്തൂർ പിതാവു പരിശുദ്ധ പിതാവിനു രാജി സമർപ്പിച്ചിരുന്നു. 2025 ജനുവരി 11 നു രാജി പ്രാബല്യത്തിൽ വന്നതായി വത്തിക്കാനിൽനിന്നു അറിയിപ്പു ലഭിച്ചിട്ടുണ്ട്. അതോടൊപ്പം, അപ്പസ്തതോലിക്ക് അഡ്മിനിസ്ട്രേഷൻ അവസാനിപ്പിച്ച് എറണാകുളം-അങ്കമാലി അതിരൂപതയുടെ ഭരണചുമതല മേജർ ആർച്ചുബിഷപ്പിനെ 2025 ജനുവരി 11 മുതൽ തിരികെ ഏല്പ്പിക്കുന്നതായും ശ്ലൈഹികസിംഹാസനം അറിയിച്ചിട്ടുണ്ട്. ഏറെ സങ്കീർണമായ ഒരു കാലഘട്ടത്തിൽ സഭയുടെ മനസ്സറിഞ്ഞ് അതിരൂപതയെ ധീരമായി നയിച്ച അഭിവന്ദ്യ മാർ ബോസ്കോ പൂത്തൂർ പിതാവിനു സഭയുടെ മുഴുവൻ സ്നേഹവും നന്ദിയും ഞാൻ അറിയിക്കുന്നു.

സഭയ്ക്കു മുഴുവനുംവേണ്ടിയുള്ള മേജർ ആർച്ചുബിഷപ്പിന്റെ ബൃഹത്തായ ഉത്തരവാ ദിത്വങ്ങൾ പരിഗണിച്ച് എറണാകുളാ-അങ്കമാലി അതിരൂപതയുടെ ദൈനംദിന ഭരണ നിർവഹണത്തിനായി മേജർ ആർച്ചുബിഷപ്പിന്റെ വികാരിയെ നിയമിക്കാൻ സിനഡു തീരുമാനിച്ചു.

പ്രാർഥനാപൂർവമായ വിചിന്തനങ്ങൾക്കുശേഷം പരിശുദ്ധാത്മാവിനാൽ പ്രേരിതരായി സിനഡുപിതാക്കന്മാർ ഈ ശുശ്രൂഷയ്ക്കായി തെരഞ്ഞെടുത്തതു തലശ്ശേരി അതിരൂപതാ ധൃക്ഷനായ മാർ ജോസഫ് പാംപ്ലാനി പിതാവിനെയാണ്. തലശ്ശേരി അതിരൂപതയുടെ മെത്രാപ്പോലീത്താ എന്ന നിലയിലുള്ള അദ്ദേഹത്തിന്റെ ശുശ്രൂഷകൾ തുടരുന്നതാ യിരിക്കും. എറണാകുളം-അങ്കമാലി അതിരൂപതയുമായി ബന്ധപ്പെട്ട വിഷയങ്ങൾ സഭാ ത്മകമായി പരിഹരിക്കാനാകും എന്ന പ്രത്യാശ സിനഡിനുണ്ട്.

ഈ ജൂബിലിവർഷത്തിൽ പ്രത്യാശയുടെ തീർഥാടകരായി മിശിഹായോടുചേർന്ന് ഒരുമിച്ചു യാത്രചെയ്യാൻ എല്ലാവരെയും ഞാൻ സ്നേഹപൂർവം സ്ഥാഗതംചെയ്യുന്നു. ഈ കാര്യങ്ങളിൽ വൃക്തതവരുത്താൻ സിനഡുപിതാക്കന്മാർ സാഹചര്യത്തിൽ ചില ആഗ്രഹിക്കുന്നു. സീറോമലബാർസഭയുടെ സിനഡു തീരുമാനിച്ചതും ശ്ലൈഹിക നടപ്പിലാക്കാൻ പരിശുദ്ധ സിംഹാസനം അംഗീകരിച്ചതും പിതാവ് ഫ്രാൻസിസ് മാർപാപ്പ രണ്ടു തവണ കത്തുകളിലൂടെയും ഒരു തവണ വീഡിയോസന്ദേശത്തിലൂടെയും നേരിട്ട് ആവശ്യപ്പെട്ടതുമായ ഏകീകൃത വിശുദ്ധ കുർബാനയർപ്പണരീതി സീറോമല ബാർസഭ മുഴുവനിലും നടപ്പിലാക്കണമെന്ന തീരുമാനത്തിനു യാതൊരു മാറ്റവുമില്ല. പരിശുദ്ധ പിതാവ് അന്തിമതീരുമാനം അറിയിച്ചുകഴിഞ്ഞ ഇക്കാര്യത്തിൽ യാതൊരുവിധ പുനരാലോചനയും സാധ്യമല്ല എന്ന സത്യം എല്ലാ കത്തോലിക്കാവിശ്വാസികളും വിവേകപൂർവം മനസിലാക്കണം.

2024 ജൂലൈ ഒന്നാം തീയതി നല്കിയ വിശദീകരണക്കുറിപ്പിനെ (Ref. No. 6/2024) സ്ഥിരമായ ഒരു ഒത്തുതീർപ്പായി ആരും വ്യാഖ്യാനിക്കരുത്. എറണാകുളം-അങ്കമാലി അതിരൂപതയിൽ ഞായറാഴ്ചകളിലെ പതിവു കുർബാനകളിൽ ഒന്നെങ്കിലും ഏകീകൃത രൂപത്തിൽ ചൊല്ലുന്നവർക്കെതിരേ ജൂൺ 9നു നല്കിയ സർക്കുലറിൽ (Ref. No. 4/2024) അറിയിച്ച പ്രകാരമുള്ള ശിക്ഷാനടപടികൾ ആരംഭിക്കുന്നതല്ല എന്ന അർഥത്തിലാണ് പ്രസ്തുത വിശദീകരണം നൽകിയിരിക്കുന്നത്. ഏകീകൃതരീതിയിലുള്ള വിശുദ്ധ കുർബാനയർപ്പണത്തിലേക്കുള്ള ആദ്യ ചുവടുവയ്പായാണ് ഇതിനെ മനസിലാക്കേ ണ്ടത്.

ആരാധനാക്രമത്തിലെ അഭിപ്രായാന്തരങ്ങൾ തെരുവിലെ സംഘർഷങ്ങളാക്കി മാറ്റുന്നത് ഏറെ ദുഃഖകരമാണ്. ഐകൃത്തിന്റെ കൂദാശയായ വിശുദ്ധ കുർബാനയുടെ അർപ്പണം നാട്ടിലെ ക്രമസമാധാനവിഷയമായി മാറ്റുന്നതിൽ സഭയൊന്നാകെ വേദനിക്കുന്നുണ്ട്. ഈ ശൈലിയിൽ നമുക്ക് ഇനിയും മുന്നോട്ടുപോകാനാവില്ല എന്ന സത്യം ബന്ധപ്പെട്ട വർ മനസിലാക്കണം. സിനഡിനെ അനുകൂലിക്കുന്നവർ എന്ന വ്യാജേന സാമൂഹിക മാധ്യമങ്ങളിലും തെരുവിലും സഭയെ അപമാനിക്കുന്നരീതിയിൽ ഇടപെടലുകൾ നടത്തുന്നവരുടെ നിലപാടുകളും സഭാവിരുദ്ധ പ്രവർത്തനങ്ങളാണെന്ന് ഓർമിപ്പിക്കുന്നു.

Bulletin 2025

നമ്മുടെ അമ്മയായ പരിശുദ്ധ കനൃകാമറിയത്തിന്റെയും മാർ യൗസേപ്പുപിതാവിന്റെയും മാർ തോമാശ്ലീഹായുടെയും സകല വിശുദ്ധരുടെയും വാഴ്ത്തപ്പെട്ടവരുടെയും മാധ്യ സ്ഥ്യവും അനുഗ്രഹവും നമ്മോടും നമ്മുടെ എല്ലാ പ്രവർത്തനങ്ങളോടുമൊപ്പം ഉണ്ടായിരിക്കട്ടെ!

കാക്കനാട് മൗണ്ട് സെന്റ് തോമസിലുള്ള മേജർ ആർച്ചുബിഷപ്പിന്റെ കാര്യാലയത്തിൽ നിന്നു 2025-ാം ആണ്ട് ജനുവരി മാസം 11-ാം തീയതി നല്കപ്പെട്ടത്.

മാർ റാഫേൽ തട്ടിൽ സീറോമലബാർസഭയുടെ മേജർ ആർച്ചുബിഷപ്

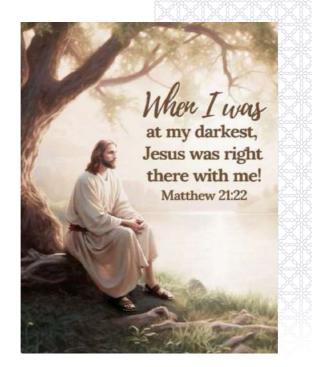


ഈ സർക്കുലർ 2025 ജനുവരി 19–ാം തീയതി ഞായറാഴ്ച സീറോമലബാർസഭയിലെ എല്ലാ ഇടവകപള്ളികളിലും സ്ഥാപനങ്ങളിലും സമർപ്പിതഭവനങ്ങളിലും പരിശീലന കേന്ദ്രങ്ങളിലും മേജർ സെമിനാരികളിലും വിശുദ്ധ കുർബാനമധ്യേ വായിക്കേണ്ടതാണ്.

I am with you Matthew 28:20

CURIA NEWS FEBRUARY 2025

Monthly recollection of the Priests and Sisters for the month of February will be conducted on February 10, 2025. The spiritual sharing will be done by Rev. Fr. Thomas Kalariparambil, Pastor, St. Thomas Syro-Malabar Church, St. John's (NL) and the adoration by CMC Sisters.



പൗരോഹിത്യ ആദ്ധ്യാത്മികത: വചനവിചിന്തനങ്ങൾ

വിശ്വാസജീവിതവും അനുരജ്ഞനശുശ്രൂഷയും

(തിരുവചനഭാഗം: 2 കോറിന്തോസ് 5,1-21)

മല്പാൻ മാത്യു വെള്ളാനിക്കൽ

തന്റെ ജീവിതം വിശ്വാസത്താൽ നയിക്കപ്പെടുന്നതാണെന്നും അനുരഞ്ജനശുശ്രൂഷയുടേതാണെന്നും പൗലോസ്ശ്ലീഹാ കൊറിന്തോസുകാർക്കെഴുതിയ രണ്ടാം ലേഖനം അഞ്ചാം അദ്ധ്യായത്തിൽ പറയുന്നു. ഈ തിരുവചനഭാഗം താഴെക്കാണുംവിധം വിഭജിക്കാം.

- 1. ഭൗമികഭവനവും സ്വർഗീയഭവനവും (5,1-4)
- 2. വിശ്വാസത്താൽ നയിക്കപ്പെടുന്ന ജീവിതം (5,5-10)
- 3. ദൈവത്തിനും ജനങ്ങൾക്കും വേണ്ടിയുള്ള ജീവിതം (5,11-13)
- 4. മിശിഹായിലുള്ള ജീവിതം (5,14-17)
- 5. അനുരഞ്ജനത്തിന്റെ ശുശ്രൂഷ (5,18–21)

ഈ വചനഭാഗം അജപാലകർക്കു നല്കുന്ന സന്ദേശങ്ങൾ മനസ്സിലാക്കാൻ ശ്രമിക്കാം.

1. ഭൗമികഭവനവും സ്വർഗീയഭവനവും

"ഞങ്ങൾ വസിക്കുന്ന ഭൗമികഭവനം നശിച്ചുപോകുമെങ്കിലും കരങ്ങളാൽ നിർമിതമല്ലാത്തതും ശാശതവും മൈവത്തിൽനിന്നുള്ളതുമായ സ്വർഗീയഭവനം ഞങ്ങൾക്കുണ്ടെന്നു ഞങ്ങൾ അറിയുന്നു. വാസ്തവത്തിൽ ഞങ്ങൾ ഇവിടെ നെടുവീർപ്പിടുകയും സ്വർഗീയവസതി ധരിക്കുവാൻ വെമ്പൽകൊള്ളുകയുമാണ്. അതു ധരിക്കുമ്പോൾ ഞങ്ങൾ നഗ്നമായി കാണപ്പെടുകയില്ല. ഈ കൂടാരത്തിൽ ആയിരിക്കുമ്പോൾത്തന്നെയും ഞങ്ങൾ ഉത്കണ്ഠാകുലരായി നെടുവീർപ്പിടുന്നു; മൃത്യൂവശഗമായതു ജീവനാൽ ഗ്രസിക്കപ്പെടേണ്ടതിന് പഴയതു മാറ്റിക്കളയാനല്ല, പൂതിയതു ധരിക്കാനാണ് ഞങ്ങൾ ആഗ്രഹിക്കുന്നത്" (5,1-4).

നമ്മുടെ ഇപ്പോഴത്തെ ശരീരവും ഉത്ഥാനശരീരവും തമ്മിലുള്ള ബന്ധത്തെക്കുറിച്ചാണ് പൗലോസ്ശ്ലീഹാ ഇവിടെ പറയുന്നത്. താൽക്കാലിക താമസത്തിനുള്ളതാണു കൂടാരം. ഇപ്പോഴത്തെ വാസസ്ഥലം നശ്വരമാ ണ്. സ്വർഗീയ വസതി ധരിക്കുക എന്നാണ് ശ്ലീഹാ പറയുന്നത് (5,2). നിത്യമായ പാർപ്പിടമായ വാഗ്ദാനദേ ശത്തേക്കുള്ള യാത്രയിൽ താൽക്കാലികമായി കൂടാരങ്ങളിൽ താമസിച്ച ദൈവജനത്തിന്റെ ചിത്രമാണ് ശ്ലീഹാ യുടെ ചിന്തയെ സ്വാധീനിക്കുന്നത്. ഭൗമികശരീരം നിത്യകൂടാരത്തിലെത്തുന്നതുവരെയുള്ള താൽക്കാലിക താവളംമാത്രമാണ്. ക്രിസ്തീയജീവിതമാകുന്ന മരുഭൂമി വാസത്തിന്റെയും നിത്യജീവിതമാകുന്ന വാഗ്ദാന ദേശത്തിന്റെയും രൂപകങ്ങളിൽ ഇപ്പോഴത്തെ ജീവിതത്തെ പൗലോസ് ഇവിടെ വിലയിരുത്തുകയാണ്.

ശ്ലീഹായുടെയും സഹപ്രവർത്തകരുടെയും ജീവിതത്തിലെ സഹനങ്ങളെ നിത്യജീവിതത്തിനായുള്ള നെടുവീർപ്പും തീക്ഷ്ണമായ കാത്തിരിപ്പുമായി ഇവിടെ എടുത്തുപറയുന്നു. റോമാ 8,18-24 വാകൃങ്ങളിലെ ചിന്തയും ഇതിനോടു ചേർന്നുപോകുന്നതാണ്. ഇതു നിരാശയുടെ കരച്ചിലുകളല്ല, പ്രതീക്ഷയുടെ കാത്തി രിപ്പാണ്. തുടർന്നുള്ള വാകൃങ്ങളിൽ പുതിയതു ധരിക്കുന്നതിനെ സംബന്ധിച്ചും പറയുന്നുണ്ട്. മാമോദീ സായിലൂടെ ഒരാൾ മിശിഹായെ ധരിക്കുന്നു എന്ന് പൗലോസ്ഗ്ലീഹം ഗലാത്തിയാക്കാർക്കുള്ള ലേഖന ത്തിൽ പരാമർശിക്കുന്നുണ്ടല്ലോ (ഗലാ 3,27). ഇതിന്റെ വെളിച്ചത്തിൽ ചിന്തിക്കുമ്പോൾ, മാമോദീസായി ലൂടെ നാം നിതൃതയുടെ പുതിയ വസ്ത്രം ധരിക്കാൻ ആരംഭിക്കുന്നു എന്നു പറയാം. മിശിഹായുടെ മരണ ത്തിലും ഉത്ഥാനത്തിലുമുള്ള കൗദാശിക പങ്കുചേരലാണിത്. നമ്മുടെ മരണസമയത്ത് ഈ നിതൃതയുടെ വസ്ത്രം ധരിക്കൽ പൂർത്തിയാകുന്നു. ഈ വസ്തുതകളെക്കുറിച്ച് അജഗണങ്ങളെ ബോധവൽക്കരിക്കു വാൻ അജപാലകർ ശ്രദ്ധിക്കണം.

2. വിശ്വാസത്താൽ നയിക്കപ്പെടുന്ന ജീവിതം

"ഈ ലക്ഷ്യത്തിനായി ഞങ്ങളെ ഒരുക്കിയത് ആത്മാവിനെ അച്ചാരമായി ഞങ്ങൾക്കു നൽകിയ ദൈവമാണ്. ഞങ്ങൾക്ക് എല്ലായ്പോഴും നല്ല ധൈര്യമുണ്ട്. ഞങ്ങൾ ശരീരത്തിൽ വസിക്കുന്നിടത്തോളം കാലം കർത്താവിൽനിന്ന് അകലെയാണെന്നു ഞങ്ങൾ അറിയുന്നു. എന്തെന്നാൽ, ഞങ്ങൾ നയിക്കപ്പെടുന്നത് വിശ്വാസത്താലാണ്, കാഴ്ചയാലല്ല. ഞങ്ങൾക്കു നല്ല ധൈര്യമുണ്ട്. ശരീരത്തിൽനിന്ന് അകന്നിരിക്കാനും കർത്താവിനോട് അടുത്തിരിക്കാനും ഞങ്ങൾ ആഗ്രഹിക്കുന്നു. അടുത്തായാലും അകലെയായാലും അവിടുത്തെ പ്രസാദിപ്പിക്കുക എന്നതാണ് ഞങ്ങളുടെ പരിശുദ്ധാരൂപി വരാനിരിക്കുന്ന ജീവിതത്തിന്റെ അച്ചാരമാണ്. അതുകൊണ്ട് പൗലോസ്ശ്ലീഹാ യുടെ കാഴ്ചപ്പാടിൽ ക്രൈസ്തവൻ ഈലോകജീവിതത്തെ വെറുക്കുന്നില്ല. വരാനിരിക്കുന്ന ജീവിതത്തിന്റെ മുന്നാസ്വാദനമാണ് ഈലോകത്തിലെ ക്രൈസ്തവജീവിതം. ഒരു ക്രൈസ്തവനെ സംബന്ധിച്ചിടത്തോളം അവന് രണ്ടു പൗരത്ഥമാണുള്ളത്. ഒന്ന് കാലികവും മറ്റൊന്ന് നിത്യവും. അയാളുടെ ശരീരം ഭൂമിയിലാണെ ങിലും, ഹൃദയം സ്വർഗത്തിലാണ്. അതുകൊണ്ട് അയാൾ ഈലോകജീവിതത്തെ വെറുക്കുന്നില്ല. വരാനിരി ക്കുന്ന മഹത്ത്വീകൃതജീവിതത്തെ അയാൾ മുൻകൂട്ടി ആസ്വദിക്കുന്നു. ചുരുക്കത്തിൽ ക്രൈസ്തവജീവിതം വരാനിരിക്കുന്ന മഹത്ത്വീകൃത ജീവിതത്തിന്റെ മുന്നാസ്വാദനമാണ്.

ഒരു ദിവസം താൻ കർത്താവിനോടൊത്തായിരിക്കും എന്ന ആത്മവിശ്വാസത്തോടെ ഇപ്പോൾ ശരീ രത്തോടുകൂടി ജീവിക്കുന്നതാണ് പൗലോസ് ്ലീഹായുടെ കാഴ്ചപ്പാടിൽ ക്രിസ്തീയജീവിതാ. ഫിലിപ്പി യർക്കുള്ള ലേഖനത്തിൽ ഈ ആശയംതന്നെ ്ലീഹാ നല്കുന്നുണ്ട് (ഫിലി 1,20–26). കർത്താവിനോടൊ ത്തായിരിക്കാനാണ് പൗലോസ് ്ലീഹാ കൂടുതൽ ഇഷ്ടപ്പെടുന്നത്. എങ്കിലും ഈ കൂടാരത്തിൽ ആയിരിക്കു നിടത്തോളം കാലം അവിടുത്തെ ശുശ്രൂഷയ്ക്കായി ഗ്ലീഹാ സ്വയം സമർപ്പിക്കുന്നു. അവസാനം മിശിഹാ ഈ ശുശ്രൂഷയെ വിലയിരുത്തുകയും അതിനു പ്രതിഫലം നല്കുകയും ചെയ്യും (1 കോറി 5,10). താനും തന്റെ പ്രതിയോഗികളും തങ്ങളുടെ ശാരീരികതയിൽ ചെയ്തിട്ടുള്ള നന്മതിന്മകൾക്ക് പ്രതിഫലം സ്വീകരി ക്കേണ്ടിവരും എന്നും അദ്ദേഹം പറയുന്നു. അതിനായി മിശിഹായുടെ ന്യായാസനത്തിനുമുമ്പിൽ വരേണ്ട തുണ്ട്. 'ബോമാ' എന്ന വാക്കാണ് 'ന്യായാസനം' എന്ന് ഇവിടെ വിവർത്തനം ചെയ്തിരിക്കുന്നത്. തന്റെ ശ്ലൈഹികശുശ്രൂഷയുടെ ആധികാരികതയെ ശ്ലീഹാ ഒരിക്കൽക്കൂടി ഊന്നിപ്പറയുകയും കോറിന്തോസിലെ എതിരാളികളെ ശക്തമായി താക്കീതു ചെയ്യുകയുമാണിവിടെ. ക്രിസ്തീയജീവിതത്തിന്റെ ഈ അന്ത്യാതമക സ്വഭാവത്തെപ്പറ്റി അജപാലകർ അജഗണങ്ങളെ ബോധവൽക്കരിക്കണം.

3. ദൈവത്തിനും ജനങ്ങൾക്കും വേണ്ടിയുള്ള ജീവിതം

"കർത്താവിനെ ഭയമുള്ളതുകൊണ്ടുതന്നെയാണു ഞങ്ങൾ ജനങ്ങളെ പ്രേരിപ്പിക്കുന്നത്. ഞങ്ങൾ എന്താണെന്നു ദൈവത്തിനറിയാം. അതു നിങ്ങൾക്കും നന്നായി അറിയാമെന്നു ഞാൻ വിശ്വസിക്കുന്നു. ഞങ്ങൾ വീണ്ടും ഞങ്ങളെത്തന്നെ നിങ്ങളുടെ മുമ്പാകെ പുകഴ്ത്തുകയല്ല; പ്രത്യൂത, ഹൃദയംനോക്കാതെ, മുഖം നോക്കി പ്രശംസിക്കുന്നവർക്ക് ഉത്തരം നൽകാൻ നിങ്ങൾക്ക് കഴിയേണ്ടതിന് ഞങ്ങളെപ്പറ്റി അഭിമാനിക്കാൻ ഒരവസരം നൽകുകയാണ്. ഞങ്ങൾ ഉമ്പത്തരാണെങ്കിൽ അതു ദൈവത്തിനുവേണ്ടിയാണ്. ഞങ്ങൾ സമചിത്തരാണെങ്കിൽ അതു നിങ്ങൾക്കുവേണ്ടിയാണ്" (5,11-13).

വരാനിരിക്കുന്ന ന്യായവിധിയെ മുന്നിൽ കണ്ടുകൊണ്ട്, താൻ എന്തിനുവേണ്ടി വിളിക്കപ്പെട്ടിരിക്കു ന്നൂവോ ആ ശുശ്രൂഷ ആത്മാർത്ഥമായി നിർവഹിക്കാൻ പൗലോസ്ശ്ലീഹാ പരിശ്രമിച്ചുകൊണ്ടിരിക്കുകയാ ണ്. ഈ ശുശ്രൂഷ അനുരഞ്ജനത്തിന്റെ ശുശ്രൂഷയാണ്. ദൈവത്തോടും പരസ്പരവും അനുരഞ്ജനം സാധ്യമാക്കുകയാണ് ഈ ശുശ്രൂഷയുടെ ലക്ഷ്യം. തന്റെ മരണത്തിലൂടെയും ഉത്ഥാനത്തിലൂടെയും ജീവന്റെ നവസൃഷ്ടി സാധ്യമാക്കിയ മിശിഹായിലൂടെ മാത്രമേ ഈ അനുരഞ്ജനം സാധ്യമാകുകയുള്ളൂ. 'കർത്താ വിനെ ഭയമുള്ളതുകൊണ്ട്' എന്നത് ശിക്ഷാവിധിയെക്കുറിച്ചുള്ള ഭയമല്ല. ഓരോരുത്തരുടെയും ശുശ്രൂഷയെ വസ്തുനിഷ്ഠവും നീതിപൂർവകവുമായി വിധിക്കുന്ന കർത്താവിലുള്ള വിശ്രാസവും പ്രത്യാശയും, അവിടു തോറ്റുമയവിചാരങ്ങൾ പൂർണമായി അറിയുന്നു എന്ന് അദ്ദേഹം പറയുന്നു. കോറിന്തോസുകാരും തന്നെ അപ്രകാരം മനസ്സിലാക്കിയിട്ടുണ്ടെന്ന് പൗലോസ്ശ്ലീഹാ വിശ്രസിക്കുന്നു. ഇവിടെ തന്റെ ശൈഹികസ്ഥാനം അംഗീകരിക്കാൻ അദ്ദേഹം ആവശ്യപ്പെടുകയാണ്. സന്ദേശവാഹകനെ സംശയിച്ചാൽ പിന്നെ ആരും സന്ദേശം സ്വീകരിക്കാൻ?

തന്റെ ചർച്ചയിലുടനീളം ചെയ്തതുപോലെ, ഇവിടെയും തന്നെ എതിർക്കുന്നവരോട് ശ്ലീഹാ മറുപടി പറയുകയാണ്. തന്നെ കോറിന്തോസുകാർക്ക് നല്ലതുപോലെ അറിയാവുന്നതിനാൽ തനിക്കു ശുപാർശക്ക ത്തുകൾ ആവശ്യമില്ല. ആരും തന്നെക്കുറിച്ച് അവരെ പറഞ്ഞു മനസ്സിലാക്കേണ്ടതില്ല. താൻ അവരെ വിശ്വാ സത്തിലേക്കു സ്വാധീനിച്ചുവെങ്കിൽ അത് ബാഹൃമായ യാതൊരു മേമയുംകൊണ്ടല്ല, യഥാർത്ഥമായ ദൈവ ഭയം കൊണ്ടാണ്. ഇക്കാര്യം ദൈവത്തിനറിയാം എന്നതാണ് പൗലോസിന്റെ ഉറപ്പ്. കോറിന്തോസുകാരുടെ മനഃസാക്ഷിയും ഇത് അംഗീകരിക്കുന്നു. ഉന്മത്തർ, സമചിത്തർ (5,13) എന്നീ വാക്കുകൾ പ്രത്യേക ശ്രദ്ധ അർഹിക്കുന്നു. പൗലോസിനു സമചിത്തത നഷ്ടപ്പെട്ടിരിക്കുന്നു എന്ന് ചില എതിരാളികൾ പറഞ്ഞിരുന്നിരി ക്കാം. ഈശോയെക്കുറിച്ച് എതിരാളികൾ അപ്രകാരം പറഞ്ഞിട്ടുണ്ട് (മർക്കോ 3,21). അവിടുത്തെ പഠന ങ്ങൾ കേൾവിക്കാരെ പ്രകോപിപ്പിച്ചതുകൊണ്ടാണ് അപ്രകാരം അവർ പ്രതികരിച്ചത് (യോഹ 10,20). മാനു ഷികമായ പ്രതികരണങ്ങളെക്കാളുപരി കർത്താവിലുള്ള വിശ്വാസത്തോടും പ്രത്യാശയോടുംകൂടെ സുവി ശേഷപ്രഘോഷണം നടത്തുവാൻ അജപാലർക്കു കഴിയണം.

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"ഒരുവൻ എല്ലാവർക്കുംവേണ്ടി മരിച്ചുവെന്നും അതിനാൽ എല്ലാവരും മരിച്ചുവെന്നും ഞങ്ങൾക്കു ബോധ്യമുള്ളതിനാൽ, മിശിഹായുടെ സ്നേഹം ഞങ്ങൾക്ക് ഉത്തേജനം നൽകുന്നു. ജീവിക്കുന്നവർ ഇനിയും തങ്ങൾക്കുവേണ്ടി ജീവിക്കാതെ, തങ്ങളെപ്രതി മരിക്കുകയും ഉയിർക്കുകയും ചെയ്തവനുവേണ്ടി ജീവിക്കേണ്ടതിനാണ് അവിടുന്ന് എല്ലാവർക്കുംവേണ്ടി മരിച്ചത്. അതിനാൽ, ഇപ്പോൾ മുതൽ ഞങ്ങൾ ആരെയും മാനൂഷികമായ കാഴ്ചപ്പാടിൽ വീക്ഷിക്കുന്നില്ല. ഒരിക്കൽ ഞങ്ങൾ മാനൂഷികമായ കാഴ്ചപ്പാടിൽ മിശിഹായെ വീക്ഷിച്ചിരുന്നെങ്കിലും ഇനിയൊരിക്കലും അങ്ങനെ ചെയ്യുകയില്ല. മിശിഹായിൽ ആയിരിക്കുന്നവൻ പുതിയ സൃഷ്ടിയാണ്. പഴയതു കടന്നുപോയി, ഇതാ, പുതിയതു വന്നുകഴിഞ്ഞു" (5,14-17).

പൗലോസ്ശ്ലീഹായുടെ ശുശ്രൂഷകളെ പ്രോത്സാഹിപ്പിക്കുന്നതും നിയന്ത്രിക്കുന്നതും മിശിഹായുടെ സ്നേഹമാണ്. മിശിഹായുടെ സ്നേഹമെന്നത് രണ്ടു വിധത്തിൽ മനസ്സിലാക്കാം: ശ്ലീഹായ്ക്ക് മിശിഹാ യോടുള്ള സ്നേഹം, അല്ലെങ്കിൽ മിശിഹായ്ക്ക് പൗലോസിനോടുള്ള സ്നേഹം. ഇവയിൽ രണ്ടാമത്തേ താണ് കൂടുതൽ അർത്ഥവത്തായത്. മിശിഹായുടെ രക്ഷാകരമായ മരണത്തിലൂടെ പ്രകടമാക്കപ്പെട്ട സ്നേഹ മാണ് ഇവിടെ സൂചിപ്പിക്കുന്നത്. മനുഷ്യകുലം മുഴുവനുംവേണ്ടി സ്വയം ബലിയായ മിശിഹായുടെ സ്നേഹ മാണ് സുവിശേഷപ്രഘോഷണത്തിന് ഓരോരുത്തരെയും നിർബന്ധിക്കുന്നത്. ചുരുക്കത്തിൽ രണ്ടു കാര ണങ്ങളാണ് തന്റെ ശ്ലൈഹികശുശ്രൂഷയുടെ പ്രേരകശക്തികളായി പൗലോസ്ശ്ലീഹാ കണ്ടെത്തുന്നത്. ഒദവ ഭയവും മിശിഹായുടെ സ്നേഹവും.

"ഒരുവൻ എല്ലാവർക്കുംവേണ്ടി മരിച്ചു; അതിനാൽ എല്ലാവരും മരിച്ചു" (5,14) എന്നതിൽ പുതിയ സൃഷ്ടിയുടെ ആരംഭം പൗലോസ്ശ്ലീഹാ കണ്ടെത്തുന്നു. പഴയ സൃഷ്ടി കടന്നുപോയി. ഇനിമേൽ മിശിഹാ യോടുകൂടിയ ജീവിതമേ ഈ ലോകത്തിലുള്ളൂ. മിശിഹായുടെ ആത്മബലിക്കനുസൃതമായി നാമോരോരു ത്തരും ഇനിമേൽ മിശിഹായ്ക്കുവേണ്ടി ജീവിക്കണം (5,15). മിശിഹായുടെ രക്ഷാകരമായ മരണം നാം നമ്മെയും മറ്റുള്ളവരെയും എപ്രകാരം കാണണം എന്നു ബോദ്ധ്യപ്പെടുത്തുന്നു. എല്ലാവരെയും സ്നേഹിച്ച തുകൊണ്ടാണ് മിശിഹാ എല്ലാവർക്കുംവേണ്ടി മരിച്ചത്. ഈ സ്നേഹം ഉൾക്കൊണ്ടുകൊണ്ടാണ് 'ഇനി ഞങ്ങൾ ആരെയും മാനുഷികമായ കാഴ്ചപ്പാടിൽ വിക്ഷിക്കുന്നില്ല' എന്ന് ശ്ലീഹാ പറയുന്നത്. മിശിഹാ യുടെ സ്നേഹം ഉൾക്കൊണ്ട് എല്ലാവർക്കും സ്നേഹശുശ്രൂഷ ചെയ്യുവാൻ അജപാലകർ ശ്രദ്ധിക്കണം.

5. അനുരഞ്ജനത്തിന്റെ ശുശ്രൂഷ

"ഞങ്ങളെ മിശിഹാവഴി തന്നോടു രമ്യതപ്പെടുത്തുകയും രമ്യതയുടെ ശുശ്രൂഷ ഞങ്ങൾക്കു നൽകുകയും ചെയ്ത ദൈവത്തിൽനിന്നാണ് ഇവയെല്ലാം. അതായത്, ദൈവം മനുഷ്യരുടെ തെറ്റുകൾ അവർക്കെതിരായി പരിഗണിക്കാതെ രമ്യതയുടെ സന്ദേശം ഞങ്ങളെ ഭരമേൽപിച്ചുകൊണ്ട് മിശിഹാവഴി ലോകത്തെ തന്നോടു രമ്യതപ്പെടുത്തുകയായിരുന്നു. ഞങ്ങൾ മിശിഹായുടെ സ്ഥാനപതികളാണ്. ഞങ്ങൾവഴി ദൈവം നിങ്ങളോട് അട്യർഥിക്കുന്നു: നിങ്ങൾ ദൈവത്തോടു രമ്യതപ്പെടുവിൽ. ഇതാണ് മിശിഹായുടെ നാമത്തിൽ ഞങ്ങൾ നിങ്ങളോട് അപേക്ഷിക്കുന്നത്. എന്തെന്നാൽ, അവനിൽ നാമെല്ലാവരും ദൈവത്തിന്റെ നീതിയാകേണ്ടതിന്, പാപം അറിയാത്തവനെ ദൈവം നമുക്കുവേണ്ടി പാപമാക്കി" (5,18-21).

'ഒരിക്കൽ ഞങ്ങൾ മാനുഷികമായ കാഴ്ചപ്പാടിൽ മിശിഹായെ വീക്ഷിച്ചിരുന്നു' എന്നത് പൗലോസ്ശ്ലീ ഹായുടെ മുൻകാല ജീവിതത്തെക്കുറിച്ചുള്ള സൂചനയാണ്. പക്ഷേ, അതു തെറ്റായിരുന്നുവെന്ന് ദൈവം തന്നെ പൗലോസിനു വെളിപ്പെടുത്തി. ഈശോയാണു മിശിഹാ എന്ന തിരിച്ചറിവ് പൗലോസിന്റെ ജീവി തത്തെ സമൂലമായി മാറ്റി മറിച്ചു. ആദിമനുഷ്യന്റെ പതനത്തോടെ ലോകം ദൈവത്തിൽനിന്നു വേർപിരി ഞ്ഞു. ദൈവപദ്ധതി പ്രകാരംതന്നെ മിശിഹായുടെ അനുസരണത്തിലൂടെ ഈ അകൽച്ച ഇല്ലാതാകുകയും പുതുസൂഷ്ടി ആരംഭിക്കുകയും ചെയ്തു. ആകയാൽ ദൈവവുമായുള്ള അനുരഞ്ജനം സാധ്യമായി. ഇതെല്ലാം ദൈവികപ്രവൃത്തിയാണ് (5,20). മനുഷ്യവർഗം തകർത്തുകളഞ്ഞ ബന്ധം പുനഃസ്ഥാപിക്കാൻ ദൈവംതന്നെ മുൻകൈയെടുക്കുന്നു. അത്തരത്തിൽ പൂർണമായ അനുരഞ്ജനം സാധ്യമായി. പുതിയ സൃഷ്ടിയായി തീരു ന്നതിലൂടെ മിശിഹായിൽ ആയിരിക്കുന്ന ഓരോരുത്തരും അനുരഞ്ജനത്തിന്റെ ഈ ശുശ്രൂഷയ്ക്ക് നിയു ക്തരാകുന്നു.

മിശിഹായിലൂടെ യാഥാർത്ഥ്യമായ രക്ഷാകര പദ്ധതിയുടെ സമൃക്കായ പ്രഖ്യാപനത്തോടെയാണ് പൗലോസ്ശ്ലീഹാ ഈ ഭാഗം അവസാനിപ്പിച്ചിരിക്കുന്നത് (5,21). 'പാപം അറിയാത്തവനെ ദൈവം നമുക്കു വേണ്ടി പാപമാക്കി മാറ്റി' എന്ന വാക്യം അതാണു സൂചിപ്പിക്കുന്നത്. ദൈവം തന്റെ പ്രിയപുത്രനെ ഒരു പാപിയെ എന്നവണ്ണം വേദന നിറഞ്ഞ കുരിശുമരണത്തിന് ഏല്പിച്ചുകൊടുത്തു. ഏശയ്യാപ്രവാചകന്റെ പുസ്തകത്തിൽ സഹനദാസനെക്കുറിച്ചു പറയുന്നിടത്ത് ഈ സൂചനകളുണ്ട് (ഏശ 42,1-4; 49,1–6; 50,4–11; 52,13–53,12). മിശിഹായിലൂടെ പാപത്തിന്റെ അകൽച്ചകളെ ദൈവം ഇല്ലാതാക്കി. ഏകശരീരമെന്നോണം ഈ താദാത്മ്യപ്പെടലാണ് പൗലോസ്ശ്ലീഹായുടെ അജപാലനശുശ്രൂഷയുടെയും ശ്ലൈഹികസ്ഥാനത്തിന്റെയും അടിസ്ഥാനം. ഇതുതന്നെയാണ് കോറിന്തോസുകാരോടുള്ള അദ്ദേഹത്തിന്റെ ഉപദേശങ്ങളുടെ ആധികാരി കതയ്ക്കു കാരണവും. ഇപ്രകാരം അനുരഞ്ജനത്തിന്റെ ശുശ്രൂഷയുടെ സ്വഭാവമുൾക്കൊണ്ട് തങ്ങളുടെ ശുശ്രൂഷ നിർവഹിക്കുവാൻ അജപാലകർ പ്രത്യേകം ശ്രദ്ധിക്കണം.

ജീവിതസൂചിക

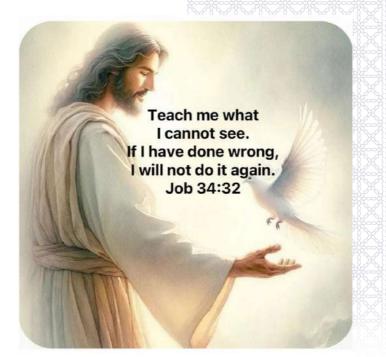
1. മാമോദീസായിലൂടെ മിശിഹായെ ധരിക്കുന്ന എല്ലാവരും അവിടുത്തെ മരണത്തിലും ഉത്ഥാനത്തിലും പങ്കുചേർന്ന് നിതൃതയിലേക്കു യാത്ര ചെയ്യുന്നവരാണെന്ന് ഞാൻ ജനങ്ങളെ പഠിപ്പിക്കുന്നുണ്ടോ?

2. ക്രിസ്തീയജീവിതത്തിന്റെ അന്ത്യാത്മക സ്വഭാവത്തെപ്പറ്റി ഞാൻ അജഗണങ്ങളെ എപ്രകാരം ബോധ വൽക്കരിക്കുന്നു?

3. മാനുഷികമായ പ്രതികരണങ്ങളെക്കാളുപരി കർത്താവിലുള്ള വിശ്വാസത്തോടും പ്രത്യാശയോടും കുടി സുവിശേഷപ്രഘോഷണം നടത്താൻ ഞാൻ ശ്രദ്ധിക്കുന്നുണ്ടോ?

4. മിശിഹായുടെ സ്നേഹം ഉൾക്കൊണ്ട് എല്ലാവർക്കും സ്നേഹശുശ്രൂഷ ചെയ്യുവാൻ ഞാൻ എങ്ങ നെയെല്ലാം പരിശ്രമിക്കുന്നു?

5. എന്റെ അജപാലനശുശ്രൂഷ അനുരഞ്ജനശുശ്രൂഷയുടെ സ്വഭാവമുൾക്കൊള്ളുന്നുണ്ടോ?



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News From Departments

DEPARTMENT OF CATECHESIS

As we begin this new year, we are filled with profound gratitude for the many blessings we have received and for the milestones we have achieved in our journey of faith. Below are a few updates on the Catechism Exams, Updates from Mission Catechesis, and the Diploma in Theology program within the Department of Catechesis.

Catechism Exam Eparchy-Wide: Updates

On January 12, 2025, the Catechism Exams for the first term were successfully conducted across all parishes and through an online modality. A total of 5000 in-person students and 410 online students participated across 13 provinces, with the support of over 600 catechists, associates, and supporting teachers, ensuring the smooth execution of this vital process. We are deeply grateful to all who contributed to this success. Grade 12 students who achieve 90% or higher are eligible for the Kevin Shaw Memorial Scholarship. Their answer sheets and projects will be carefully reviewed by the eparchial team at a later stage. We kindly request that all submitted work be given due attention and consideration.

Mission Catechesis Updates

Mission Catechesis continues to make a profound impact across Canada, reaching faithful from coast to coast with 410 students and 48 teachers actively participating in our bringing Catechesis to those in remote locations. We strive to ensure that no one is left behind in their spiritual formation, regardless of their location.

In addition to our regular catechism classes, we organize Activity Days on the second and fourth Saturdays of each month. These days are filled with fun, educational activities that nurture the students' faith and foster a strong sense of community. Our Sacramental Preparation Classes began on January 11, 2025, and will continue until the end of May. These classes are held twice a month, with the dedicated support of priests, nuns, and catechists, ensuring that our students receive comprehensive training in their sacramental life.

This past Christmas, we celebrated with a festive gathering, which included a Christmas Celebration and a heartfelt send-off to Fr. Augustine Kallumkatharayil, whose leadership has been instrumental in the growth of Mission Catechesis. The event saw tremendous participation, and we were blessed to have Fr. Joyal from Montreal deliver the Christmas message, bringing a message of hope and joy to all involved.

One of the most inspiring moments of this season was the Unceasing Grace Bible Reading, held from December 27-31. We extend our sincere thanks to the 48 families who participated without pause, committing to read the Sacred Scriptures together as a family. Their unwavering dedication to immersing themselves in God's Word was truly inspiring. What made this event even more touching was the participation of families from remote locations across Canada who joined in this spiritually enriching activity despite the geographical challenges. Their involvement was a powerful witness to the unity of our Church and our shared commitment to deepening our relationship with the Word of God. This initiative not only strengthened familial bonds but also helped unite our faith community across vast distances, reminding us of the power of Scripture to bring us together in Christ.

Diploma in Theology: Key Updates

The Diploma in Theology program, which began in 2023, is approaching its conclusion. To date, we have successfully delivered

20 classes, and only four more sessions remain. We express our heartfelt thanks to all the participants for their unwavering commitment and active engagement throughout this enriching theological journey.

Upcoming Classes

- Syro Malabar Qurbana, Resource Person: Rev. Dr. Pauly Maniyattu, Date: February 15, 2025.
- Letters to Hebrews, Resource Persons: Rev. Dr. Thomas Vadakkel, , Dates: March 15, 2025
- Laity in the Church, Resource Persons: Prof. Dr. Aniyankunju, Date: April 19, 2025
- Introduction to Catechesis, Resource Person: Rev. Dr. Varghese Kochuparambil, Date: May 17, 2025

To support those who may have missed submitting assignments, we are extending the deadline for submission until February 28, 2025. Kindly refer to the submission guidelines on Google Classroom for further instructions.

VOCATION BUREAU

On 2 & 3 January 2025, our Eparchy conducted its first ever vocation camp for girls at the St. Alphonsa Cathedral, Mississauga. A total of 19 girls participated in this camp and most of the participants were from the St. Thomas Forane Church, Scarborough and St. Alphonsa Cathedral, Mississauga. The camp

which was organized by the Vocations Bureau of the Eparchy of Mississauga was coordinated by the sisters from the CHF, CMC & AO Convents. The girls had a great time listening to the talks, playing games, interacting with each other, cooking and above all, praying and discerning about



their call to become a bride of Christ.

JESUS KIDS

Let the children come to me and do not stop them, for the kingdom of God belongs to them. (Luke 18:16)



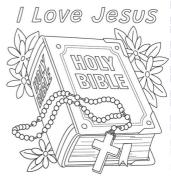


Monthly Planner February- 2025

1. The Word of God	: Mathew 1:15
2.Theme	: The Gospel of the Lord
3.The Message	: Believe in the Holy Gospel
4. Study	: Our Father in Heaven
5.Work	: Coloring the picture below

The Saint of the Month : Our Lady of Lourdes

NB: (1) There are few more parishes still to give the names of the Animators, so please give the names by this month. Please send the Names and Phone numbers to Animator Sister (+1 (437) 425 4722).



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Ongoing Wellness Clinics:

Empowering Older Adults to Embrace Healthy Living Routine

ISSSAC

The Wellness Clinics organized by ISSSAC at its Toronto Regional Centre provide older adults with a platform to understand and address the challenges they face as they age. These clinics equip participants with practical tips and proven strategies to enhance their quality of life.

The latest clinic, held in January, focused on **Managing Physical Wellness for Quality of Life** and was presented by **Dr. Thomas George** from Unity Health Toronto. The session was highly impactful, offering practical strategies for maintaining health



through a balanced approach to fitness, nutrition, and regular health check-ups. Dr. George provided actionable tips to help seniors stay active and prevent common age-related issues, making the information accessible and engaging.

Participants actively engaged in the session, asking thoughtful questions about integrating these wellness practices into their daily routines. Many attendees were motivated to prioritize their physical well-being and requested periodic follow-ups to reinforce and expand on the insights shared.

Upcoming Wellness Clinics

Upcoming clinics are designed to provide seniors with the tools they need to lead healthier, more fulfilling lives. Highlights include:

Managing Medication Prudently for Optimizing Health: A

pharmacist will guide participants on safe and effective medication management.

FIRST STEPS PROGRAM

ISSSAC is happy to announce the upcoming 'First Steps Program', designed to assist newcomers and recently immigrated families in adapting to life in Canada and thriving in their new environment.

What makes this program unique is its emphasis on providing **culturally appropriate and inclusive services** that foster meaningful connections and a strong sense of belonging within the community.

ISSSAC Welcome Centre will initially offer:

Regular Support Sessions: Tailored to address the specific needs of newcomers and their families.

System Navigation Assistance: Helping participants understand and access essential services and resources.

Spiritual and Emotional Support: Providing a safe space for families to address their emotional and spiritual needs.

PastoralCareandguidance.Connectingparticipants to relevant servicesandresourcesandguidancefor accessingpastoralcare.

The **First Steps Program** aims to empower families, ensuring they feel supported and equipped to embrace their new chapter in Canada.



FAMILY APOSTOLATE

Marriage Preparations Course (January 2025)

The Family Apostolate of Eparchy of Mississauga conducted the Marriage Preparation Course from Jan 11 to 13, with a total of 44 enthusiastic participants. The course was designed to provide essential knowledge and guidance for couples preparing for marriage, covering various important topics related to marital life.

The course featured an esteemed group of instructors from the MPC Teaching Staff, who delivered engaging sessions on different aspects of marriage and family life. Here is an overview of the topics covered and the respective instructors:

1. Sacramentality of Marriage (Fr. Baiju Chakkery): Fr. Baiju Chakkery provided insights into the sacramental nature of marriage, emphasizing its significance as a lifelong commitment.

2. Communication in Family Life (Mrs. Mary John): Mary John led sessions on effective communication within the family unit, imparting practical strategies to foster healthy dialogue and understanding.

3. Parenting (Santhosh Thomas & Sherin Santhosh: They shared valuable guidance on parenting, highlighting the importance of creating a nurturing and supportive environment for children.

4. The Spirituality of Family Life (Based on Sacrament and particularly Holy Mass, Prayer & Holy Bible) (Sr.Jyothy AO): conducted a session on the spirituality of family life, focusing on the significance of the Holy Mass in fostering unity and grace within the family unit.

5. Male and Female Psychology (Fr. Thomas Venmanthara): He delved into the unique psychological aspects of both males and females, providing participants with a deeper understanding of their partner's perspectives. 6. Sex in Family Life (Mr. Tony Chirayilkalam): addressed the topic of sex sensitively within the context of marriage, promoting intimacy, consent, and mutual respect.

7. Pregnancy and Responsible Parenthood (Mrs. Daisy Joseph Oledath): Mrs. Daisy Joseph Oledath shared essential information on pregnancy, childbirth, and responsible parenthood, equipping participants with the knowledge and skills required for a healthy and fulfilling family life.

8. Budgeting (Mr. Renjith Xavier): Mr. Renjith Xavier provided practical guidance on budgeting and financial planning, enabling couples to effectively manage their finances and achieve long-term financial stability.

9. Sexual Morality (Fr. Thomas Venmanthara): Fr. Thomas Venmanthara discussed the importance of sexual ethics and moral values within the context of marriage, emphasizing respect, fidelity, and mutual consent.

10. Canon Law Regarding Marriage and Family Life (Fr. Harold Jose): Father informed participants about the canonical aspects of marriage, helping them understand the teachings and guidelines of the Church.

11. Symbols and Their Meaning in the Syro-Malabar Marriage Rite (Fr. Thomas Venmanthara): Father explained the symbols and rituals within the Syro-Malabar Marriage Rite, enhancing participants' appreciation for the cultural and spiritual heritage of their traditions.

Participant feedback for the course was overwhelmingly positive. The attendees expressed their gratitude for the comprehensive content, expert instructors, and engaging delivery. The course provided them with valuable knowledge, skills, and insights to better navigate their journey into marriage and family life.

UP Coming Events:

1.Eucharistic Song singing contest

Each parish needs to conduct their own competitions and select two winners. The deadline is March 31,2025 to send the winners name to Mathruvedi of Eparchy using the following email. (mathruvedhiem@ gmail.com)



- 2. Songs must be in Malayalam. Mixing of languages is not permitted.
- No instruments, karaoke, or background
- music allowed,
 Participants must be registered members of their parishes.
- 5. Only individual entries are allowed
- (no duets or group performances)
- Each parish may submit a maximum of two entries.
- The song duration must not exceed 3 minutes.
- Entry videos must be recorded in landscape orientation and submitted in MP4 format via email : mathruvedhiem@gmail.com.
- Submission deadline to the Eparchy: MARCH 31, 2025
 FIRST PRIZE: \$ 101 SECOND PRIZE: \$ 51

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2.Marriage Preparation Course



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NEWS FROM PARISH Mississauga Forane

St. Alphonsa Cathedral Mississauga

ST. ALPHONSA CATHEDRAL MISSISSAUGA

Feast of Holy Innocents

On December 28; the Feast Day of Holy Innocents, there was a solemn Holy Qurbana celebrated at 9 am and following this, there were special prayers and sweets distributed for all infants.

Jubilee Celebration

There was a special celebration on December 29 to honor Sr. Prasanna Thattil and Sr. Pauline celebrating their 50th and 25th Years of Religious Profession respectively. On the same day, five couples celebrating their 25th Wedding Anniversaries were also felicitated



following the 8.30 am Holy Qurbana. The entire church community gathered to appreciate them on achieving this important milestone.

Vocation Camp

A Vocation Camp for girls was held at the St. Alphonsa Cathedral on 2 & 3 January 2025. A total of 19 girls participated

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in the camp, which was organized by the Vocation Bureau of the Eparchy of Mississauga. The camp was coordinated by our sisters from the CMC & CHF Congregation in Mississauga and AO Sisters from Scarborough.

SMYM National

The Giving Tree

On December 24, SMYM put up The Giving Tree—a tree full of presents for our parishioners. After the 7 pm and 10:30 pm Holy Qurbana, the presents were sold quickly, making the initiative a huge success! Each present was a delightful mix of treats, gifts, toys, and other surprises, which were greatly appreciated. Thank you to the dedicated team who worked tirelessly to make this





happen, and to our parishioners for their generous support and participation.

Memories & Milestones



On December 28, SMYM hosted our first-ever alumni reunion; Memories and Milestones! It was a heartwarming evening,

bringing together past graduates in a celebration full of cherished memories. Over 100 youth from various age groups attended, filling the room with joy and laughter. The evening featured an inspiring talk by Fr. Matt McCarthy, captivating dances and songs, fun games, "zero hour," and a DJ to conclude the night. A huge thank you to the entire team who worked for months to plan and execute this event—it was truly a labor of love. We look forward to hosting more reunions and welcoming many more youth back to our church community!

New Team:- The new SMYM National Team for the 2025-2026 year took their oath on Sunday, 19 January following the 8.30 am Holy Qurbana. The team consists of: General Coordinator – Daniel Mampilly, Spiritual Coordinators: Preethi Abraham & Jaejo Manjila, Social Media Coordinators: Riya Kokkat & Jacob Thomson, Finance Coordinator: Joel Alex, Office Secretary: Joel Tomy, Executive Members: Angeline Joseph, Alena Sunny, Josna Manesh, Kezia Biju & Christine Joseph. The two new animators who will be guiding them in this new term are: Smitha Varghese and Thomson Alappat.

On the same day, the church community also felicitated and gratefully remembered the works of the previous SMYM National Team and their animator who worked tirelessly and conducted numerous programs for our parish. Wishing the new team prayerful blessings as they take office.

SMYM International



lletin 2025

Youth Shine with Christmas Spirit: - The SMYM International youth of St. Alphonsa Cathedral Church demonstrated remarkable dedication and creativity this Christmas season by preparing a stunning crib and Christmas star. Led by a passionate group of youth—Joel Sebastian, Noel Sebastian, Athul Thomas, Dani Simon, Dominic Joseph, Amal John, Dona Dominic, Catherine Mary, Suraj Mathew, Sheethal Elizabeth, Abin Binu, Abhishek, Dayan Sebastian, Jisle Mariya, Divya Wilson, Thomas, Regina Mathew, and Sijo Joseph—their efforts resulted in an extraordinary nativity scene that warmly welcomed Baby Jesus. Despite their busy schedules, the youth united to create a heartfelt display, inspiring the parish community and spreading the true spirit of Christmas.

On Sunday, January 5, 2025, the youth gathered for their Christmas celebration, which commenced after the 5:00 PM Holy Qurbana. The event was graced by the presence of Fr. Francis Samuvel, Sr. Pauline, animator Regina Mathew, and executive members Dominic



Joseph, Jowin Shaiju, Suraj Mathew, Aby Joy, and Dona Dominic. During the official meeting, Catherine Mary was appointed as the new spiritual coordinator, succeeding Mereeta Mathew. MCs Catherine Mary and Caroline Mary led the evening, which featured exciting games with prizes, captivating group and solo performances, a lively dance by Catherine Mary and Dona Dominic, and a soulful song by Jowin Shaiju. The celebration concluded with a delicious dinner. The event was a joyous blend of faith, community, and celebration, showcasing the unity and enthusiasm of the SMYM International Youth.

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Jesus Kids, HCA, CML Associations Jesus Kids

Jesus Kids conducted a special session on 22 December 2024 during the regular catechism session. The order of the activity session was Jesus Kids prayers, talk on nativity by Tincy Biju for the morning session and Jeena Lalu for the afternoon session, nativity art work activity, Christmas themed action song and concluding prayer.



CML

Christmas is a season of giving and bringing joy and peace to others. In December, non-perishable food items were collected and donated to the needy in our community, as part of the food drive initiative organized by the CML members.

The CML members together with Grade 11 and 12 Catechism students visited an old age home on December 21, 2024 and experienced the true spirit of Christmas. Our students spent the time with the elderly, spreading the joy of the Christmas season by singing Christmas Carols, giving out the Christmas cards prepared by the CML members, and lovingly giving ears to them. It was truly a remarkable day of celebration filled with joy, love, and hope.

Catechism Department

"Do not be afraid of what God asks of you! It is worth saying 'yes' to God. In Him, we find joy!"— Pope St. John Paul II





Catechism Teacher's Meeting

On Saturday, December 28, 2024, the Catechism Teachers' Meeting took place at Kannampuzha Hall at 10:30 am. As we approached the joyous celebration of Baby Jesus' birth and prepared to step into the New Year 2025, this gathering served as an opportunity to express our gratitude to God Almighty for His abundant blessings throughout the year.

The meeting had key announcements and updates from the Catechism Department. Discussions covered important initiatives for the upcoming year and ideas to enhance the faith journey of our children and youth. After the meeting, everyone enjoyed a festive Christmas Lunch and exchange of gifts, which provided a chance for fun and fellowship among the Catechism Teachers and Youth Catechists. It served as a meaningful way to end the year, fostering unity and renewal in our shared mission to guide the younger generation in faith.

Catechism Mid-Term Exam

The Catechism Mid-Term Exams for all grades were conducted successfully on January 12, 2025. Exams were held in both morning and afternoon sessions. We extend our gratitude to the teachers and coordinators who organized the sessions and ensured smooth execution. Special thanks to the parents for their support in preparing the children for this important assessment. The midterm exam marks a key milestone in evaluating the progress of our students and guiding them further in their faith journey.



Nurses Ministry held a Christmas and New Year gathering on January 4, 2025. The event began with



a Holy Qurbana, followed by adoration and praise and worship. A total of 65 members participated. The fellowship started with a prayer led by our National Animator Sr. Josy Maria CMC, and was followed by a warm welcome from our Animator Sr. Mercy CHF. Our Parish priest Rev. Fr. Augustine Kallumkatharayil shared an inspirational message with the attendees. The presence of Rev. Fr. Francis Samuvel, along with all the CHF and CMC sisters, was also a great blessing for us. Members enjoyed various activities including games, singing, and a delightful election of snacks and lunch. It was truly a graceful and memorable family event.

Chain rosary was conducted on January 13 from 5.30 am to 6 pm. A total of 27 members offered rosary that day for the Catholic Church, for all our parish and nurses ministry intentions and also for all the souls of purgatory. A member continues to participate in adoration. Our monthly prayer tool for this month was Psalms. 30 dedicated members were offering Psalms for all our intentions.

SOF

Shepherds of Faith Directors Visit Niagara Falls Syro Malabar Church Niagara Falls, ON – January 12, 2025. In a heartwarming event, Shepherds of Faith directors Jolly Joseph, Reji Koovakkada, and Sabu George, along with Mississauga executive committee members Susan Dean and Indu Thomas, visited the Niagara Falls Syro Malabar Church to share insights about the Shepherds of Faith (SOF) movement. The gathering began with a Holy Qurbana celebrated by Fr. George Thuruthipilly, who offered a warm introduction to the SOF initiative, emphasizing its significance in the community. Following the Holy Qurbana, Jolly Joseph, the executive director of Shepherds of Faith, delivered an engaging presentation outlining the mission and positive impact of SOF across Canada. Joseph encouraged attendees to become channels of spiritual influence in the lives of others, highlighting how their support could transform communities. "By donating to Shepherds of Faith, we enable our fellow Syro Malabar brothers and sisters in remote townships to hear Holy Qurbana in Malayalam, receive sacraments, and help

their children learn catechism," he stated. The event was wellreceived and supported by the Kaikarans and other members of the Parish Council, creating a warm and welcoming atmosphere. Many attendees expressed interest in joining this important missionary movement, marking a promising step forward for the Shepherds of Faith initiative. As the community comes together to support this cause, the Shepherds of Faith continue to inspire and uplift those in need, fostering a spirit of unity and faith across Canada.

Legion of Mary

Our Lady of Mount Carmel praesidium of Legion of Mary at the St. Alphonsa Cathedral conducted the following activities for the month of January: The Legion prayers were held every Sunday after the 8.30 am Holy Qurbana and lasted for about one and a half hours. Our spiritual coordinator Rev. Sr. Rose Christy provided a short Allocutio - spiritual message - at each meeting and the members tried to follow and live the message each week. The members remembered to participate in the 3Cs (Conversion, Conservation, and Consolation) activities during the week as opportunity arise. The members conducted Pilgrim Virgin Mary statue visit to selected families (once in two weeks) and prayers were held at those families. The statue is currently at Nisha & Jimmy's house. Members attended the Mississauga Comitium meeting on January 23 at St. Patrick's Church Mississauga and our praesidium's monthly report was submitted.

Decennial Year Competitions:

We are delighted to share that the Parish Level Decennial Year Competitions were successfully held at our Cathedral on November 30th, 2024. Under the guidance of our Pastor, Rev. Fr. Augustine Kallumkatharayil, and the leadership of Mrs. Sharon Vince, our Decennial Year Coordinator, the event featured Storytelling and Speech competitions in English for participants from JK to Grade 12, as well as English & Malayalam for Youth ages 18-35.

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Evaluation Criteria

Content & Origin: Relevance to the topic, clear structure, biblical references.

Presentation: Greeting/introduction, memorization, verbal clarity, pace, and rhythm.

- 1. Expression & Style: Gestures, voice modulation, poise, and confidence.
- **2.** Conclusion: A thoughtful and effective closing.

We are incredibly proud of the hard work and dedication shown by all participants and their parents. The following winners will now represent our parish at the Forane Level Competitions:





Category 1: Storytelling - JK & SK 1st Prize: Krista Robert (SK Af) 2nd Prize: Steve Zacharias Renju (SK Af) Category 2: Storytelling - Grades 1-3 1st Prize: Sophia Cherian (Grade 3) 2nd Prize: Clare Ann Cinto (Grade 3) 2nd Prize: Clare Ann Cinto (Grade 2) Category 1: Speech - Grades 4-7 1st Prize: Sarah Elizabeth Mathew (Grade 7) 2nd Prize: Niya Sebastian (Grade 4) Category 2: Speech - Grades 8-12 1st Prize: Risamol Roy (Grade 12) 2nd Prize: Hannah Rachel Mathew (Grade 8) Youth: 18-35 Speech - English 1st Prize: Joice Ouseph 2nd Prize: Anat Antony To celebrate their achievements, all winners and participants were felicitated on Sunday, January 5th, 2025, after the morning and afternoon Masses. Let us continue to encourage our children and youth to grow in faith, talents, and community spirit. We extend our heartfelt gratitude to **Mrs. Sharon Vince**, the Decennial Year Coordinator, for her dedicated service and contributions toward organizing the **Speech Competition** held at **St. Alphonsa Cathedral**.

Christmas Crib Competition Winners:

We are delighted to announce the winners of the **Christmas Com-petition** conducted at the parish level. Congratulations to all for your incredible efforts and creativity!

1st - Sunil Kollamana & Family – St. Francis of Assisi Family Unit, Etobicoke

2nd - Sibi Wilson & Family – St. Claire Family Unit, Brampton

3rd - Sinoy Chirapanath & Family - St. Don Bosco Family Unit, Mississauga

3rd - Anish & Anu – St. George Family Unit, Brampton

Thank you for joyful celebra-spirit!











St. Alphonsa Parish, Cambridge

Mathruvedi Cake Bake Sale

Cambridge Parish's Mathruvedi's Christmas Cake Sale event held on December 15, 2024, was a great success! The team proudly sold 252 delicious cakes to the public, spreading festive cheer and making the holidav season even sweeter. community's The support was overwhelming, and its an inspiration to continue to come up with even more events in the future with the aim to support the purchase of Parish Mission House! A big thank you to the



amazing team of moms and the President, Mrs. Saritha Baby for all the effort put in!!

Christmas Caroling

On December 21st, the Carol teams from the St. Joseph and St. John Family units visited their members' home individually, spreading the joyful news of Jesus's birth. The day concluded with a grand joint celebration at the Holy Rosary Parish Auditorium in Guelph. This brought



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everyone together for a memorable gathering filled with Christmas songs and vibrant cultural performances by the children. Both Santas gave their



best to keep the Christmas spirit alive and make the celebration truly special!

The St. Antony's Family Unit in Brantford joyfully embraced the spirit of Christmas with a lively carol event that brought the community together in faith and celebration. The carolers made

their way through the homes within the unit, sharing the messages of love and peace through their melodious hymns. The festivities concluded in a cheerful party, filled with laughter and a strong sense of togetherness. A Secret Santa event was also organized for the children, filling their faces with surprise and joy as they exchanged gifts.



On December 21, 2024, the St. Mary's Family Unit, Cambridge hosted a heartwarming Christmas carol program that brought together 11 families for an evening filled with joy, creativity, and festive cheer. The event, which took place in the cozy church basement, began at 4:30 PM and continued until 9:30 PM, offering a beautiful blend of music, fellowship, and celebration.

The evening kicked off with uplifting carols sung by both children and adults, setting a joyful and spirited tone for the festivities. Another highlight was the shared warmth of fellowship over a delicious meal, provided for all participants. The church was alive with laughter and conversation as families savored the festive feast together. The children, in particular, reveled in the holiday atmosphere, enjoying chocolates as sweet tokens of the season.

The St. Thomas Unit in Cambridge spread holiday cheer on December 21, 2024, visiting 13 families with carols. Joyful singing, dancing, and the sharing



of both classic and new Christmas tunes filled each home. The event evoked warm memories for parents and created lasting ones for the children.

The celebration was made even more special when the St. Thomas Family Unit joined in with the St. Mary's Unit for the final round-up, strengthening further the sense of community togetherness. and The evening was truly memorable. capturing the essence of Christmas through song, creativity, and the joy of giving.

Despite the bitter cold, on December 21,



2024, nineteen families of the St. George Family Unit, Kitchener warmly welcomed Baby Jesus with deep devotion and reverence.

The carolers' enthusiasm never wavered as they joyfully proclaimed the arrival of our Saviour making the evening a beautiful reflection of the true spirit of Christmas. The air was filled with the lively sounds of drums, tambourines, and the laughter of children, adults, and youth dancing to the tune of melodious carols, truly capturing the essence of Christmas. The two Santas stole the show with their lively dance moves, bringing smiles and excitement to the children as they eagerly awaited their treats. The celebration concluded at our area representative's home, where we were treated to simple yet delicious pizzas and traditional unniyappam, as some of our faithful participants observed the 25 Nombu, a cherished Nasrani tradition before Christmas.

We appreciate the wonderful participation of our members to mark the festive cheer!

The St. Jude Family Unit in Waterloo celebrated the birth of our



Savior, Jesus Christ, with a traditional Syrian carol service, bringing the spirit of Kerala's festive celebrations to life. Members came together to visit families, sharing joy, happiness, and Christmas greetings, creating a sense of unity and warmth.

In true holiday spirit, carolers wearing festive Christmas hats danced alongside Santa, creating a lively and joyful atmosphere reminiscent of a traditional home carol celebration, even in this distant land. The carol service concluded with a heartfelt prayer and blessings from our pastor, Rev.Fr. Boby Joy, marking the perfect end to a memorable and meaningful celebration.

Crib Competitions

Alongside the Christmas caroling, another key highlight of the evening was the Christmas crib competition held at family unit level and further the first prize winners at the unit level competed at the Parish level. Several families participated, involving the kids of the families as well and showcasing their incredible creativity through beautifully crafted nativity scenes depicting the birth of Jesus and God's plan of salvation. The judges selected the respective winners for their exceptional craftsman spirit and meaningful representation of Nativity.

Following were the ward- wise winners:

St. John's Family Unit, Guelph

First Place: Charles and Salu's family

Second Place: Sumith and Alphy"s family

Third Place: Jistin and Dona's family

St. Antony's Family Unit, Brantford

First Place: Antony and Sindhu's family

Second Place: Seby and Preethi's family

Third Place: Jacob and family





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St. George's Family Unit, Kitchener

First Place: Alex and Roshini's family

Second Place: Joy and Leena Kuncheria's family

Third Place: Ebin and Athira's family

St. Mary's Family Unit, Cambridge

First Place: Devasiachen and Rani's family

Runners-Up: Joseph Devasia and Bridgit's family

St. Thomas's Family Unit, Cambridge

Place: First Noble and family

Second Place: Siju and family

Place: Third Jithin & family and **Rajesh & family**













St. Jude's Family Unit, Waterloo First Place: Anish and Jomini's family Second Place: Suneesh and Tintu's family

Parish Level Winners

First Place: Antony and Sindhu's family Second Place: Anish and Jomini's family

Congratulations to the winners at the family unit as well Parish levels for the impressive displays and for utilizing their God given talents!! The parish level

winners were recognized at the Church soon after Qurbana by our pastor, Rev. Fr. Boby Joy while the family unit winners were awarded at the respective ward gatherings. Kudos to everyone for their enthusiastic participation!

Christmas Holy Qurbana:

The Christmas Night Holy Ourbana was held at the St. Faustina Svro-Malabar Holy Ourbana Centre. Kitchener. Rev. Fr. Boby Joy was the





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main celebrant. A large number of faithful gathered to celebrate the birth of our Savior greeting each other after the Holy Qurbana. Our choir led by Mr. Amal George and team as always, added to the devotion during the Holy Qurbana followed by filling the church with harmonious carols as the faithful came to adore baby Jesus. The crib assembled by Devasiachen and Rani was very impressive and creative!! The altar servers showed their willing to serve the Lord as always. The trustees, PC members, volunteers, helped set up everything in a short span of time and helped put things away as well soon after the Holy Qurbana.

Parish Night:

Our Parish is at its planning and preparation stage for the forthcoming Parish Night event planned for March 1, 2025. Rev. Fr. Boby Joy, the Trustees, the PC members, General Coordinator, Cultural coordinators and Social coordinators of the respective wards are putting every effort to make it successful.

News from the Catechism Department:

Eucharistic Year Contests:

The Eucharistic year contests were conducted at St. Alphonsa Syro-Malabar Catholic Parish, Cambridge for kids from Grade# JK to 12 and adults. We had 40+ kids participating in the competition. Story telling competition for JK through Grade 3 and Speech competition for Grades 4 through 12. The contests were spread across two weeks. Thanks to the respective judges, Mrs. Reshmi (Listowel Parish Principal) and youth associates: Mr. Aquinas, Mr. Joseph and Ms. Namitha for evaluating these kids during these two weeks. Thanks to Rev.Fr. Boby Joy, parish council members, teachers, parents and all the kids in successfully completing the competition at Parish level. Many thanks to Principal Edwin and teacher incharge, Mrs. Athira Mathew for running these contests. Special thanks to Mr. Sijo Jose for assisting with setting up the logistics during these two days. The meaningful ways of presentations by kids aligning with personal experiences related to Holy Eucharist were truly enriching!

Grade JK & SK: Story Telling Competition

Winners



t. Alphonsa Syro-Malabar Catholic Parish, Cambridge



Grade 1 - 3: Story Telling Competition

Winners

Grade 4 - 7: Speech Competition

Winners

Grade 8 - 12: Speech Competition

Winners

Judges appreciated by Mrs. Aathira Mathew and Mrs. Tintu Suneesh.

PTA Meeting

In our first PTA meeting held on December 1, 2024, Rev. Fr. Francis Akkarapattiakkal from Mississauga shared several valuable tips on how to instruct, guide and safeguard our kids in today's culture. He also highlighted the responsibilities of the parents and how they can be a good role model for the kids to follow.

Our pastor, Rev. Fr. Boby Joy explained the importance of the Mission House Project followed by one of our Finance Committee members, Mr. Nelson Mathew providing a detailed plan to create funds for the project and its benefits to all the parents, teachers and kids who attended the meeting.



Mid Term Exam for Catechism Students:

The teachers and students of our Catechesis have worked diligently to complete the syllabus, review lessons, and finish

assignments in preparation for mid-term the Many exam. thanks to Rev. Fr. Boby Joy, the principal, vice principal, all the teachers, supply teachers, parents, PTA members.



trustees, and volunteers, for their incredible support in helping to successfully complete the first term exam as scheduled on January 12, 2025. More than 200 kids attempted the exam with minimal absenteeism due to sickness or travel plans. Retest is planned for the absentees once they are back to class.

Kevin Sha Memorial Scholarship: 2023-24

Christina Nelson, a Grade 12 student from St. Alphonsa Syro-Malabar Catholic Parish in Cambridge, was one of the recipients of the Kevin Sha Memorial Scholarship for the academic year 2023-24. Christina graduated with an impressive 94% completing after two semesters, each including exams, projects, internal assignments, and external assessments.

We extend our heartfelt appreciation to Christina, her parents Mr. Nelson Mathew and Mrs. Seena Nelson Mathew, her Grade 12 teacher Mrs. Maymol



Johnson, and all the teachers who have supported and guided her throughout her faith journey. Christina's unwavering dedication to her studies, coupled with her commitment to serving the Lord, makes her a good role model. She has served as an Altar Server, Youth Associate and has supported various parish activities, including emceeing at various events. We are so proud of you, Christina!!

We wish Christina all the best in her future endeavors and are confident that she will continue to achieve great success while inspiring others along the way growing in faith.

News from PAC:

Food Drive for International Students:

On December 8, 2024, the CML of St. Alphonsa Syro-Malabar Catholic Parish in Cambridge organized a meaningful non-perishable food drive for international students during the catechism class. Students were encouraged to bring food items of their choice to support this noble cause, fostering the Christian virtue of charity in our children. The initiative emphasized that charity is not just an option but an integral part of Christian life.

This event was spearheaded by Mrs. Anna Akhil Puthussery, CML in-charge, with valuable support from our Youth Associates, Ms. Christina Nelson and Ms. Leah Alex. On the day of the drive, the organizers visited each classroom to collect the generous donations. The overwhelming cooperation and generosity demonstrated by the students were deeply appreciated.

The donated items were initially stored in the church and later transported to the St. Faustina Syro-Malabar Holy Qurbana Centre, where weekly Holy Mass is held for international students. The donations were entrusted to Mr. Dibin Paul, one of our dedicated volunteers, and his team, who ensured that the items were properly distributed to those in need. Within three weeks, the team successfully delivered the donations to eligible recipients.

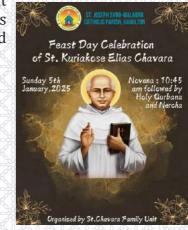
We extend our heartfelt gratitude to our Lord Jesus Christ for blessing this initiative and guiding its success. Praise be to Christ. Amen.





Feast of St. Kuriakose Elias Chavara

The feast of our beloved saint was celebrated by the family unit in his name on 5th January 2025 at our Sacred Heart Church.









Parish Council and Catechism Teachers Christmas Celebration

In the New Year, the Parish Council and Catechism teachers got together and celebrated the spirit of Christmas with a potluck dinner and with secret Santa gifts exchange. It was joyful occasion where everyone thanked the Lord for the blessings in 2024 and welcomed new year 2025.



Nurses Ministry Gathering

On 2nd January 2025, the Nurses Ministry celebrated Christmas and thanked the Lord for all the blessings.



SCARBOROUGH FORANE

ST. THOMAS FORANE Parish, Scarborough

New Year: A Time for Revival

As temperatures drop and winter sets in, our parishioners are reminded of the warm reverberations of cherished memories. This year

marks a special milestone as we celebrate Ten years anniversary of the consecration of our parish Church, the first one in the Eparchy of Mississauga on January 2, 2016, alongside the Decennial of the Eparchy itself. These significant occasions invite us to reflect on our journey and renew our commitment to faith and community.

We began the New Year with the traditional midnight Mass, following a thanksgiving adoration, continuing a cherished parish custom.

Anniversary of Ordination

Parishioners greeted Rev. Fr. Baju Chakkery, Pastor on the 31st Anniversary of his Ordination to Holy Priesthood and Fr. Shijo Karickal, Assoc. Pastor on his17th Anniversary as a priest. Trustees Saji Thomas and Veena Louis presented bouquets and the community offered prayers to both.





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Feast of Epiphany (Denha):

The Denha feast was observed on January 6th Monday, as a day of obligation in the Church, and a large number of parishioners joined the Holy Masses.

Feast of St. Kuriakkose Elias Chavara was celebrated on Friday; January 3 and the Feast of St. Sebastian was celebrated on January 20 under the aegis of respective family units.

Parish Council Meeting Highlights

10th Anniversary of the Church-Commemorative Activities The Parish Council in its meeting on January 11, has proposed various of events to mark the 10th anniversary of the church's consecration. These activities are designed to involve all sections of the parish community, fostering unity and deepening spiritual growth. By engaging together in these meaningful events, we aim to strengthen bonds and pursue our collective journey with positivity and purpose.

Car Lottery Fundraiser

The Parish Council also resolved to intensify efforts over the next three months to promote the Car Raffle among all family units. This initiative aims to raise funds for the parish's ongoing programs and community projects. Parishioners are encouraged to actively participate in this campaign, ensuring its success while supporting the mission of our church. It helps us to work together, embrace the opportunities to grow in faith, celebrate our shared milestones, and continue building a vibrant,

spiritually enriched community.

Accolades for Prize Winners

Eparchial Decennial Contest winners: Parish appreciated winners of various competitions organized at the parish level as part of the Eparchial Decennial Celebrations.



Eparchy of Mississauga

Crib Making

Parish appreciated the winners of Christmas crib making contest organized for family unit members. Following winners were presented with mementoes in appreciation of their dedication. Best Crib: Rajesh and Dona, Second Best Crib by Nikhil and Sreekutty, and two special prizes for Lijo and Alji and Binil and Sini.

Best Vegetable Gardens

Francis Areeckal won accolades for the Best Vegetable garden, followed by Simi Smijo for the second-best garden. Paul Karintholil received special mention for his garden.

Participation in the Vocation Camp for Girls

Five young girls, including high school students and youth catechists from

our parish, enthusiastically participated in the Vocation Camp for Girls organized by the Eparchy in Mississauga during the first weekend of the New Year.

The camp was a spiritually enriching experience, guided by Fr. Francis Akkarapattiakkal, Sr. Jessy AO, and the Sisters from the CMC and Holy Family Congregations, both of which have a significant presence within the Eparchy.

This inspiring event provided the girls with an opportunity to reflect on their faith journey, explore their vocation, and deepen their understanding of their role in the Church

Catechism Corner

Mid-Year Exams

Students resumed classes after the Christmas break by starting with their mid-year exams, marking an important phase in their academic calendar.



Parent Education Session on Teen Parenting

On Sunday, January 19, a highly anticipated session on Teen Parenting was organized. Over 75 parents attended the session, which was led by Joseph Michael and Sindhu Michael from Mississauga. The session addressed both conventional and contemporary challenges faced by parents of teenagers, offering spiritually grounded and positive solutions.

Mrs. Alphonsa Varghese welcomed the speakers and attendees. Binoy

Sasthampadavil, President of the PTA, along with Albert Cyriac, Anu Thomas, and Biju Kannampuzha, Catechism Principal, coordinated the event successfully.

Teachers' Meeting

On January 25, catechists and associates gathered to review the delivery of classes and various support programs. The meeting identified areas for improvement and initiated steps to strengthen the support provided to students and parents. Plans for the upcoming Bible Arts Festival were also discussed and finalized during th



discussed and finalized during this meeting.

Preparation for Holy Communion

25 children enrolled to receive their Solemn Holy Communion on May 17 began their preparation classes on January 18. The classes, led by Sr. Jyothy and a dedicated team of catechists, will be held every Saturday until the children are fully prepared for this sacred milestone.



Pious Associations- CML Light & Shadows

The Holy Childhood and Jesus Kids associations celebrated Christmas with activities throughout the month.

Christmas, the celebration of God's ultimate gift—the birth of Jesus, the Christ child—began at our parish with a unique and heartfelt light-andshadow nativity skit presented by the Mission League. This Hallelujah Christmas Shadow Nativity Play beautifully combined simple visuals with touching lyrics, leaving a profound impact on everyone present.



Adding to the festive spirit, a gift raffle was organized by the Mission League team, which saw enthusiastic participation from parish members, filling the celebration with joy and excitement.

Children who attended Holy Mass every weekday during the Advent were recognized and felicitated for their devotion.

SMYM

SMYM Scarborough (International) held a meeting to review its recent activities, including the Christmas cake sale and its outcomes over the past months. The meeting also focused on initiating steps to strengthen its presence in ways that are meaningful and relevant to its members in the new year.

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On January 12, members celebrated their teamwork, exchanged

Christmas gifts and marked their collective success with a cakecutting ceremony.

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Additionally, an Adoration was organized on Sunday, January 26, after the 5.00 PM Holy Mass, led by Jismi Maria. This spiritual gathering provided an opportunity for members to present their plans and aspirations before the Lord Almighty and to draw divine inspiration and blessings for the year ahead.

Marriage Preparation Course (MPC): Three days long MPC organized on 11 to 13 January was attended by more than 40 youngsters who are preparing to enter the call to Family life.

Sr. Jyothy AO, Secretary of the Diocesan Family Apostolate coordinated the program with the help of parish volunteers from the beginning to the end.

Wellness Clinics of ISSSAC

Dr. Thomas George, Unity Health Toronto, who is also a parishioner led the Wellness clinic this month focused on 'Managing Physical Wellness for quality of life' organized by ISSSAC, the Social Service arm of the Eparchy of Mississauga, on January 18. Fr. Shijo Karickal welcomed Dr. Thomas and the older adults who attended the clinic.



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St. Joseph Parish, Oshawa

'Kunjupaithangalude Perunnal'

Our parish joyfully celebrated '*Kunjupaithangalude Perunnal*' on December 28th, following the 9:00 AM Holy Qurbana. Fr. Tenson Paul

gave a special blessing to all the children who attended the Holy Qurbana, making the occasion truly memorable for our little ones and their families.



New Extraordinary Ministers of Holy Communion Appointed

Our parish is blessed to welcome five Extra Ordinary Ministers of Holy Communion: Binoy Jacob, Denil Tharakan David, Joseph Vazhappanadiyil Mathew, Rony Augustine



Rarichen, and Antony Chirayilkalam. After completing their training, they received their certificates from Fr. Tenson Paul on January 22nd, following the 9:30 AM Holy Qurbana. These dedicated individuals will

now serve the parish community in upcoming Holy Qurbana, assisting in the distribution of the Holy Eucharist.

New Year Holy Qurbana

Our parish joyfully celebrated the New Year Holy Qurbana on December 31st at 10 PM. The evening began with a time of Adoration, followed by special prayers marking the end of the year and invoking blessings for the New Year. The Holy Qurbana, celebrated by Fr. Tenson Paul, was a spiritually enriching way for parishioners to welcome 2025 with gratitude and hope.

Eucharistic Year: 24-hour Eucharistic adoration

On January 4, our parish hosted the monthly 24-hour Eucharistic Adoration, providing parishioners with a sacred opportunity for individual prayer, reflection, and spiritual renewal.

Denha Celebration: Baptism of Jesus

On January 6th, our parish joyfully celebrated *Denha*, commemorating the Baptism of Jesus. The celebration began with the Holy Qurbana celebrated by Fr. Tenson Paul. Following the service, Ms. Jessy from the UK shared Word of God, her inspiring testimony about her personal experiences



and how to follow Jesus through life's hardships. Her heartfelt talk deeply resonated with the congregation, offering valuable insights into living a faith-driven life.

Parish Council Meeting

The Parish Council meeting was held last Sunday after the 5:00 PM Holy Qurbana. Various parish matters were discussed, including upcoming events and initiatives to strengthen our community. Fr. Tenson Paul led the meeting with active participation from all council members.

Mission Quest 2024

The fourth edition of Mission Quest was held on December 14, 2024, for the faithful of the Syro-Malabar Church. In the catechism student category, Lisa Rose Kiran from our parish secured the 2nd prize at the eparchy level. Congratulations to Lisa for her outstanding achievement!



Faithful Commitment Rewarded

Fr. Tenson Paul recognized and rewarded the children who

faithfully attended Holy Qurbana the throughout the summer break. This special appreciation encourages our young parishioners spiritually to stav connected and actively participate in the life of the Church. Their dedication is



truly commendable and serves as an inspiration to others in the community.

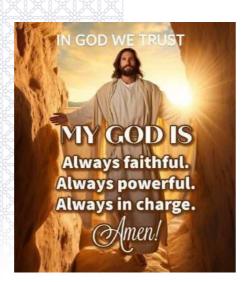
Parish Pothuyogam 2025

The Parish *Pothuyogam* was held on January 19, 2025, at 11:00 AM in the Parish Hall. The meeting was presided over by Fr. Tenson Paul and attended by parish council members, organization leaders, and parishioners.

The gathering served as a vital platform to review the parish's spiritual, financial, and community activities over the past year. Key discussions included the financial details of Harmony Nite and plans for building the church altar in the near future. Fr. Tenson Paul emphasized the importance of active participation from all members to further strengthen the parish's mission and vision. The meeting concluded with an open forum where parishioners shared their suggestions and feedback, fostering a spirit of unity and collaboration within the community.

Mass Schedule

HOLY MASS T	IMINGS
Monday, Tuesday, Thursday, Saturday	9.00 am
Wednesday, Friday	7.00 pm
Sunday	9.30 am, 11.00 am, 5.00 pm
Eucharistic Adoration:	5.
English Holy Mass for children:	
Confession: • Wednesday and Friday: 6 pm - 6.45 pr	n
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Parish New Year Celebration

Our parish started the New Year with Holy Qurbana and special prayers. Many parishioners came together to thank God and seek His blessings for the year ahead. It was a joyful and prayerful way to begin the year with hope and faith.

Catechism Exam



The catechism exams were successfully conducted on January 12, with full participation from all students. The smooth completion of exams reflects the hard work and commitment of both the students and their teachers.

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Celebration of Fr. Johney Kunnath Priestly Ordination

The parish community, along with the Nurses Ministry, joyfully celebrated the priestly ordination of Fr. Johney Kunnath with great enthusiasm and devotion. The event began with a solemn Holy Qurbana, where the faithful gathered to thank God for the gift of Fr. Johneys vocation.

Following the Eucharistic celebration, a felicitation ceremony was held, where Fr. Johnny was honored for his dedication and commitment to his priestly calling. Representatives from the Nurses Ministry, along with other parish groups, expressed their heartfelt







HOLY FAMILY Parish, Halifax, Nova Scotia

Parish Christmas Night Program: Gloria' 24

On the evening of December 28th, the St. Agnes Church parish hall was filled with festive cheer as the Holy Family Parish celebrated its night Christmas program, Gloria' 24. The event was a grand success, thanks to the collective efforts of all departments and participants. The program commenced with a warm welcome speech by Parish Trustee Vimal Joy, setting a positive tone for the evening. This was followed by the inauguration ceremony led by our parish priest, Fr. Daris Cherian. The ceremonial lighting of the lamp was performed by esteemed guests Rev. Fr. John Peechapilly, Fr. Eldoe Kakkaden, and Fr. Jojy James George, along with our program coordinator Sony and the Parish trustees.



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Christmas Carol Singing Competition by Family Units:

Parish Fundraising Activity: 50-50 Draw

During the Christmas night event, held on December 28th at St. Agnes Church parish hall, the parish conducted a 50-50 draw as part of the church wellness activities. This fundraising activity was a significant highlight of the evening. Parishioners eagerly participated in the draw, purchasing tickets and contributing to the cause. The excitement and anticipation built up as the draw progressed. The winner received half of the total amount collected from ticket sales. The remaining half of the funds went towards the parish's wellness activities and supporting the church's mission.



Year-End Prayers, New Year Holy Mass and Adoration

On the night of December 31st, the parish community gathered at Holy Family Church for a spiritually enriching evening of yearend prayers, New Year Holy Mass, and Adoration. The event was a profound experience for all parishioners, marking the transition

from the old year to the new with deep reflection and devotion.

Our Parish Priest, Fr. Daris's Feast Day and Ordination Anniversary

Fr. Daris Cherian, our beloved parish priest, is currently on vacation in India. Despite his absence, the Holy Family Parish took the opportunity to remember and honor him on January 20th, with the feast day of St. Sebastian, which is also the feast day of



essings on your Ordination

As you continue to pollow the example of the Lord with care and ompassion, may God bless you abundantly every day and especially on the Anniversary of your ordination. Congratulations!

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Fr. Daris. The parish extended warm wishes to Fr. Daris, expressing gratitude and appreciation for his dedicated service. In addition to celebrating his feast day, the parish also remembered and honored Fr. Daris's ordination anniversary on January 21st. Parishioners offered their heartfelt wishes and prayers, acknowledging the significant milestone in his spiritual journey and his unwavering commitment to the parish.

Holy Family School Of Catechism

Catechism First Term Examination

On January 12th, the Holy Family School of Catechism conducted its first term examination in the church basement. The event was a significant milestone for the students and teachers, marking the culmination of their hard work and dedication over the term. The examination process went smoothly, with God's grace guiding every step. Students arrived prepared and eager to demonstrate their knowledge and understanding of the catechism lessons. The teachers' guidance and encouragement played a crucial role in preparing the students for the examination.

Catechism Staff Meeting

The Holy Family school of catechism is set to hold a Catechism staff meeting at the end of January 2025. This meeting is an essential part of our ongoing efforts to enhance the quality of religious education and support the spiritual growth of our students. We will review the results of the recent assessments to understand the progress and areas of improvement for our students. The meeting will focus on the process of publishing report cards and also will discuss effective teaching strategies, addressing any challenges faced by students, and providing additional support where needed.

Mega Bible Quiz

The Holy Family School of Catechism is excited to announce the Mega Bible Quiz, scheduled to take place on February 9th. This event is designed for our catechism students and teachers, aiming to deepen their faith and knowledge of the Gospel of Luke through various engaging and exciting rounds. The event promises to be an enriching experience for all involved, fostering a deeper understanding of the Gospel and strengthening the spiritual bond within our community.

Mathruvedi

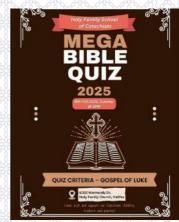
On Christmas eve, after Christmas holy mass, Mathruvedi hosted food feast at our church hall. Almost all mother Mathruvedhi members participated in

it and prepared various of food delicacies and all parishioners were actively participated . Fund raised through this food fest program by Mathuvedhi members donated to the parish.

On December 28, our parish organized Parish night called "Gloria 2024" as part of parish's Christmas and New Year celebrations, Mathruvedhi members were actively participated in it and electrified the stage by their mind-blowing kitchen dance performances.

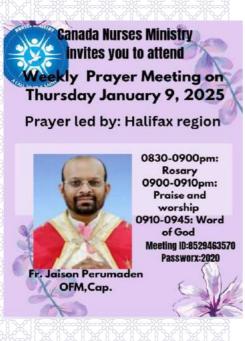
Nurses Ministry

We stepped into the new year 2025 with prayers and gratitude. The month of January started with our turn to lead the weekly prayer on Jan 9th with Rosary, praise and worship and word of God by Fr Jaison Perumaden OFM, Cap.





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The Feast Day and the ordination anniversary of our Director Rev. Fr Daris Cherian added extra spiritual touches to it. Nurses echoed their respect and reverence for Achan by wishing him and offered 600 Hail Marys as

a spiritual bouquet for Achan. During the weekly prayer meeting of 23th January Thursday prayerful greetings were offered to Fr. Daris. This was indeed a good start to a blessed year.

Pious Association for Children (Jesus Kids, HCA, CML)

Advent Activity and Presenting of gifts to Infant Jesus

Members of Jesus Kids, Holy childhood Association and Little flower Mission League actively participated in the advent activity to gather warm gifts for Infant Jesus. Children brought their gift bags earned from their sacrifices and prayers for baby Jesus to the altar for the Christmas vigil mass.

A Nativity Crib was arranged near to the Altar for baby Jesus and a Christmas tree which was decorated with Bible verse-Ornaments was a pure blissful view for the



children on the nativity Eve. The warm gifts that children brought were arranged around infant Jesus's Crib. Rev.Fr Daris Cherian offered children returns gifts from Jesus as a token of love for their hard earned gifts for our new born King. Children who took efforts to attend Masses during the season of advent were recognized under the titles of " Magus for Christ" and "Shepherds for Christ". It was incredibly fruitful to see the number of attendees in Holy Mass.

Monthly Association Session

Monthly Association sessions are planned on the topic: "Growing in Virtue of Chastity" as this is the need of the Hour.

SMYM Report

For the month of December, SMYM youth activities were centered around preparing for Christmas and making contributions Gloria to 2024, the Parish Christmas program. SMYM vouth coordinated and performed a cinematic dance program while also coordinating the Santa dance performed by SMYM juniors. SMYM youth participated actively in the event, with emcees being from SMYM as well.





Ave Maria Syro – Malabar Catholic Mission, Berwick, Nova Scotia

A Blessed Beginning to the New Year!

Christmas day recap

Pulkood Competition

The church conducted also Pulkood a competition, where many families showcased creativity their and devotion by crafting beautiful nativity



cribs. The winners were announced on Christmas Day, with prizes awarded to the top 4 families.

Christmas Day Celebrations



December 25th was a day filled with devotion and joy:

Holy Mass: With all the members of the church ,Father Daris celebrated the Christmas Holy Mass with great reverence and delivered an inspiring and heartfelt Christmas message.

Cultural Activities: After Mass, the catechism children presented various cultural programs, including dances, songs, skits, and a mime performance, delighting the congregation.

Fundraising Events: The church hosted a Cake Fest and Christmas Draws to raise funds for mission activities.

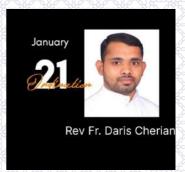
"Snehavirunnu": The celebrations concluded with a delicious Christmas lunch, bringing the entire parish together in the spirit of fellowship and love.

Additional Masses

Throughout December, the parish conducted three Holy Masses on December 2nd, 22nd, and 25th, enabling the faithful to deepen their spiritual preparation and celebration of the Christmas season.

January 2025

The month of January has been filled with joy, gratitude, and spiritual renewal for our Ave Maria Mission community. We began the year with our first Holy Mass of 2025 on January 5th, celebrated by our beloved pastor, Father Daris Cherian. His inspiring message reminded us to carry faith, hope, and love into this new year and to always trust in God's divine plans.



This January has been particularly special for our church family as we celebrate the wonderful blessings God has bestowed upon Father Daris and his family. Earlier this month, Father Daris traveled to Kerala, India, to join his family in the inauguration of their beautiful new house—a true gift from God. The house was blessed and inaugurated by His Excellency, Bishop Jose Kalluvelil, in a heartfelt ceremony.

On Monday, January 20th, we joyfully commemorated Father Daris's feast day and 21st, ordination day, with heartfelt prayers and well-wishes, shared online as he remains in India. On behalf of the entire Ave Maria Mission family, we sent our warmest congratulations and best wishes to Father Daris Cherian online. We thank God for blessing us with his leadership and unwavering commitment to our spiritual growth. May God continue to guide and strengthen him with wisdom, health, and grace as he faithfully serves in his ministry.

Wishing everyone a blessed and grace-filled January!

In Christ,

Ave Maria Mission, Berwick

Saint Andre Syro-Malabar Catholic Mission, Sydney, Nova Scotia

Christmas Holy Mass was celebrated in our Mission on 25 th of December by Rev Father Joby Augustin, Rev Father Sunny and Rev Father Silvichan.

Christmas tree competition winners



were selected based on the individual assessment by our Rev

Father's Joby, Sunny and Silvichan. Prizes were distributed for the best three trees after the Holy Mass

Carol Singing leading by Mr & Mrs Dinson and Jesus Youth members was performed after the Christmas Holy Mass.

Christmas cakes were distributed to our fellow mission members after the Holy Mass.

Next Holy Mass will be celebrated on 26th January at 4.30 p.m



St. Thomas Syro – Malabar Catholic Mission, Moncton, New Brunswick

The Holy Mass for Christmas and New Year was celebrated

with great devotion and joy, led by Fr. Daris Cherian. The combined celebration marked the beginning of a season filled with gratitude and hope for the coming year. Parishioners came together in large numbers to participate in the Holy Eucharist, which was solemnly



conducted, invoking blessings for the year ahead.



Following the Mass, a vibrant community gathering was held, fostering a sense of togetherness and unity. During the event, prizes were distributed for the winners of the decennial competitions, as well as for the beautifully crafted cribs and other creative crafts that showcased the talents of the community members and catechism students.



The Catechism children added a special touch to the occasion by performing melodious Christmas carols and expressing their heartfelt gratitude for the blessings they received throughout the year. Their performances were filled with innocence and joy, reminding everyone of the true spirit of Christmas and New Year.

The Catechism exams were successfully conducted, and new catechists joined the team of volunteers, bringing fresh energy and enthusiasm to the spiritual formation of the children.

St. John Syro Malabar Catholic Mission, Saint John, New Brunswick

Holy Mass

We warmly invite you to join us for the next Holy Mass, tentatively scheduled for Saturday, February 22, 2025, at 5 PM in Saint Rose Catholic Church. Let us come together as a community to celebrate this sacred occasion. All are welcome.

Lumina 2024 - Christmas Celebration

The Mission's Christmas Celebration, LUMINA 2024, took

place on December 28th and was a resounding success! Parishioners and their loved ones thoroughly enjoyed the vibrant traditional skits,



energetic dances, and lively cultural performances. A heartfelt thanks to all the coordinators, especially those who led the cultural programs, for their dedication and hard work in making this event so joyful and memorable. Your efforts



truly made LUMINA 2024 a special occasion! Additionally, a big thank you to all the parishioners and friends who brought delicious food. Everyone thoroughly enjoyed the generous spread, making the celebration even more enjoyable for all.

Nurses Ministry

On January 16th, the Nurses Ministry gathered at Saint Rose Catholic Church for their Monthly Meeting and Rosary. This gathering provided a wonderful opportunity for members to deepen their faith, connect with one another, and share in mutual encouragement. It was a beautiful occasion that fostered a spirit of unity and devotion, leaving everyone feeling inspired and uplifted.

SMYM

The crib created at Saint Rose Catholic Church by SMYM was truly beautiful, receiving abundant praise from visitors from other parishes. A heartfelt thank you all the parishioners who generously contributed and covered the expenses, making this remarkable effort possible!





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EDMONTON FORANE



ST. ALPHONSA FORANE CHURCH, EDMONTON

Stepping into a New Year

A year of opportunities and blessings awaits, along with the chance to embracing new challenges and possibilities. This is the hope and expectation as we step into the new year. It is also an opportunity to reflect on 2024, thanking God for the manifold blessings He showered upon us. Also to learn from the mistakes and make the corrects in the new year to become new persons or renewed persons in life to see things with a different eye.

Here in the church, we had adoration at 11PM to thank God for the year 2024 and blessings he gave. We had year ending prayers as well as new year prayers followed by new Year Holy Qurbana. A good number of people came to the church and thanked God with the Congregation.

First Friday

the On first Friday of the had month. we а special adoration following the Holy Qurbana at 6.30PM. Many parishioners participated in the adoration after



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the Holy Qurbana, and during this sacred time, several took the opportunity to receive the sacrament of Reconciliation.

Festive Symphony

On January 5th, we celebrated Christmas and the New Year under the theme *Festive Symphony*. The event began with the solemn Holy Qurbana at 3:30 PM, followed by cultural programs, a carol singing competition, and *Sneha Virunnu*.

cultural The programs included performances from various wards. and the carol singing competition featured five teams. The competition was especially intense. the mother among wards, showcasing their dedication and talent.





During the celebration, Fr. Jacob, the vicar, and the trustees gave a pleasant surprise by honoring Fr. Gijo on the occasion of his Ordination Anniversary. They arranged a cake and, along with the congregation, sang a heartfelt wishing song led by Fr. Jacob. Prizes were also distributed for the crib competition organized by the SMYM and for the winners of the carol singing competition. After enjoying the Sneha Virunnu, the gathering dispersed with hearts full of joy and gratitude.

Feast of St. Sebastian

On the 19th Sunday, we celebrated the feast of St. Sebastian with great devotion. At St. Alphonsa Church, the Thirunnal Qurbana was held at 10:00 AM, while at the St. Sebastian Qurbana Center, it was celebrated at 11:30 AM. Following the Qurbana, we conducted Ladeenju and the Novena. Both churches also provided the opportunity to take Kazhunnu. After the Novena, Nercha, lovingly prepared by the parishioners, was distributed to all.





St. Mother Theresa Parish, Calgary

St. Mother teresa church in calgary celebrates christmas and new year with great fervor

The St. Mother Teresa Church in Calgary recently conducted a series of joyful Christmas and New Year celebrations, bringing together the entire parish community.

The festivities began on December 14 and 21, with the Christmas carolling conducted by the family units. The parishioners participated in the Christmas carolling, spreading holiday cheer and warmth throughout the community.

Meanwhile, a team of dedicated volunteers, led by the parish council, worked tirelessly to prepare a beautiful crib at the church, setting the tone for the Christmas Holy Mass.

On Christmas Eve, the church was packed with parishioners who attended the special Holy Mass, which started at 8.30 PM and continued until after midnight. The ceremony included a procession after the Christmas birth rituals, which was participated by the faithful with great devotion. Rev. Fr Joseph Kizhakkedath gave a very meaningful Chrsitmas homily and wished each of the parishioners the blessings of Christmas.

Following the Holy Mass, prizes were distributed to children who had participated in the competitions as part of the Decennial Celebrations of the Eparchy. Fr Joseph congratulated all the children from the parish who participated in the competitions such as elocution, story telling, essay writing and poem writing. The children were thrilled to receive their awards, and their beaming faces added to the overall joy and festive atmosphere.

The celebration continued with the cutting and sharing

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of a Christmas cake among all the parishioners who attended the Mass. The sweet treat was a delightful way to cap off the evening's festivities.

The Pithruvedi team had also organized a fun-filled Christmas Tree Gifts picking and games session for the children. Around 250 varied gifts were pinned in the tree. The young ones eagerly participated in the games, their eyes shining with excitement as they collected their gifts from the tree.

The Christmas celebrations culminated on Sunday, December 29, with a special celebration for all parishioners after the 9 AM Holy Mass. Approximately 450 people attended the event, which featured cultural programs by Catechism children, carol singing by each family unit team and a delicious Christmas lunch.

As the year drew to a close, the parish community came together once again on New Year's Eve for a special celebration. The adoration of the Holy Eucharist began at 11 PM, followed by the Midnight Holy Mass. To keep the chill off, coffee and tea were arranged for everyone who attended the New Year Mass.

Rev. Fr. Joseph Kizhakkedath, the parish priest, took the opportunity to wish the parishioners a happy and blessed New Year. He offered his prayerful wishes to all, asking for God's guidance and protection in the year ahead. The parishioners were deeply touched by Fr. Kizhakkedath's heartfelt wishes, and the evening ended on a note of hope and renewal.

The St. Mother Teresa Church's Christmas and New Year celebrations were a resounding success, bringing together the community in a spirit of joy, love, and giving. The parish looks forward to many more such festive gatherings in the future.







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St. Mother Teresa Church

Holds Initiation Ceremony For First Holy Communion Candidates

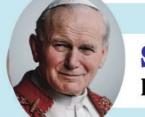
Calgary, AB - On January 19, St. Mother Teresa Church held a special initiation ceremony for children who will receive their First Holy Communion this year.

Rev. Fr. Joseph Kizhakkedath, the parish priest, blessed the children and presented each of them with a blessed medal to mark the occasion. The ceremony was a significant milestone for the young candidates, who are now officially embarked on their journey towards receiving the sacrament of First Holy Communion.

Preparation classes for the children are scheduled to commence soon, under the guidance of the parish's catechism team. The classes will provide the children with a deeper understanding of the sacrament and prepare them for the big day in July, when they will receive their First Holy Communion.



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ST. JOHN PAUL Parish, Regina

Christmas Cake Fundraiser Sale

Sunday, December 1, 2024

The **Christmas Cake Fundraiser Sale** began with the blessings of Rev. Fr. Jerlin Francis. Organized by **Mathruvedi**, this initiative was a testament to our parish's spirit of community and tradition.

Under the skilled guidance of our parish priest, Mathruvedi sourced fresh, premiumquality cakes for the parishioners. The selection included the traditional plum



cakes synonymous with Christmas, as well as other delightful varieties such as marble cakes, carrot cakes, and date cakes.

The response was truly heartwar-ming, with over 220 cakes sold through a combination of pre-orders and walk-in purchases. Parishioners expre-ssed their gratitude for the opportunity to savour the authentic flavours of the season, while Mathruvedi celebrated the success of this fundraiser with immense joy and thankfulness.

Raffle Ticket Inauguration

Tuesday, December 3, 2024 – The St. John Paul Parish marked the joyous inauguration of the Raffle Ticket Sale, a significant part of our Christmas festivities. The event was led by Rev. Fr. Jerlin Francis, alongside our dedicated parish council members and trustees. Their collective efforts set the tone for a successful initiative, with all proceeds aimed at supporting our community activities and future programs.



The ceremony was

a moment of unity and purpose, reflecting the spirit of giving that defines this holy season. Parishioners were excited to participate, eagerly purchasing tickets and contributing to this noble cause. The event also served as an opportunity for fellowship, as members of our parish came together to support this shared mission.

Priestly Ordination Day Celebration

Tuesday, December 3, 2024 – A day of double blessings for St. John Paul Parish as we celebrated the **Priestly Ordination Day** of our beloved parish priest, Rev. Fr. Jerlin Francis. The celebration began with a solemn **Holy Mass**, where parishioners gathered in prayer and thanksgiving for Father Jerlin's dedicated service to the church and community.

After the Mass, a joyful cake-cutting ceremony was held, with trustees, parish council members, and parishioners sharing in the festivities. The atmosphere was filled with warmth, gratitude, and heartfelt appreciation for our priest, who has been a guiding light for our spiritual growth.

This special occasion strengthened our bond as a community, reminding us



of the significance of priestly vocation and its impact on our faith journey.

Feast Celebration of the Immaculate Conception

December 9, 2024 – The Feast of the **Immaculate Conception** was celebrated with reverence and devotion. The day began with a special Mass, honoring the Blessed Virgin Mary and reflecting on her role in the salvation story.

Following the Mass, a Ladinj (traditional litany and hymn



session) brought the community together in prayerful harmony. The melodious hymns and heartfelt prayers created a serene and sacred atmosphere, fostering a deeper connection with our faith.

This feast day reminded us of the purity and grace of Mary, inspiring us to seek her intercession and emulate her virtues in our daily lives.

Christmas Carols Across the Units

Throughout the Christmas season,ourparish c o m m u n i t y united in joyous celebration with Christmas carols held in the St. John Paul Unit, Holy Family



Unit, and St. Mary's Unit. These events brought the spirit of the season to life, as parishioners gathered to sing hymns

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and carols that echoed the message of hope and love. Each unit witnessed heart-felt participation, with melodious voices



filling the air and creating a festive atmosphere that strengthened bonds within the community. The caroling sessions were not only a celebration of Christmas but also an opportunity to reflect on the unity and faith that bind us together during this sacred time of year.

Christmas 'O Holy Night' Celebration

Wednesday, December 25, 2024 - The highlight of our December celebrations was the **Christmas 'O Holy Night' Celebration**, which

brought together students, families, and teachers for an unforgettable evening of joy and togetherness.

The event featured avariety of cultural programs, including heartfelt



performances of Christmas carols, vibrant dances, and a beautifully enacted nativity play. Each performance reflected the dedication and talent of our students, who worked tirelessly to make the evening special.



A carol singing session led by our youth and students filled the air with festive cheer, as beloved hymns and Christmas songs echoed through the parish hall. The celebration fostered a deep sense of community and spiritual enrichment, reminding everyone of the true meaning of Christmas.

Throw Ball Competition by Knights of Columbus

December 26, 2024 - The Knights of Columbus hosted

an exciting **Throw Ball Competition**, a lively event that brought together the youth, ladies, and gents of our parish in the spirit of sportsmanship and community bonding.



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Held immediately after the Holy Qurbana, the competition was filled with energy, cheers, and enthusiastic participation. Teams showcased their skills, teamwork, and competitive spirit, making the event an unforgettable experience.

The Knights of Columbus deserve applause for organizing such a fun-filled activity that not only promoted physical fitness but also fostered camaraderie among parishioners. The free entry ensured inclusivity, allowing everyone to be a part of the joyous occasion.

New Year Mass and Year-End Prayers

The **New Year Mass** and **Year-End Prayers** brought our parish community together for a night of reflection, gratitude, and renewed hope as we bid farewell to 2024 and welcomed 2025.

The evening with Holy began Adoration at 9:30 PM, providing parishioners opportunity to an reflect on the blessings and challenges of the past year. This was followed by the Holy Ourbana at 10:00 PM. where heartfelt prayers





were offered for a prosperous and faith-filled New Year.

As the clock approached midnight, parishioners gathered for a lively **Countdown at 11:50 PM**, marking the beginning of 2025 with cheers, prayers, and a deep sense of community spirit. The event was a beautiful reminder of God's grace and guidance in our lives, inspiring us to step into the New Year with faith and optimism.

Knights of Columbus Crib and Outdoor Lighting Competition - Spreading Christmas Cheer Through Creativity and Light The Knights of Columbus brought festive cheer to the parish with the Crib and Outdoor Lighting Competition, showcasing parishioners' artistic talents and Christmas spirit. Nirmal Baby won

first place in the Crib Competition with a breathtaking nativity scene, followed by Sam Thomas and Dhanya James in second and third place. In the Outdoor Lighting Competition, Nithin

Jose Paul claimed first place with a vibrant display, while Saneesh Tom and Jubin Mathew secured second and third. This annual event united families, fostered community spirit, and made the Christmas season truly special.

St. Mary's Mission, Moose Jaw





A day of spiritual renewal and community bonding unfolded during the St. Mary's Mission in Moose Jaw, led by Rev. Fr. Jerlin Francis. The mission served as a time of reflection, prayer, and deepened faith, with parishioners gathering to participate in the enriching sessions. Fr. Jerlin's inspiring sermons and spiritual guidance resonated deeply, encouraging attendees to strengthen their relationship with God and live out their faith in daily life. The mission was a testament to the unity and devotion of the parish community, leaving everyone with a renewed sense of purpose and hope.

Catechism Exam for All Grades

12 January 2025 - The annual Catechism Exam was conducted for students across all grades, marking a significant moment of reflection and

learning in their faith journey. teachers Both students and worked diligently preparation, in demonstrating their commitment to understanding and living out the teachings of the Church.



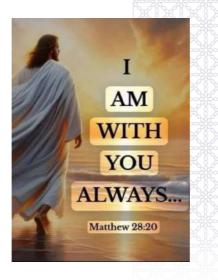
Teachers dedicated countless hours to guiding their students, ensuring they were well-prepared for this important assessment. Meanwhile, the students approached the exam with sincerity and effort, showcasing their knowledge and spiritual growth. This collective hard work highlighted the dedication of our catechism community to fostering a strong foundation of faith and values.

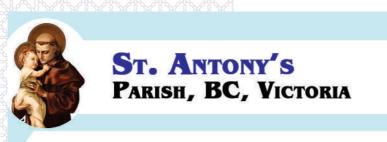
SMYM Syro Malabar Youth Movement Regina – A New Beginning

18 January 2025 - The youth of Regina marked an exciting new chapter with the launch of the SMYM Syro Malabar Youth Movement, an initiative dedicated to fostering faith, unity, and service among the parish's younger generation. Under the spiritual guidance of Rev. Fr. Jerlin Francis, Youth Director, the movement introduced its enthusiastic leadership team: James Saji Varghese as General Coordinator, Elroy Sam as Office Secretary, Antony as Parish Council Representative, Joseph Binu as Finance Coordinator, Ivin Biju as Social Media Coordinator, Chris Sony and Neal Maria as Assistant Social Media Coordinators, Lenitta Antony as Executive Member, Noelina Bestin as Spiritual Coordinator, and Alvina Antu as Assistant Spiritual Coordinator. Together, this team is committed to nurturing spiritual growth, leadership, and social engagement, laying the foundation for a vibrant and empowered youth community within the Syro Malabar parish of Regina.









St Antony's mission parish Victoria, prepared herself in prayers and fasting for Christmas 2024. Parish priest Fr Shijo and parish council led the carols. Many families including families from other Christian communities also joyfully participated in the carols and shared the spirit of Christmas. Parishioners made use of the opportunity of sacrament of confessions on 19th December, arranged by at Sacred Heart Church. Syro Malabar community of Victoria

celebrated Christmas liturgy and Holy Mass in the Christmas eve at 10 PM. More than 200 people attended the service. There was snehavirunnu, carols and socialization after the Christmas Mass. Good number of people attended the New Year's liturgy and Holy Mass at 9.30 pm and marked the beginning of the year 2025 in a blessed way.









ST. THOMAS MISSION FORT MCMURRAY AB

Catechism Principal Send off

On Sunday, October 27, 2024, the St. Thomas Syro Malabar Mission in Fort McMurray, AB, held a heartfelt farewell for Ms. Celinkutty Mathew, the Principal of the Sunday School. The mission provides catechism for children from Syro-Malankara, Latin, Coptic and Syro-Malabarrites. We take this moment to expres sourdeep gratitude to Mrs. Celinkutty for her hard work and dedication in elevating the Sunday School to its current standard. We are committed to carrying forward the initiatives she has set in motion, ensuring that the next generation remains strong in their Faith. We wish Mrs. Celinkutty all the best in her future endeavors.



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Rev. Fr. Jacob Edakalath-Vicargeneral-Westerncanada

On October 25,2024, St.Thomas Syro Malabar Catholic Mission FortMcMurray,felicitated Fr.Jacob Edakalath on being appointed the Vicar General of Western Canada. Mr. Sudeep Sebastian, trustee, and Mr. Robert Swaminathan welcomed Fr. Jacob on the occasion.



Konthanamaskaaram

The month of October was observed as the month of Our Lady, and we prayed the Rosary as a community for ten consecutive days in each house. The ten-day Rosary culminated with Holy Qurbana on Friday, October 25, at St. John the Baptist church and a community feast.

Holyween

St. Thomas Syro Malabar Catholic Mission in Fort McMurray celebrated All Saints' Day on Sunday, October 27, 2024. Rev. Fr. Jayson Durante and Fr. Jonnel Eucare, both from St. John the Baptist Catholic Parish, delivered the All Saints' Day messages.



Students from our Sunday school dressed up as various saints and participated in the procession during the Holy Mass, alongside the priests and other ministers. High school students were given the opportunity to present the life of a saint of their choice, and each did an excellent job. We enjoyed a wonderful lunch with the parish priests, teachers, parents, and students.

Mission Fasting, Prayer and Confession

St. Thomas Syro Malabar Catholic Mission in Fort McMurray observed Saturday, December 14, 2024, as a day of fasting, prayer, and confession, intended for the mission's growth and unity as well as for receiving Jesus Christ in our personal and family lives. Rev. Fr. Johny, vicar of St. Paul Catholic Parish in Fort McMurray, assisted our community with confession from 1 pm to 5 pm on this day.

Simbang Gabi Novena Mass

The Filipino Catholic community in our town began celebrating Simbang Gabi, an annual harvesting festival. with Novena Masses in 2015, running from December 15 to December 23. Over the vears, this Novena Mass has gained appreciation from people around the world. including Pope Francis, who celebrated the Simbang Gabi Mass last year at the Vatican. In Fort McMurray, various communities come together to volunteer for



these nine-day masses. On Wednesday, December 18, 2024, the Syro Malabar Community took the lead, especially during the offertory procession, where they sang traditional Malayalam entrance, offertory, communion, and recessional songs. Additionally, we prepared our beloved Indian dishes for the fellowship. The St. Thomas Syro Malabar Catholic Mission has played an integral role in the Simbang Gabi Novena Masses each year since 2015.

Our New Catechism Principal

Thomas Syro St. Malabar Catholic Mission, Fort McMurray unanimously selected Benby Mr Areekkal as our new Catechism Principal, and he was officially welcomed and took charge on Friday, November 15, 2024, by the blessing from our



assistant parish priest Fr. Jijo Panthakkal. We, as teachers, parents, and children, are truly delighted to have him as our Catechism Principal. We extend our full support and prayers, trusting that the Holy Spirit will guide and inspire him in all his efforts to enhance our Catechism department, in accordance with the teachings of Jesus, the Word of God, and the Church.

Household Christmas Carol 2024

We began our five-day household Christmas carol event on December 19th, running from 7 PM to 9 PM each evening. Each



day, a group of 30 to 35 community members, including children, visited 5 to 6 families to share the joyous news of the birth of our Savior, Jesus Christ. The head of each family led a small prayer and read the Gospel passage from Luke 2:1-7. We enjoyed singing carols accompanied by musical instruments and dancing along to the rhythm. After the carol singing, we offered refreshments, including Christmas cake, coffee, and juice. The caroling continued until December 23rd, during which we visited nearly 30 homes.

Christmas Celebration- 2024

We celebrated Christmas on December 27th, commencing with the Holy Qurbana, presided by Rev. Fr. Jacob, our parish priest. Over 150 members of our community participated in the festivities. including students from Keyano the sole College, community college in our town. The Holy Ourbana began at 5 PM, followed by a meeting where our Trustee Mr. Sudeep Sebastian welcomed everyone, and Fr. Jacob delivered the Christmas message. The evening also featured a delightful potluck dinner and cultural performances by our dedicated pious associations, including Holy Childhood, CML, and SMYM. We were especially pleased to have Fr. Jonnel, the assistant priest from St. John the Baptist Church, join us for the St. Thomas Syro Malabar Catholic Mission Christmas Celebration 2024. Mrs Sherin Mary Joseph the programe coordinator thanked everyone at the end of the great event.





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SMYM Christmas Celebration-2024

The Syro Malabar Youth Movement of St. Thomas Syro Malabar Catholic Mission Fort Mac celebrated Christmas on Saturday, December 21, from 12 PM to 4 PM in the basement of St. John the Baptist Roman Catholic Church. The event drew over fifty youths from the community, including college students. The celebration commenced with a delightful Christmas lunch, followed by various activities, including a jam session. Fr. Johny, the Vicar from St. Paul Roman Catholic Parish, delivered a heartfelt



Christmas message to the youths. Prizes were awarded at the conclusion of the event. A special congratulations goes to the SMYM Youth Representatives for successfully coordinating this wonderful Christmas celebration for the first time in our Mission, under the leadership of youth coordinator Mr. Varun Parappilly.

Catechism Christmas Celebration-2024

The Catechism program in our mission celebrated Christmas 2024 on Sunday, December 22, following the 11:30

a.m. mass at the basement of St. John the Baptist Roman Catholic Church. Children, teachers, and parents came together to celebrate the birth of our Lord Jesus Christ. The children had the opportunity to compete in making gingerbread houses, and awards were given out, culminating in a delightful Christmas lunch. We were truly blessed by



the presence of our respected parish priests, Fr. Jaison, Fr. Jonnel, and Fr. Johny, during this special occasion. The entire event was coordinated by Mr. Benby Areekkal, our beloved principal, ensuring a memorable celebration for all.

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Christingle 2024

Our Christmas and New Year celebration, Christingle 2024, held on January 4, was a truly joyous occasion!

The evening featured incredible performances by our parishioners kids and adults alike—spreading joy and showcasing their amazing talents. The night ended on a high note with a delightful dinner. A heartfelt thank you to everyone who participated and supported this special event!





SYRO MALABAR SABHAYE Song

Group Dance Song, VancouverLyrics: Albin Issac, Choreography: Bhavya Mathew, Camera: Sijin Vincent, Coordinator: Daya K Chacko

Dancers: Nitika Sijin, Saira Loyd,

Rose loyd, Riana Febin, Rija Maria Joy, Jenitta Brigit Joy, Jasmine Tom

Watch here: h t t p s : / / w w w . y o u t u b e . c o m / watch?v=GZHIsrSZpAc





Eparchy of Mississauga



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"SYRO MALABAR SABHAYE" Song

സീറോ മലബാർ Group Dance Song, ഇടവകയിലെ യുവജനങ്ങളുടെ നൃത്താവിഷ്ക്കാരം.

സഭയെകുറിച്ചുള്ള Vancouver ട്രെ മനോഹരമായ



Lyrics: Albin Issac, Choreography: Bhavya Mathew, Camera: Sijin Vincent, Coordinator: Daya K Chacko

Dancers: Nitika Sijin, Saira Loyd, Rose loyd, Riana Febin, Rija Maria Joy, Jenitta Brigit Joy, Jasmine Tom

Watch here: https://www.youtube.com/watch?v=GZHIsrSZpAc

Racquet fest

On January 11, 2025, Pithruvedhi organized an exciting **Badminton Tournament** that brought together our parish community in

a spirit of fun & fitness. The event was filled with energy and enthusiasm as participants showcased their skills and enjoyed a day of friendly competition. Thank you to all who participated and contributed to making the tournament a grand success!

- Winners Gino Mathew and Rockey Miju.
- Runners up Tom Sunil and Elroy Ambrose.
- Division 2 Winners Dhanoj Jose Alapatt and Jinto Augustine
- Division 2 Runners up-Georgey Varghese and Jyothish Varghese.











Family Unit updates

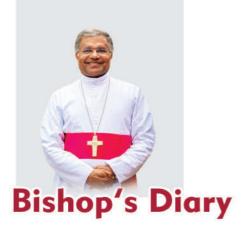


St. Thomas Family unit





St. Sebastian Family unit



JANUARY 2025

02 03.00 pm Blessed a Marriage at St. James Church, Thripoonithura, Vaitla 08.00 pm (EST) Presided over the Finance council meeting 03 Administered Sacraments of Initiation at 04 10.30 am Mannarkad 05 10.00 am Celebrated Holy Qurbana in connection with the Parish feast of St. Joseph Church, Nenmeny 06 - 11 Participated in the Syro-Malabar Synod at Mount St. Thomas. Kakkanad 11 Celebrated Holv Ourbana 07.00 am at Major

- Archiepiscopal Marth Mariam Archdeacon Pilgrim Church, Kuravilangad 12 09.00 am Blessed a House at Kuravilangad
 - 04.00 pm Blessed a House at Theekoy
 - 06.00 pm Visited a House at Giyovalley
- 13 08.00 am Held a meeting with Rev. Brothers of Eparchy of Mississauga, at St. Thomas Apostolic Seminary, Vadavathoor, Kottayam

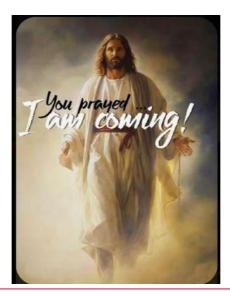
Bishop's Diary

	03.00 pm	Visited the parents of the Bro. Nikhil Joji at Arrankkavu
15	12.00 pm	Offered Holy Qurbana at CHF provincial house, Pollachi and visited previous Provincial Superior Sr. Pushpa CHF
	11.00 am (EST)	Presided over Curia meeting and met with the priests on visa process
16	06.15 am	Offered Holy Qurbana at Jai Christo Provincial House, Palakkad
	04.00 pm	Visited Sr. Leoni CMC, Previous Provincial, Lakkadi
17	11.30 am	Visited the senor priests at Palakkad
18	06.30 am	Offered Requiem Holy Qurbana at Jellippara
19	07.00 am	Offered Holy Qurbana at Fathima Matha, Agali
	03.30 pm	Celebrated Holy Qurbana in connection with the Golden Jubilee of St. Sébastien Church at Kuravmpady
21	09.30 pm (EST)	Participated in the Sargasandhya 2025 executive committee online meeting
22	10.00 am	Offered Holy Qurbana at Pastoral Centre, Kanjirappaly
	12.00 pm	Visited the Parents of Fr. Thomas Venmanthara, Kanjirappilly
23	11.00 am	Administered scarcements of initiation at Chumannamanmu, Thrisur

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Bishop's Diary

24		Visited Very Rev. Fr. Pathros Champakkara and his family members at Kasargod
27	06.30 am	Celebrated Holy Qurbana at St. Antony Forane Church, Ponnamkod
	09.00 pm (EST)	Presided over the Presbyteral council meeting
28	09.30 pm (EST)	Presided over the curia meeting
30	02.45 am	Returned to Toronto
	03.00 pm (EST)	Arrived at Toronto
	09.30 pm (EST)	Presided over the special meeting of Priests and committee members of Sargasandhya 2025
31	08.00 am	Celebrated Holy Qurbana at CHF Convent, Mississauga



2025 ഫെബ്രുവരി

<u>ദനഹാക്കാലം</u>

1	ശനി	1 യോഹ 5:13-21 , യോഹ 8:39-47
2	ഞായർ	🕱 ദനഹാ അഞ്ചാം ഞായർ
		നിയ 18:13-18 (18:9-22), ഏശ 48:12-20
		ഫെബ്രാ 6:9-15 (6:9-7:3), യോഹ 3:14-21 (3:1-21)
3	തിങ്കൾ	ഗലാ 3:27-25, യോഹ 5:47-47
4	ചാവ്വ	1 യോഹ 3:18-24, മർക്കോ 3:7-12
5	ബുധൻ	കൊളോ 2:6-10, മത്താ 12:15b-21
6	വ്യാഴം	എഫേ 6:10–17, മർക്കോ 9:33–37
7	വെള്ളി	2 തിമോ 2:8-13 (2:8-19;4:1-8,14-18), മത്താ 5:1-12 (4:23-5:19)
8	ശനി	1 കോറി 3:10–17, ലൂക്കാ 11:14–23
9	ഞായർ	🕸 ദനഹാ ആറാം ഞായർ
		നിയ 24:14–22 (24:9–22), ഏശ 63:7–16
		ഫെബ്രാ 8:1-6 (8:1-9:10) , യോഹ 3:22-31 (3:22-4:3)
10	തിങ്കൾ	മുന്നുനോമ്പ്
		ഏശ 64:1-9 (63:17-64:12), ഹബ 3:13-19 (3:1-19)
		1 തിമോ 2:1-7 (2:1-3:10), മത്താ 18:23-35
11	ചാവ്വ	റോമാ 12:1-8 (12:1-21), ലൂക്കാ 18: 9-14 (18:2- 14)
12	ബുധൻ	റോമാ 9:19-29 (9:14-10:17), മത്താ 6:1-4 (6:1-18)
13	വ്യാരം	3 യോഹ 1:1-8, ലൂക്കാ 15:1-10
	വെള്ളി	ഹെബ്രാ 13:7-9,17-19 (13:1-9,16-21), മത്താ 16:24-28 (16:24-17:9)
15	ശനി	1 കോറി 15:50-57, മത്താ 23:1-12
16	ഞായർ	🕅 ദനഹാ ഏഴാം ഞായർ
		നിയ 14:22-15:4 (14:2-15:4), ഏശ 42:5-9 (42:5- 9,14-17)
17	തിങ്കൾ	1
17		2 പത്രോ 3:8-13, മർക്കോ 13:32-37
18 19	ചൊവ്വ ബുധൻ	1 യോഹ 2:12–17, ലൂക്കാ 14:25–35 1 തെസ 2:17–20, മർക്കോ 10:35–45
	വ്യാഴം	2 പത്രോ 1:10-15, ലൂക്കാ 5:33-39
21	വള്ളി	のED 2:19-21, 2000 8:34-38
22	ശനി	2 mm 2:5-12, 2mm 11:20-24
23	ഞായർ	🕱 ദനഹാ എട്ടാം ഞായർ
		പുറ: 15:22-26, ഏശ 44:23- 28 (44:23-45:3)
		എഫേ 1:15-23 (1:15-2:7), മർക്കോ 1:7-11 (1:1-11)
24	തിങ്കൾ	2 തെസ 3:1 -5, മത്താ 9:18-26
25	ചാവ്വ	1 കോറി 15:20-28, മത്താ 24:37-44
26		2 തിമോ 4:1-6, യോഹ 4:27-38
27	വ്യാഴം	2 പത്രോ 3:14-18, ലൂക്കാ 6:37-42
28	വെള്ളി	സകല മരിച്ചവരുടെയും ഓർമ്മ
		എസെ 37:1-14, പ്രഭാ 44:1-15 (44:1-45:6)
		1 കോറി 15:39–49 (15:34–57), മത്താ 25:31–40 (25:31–46)



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